

POETRY

This Is My Body

Don't ask of me things I don't know.  
Don't try to control my body  
No written agreement from Capital Hill  
should bind me!  
Signs and hysterical acts,  
Don't address or answer the problem! !

In time, as bridges are crossed . . .  
Answers to questions are found.  
But don't ask of me things I don't know  
Wait until things happen;  
And even then, Don't ASK! !  
This is my body! !

(RR)

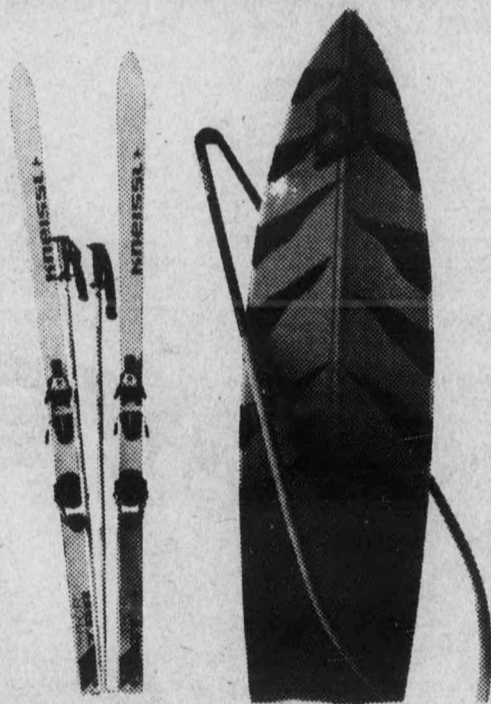
To Tracy

I Know Now You Feel

Its o.k. to cry,  
Everybody cries when they've been hurt.  
Its o.k. to hate  
When we're degraded we usually hate.  
Its o.k. to disregard  
We disregard those who disregard us.  
Its o.k. to forgive  
Just never forget,  
Then the crying, the hate and the disregard  
Don't come back so easily.

Empathetic Admirer

DECISIONS.  
DECISIONS.



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be on your way to VAIL or RIO! Deposit your entry in the ballot box at your school newspaper office or mail it to: Dentyne VAIL/RIO Sweepstakes, P.O. Box 9041E, Kitchener, Ontario N2G 4T2.

Contest closes January 15, 1990 at 5:00 pm.  
Draw to be held January 31, 1990

**Dentyne**  
SUGARLESS SANS SUCRE

Destination of choice:

Vail Colorado    Rio de Janeiro  
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Prizes must be accepted as awarded (Maximum retail value: \$3500.00). Full contest rules are available at your school newspaper office or by sending a stamped, self addressed envelope to: Dentyne VAIL/RIO Sweepstakes, P.O. Box 9041E, Kitchener, Ontario N2G 4T2.

