

INFLUENZA BREAKS YOUR VITALITY

It Leaves in its Wake
Poor Blood, a run-down
Nervous Condition

No Strength, No Ambition,
No Energy

Vinol is Guaranteed to
Make Rich, Red Blood,
and Build You Up

If you are just recovering from influenza or any severe sickness, you need VINOL to restore your old time strength, energy and vitality, because the bad effects of poor de-oxygenated blood cannot be over-estimated, and it is the beef and cod liver peptones, iron and manganese peptones, and glycerophosphates contained in VINOL that makes red corpuscles, enriches the blood, improves that sluggish circulation. In this natural manner VINOL creates a hearty appetite and soon every muscle and organ in the body is energized and re-vitalized, and you are once more restored to that vigorous, full-blooded health which is the birthright of every man and woman.

Mrs. Albert Boudreau of Halifax, N.S., says: "The influenza left me all run-down and so weak I could not work. Nothing seemed to help me until my daughter bought me a bottle of Vinol, and it accomplished wonders for me, as it built me up and restored my strength quickly. I cannot praise it enough."

VINOL is the one remedy that is guaranteed to help you. Your druggist keeps it, so do not accept substitutes. He will return your money if it fails to help you.



Clear Your Scalp and Skin With Cuticura

After shaving and before bathing touch dandruff and itching pimples and blackheads with Cuticura Ointment. Wash all off with Cuticura Soap and hot water, using plenty of soap. Cuticura Soap shaves without soap.

See 25c. Ointment 25c. and 50c. Sold throughout the Dominion. Canadian Distributors: The Canadian Ointment Co., Montreal.

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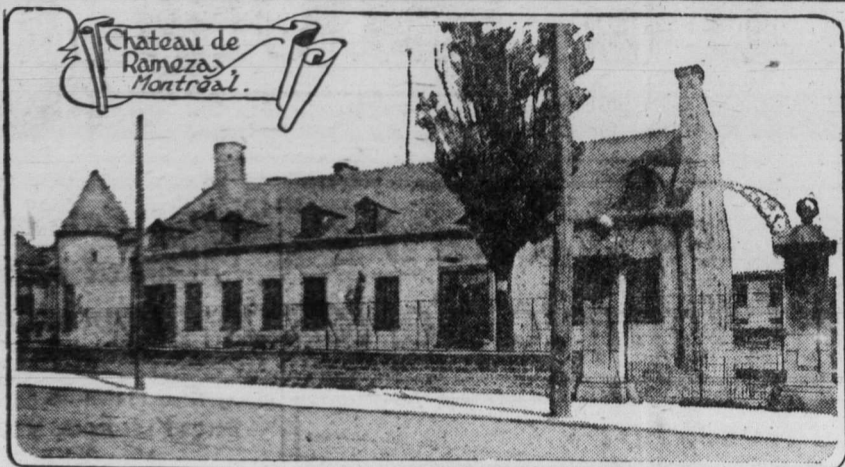
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One of Montreal's Historic Relics



The running of the sands of time alone can give the proper perspective and value to historic buildings. Societies spring up to preserve these relics of the past.

Perhaps the most famous of these monuments of the past in Canada is the Chateau de Ramezay in Montreal, which has remained almost untouched since the days of the old French regime. It was built in 1765 by Seigneur Claude de Ramezay, eleventh governor of Montreal.

Here he kept open house with his wife, whose hand was the reward of his gallant deeds with 800 men in aid of Quebec in 1760, when the Count de Frontenac, governor of Canada, fled off the English fleet of the St. Lawrence.

The Chateau stands in what was once the fashionable part of old Montreal, amid mansions and gardens that merged into the neighboring forests. To-day the homes of Montreal have forsaken the busy waterfront and climb their charming

gardens still clinging to them, up the slopes of Mount Royal.

From the days of de Ramezay the Chateau has been the scene of many historic assemblies. Its roof sheltered not only the governor-general, their suites of fair women and brave men and their illustrious guests, but fur traders, scouts, militia leaders, and Indians.

In 1745 it passed into the hands of the Campagnie des Indes and as India House became the centre of a great fur trade, filling this picturesque and important role for nearly twenty years.

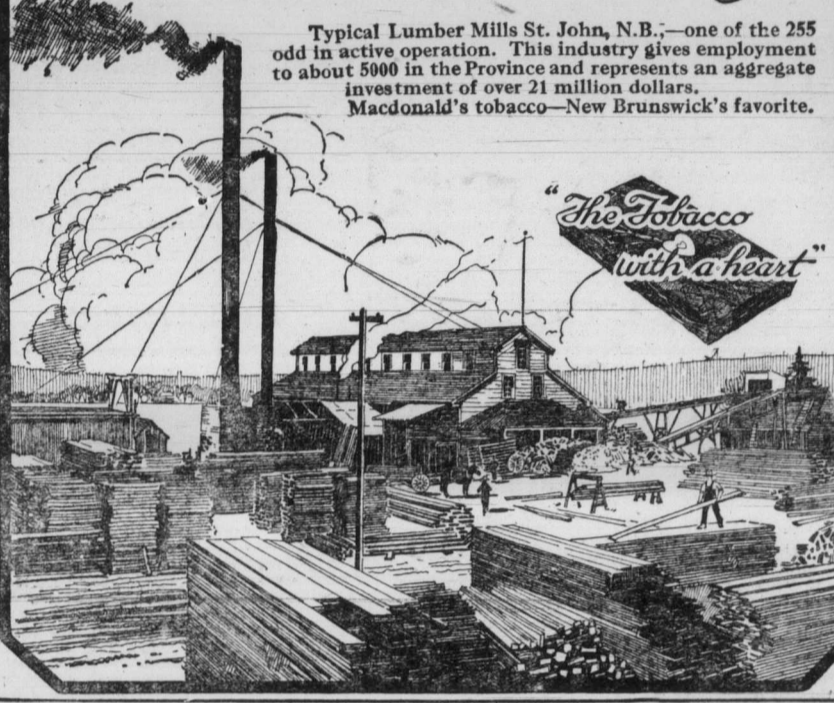
In 1763, after the cession of Canada, it was again the residence of the governor, and invitations to receptions held there during the following century are still in existence.

The Chateau was headquarters for the army of the Continental Congress in its fruitless effort to hold Canada for the thirteen colonies. After Benedict Arnold failed in his treason he retired to Montreal and

stayed there for a time. Benjamin Franklin lived in the Chateau when he visited Montreal in 1776 in his effort to persuade the French Canadians to join the new nation to the south, but his was a vain hope. During his stay there he established the Montreal "Gazette," which is still running. Needless to say, he did not find this paper for the purpose of propaganda.

After 1849, the Chateau was for thirty-five years used for government offices. When the government removed to Ottawa, the city presented the Chateau to the Numismatic and Antiquarian Society for a museum, and as such it is unique. Its collection contains all sorts of things ranging from crude home-made utensils fashioned by the clumsy hands of frontier habitants to portraits done by world-renowned artists. One of the most precious things among the thousands catalogued is the Louisbourg bell, hung in the church there in 1724.

MACDONALD'S PRINCE OF WALES A Favorite Chew Since 1858



Typical Lumber Mills St. John, N.B.—one of the 255 odd in active operation. This industry gives employment to about 5000 in the Province and represents an aggregate investment of over 21 million dollars.

Macdonald's tobacco—New Brunswick's favorite.

"The Tobacco
with a heart"

INHUMAN FATHER MISTREATS CHILD

Lashed His Daughter With
Horse Whip Until Blood,
When Sick.

Quebec, April 26.—The trial of Telephore Gagnon, on a charge of murder in connection with the death of his daughter, Aureole, for whose death his wife has already been sentenced to hang on Oct. 1st, was resumed today in the criminal court before Judge Boey.

Arthur Lehoucq, of St. Jean Deschamps, Lotbiniere county, in his testimony, said that some time last July he met the accused, father of the dead girl, and that he told witness of whipping the girl with a horse whip. Witness said the accused told him he had flogged the girl because he would not have her boss his wife in the house. Accused told the witness that he took the girl upstairs, removed all her clothing and holding her at arm's length, by the hair of her head, lashed her with a horsehide whip. Witness said he understood the father took the girl upstairs to lash her so as to get more space for the whip lash. Witness added that the father, when he told witness of this kind of correction, said he had beaten the child over her naked body till the blood oozed out of her back and legs and that he had asked her if she had had enough and that she answered, "I don't know."

Accepted then said in witness, "Now, if you care, you can see how we lash her."

Marguerite Lehoucq, daughter of the preceding witness, was then examined. She told of a visit she paid the Gagnon home some time last summer, she said the father had gone to the barn for the horsehide whip, after he had said he would lash Aureole, telling witness: "Now, if you care, you can see how we lash her."

Witness says she did not actually see the flogging, because she got frightened and ran away to the barn so as not to hear the lashing and screams. She says that when she returned to the house she saw Aureole with blue-striped marks on her legs and on her back.

"How did you see the lash marks on her back?" asked counsel for the defence.

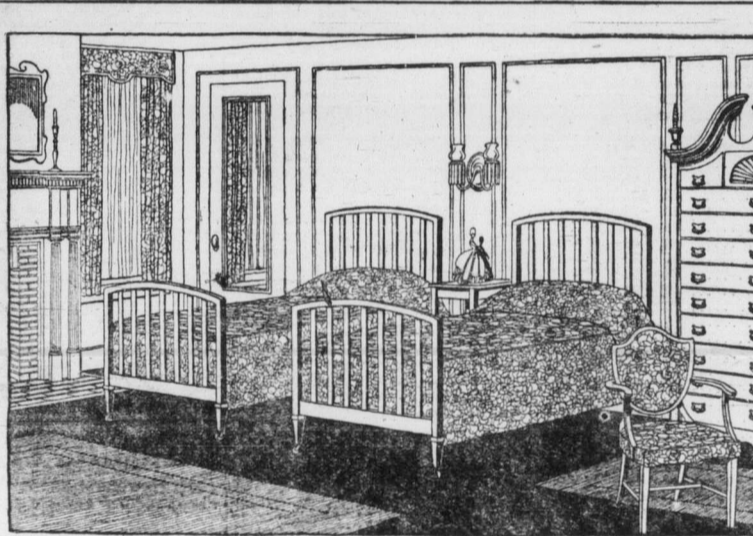
"Her mother lifted the girl's skirts and told me, 'Look at her back it is not sufficiently blue-striped yet.'"

Marguerite Gagnon, sister of the dead girl, was questioned by the court today. She said her father lashed the girl with a horse-whip, branches and barrel staves. She says that she did not see him actually whip the girl when upstairs, but that she heard the lash of his whip and then heard her sister scream. She also told of seeing blue streaks marked on the girl's legs and body after these lashings. She says that her father bent her sister on three occasions she knew of, between the time the girl returned from the ship at Quebec and the day of her death. She says that her father lashed the girl while she was seriously sick, and close to her death.

PREMIER BORDEN BACK NEXT MONTH

Ottawa, April 26.—Sir Robert Borden, it is understood, will be in Atlantic City early in May and spend a few days there before leaving for Ottawa. He will probably be here about the middle of next month. An effort is being made to procure in June, although the date will necessarily depend on progress made with business still to come before the House.

Mr. and Mrs. William McNulty, of this city, are receiving congratulations upon the arrival of a baby boy at their home on Charlotte street yesterday.



The "COLONIAL" No. 1961

It is made of Simmons Seamless Square and Rectangular Tubing throughout. Easy running casters. Your choice of Double Width and Twin Pairs—and especially pleasing in Twin Pairs.

Has the Simmons Patented Pressed Steel Noiseless Corner Locks. Enamelled in Ivory, the Decorative Colors, and Mahogany, Oak and Circassian Walnut effects.

Simmons Limited, 1920

Women Give Enthusiastic Welcome to Beauty of New Patterns in Simmons Beds

Now in the Stores—the First Metal Beds Ever Designed in Harmony with
Interior Decoration Today. Old-established House of Simmons Limited,
Strengthens its Commanding Position as Leading Producers of Metal Beds

NO woman who sees these beautiful beds will wonder at the way they are being received.

Every day goes further to confirm the initiative of Simmons Limited in producing metal bed designs based on the sound principles of line, form and composition—such as the "Colonial," illustrated above.

This Simmons idea of putting real design into metal beds is just the latest example of initiative that has expanded Simmons Limited from one small plant twenty-five years ago to one of the great Canadian industries today.

It was Simmons Limited that first thought of sleep in relation to metal beds. That led to the Simmons Patented Pressed Steel Corner Lock—the lock that holds the bed together firm, like one piece of metal—the lock that prevents

squeak and rattle and makes the bed noiseless, inviting relaxation and deep repose.

They have consistently advocated the Twin Bed principle.

They have invented Springs, too, that yield evenly to the contours of the body—always resilient and elastic.

For example—

"Waldorf" Box Spring—Composed of finest oil-tempered double cone spirals, mounted on a frame of seasoned hardwood and upholstered with heavy layers of white cotton felt. Covered with attractive ticking. Finished with roll edge.

A spring that really does give freely to all the contours of the body, yet supports the spine in any sleeping position.

Now this latest achievement—good design in metal beds—involves also the invention of a truly seamless tubing.

You know how it is with the old-fashioned metal beds. The tubing always has a seam running the full length of the tube. It is likely to be rough—does not take the enamel nicely.

When you see these new Simmons Beds, notice especially the tubing—its exquisite finish, free from seam and roughness—and how beautifully it takes the enamel.

YOU will find them in the leading stores—and with them some very charming Brass Beds and Children's Cots—built for sleep, by Simmons Limited.

Pieces of Simmons Beds are little, if any, higher than those of ordinary beds. If you have any trouble finding them we shall be glad to send you the names of Simmons merchants near your home.

Sleep is a big subject. Write us for the booklet, "What Leading Medical Journals and Health Magazines Say About Separate Beds and Sound Sleep." Free of charge.

SIMMONS LIMITED

MONTREAL

TORONTO

WINNIPEG

CALGARY

VANCOUVER

SIMMONS BEDS

Built for Sleep