Are you one of those to whom every meal is another source of suffering?

Na-Dru-Co Dyspepsia Tablets will help your disordered stomach to digest any reasonable meals, and will soon restore it to such perfect condition that you'll never feel that you have a stomach. Take one after each meal. 50c. a Box at your Druggist's. Made by the National Drug and Chemical Co. of Canada, Limited.

BETTER THAN SPANKING.

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 86, Windsor, Ont., will send free to any mother her successful home treatment with full instructions. Send no money but write her today if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged persons troubled with urine difficulties by day or night.

PIOL&STEEL Representation of the PILLS

Are the acknowledged leading remedy for all Female complaints. Recommended by the Medical Faculty The genuine bear the signature of WM MARTIN (registered without which none are genuine). No lady should be without them. Sold by all Chemists & Stores MARTIN, Pharm. Chemist. SOUTHAMPTON, ENG.



SYNOPSIS OF CANADIAN NORTHWEST LAND REGULATIONS.

Any person who is the sole head of a family, or any male over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-agency for the district. Entry by proxy may be made at any agency, on certain conditions by father, mother, son, daughter, brother or sister of intending homesteader.

Duties.—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of atleast 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter-section alongside his homestead. Price \$3.00 per acre.

Duties.— Must reside upon the homestead or pre-emption six months in each of six years from date of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties.—Must reside six months; n each of three years, cultivate fifty acres and erect a house worth \$300.00. W. W. CORY.

Deputy of the Minister of the Interior N.B.—Unauthorized publication of this advertisement will not be paid for

NEW SEASON COSTUMES

From Maker to Wearer Fashion Catalogue, beautifully illustrated, sent free to anylady reader who sends post card request naming Western Home Monthly. Theidears to make you acquainted with our mailorder business, and show you be the sent that the sent the sent that the sent the sent the sent that the sent th you acquainted with our mailorder business, and show you how to secure a stylish, up-to-date new season costume, tailored to your measure, at manufacturer's price. This business has been established over 25 years—located in the one premises for a quarter of a century. Metropolitan Manufacturing Co. Limited, Toronto Can. tury. Metropolitan Mar Co. Limited, Toronto, Can.

Very little of our boasted "common brotherhood of mankind" there. Which is responsible, the dance, or employer? A different viewpoint. Suppose some good people, employers, their wives, sons and daughters would attend these dances and surround them with different influences, would it not be more of a Christian act than mere attendance at church? Not the mere dance, but conditions make the wrong. Besides, what shall these girls do? A serious question. If parents would teach their children to dance from babyhood, dance with them, accompany them to dances, give dances for them at home, instead of waiting for them to grow up and slip away to learn of some one else, thinking they are doing something wrong, it might be surprising what pleasure would result to both children and parents. A delightful, jolly, innocent, good time for all. You retain their confidence, no small matter in governing children, and keep them well in hand. I do not believe with some that we must wait tir. we are dead before we can have a good time. And I know there can be lots of good wholesome fun without wickedness, and until some one will provide a better substitute I shall feel at liberty to emulate that worthy, elderly gentleman, so cleverly described by a favorite writer, as having danced at Christmas time till his calves fairly twinkled.

Frankorly.

More Homelike.

Elfros, Sask., Mar. 30, '12. Dear Editor,-Will you spare me just a small space in your most valuable magazine, which I have been a subscriber to for three years, and have received it like I would a letter from home. I always read it from beginning to end. I take other papers, but I think yours the best for the western home, and like to see so many stories written by the prairie province writers, which makes it more home like. I like the stories written by Bonnycastle Dale, and the ones under the heading of "In Lighter Vein," and, I think, all young men should read "The Young Man and His I once heard the writer Problem." speak, and I would go quite a long way to hear him again. I will close, and hope to hear from some of the fair sex between the ages of 15 and 20, and will sign myself. Mack.

A Critical Reader.

Viscount, Sask., 3-3-1912 Dear Editor,-Still another voice; another "Bach" from the great west, to join your merry circle. I will own that it is impossible to let alone writing, although my hopes for coming up with some of the writers in our columns (I call it ours, as every one of us considers ourselves as members). Now I am not a good writer, and will not ask for such a great name as some say the lucky Doctor made for himself when trying to overthrow the farm and everything belonging to it. Debutante in your March issue surely gave him some praise and some encouraging hints when she pictures him in the evening when he is supposed to be reading the correspondence columns. Goodness, what imagination she must have; you bet she knows how to handle the doctor; or in other words get on the right side of him; she says he has got them all going. But in my opinion she is the only one on the go so far. As to the statement that the lucky Doctor has won, I dont believe it, it has yet to be proved. If he don't follow up it is because he's got cold feet and can't cure them, and he may be scratching for a living, as we all know he can't run a farm. But where his victory comes in is beyond my comprehension, perhaps Debutante will come forward and tell. Now, for the dancers. This subject is most worthy of a few words, but I don't condemn dancing by any means. I admire Curly Bill's point of view. I think he is far more reasonable than Josephus, and just as righteous. Some people condemn dancing and allow other entertainments that are just as bad, if not worse. You may think that the writer of this epistle is a godless person, and, of course, I will leave it to you, for you may be right and you may be wrong. I do not des-

"HOW TO PRESERVE STRENGTH AND RETAIN THE POWERS,"



If you have wrecked your Nerves by OVERWORK or WORRY drained away your strength by bad habits or dissipation, or SAPPED your vital forces by EXCESSES.

It is time for you to stop.

No man can afford to be reckless, force nature to undue effort ruin his Constitution or violate the laws governing life, this invariably results in disaster or a Complete Nervous Breakdown and a

Giving out of the Vital Forces

down and a

Giving out of the Vital Forces

long before the average period.

KNOWLEDGE IS POWER, and every man who would be warned in time, should take heed NOW. Send 10 cents for my Book, and you will find it the most profitable of all literature you now possess, and thousands who have read it acclaim it to be "worth its weight in gold."

Half-an-hour's reading and a determination to act up to it may save you from an otherwise never-ending misery and give you ner life. It will teach you more in fifteen minutes than you will gain in years by experience.

It is avaluable, instructive and interesting treatise on Generative Weakness, and the Cause and Cure of Nervous Breakdown, Mental Exhaustion, Depression of Spirits, General Weakness. Waste of Vitality, Premature Decline and Loss of Power in Men.

The most popular and practical treatise published on the Laws governing Life, with Special Chapters on Generative Weakness, Flagging of the Powers and practical observations on Marriage.

Contains valuable remarks to Weak and Nervous Men on how to preserve the health, regain Strength and restore the Powers when lost.

To the inexperienced, the married, or those contemplating marriage, no other work contains so much helpful or sensible advice, or will prove so interesting and instructive to those who desire to preserve their Strength, build up the whole Nervous System, restore the Powers to advanced age or fit thomselves for Marriage. It will be sent in a plain, sealed envelope to any address on receipt of 10 cents Address—CHARLES GORDON, No. 100, Gordonholme Dispensary, Bradford, Yorks, England Address—CHARLES GORDON, No. 100, Gordonholme Dispensary, Bradford, Yorks, England (Mention this Paper)

HOW I ENLARGED MY BUST

After Massage, Cold Creams, Wooden Cups, Electricity, Dangerous Drugs, and other methods had all failed.

A WOMAN'S SECRET LAID BARE.

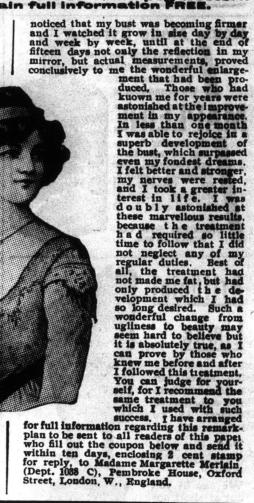
How I watched my bust grow in size, day by day and week after week, until I had obtained

A SUPERB DEVELOPMENT IN ONE MONTH'S TIME.

Special arrangement for Reahers of "Winnipeg Western Home Monthly" to obtain full information FREE.

I will tell you how I obtained a beautiful large bust in I5 days' time, and how you may do the same. The treatment I recommend to you is exactly the plan I followed myself, and which gave me a superb development in less than one month. Until I leanned of the long-hidden secret for producing the bust development which I enjoy to-day. I confess that speople had always looked upon me as a woman with a poorfigure.

My clothes did not set well, and I failed to receive the admiration which is so pleasing to a woman. You can understand how anxious I was to obtain a luxurious bust development, and consequents. I tried nearly development, and con-sequently I tried nearly all the methods I saw ad-vertised, but none of them did me any good. Mass-age and cold creams made my bust soft and flably. did me any good. Massage and cold creams made my bust soft and flabby, wooden cups seemed to have no effect whatever; electricity proved utterly useless, and I believe the dangerous drugs which I took into my system did me more harm than good. I grew more fretful and nervous than ever, and became absolutely discouraged, for I felt that nothing further could be done, and I must go through life with a flat bust, a poor figure and a nervous disposition. In the depth of my despair a friend of mine who had given a lifetime to study and scientific research, suggested to me a plan which was so different from anything I had ever seen or used that I consented to make one final trial, My health was so poor that I admit being sceptical of obtaining any results. You can imagine my surprise and delight when I



FREE COUPON for READERS of WINNIPEG WESTERN HOME MONTHLY.

Cut out this Coupon and send to-day (or write and mention No. 1088 C) with your name and address, enclosing 2 cent stamp for reply, to Madame Margarette Merlain, (Dept. 1088 C), Pembroke Honse, Oxford Street, London, W., Eng., for full information in regard to the plan which she followed for obtaining a LUXURIOUS BUST DEVELOPMENT, RESTED NERVES, and PERFECT HEALTH. This Coupon is good if used within 10 days from the date of publication of the above article.

NAME.....

ADDRESS.....

CANCER

R. D. EVANS, Discoverer of the famous Evans' Cancer Cure, desires all who suffer with Cancer to write to him. Two days' treatment ourse external or internal cancer.
Write to R. D. EVANS, Brandon, Manitoba, Canada

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