

Literary Notes.

SELECT POEMS—1903—Coleridge, Wordsworth, edited by Prof. W. J. Alexander, University College. Paper 30 cents, cloth 50 cents. The Copp & Clark Co., Toronto. Students in our secondary schools are to be congratulated upon the excellency of the text-book on English Literature, prepared for their use, this year, by Prof. Alexander. As in previous volumes, so here, the editor has made a distinct contribution to critical literature in the Introduction, which is a fine analysis of the characteristics of "The Ancient Mariner." The biographical notice of Coleridge is succinct, informing and sympathetic. The appended bibliography directs the student to intelligent collateral reading. The Notes are more than simply explanatory and illustrative. They have that fine touch and inspiring literary quality which is a recognized feature of all Dr. Alexander's work. Besides the map of the Lake District, there are good illustrations of the scenery. The appendix contains ten admirably chosen selections for poetic study. The mechanical workmanship of the volume is creditable. If the literary tone of our secondary schools does not rise, it is manifestly not because of the want of suitable text-books.

THE ILIAD BOOKS I—VI. Edited with introduction and notes by R. E. Keep. Half leather, 12 mo., 480 pages. Introductory price \$1.60. Allyn and Bacon, Boston. The unique value of the study of Homer's Iliad as a mental discipline, has long been a matter of general acknowledgement. Yet, that the student, in approaching the Iliad, finds unwonted difficulties and discouragements, is just as true. Hence the need of an edition, prepared in the light of present-day requirements, to suit his needs. Such an edition is now before us, prepared by an acknowledged Greek scholar and teacher, who has condensed the Homeric study of many years into a manual for his secondary school classes. The introduction treating of Epic poetry and the Homeric forms specially, the scanning of Homer and the chief peculiarities of his dialect, is exactly suited to the purpose intended, both in the selection of material and mode of presentation. The text is scrupulously accurate, printed in large, clear type, and divided into paragraphs with topical headings. In the notes, all needed help is given, with exquisite discrimination, and all irrelevant matter is excluded, so the pupil gains an accurate knowledge and appreciation of Homer rather than of the erudition of the editor. In this revised edition, all the references are adapted to the latest editions of Hadley-Allen and Goodwin's Greek grammars. The appendix contains a selected list of aids for the study of Iliad, a plan for rapid reading and grammatical reference table. The vocabulary is both full and accurate. This as well as every other part of the volume, takes full account of the most recent Homeric scholarship both English and German. In view of the fact that the training for the ministry of our church is dependant of Greek scholarship and this is now being rapidly excluded from our High Schools, the appearance of a text-book that invests the study with new interest is worthy of notice.

Health and Home Hints

A little vinegar in polish will be found to obviate the dead, oily look so often noticed after cleaning furniture.

A little unslaked lime, in an ordinary flower-pot, placed in the grate behind a screen, will render a room delightfully fresh.

A Little Household Hint.—It is asserted that if new tinware is rubbed with fresh lard and thoroughly heated in the oven before it is used, it will never rust afterward, no matter how much it is put in water.

Mother's Fried Cakes—Two cups sugar, three eggs, one cup sour milk, one teaspoon soda, one tablespoon butter, season with nutmeg. Mix just stiff enough to handle, roll out about an inch thick and cut with a cake cutter in rings. Fry in hot lard. Take out of lard and have a dish of granulated sugar. Roll the hot cakes in the sugar and lay on a dish to cool. Handle carefully.

Ideal Dumplings.—Mix thoroughly by sitting one pint of flour, a saltspoon of salt and a heaping teaspoonful of baking powder. Rub into the flour a teaspoonful of cold butter, using the tips of the fingers. Stir into the prepared flour just enough milk (skimmed milk will answer) to make a soft dough—not stiff enough to roll out. Take the meat out on a platter and with a tablespoon drop pieces of the soft dough about as large as a small buscuit into the boiling broth. Cover closely and cook eight or ten minutes without uncovering or allowing the kettle to stop boiling. Serve at once.

Bavarian Cream.—Whip a pint of cream and drain. Scald a pint of rich milk with a vanilla bean. Take from the fire and stir in the yolks of four eggs, which have been beaten to a cream with half a cup of sugar and half saltspoonful of salt. Stir continually, return to fire to set the egg, but remove the instant it begins to thicken. Add half box of gelatine, soaked in half cup of water. Stir till dissolved. When beginning to set mix in the whipped cream and put into molds. Do not use any of the cream which has dripped from the mass of whipped foam. Vanilla extract may be used instead of the bean, adding it with the gelatine.

Quick Remedies.—Flaxseed is one of the best remedies for a cold on the lungs. Such a cold should never be neglected, for it may speedily result in some more serious ailment. A hot bath should be immediately taken, followed by a cool sponging; the latter will prevent taking more cold. Use flaxseed either ground or whole, pour over it boiling water, let it steep, and drain off the liquor, thin it sufficiently so that it can be used for a drink. To every bowlful add the juice of one lemon and sugar to make it palatable. Drink freely of this whenever thirsty, or of tetter if there is little thirst. The result is wonderful. If there is tickling or roughness in the throat, or hoarseness or an inclination to cough, beat the white of an egg to a stiff froth, into a glass squeeze the juice of a lemon, add as much sugar as it will readily dissolve, then stir in the white of egg, and take a spoonful whenever there is the desire to cough. Many a night that would otherwise be spent in wakefulness by coughing can be spent in quiet slumber. I have tried this remedy so often and with such magical results, that I wish I could impress upon my readers its value. If the cough has become established it will take a little longer to effect a perfect cure, but it will surely bring relief. I need not speak of hot lemonade, for every one knows its value.

After Three Years.

Mr. Joseph Rochette Released From Rheumatism.

SUFFERED MUCH AGONY, HIS APPETITE FAILED, AND HIS STRENGTH LEFT HIM

—HOPE FOR SIMILAR SUFFERERS.

Only those who have suffered from the pangs of rheumatism know how much agony the sufferer has at times to endure. The symptoms often vary, but among them will be found acute pains in the muscles and joints, the latter sometimes much swollen. At times the patient is unable to dress himself, and the slightest jarring sound aggravates the pain. Liniments and outward applications cannot possibly cure rheumatism; it must be treated through the blood, and for this purpose there is no medicine yet discovered can equal Dr. Williams' Pink Pills. When given a fair trial, these pills never fail to cure even the most stubborn cases of rheumatism. Mr. Jos. Rochette, a well known resident of St. Jerome, Que., in an interview with a reporter of L'Avenir du Nord, offers strong proof of the value of Dr. Williams' Pink Pills in cases of this kind. Mr. Rochette says:—"For nearly three years I was a great sufferer from rheumatism. The pains seemed at times to affect every joint, and the agony I endured was terrible. Sometimes I could scarcely move about, and was unfitted for work. The trouble affected my appetite, and in this way, my weakness increased and my condition became more deplorable. I tried a number of remedies, but nothing helped me until I was advised to take Dr. Williams' Pink Pills, and then relief came. Gradually the pains left me, my appetite improved and I became greatly strengthened. Before I had taken a dozen boxes my health and vigor was such that I felt better than I did before the trouble began. I have not since had an ache or pain, and I feel convinced that Dr. Williams' Pink Pills are the best medicine in the world for rheumatism."

Dr. Williams' Pink Pills are sold in every civilized land, and their enormous sale is due entirely to their great merit as a medicine. They cure all such troubles as rheumatism, sciatica, locomotor ataxia, partial paralysis, nervous headache, kidney ailments, neuralgia and the weaknesses that afflict so many women. Do not let any dealer persuade you to try something else which he may say is "just as good." See that the full name "Dr. Williams' Pink Pills for Pale People," is on the wrapper around every box. If in doubt, send direct to The Dr. Williams Medicine Co., Brockville, Ont., and the pills will be mailed post paid, at 50c. per box, or six boxes for \$2.50.

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