

Piles and Constipation Cured—Says Internal Bathing Saved Her Life.

If the thousands of men and women with constipation and the many ills which follow would bathe internally instead of continually dosing themselves with drugs, they would soon realize why every user of the J. B. L. Cascade is so enthusiastic in its praise. Keep the colon clean and free from poisonous waste and you will not need the doctor.

Mrs. Robert Gordon, 422 Cadillac St., Montreal, Que., writes: "I cannot speak too highly of the J. B. L. Cascade. It has saved my life. I have been troubled with constipation, piles and ulceration of the bowels for years, have only been using the Cascade for three months, and am happy to be doing my own work again after having been laid up for many months. I would not take one hundred dollars for my Cascade if I could not procure another."

The J. B. L. Cascade is the only perfect appliance for Internal Bathing, the invention of Dr. Chas. A. Tyrrell, of New York, and is doing more towards improving the health and efficiency standard of the nation than all other means combined.

This appliance is shown and explained at A. V. RAND'S, Wolfville Drug Store.

Phone or ask them for free booklet. "Why Man of To-day is Only 50 per cent Efficient"—or phone or write Tyrrell's Hygienic Institute, 163 College St., Toronto.

Where Music Boxes are Appreciated

An Alaskan explorer and fur trader back from the frozen north states that among the Eskimos he met in his recent trip were some who were really "mad" over getting possession of his "box with the music," as they termed his talking machine, which he had taken along with him to bear him company. They offered as much as \$12,000 worth of pelts for his little horn model.

As a rule these people are shrewd traders, but one of these Eskimo from the moment the first shrill note came from the horn was willing to heap silver fox skins and priceless saibles at the trader's feet if he would but part with his machine.

Give an Eskimo a music box and a half dozen records, said this traveler, and he will sit and play until the records are threadbare and the springs are stretched beyond resiliency.

The Cricket Club will meet at the Royal Hotel next Friday at 8 p. m. sharp, to arrange matters for the coming season. A good attendance is requested.

R. F. DIXON, President.

NERVOUS MOTHERS
Cumbered with endless rounds of duty, the tired, nervous mother generally finds in **Scott's Emulsion** tonic-help of rarest value. A little of Scott's after meals for a few days would do a world of good. Try it!
Scott & Bowne, Toronto, Ont. 29-09

Rabbit Rearing A Neglected Resource

Rabbits are valuable for their meat and for their fur. Their flesh is wholesome and tender and, when properly cooked, it is difficult to distinguish from chicken. Not only are their pelts dyed to imitate more expensive skins, but those derived from some of the most handsome breeds are used in their natural color. Rabbit fur is moreover, extensively employed in the manufacture of hatters' felt.

In northern France and Belgium, rabbits are as commonly kept on farms as poultry. It is therefore, only natural that several of the utility breeds should have been developed in that part of the world. Enormous quantities of rabbits are consumed every year in England; indeed, the home supply has to be greatly supplemented by imports from Australia.

In cities, pigs are objectionable because they are malodorous and chickens because they are noisy; rabbits are clean and quiet as well as easily kept. True they will not devour the house garbage in any considerable quantity, nor is it good for them, yet they can be fed cheaply. They will eat many weeds such as dandelions, couch grass, shepherd's vetches and plintain. From the table they can be given the leavings of cereals cooked potatoes, and milk. But their staple diet should be hay, wheat or oat straw, clover or carrots.

Rabbit hutches should be divided into a sleeping chamber, which should be tight and free from draughts and a more open space, protected by wire netting. A small hutch may have a floor space 6 feet by 2 feet and the floor should be raised off the ground. For larger rabbitries, courts are used these may be either paved or grass courts surrounded by a fence sunk deeply enough into the ground to prevent the animals burrowing out.

Boys and girls generally take an interest in feeding and caring for these animals. Work of this kind would have an educational value and would have the further merit of enlisting the sympathies of the younger generation in the campaign for greater production. Rabbit rearing on a more extensive scale can also be made a profitable occupation for adults.

"Greater production" must again be the slogan for the farmers of Canada. Dr. J. W. Robertson, who has just completed a speaking tour of the Dominion, and who knows whereof he speaks declares that this is Canada's most pressing duty and opportunity at the moment. World-wide scarcity will ensure good prices for farm products.

W. C. T. U. Notes.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and home and Native Land.

Badge—A knot of White Ribbon.

Watchword—Agitate, educate, organize.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. RM. 1481.

Business meeting of the W. C. T. U. the last Monday of every month.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. B. O. Davidson.

1st Vice President—Mrs. G. W. Miller

2nd Vice President—Mrs. J. G. Elderkin

Recording Sec'y—Mrs. Ernest Redden

Cor. Secretary—Mrs. W. O. Taylor

Treasurer—Mrs. H. Pincio.

SUPERINTENDENTS.

Evangelistic—Mrs. J. G. Elderkin

Parlor Meetings—Mrs. D. G. Widden

Labrador Work—Mrs. S. W. Vaughan

Fisherman and Lumbermen—Mrs. W. E. Fielding

Loyal Temperance Legion—Mrs. W. O. Taylor

Flower, Fruit and Delicacies—Mrs. A. W. Bleakney

Press and Willard Hall—Mrs. M. P. Freeman.

White Ribbon Bulletin—Mrs. Hutchinson.

Temperance in Sabbath-schools—Mr. C. A. Patriquin.

Crest of High Prices in U. S. Reached

New York, May 18—Telegraphic reports to the Evening Sun, from the leading industrial centres where the necessities of life are produced are to the effect that the crest of the high prices has been reached in the United States, and in many instances passed. Nowhere is there found an indication that prices will be higher next fall and winter than they are now, and in most places it is indicated that a reduction is certain to come.

The main reason for the prediction is that people have finished their era of extravagance and are not buying without regard to price as in the past. They are doing without non-essentials to a larger extent and are buying cheaper articles than the best and highest priced.

\$15,000,000 THEFTS FROM CARS SHOWN.

Wholesale looting of merchandise in transit on the railroads of the United States caused a loss of approximately \$15,000,000 in 1919, according to United States Railroad Administration statistics made public recently.

This is estimated to be more than double the losses sustained in any pre-war year, but it is pointed out that the increased cost of the commodities stolen, roughly estimated to average 85 per cent, must be taken into consideration when comparing the losses in the days of low prices with losses now. Nevertheless there has been a steadily increasing number of packages stolen, and the organization combating the thieves have met an increased ingenuity in diverting goods from their owners.

A technique of robbery has been developed so highly that the methods of "master thieves" are similar in the United States, England, France, Italy and Argentina, according to a recent report of the United States Chamber of Commerce in Argentina.

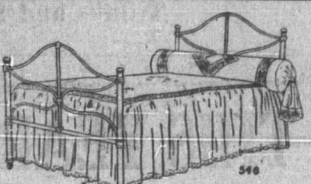
Detectives, however, are inclined to discredit that organization's belief that a "widespread international organization" is at work stealing merchandise.

Substitution is the usual method used by the thieves. Sometimes boxes supposed to contain velvets are found at their destination to be filled with calico or other cheaper grades of cloth, but as a rule, waste paper is found. These are referred to as "concealed losses" by railway men, and are especially difficult to trace, as the shipment leaves and arrives apparently in good condition, and it is almost impossible to discover at what point the theft occurred.

The silk industry has been one of the most severely hit in the last year, and so great has the risk become that the Railroad Administration has been considering excluding raw silks from the privilege of freight transportation by rail. The Merchants' Association of New York through its traffic bureau, has protested against such an exclusion, advocating some less radical measure to minimize or prevent the theft of silk in transit.

Nature's Bounty
provides health for the sick in her medicinal herbs. The beneficial qualities of Dandelion, Mandrake, Burdock, etc. make
Dr. Wilson's HERBINE BITTERS
a perfect remedy for stomach and kidney troubles, bilious headaches, etc.
At your store—35c and \$1.00. 50
The Brayley Drug Company, Limited
ST. JOHN, N. S.

Notice
All persons indebted to the Estate of the late Henry Chipman, M. D., of Grand Pre, deceased, are requested to make payment of the same on or before June 1st, 1920 in order that the estate may be settled.
MARGARET R. CHIPMAN.
Sole Admrx. 22
Grand Pre, May 10th, 1920.



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White Enamel with Brass Caps, All Sizes - \$7.50
Double Weave SPRING With Extra Supports - \$8.85
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More than 200 rescue homes for fallen girls are maintained by the Salvation Army throughout the world. More than 85 per cent of those passing through these homes are permanently restored.

Professional Cards.

DR. J. T. HOTCHKIS
Veterinary Surgeon
WEBSTER ST. KENTVILLE.
Phone 10

M. R. ELLIOTT
A. B., M. D. (Harvard)
Office at residence of late Dr. Bowles. Telephone No. 23.
Hours—8-10 a.m., 1-3, 7-9 p.m.

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of how to keep economically in the forefront of the well-dressed by ordering through us Suits designed and hand tailored to his measure by
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THE product thus made available could be obtained in no other way at anything like the same moderate range of prices. Style, fit, materials, workmanship and finish combine to make Crown Suits outstanding in merit.
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Mail a card to Box 136 and I will be pleased to call with a full range of samples.

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M. A. WILSON'S BALSAMIC CO.
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Beads, too fine for a needle, may be strung by dipping the end of silk or thread in mucilage and drying.

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