# SAKING POWDER

Is the Housewife's Greatest Help.

THAT so tempting to the V laggard appetite as a light, flaky, fruit short cake or a delicate hot biscuit?

Royal makes the perfect short cake, biscuit and muffin, and improves the flavor and healthfulness of all risen flourfoods.

It renders the biscuit, hotbread and short cake more digestible and nutritious, at the same time making them more attractive and appetizing.

Royal Baking Powder is indispensable for the preparation all the year round of perfect foods.

## he True Story the Great ea Mystery of the arie Celeste.

Manifest Absurdity of the ent Pretended Explanation nted Out by Captain Roden. the Brig Celeste Rolled in Sea & Tore Open the Casks Icohol in Her Cargo.

(By Capt. E. K. Roden, Nautical Expert of the I.C.S.)

'aptain Briggs, of the Marie

y published in the Strand it is not clear why bad weather should pretending to explain the affect the captain in such a way as i

However, the captain went quee: and persisted in remaining queer for known to Captain Briggs, but he did as ever come to my notice the rest of the trip. His idea to build, not attach much importance to it,

> ever put a bridge in such an exposed blocks are flapping back and forth on the slightest luffing to the wind of the

as that occupied by Marie to his mate to swim alongside the brig

Fresh Poultry Just in, Jan. 7th, 1914. 50 selected TURKEYS. 10 case3 Plymouth Rock CHICKEN

PURITY BUTTER. 2 lb. prints.

EDENS' PURE SOLUBLE COCOA.

BULLDOG BRAND TEA. 33c. lb.; 5 lbs. at 30c. lb. te it for breakfast it will ke you fit for the day's work.

brls. HOLYROOD CABBAGE. FRESH RABBITS.

25 brls. SELECTED SALT HERRING. No. 1 BALDWIN APPLES.

30 cases VALENCIA ORANGES. \$1.35 a bag.

Frost Fish. Finnan Haddie. Kippers. Fresh Oysters.

Duckworth St. and Military Road.

is to be believed, that the entire ship's dering on daffiness. The upsetting of by a most phlegmatic Kansas farm-

setting, sharks had to be introduced Fosdyk. This worthy individual, un-Briggs and the rest of the crew smartly dodged the sharks and seated bridge calmly awaiting developments cheerful information that Fosdyk was safely landed but no details are given

Of all fanciful accounts written to explain the abandonment of the Marie Celeste, this story is by far the most clumsy and ridiculous ever penned. How this man Fosdyk could be picked up by a passing vessel without, the captain of this ship reporting the fact is beyond the comprehension of the average man. Even if Fosdyk himself had reason to hide his identity the crew and officers of the rescuing vessel certainly were not bound to keep secret the story that a man and raft had been picked up in the vicin-

Goodshood, all of Germany. No such ame as Abel Fosdyk appeared on her

One of the stevedores who loaded the Marie Celeste in Brooklyn was a Swede by the name of Lindberg, who burg. Sweden. A few years ago this man, in speaking to me about the brig said that for want of ample time the casks were not properly stowed, and might work loose. This fact was

good weather prevailing during that time of the year to make a quick pas

versing the North Atlantic at the smashed. Coming into fine weather from the spilled alcohol naturally began to expand in the hold. As the pressure increased with the expand ling smoke, that naturally led th crew to believe the brig was on fire.

Captain Briggs, realizing the ex-

losive nature of the brig's cargo,

boats, carrying only the chronometer ship's papers and such other necessi ties as could be reached in the short time available. His intention was from the brig waiting for a chance or to return to the brig after a reas onable time had elapsed and the dan ger to explosion was over. As there was no time to belay the sails befor up and made the brig drift, or run pefore the wind, faster than the men n the boat could row to follow her. and; consequently, the boat and brig

during the night following the abanlonment of the brig. The rest of the which relieved the inflammation at overhauled nine days later by the days." British barque Dei Gratia, but the boat with Captain Briggs, his wife, child and crew, did not come withir sight of any passing vessel. They inn7,eod,tf

ing out of this scheme by a number of like many others, who by stress of the men, plainly indicates, if the story | circumstances, are forced to take an open boat in less frequented regions

Every available evidence points to the fact that the Marie Celeste was ake place, and her crew, drifting about, failed to get within sight of a succoring ship.

#### You're Constipated Bilious!--Cascarets

Sick Headache, Sour Stomach, Gas, Bad Breath, mean Liver and Bowels need Cleansing

No cdds how bad your liver, stom-

backache and all other distress; Briggs, of Marion, Mass., was her cleanse your inside organs of all the master, and he took along his wife bile, gases and constipated matter

A 10-cent box means health, happi if you will take a Cascaret now and then. All druggists sell Cascarets. Don't forget the children-their little insides need a gentle cleansing, too.

#### The Old Man



daddy, O gamboling youth; his feet are n o sluggish a n cold: intent on y o ur pleasures you don't see the truth, which is that your dad's growing old. Ah whip forty bush-

els of snakes, but now he is spavined tertured with aches, and weary and worn is his frame. He toiled and he that his kids had a chance: he fed moist with the billows of sweat he cheerfully shed as he toiled to brins and see that the home kettle boiled He dressed in old duds that his Mar and Jake might bloom like the rose in June, and oft when you swallowed your porterhouse steak, your daddy was chewing a prune. And now tha he's worn by his burden of care, jus show you are worth all he did: lool out for his comfort, and hand him his chair, and hang up his slicker and lid

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#### A Fish Story.

long time. Bill Jenks was fishing out at the River and got his hand tangled up in the hook somehow, and pretty good hole in the palm."

"He had a very sore hand then?" "No: that's the funniest part of it. He used an ointment called Zylex, once, and healed up the cut in a few

"Must be good stuff, that Zylex." Zylex is sold by all Druggists, Price 50c. a box. Zylex Soap, 25c. a cake,

#### The Crescent Picture Palace, 5th Week.

Menday and Tuesday 3,000 ft. Feature Film.

3 Reck. The King Can do no Wrong." 3 Reels.

Being a story of a true soldier of no time or place. Mr. David Parks, Baritone, sings "Till the sands of the desert grow cold."

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Shirts giving warmth and comfort, looking dressy and neat, containing the highest qualities, for wear, selling this present week at the extremely

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Ten Strong Reasons why you should Buy Your Furniture FROM THE

#### C. L. MARCH CO., LIMITED,

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1st-We produce our own lumber which goes into the Furniture and saves considerable cost. 2nd—We have the Surface Oak finish for our Furniture, which is the only thing of its kind in the country.

3rd-We import our own Coverings for our Parlour Suites, thus saving two duties, as most all the imported Suites come from Canada and the United States, and they have to import their coverings from France or some of the European countries, and pay duty into Canada or the States. We avoid the second duty by getting the Covering ourselves and having the frames made here.

4th-We have our Springs made from the wire by the only Weaver in the country; also the Oxford or Copper Wire Spring by machines too.

5th—We have our Mattresses made by machinery in our own building, the only machine of its kind in the country. It can produce 50 against 10 by hand, thus saving considerable in cost. 6th-We are producing the Excelsior or Wood Fibre and cutting the cost in two, which will

mean considerable saving in the making of Mattresses. 7th—We are also Selling Agents for the celebrated Ideal Beds and Springs, and sell at fac-

8th—We also have the COMBINATION LATH and SPRING BED, the only thing of its kind

9th-Having the factory in the same building, we can handle all sizes all repairing; in fact you can choose your own Coverings for Parlour Suites, Mattresses, etc., and have it made to order.

10th—Our motto (last but not least) is to sell at the lowest possible prices, and despite the serious advance in prices all round, we are, where possible, reducing the prices, WHICH SHOULD APPEAL TO EVERY HOUSEKEEPER when in need of Furniture and Furnishings, as we now by arrangement work from the "Tree to the Home," thus cutting out all middlemen's profits.

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