

GIRLS' SPORTS

SWIMMING AT DALHOUSIE

This year Dalhousie has one of the most comprehensive swimming programs in the Maritimes. This in itself is quite an accomplishment, considering Dal is without a pool of its own. And yet this winter Dalhousie has an aquatic program which gives the student an opportunity to take part in Competitive, recreational or synchronized swimming.

Competitive swimming, a Varsity sport, this year is enjoying a comeback under the dynamic guidance of the new Athletic Director, Mr. Gowie. A comprehensive program of training has been initiated which will ultimately lead to the Inter-Collegiate Swim Meet in early March. Under the auspices of Mr. Gowie, swimming workouts are now in progress every Tuesday and Thursday mornings between seven and eight o'clock. While on Monday, Wednesday, and Friday evenings between five-thirty and six o'clock land workouts with the emphasis on isometric exercises are held in the lower gym. Much enthusiasm has been shown; at present four girls and eight boys are taking part. However it's not too late for anyone who is still interested in competitive swimming for Dalhousie, (transportation arrangements will be made for the early morning workouts) so don't hesitate to get in touch with the Athletic office.

On Thursday evening from seven until eight the YMCA pool is rented for students who wish to swim for pleasure. Life guards are posted and the hour is left completely for recreational swimming. All a student must do is show his or her NFCUS card at the main desk to be admitted. This is an excellent opportunity for some exercise or simply for relaxation. Thus far it has proved quite successful.

Synchronized swimming is held every Tuesday night from nine-thirty until quarter to eleven. Many girls have turned out to take advantage of this opportunity to learn synchronized swimming under the direction of Heather Worsley. Offered for the first time this year the turnout has been very good and it is hoped that Dal will be able to enter an exhibition team in the Maritime Inter-Collegiate Meet.

WANTED

Coach Joe Rutigliano is looking for people who wish to participate in a physical conditioning class to be held, at your convenience, any three afternoons a week, from Monday to Friday at 4:30 p.m. If you are interested in joining these classes, see Mr. Rutigliano in the Gym immediately.



DAL GIRLS Varsity Basketball team shown in action against the Dal Grads. In lefthand picture Wendy Stoker, a promising new-comer this year, shoots for basket. In the righthand picture Gill Rowan-Legg and Linda Stoker face the Grads in a jump ball.

(Photo by Purdy)

DAL TEAM MEET GRADS IN EXHIBITION GAME

The "Weavers", a team composed of last year's Varsity stars, played the Dal girls team last Monday night, Jan. 14 at 5:30 to start this year's basketball sea-

son. The final score 44-40 gives a good indication of the hard-fought game that the spectators enjoyed.

The victorious "Weavers" found the Dal girls hard to beat and the star of the Weavers, Pam Dewis was hard pressed to net her 18 points. The outstanding Tigerbelle player of the game was Heather Grant, who scored 13 points during the game.

At the end of the first half the score stood 22-20 in favour of the Dal team. Due to the efforts of Pam Dewis and her team-mates

the score was soon altered in the Weavers' favour as they outscored the Tigerbelles seven baskets to four in the second half.

Other outstanding players in the game were Jill Rowan-Legg, Wendy Stoker, Suzanne Seely and Gill Ash.

The Dalhousie team is very much handicapped by the loss of so many high calibre players, however last year's Intermediate team are proving their worth. The games promise excitement so come out and support YOUR team!

DGAC THIS WEEK

B'BALL — JUDO — CONSTITUTION

On Monday night, Jan. 14, the executive of the Dalhousie Girls' Athletic Club (D.G.A.C.) held the first of a series of meetings whose main purpose is to discuss amendments to the constitution which is very much out of date. The first item of business was the election of an acting Vice-President to succeed Jill Ash. The new Vice-President is Dorothy Woodhouse.

The constitution has been under examination by several girls and Miss Bliss, the Athletic Director. These members will suggest amendments as the constitution is studied article by article.

The first major change suggested was the formation of a new executive body. At present all the managers and team representatives have a vote at executive meetings of the D.G.A.C. Although D.G.A.C. is still the ultimate governing body for all girls' athletics on any level, it is felt by the executives that DGAC could fulfill a more useful function by sponsoring athletic activities on the Intramural level. Therefore, it was suggested that Varsity managers be non-voting members of the executive. This means that the Varsity teams will be represented on the executive but the varsity managers will not be able to run the Intramural affairs of the DGAC.

When the constitution has been thoroughly studied amendments

will be formally presented at the Annual General Meeting of the DGAC. At this time every girl at Dalhousie will have an opportunity of voicing her approval, or disapproval, of the constitution.

The executive also discussed forthcoming DGAC activities. An Intramural basketball tournament is presently in progress and there seems to be lots of interest. The tournament will be concluded this Monday night (Jan. 28) so if you haven't already played come on out and support your team. You don't even have to know how to hold a ball but you'll soon learn and everybody will have a tremendous time. Don't forget — the more girls participating, the more successful and enjoyable the tournament.

Plans are also being made for a Judo night at DGAC with the date set for Monday, Feb. 4. Judo at present is only available to the boys at Dal but several girls have shown interest in it. It is a popular sport for girls at the University of Toronto and in some United States Colleges. Mr. McIssac from the Y will conduct the demonstrations on Feb. 4, so let's see lots of curious types out for a look. If enough interest is shown, it will become a regular feature of DGAC.



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