HEALTH AND HOME HINTS.

Salt and vinegar will remove stains from discolored teacups.

Broken china can be mended with white lead, such as painters use. Smear the edge of the broken parts with it, press together, tie in place, and leave for two or three days.

A woman whose skin is the envy of others, and who is believed by many to resort to all sorts of "beauty" devices, attributes it entirely to the plentiful use of water, both internally and externally. She drinks it a glassful at a time almost every hour.

To clear a house of beetles, take a pound of nowdered borax, and put it into a tim with a nerforated lid. Next, dust the borax lightly over the floor, on the walls, and in the cupboards—everywhere, in fact, where the pests are found—and they will soon disappear.

After carpets are tacked down they should be carefully swent, then gone over with a stiff scrubbing brush dipped in naphtha. Spots made with sweets must be removed with water, and those caused by gums of any sort, varnish, or wax, must be taken off by spirits and heat.

gums of any sort, various, it was a betaken off by spirits and heat.

Fruit Souffle.—Rub peach, apricot or quince preserve through a sieve; if canned fruit is used drain from the syrup; to three-fourths cup of fruit pulp heated, add the whites of three eggs beaten stiff, and heat well while adding, turn into buttered and sugared individual moulds, filling them three-fourths full; set moulds in a pan of hot water and bake in a slow oven until firm; serve with a fruit sauce.

Antidote to Poisons.—It is a great thing to thoroughly understand what simple antidote to take if one is so unlucky as to swallow poison of any kind through mistake or otherwise. Sweet oil is to be found in nearly every house, however humble, and a half-pint of it taken immediately is an effectual antidote to almost all poisons. Any one with a strong constitution should take a larger quantity of this simple remedy.

Graham Gems with Dates.—These are specially nice for breakfast, delicious and wivelesome. Beat the yolk of one egg with a sattspoonful of sait. Next add one cupful of milk, one-half cup of boiled rice, a cup and a half of whole wheat or graham meal, and a seant tablespoonful of melted butter, and beat vigorously, add a quarter cupful of sliced dates, a teaspoonful of baking powder and then fold in the whites of two eggs beaten stiff. Bake in a hot over.

Delicate Muffins.—Excellent muffins are made of graham flour, and are fried instead of baked. Mix one cupful and a half of graham flour, one and a half cupfuls of wheat flour, half a teaspoonful of salt and three even teaspoonful of baking powder and a spoonful of sugar. Sift the ingredients together and return the siftings to the sifted part and mix them. Beat two eggs well, add a cupful of milk and stir the batter until it breaks into bubbles. Dip a tablespoo into a cupful of milk, then take up a spoonful of the batter and slip it into a kettle of fat hot enough to fry doughnuts. Let each of the muffins fry for ten minutes. Serve them after draining from the fat.

THE KOREAN PEOPLE.

The people of Korea are not Japanese, and they are not Chinese. They are Mongolian, and have a polysyllable language with a phonetic alphabet. They have a recorded history, of disputed authenticity, which chaims for them a continuous existence as a Korean people of about five thousand years, the earlier part of which, of coarse, is shrouded in the mists of tradition and rieble. As early as three centuries ago, the Koreans had made great progress in the arts. They built ships two hundred feet long and covered them with plates of iron, the iron being hammered into small plates and fastened

by small spikes driven into the wood. They made woven fabrics, and were very skilful in metal-work, in the fashioning of jewels, and in the manufacture of pottery. They were far in advance of their Japanese neighbors, to whom they have taught the arts of metal-working, pottery-making, and silk-weaving. Three centuries ago. Japan overnan the country and devastated it, transferred whole colonies of artisans to Japan, and broke down forever the military power of Korca. Korca has produced but little literature. Korcan students have been largely devoted to Chinese authors. The native literature consists largely of descriptions of scenery and folklore.

The people of Korea may be described generally as robust, amiable, industrious, pleasure-loving, and given rather to the arts of peace than the ardors of war. They are agricultural rather than commercial. They are kindly and generous. They have no national religion, and never have had. Confucianism, so far as regards the worship of ancestors, the revercince for parents, and the dignity of family, had a stronger hold than any other form of religion. Buddhism has always that a languishing existence among them. There is a wide-spread belief among the neople in witches, in spirits, and in development of the second of the second

Anniversary services were conducted in Knox Church, Embro, last Sunday, by. Rev. Dr. Wallace, Toronto.



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Bad blood is the cause of nearly every disease that afflicts humanity. It is because Dr. Williams' Pink Pills make new, rich, red blood that they cure such troubles as anaemia, heart nalpitation, headaches and backaches, rheumatism, neuralgia, indigestion, kidnev and liver troubles, and aliments of girlhood and womanhood. But you must get the genuine pills with the full name. "Dr. Williams' Pink Pills for Pale People." on the wrapper around each box. Sold by medicine dealers everywhere or sent post neid at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

The Eastern Chronicle (New Glasgow, N.S.) has this to say respecting the tedious debate not yet chosed in the Commons: "What a waste of wind that long debate on the education clauses of the Autonomy Bill was. We venture to assert that a convention of Presbyterian deacons, who had the British North America Act, the education clauses of the Northwest Territories Act of 1875, the crainances of the Northwest Territorial legislature in respect to the schools and Sir Wiffrid Laurier's Bill safeguarding those ordinances before them, world expend two days over the subject. Instead, they would have declared that the school system of the Territories was a good one, good because it was made by a living, virile people for their own use and would have closed the convention with prayer on the evening of the first day."

At the annual convention of the Young People's Societies of the Presbytery of London officers were chosen as follows: Hon. President, the Moderator of Preslytery; president, Rev. J. F. Scott, Rodney; first vice-president, John Strachan, Glencoe; second vice-president, Orlando Letinbridge, Tait's Corners; recording secretary, Miss Alma Campbell, Rodney; corresponding secretary, W. A. McIntyre, St. Thomas; treasurer, O. F. Howard, Glencoe; committee, Miss S. Hull, Appin; Miss Harwood, London; Duncan McEleinen, Tait's Corners; Rev. S. D. Jamieson, Newbury; Miss Campbell, Belmont; Miss Mary Cumbell, Mosa; Miss Mary Niekle, Belmont. Encouraging reports from twenty or more of the societies were read.

London Prosbytery has granted Dr. McDonald, of Mosa, leave of absence to visit the old country.