

3. Our hope is founded on His solemn promises, He wished to accentuate those promises by pledges of what He reserves for us in eternity. Undoubtedly, the most precious pledge He has left us is the Eucharist, which on earth, gives us, the possession and the substance of our eternal beatitude : Jesus Christ, our God.

Admire in the Eucharist the strong pledge of our hope, and offer Jesus worship of absolute unlimited confidence in His Divine promises.

II. — Thanksgiving

Hope is relying on God's promises and trusting by His grace to acquire eternal life.

What thanksgiving do we not owe the Eucharist, the Sacrament of Jesus Christ, that is to say Jesus-Christ become source of grace means of sanctification and salvation, and thus the cause of our hope.

All the Sacraments are grace-giving-channels, helping us to win heaven ; the Eucharist surpasses all being universal, substantial and final : substantial, containing Jesus Christ : universal, sufficient for all necessities ; final, the natural end and perfection of all.

2. By Holy Communion which is for our soul the growth and development of all virtues : we also receive the grace of hope. This beautiful virtue blossoming under the influence of the Sun of Eternal Love, and transplanted into our soul by Baptism, when watered by the Precious Blood, in the Eucharist : this supernatural flower receives new life and vigor. The Eucharist combats vices opposed to hope, pusillanimity and diffidence, by showing us a God so good, so merciful, and condescending : it combats proud presumption, ever sufficient unto itself, by showing "without the God of the Eucharist, you can do nothing."

3. Despite so many aids and graces, life at times seems very sad, we grow faint hearted and weary, and heaven seems so far away, so difficult of attainment ; to sustain our courage in dark days and hours, God has placed oasis in this desert, which are each one of our communions. Mass, Benediction, our visits to the Blessed Sacrament where our souls are refreshed, consoled, encouraged and fortified by a fore-taste of eternal joys.

O Eucharistic Jesus, I thank Thee, I love Thee, I hope in Thy love for all eternity.