

FOR AND ABOUT WOMEN

GLIMPSSES OF GREEK ART SUBJECT OF A FINE LECTURE

Artistic Entertainment Held Last Evening at St. John Art Club—Mrs. W. Edmund Raymond the Speaker.

The very first lecture on Greek art given last evening by Mrs. W. Edmund Raymond at the St. John Art Club was most completely illustrated by photographs, by beautiful reproductions of statuary and by appropriate music, making an entertainment of rare enjoyment. A large audience assembled in the hall and were well repaid by a wonderfully clever lecture covering the history of Greek art in its many branches and forms, the whole address being expressed in the language and showing that much research must have been spent upon it.

Mayor Hayes, who presided, spoke of the fact that the Art Club was re-

HEART PALPITATED Could Count Every Beat.

When the heart begins to palpitate, it beats fast for several seconds, then slows down, then starts to flutter, and a feeling of utter depression will come over your whole system, accompanied by weak, fainting and dizzy spells.

When the heart gets into this condition, you become weak, worn and miserable, and are unable to attend to either social, business or household duties.

Milburn's Heart and Nerve Pills will give prompt and permanent relief to all sufferers from heart weakness or nerve derangements.

Mrs. Walter Greaves, Apsley, Ont., writes:—"I had been run down, and doctors told me I was anemic, but did not help me with their medicines. I could not sleep nights, my heart palpitated, and I could count every beat."

I used to have such dizzy spells I would have to go to bed. I was not able to do any work for eight months. A cousin of mine had taken Milburn's Heart and Nerve Pills and told me what they had done for her. I took eight boxes of them, and now I am able to help every day with the work I am so thankful to tell others what they have done for me, so that they may try this great and wonderful remedy. I hope this may prove good to some one who is suffering the way I did."

Milburn's Heart and Nerve Pills are 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

ACHES AND PAINS QUICKLY RELIEVED

You'll find Sloan's Liniment softens the severe rheumatic ache

Put it on freely. Don't rub it in. Just let it penetrate naturally. What a sense of soothing relief soon follows! External aches, stiffness, soreness, cramped muscles, strained sinews, back "cricks"—all ailments can be fought off the relieving qualities of Sloan's Liniment. Clean, convenient, economical. Made in Canada. Ask any druggist for it.



Combing Won't Rid Hair of Dandruff

The only sure way to get rid of dandruff is to dissolve it then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

Do this tonight, and by morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single skin and trace of it, no matter how much dandruff you may have.

You will find, too, that all itching and digging of the scalp will stop at once, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

You can get liquid arvon at any drug store. It is inexpensive and never fails to do the work.

To Relieve Catarrhal Deafness and Head Noises

If you have Catarrhal Deafness or are hard of hearing or have head noises, go to your druggist and get 1 ounce of Parnell's (double strength), add to it 1/2 pint of hot water and little granulated sugar. Take one teaspoonful four times a day. This will often bring quick relief in the distressing head noises, aged nostrils should open, breathing become easy and the mucus stop clogging the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who has Catarrhal Deafness or head noises should give this prescription a trial.

suming its activities and that funds were needed to carry on the work. The thanks of the club were due Mrs. Raymond for the treat of the evening.

Mrs. Raymond began by speaking of the early art in Europe, saying that even in Homer's time there were antiquities. She told of Greek culture and the wars spoken of in the Iliad, mentioning the Peloponnesians and other peoples who had intercourse with the Greeks and their influence upon that race. Poetry was first the utterance of priests, then taken up by bards. The Iliad and Odyssey are immortal poems worthy the accumulated admiration of all ages.

The lecturer said that it had been alleged that the ancient poets were devoid of the love of nature but by quoted lines she showed how untrue was this statement and proved that every aspect of nature was dear to Homer.

Musical in Greece was closely allied to poetry. Music was used as a medicine and some kind hearted Greeks used to fog their slaves to tuneful strains.

Turning to the dramatic art the representations held at the Acropolis in the spring were described. They were under the direction of the chief magistrate of the city and there was a civic fund for their support. Stage machinery was quite elaborate though the action of most of the Greek tragedies took place behind the scenes, the masked actors narrating the plots.

The Greek love of the beauty of the physical form was spoken of in describing the art of sculpture. The love of a healthy body showed their good sense and in their sculptures they endeavored to show the soul in the body.

The graceful draperies of the Greek gods and goddesses were described. In the art of philosophy, the wonderful names of Socrates, Plato, Aristotle and Democritus were mentioned.

The arts of the science of medicine, of education and the perfection of athletics were all touched upon, that of education being illustrated by a very charming little Greek cradle song and an amusing anecdote regarding the inventor of rattles for babies.

"My Hellenic culture," the lecturer said, "the world was prepared for the Christian dispensation. It was this great purpose which the race was destined to accomplish a race of men to whom nothing was impossible. Christianity ascended the throne with Constantine who carried it to Byzantium and we shall see it again ascend the throne of that ancient capital supplanting the crescent with the Cross."

A number of slides showing Greek scenery were shown after which a series of very lovely groups of statuary were shown. These were arranged by Miss Anne Kohn, who in a few well chosen words described the meaning of each statue. The poses were most artistic and many expressions of admiration were heard from the audience. Those taking part are pupils of Miss Green. During the showing of the statuary Miss Kohn and Mr. Kenneth Robb played appropriate musical selections upon piano and violin. The playing of a violin solo by Miss Lloyd was greatly enjoyed and she was asked to respond.

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GAS IN THE STOMACH IS DANGEROUS

Recommends Daily Use of Magnesia To Overcome Trouble. Caused by Fermenting Food and Acid Indigestion.

Gas and wind in the stomach accompanied by that full, bloated feeling after eating are almost a universal complaint of the presence of excessive hydrochloric acid in the stomach, creating so-called "acid indigestion."

Acid stomachs are dangerous because so much acid irritates the delicate lining of the stomach, often leading to gastritis and other serious stomach ailments. Food ferments and sours, creating the distressing gas which distends the stomach and hampers the normal functions of the vital organs, often affecting the heart.

It is the worst of folly to neglect such a serious condition or to treat with ordinary digestive aids which have no neutralizing effect on the stomach acids. Instead get from any druggist a few ounces of Bisulphated Magnesia and take a teaspoonful in a quarter glass of water right after eating. This will drive the gas, wind and bloated right out of the body, sweeten the stomach, neutralize the excess acid and prevent its formation and there is no sourness or pain. Bisulphated Magnesia (in powder or tablet form—never liquid or milk—is harmless to the stomach, inexpensive to take and the best form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.

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LEAGUE BECOMES WOMEN'S INSTITUTE

Housewives' League at Meeting Yesterday Resolves to Become the 109th W. I. of New Brunswick.

At an adjourned meeting of the Housewives' League held yesterday in the King's Daughters' Guild on Chipman Hill, it was decided by a unanimous vote to resolve the league into a Women's Institute, and have a membership meeting next month at which officers will be elected.

Mrs. J. W. V. Lawlor presided, and in setting forth the advantages which would proceed from the change spoke of the short courses supplied by the government, who would also send demonstrators and lecturers at various times of the year.

At the close of the lecture Mayor Hayes in the name of the audience heartily thanked the lecturer and all those who had made the evening so thoroughly successful.

Mrs. Estabrooks, wife of the vice-president, served refreshments to those taking part in the entertainment. The proceeds of the lecture are for the funds of the Art Club, C. H. Flowering and Miss Holt showed the pictures.

At the Unique theatre yesterday a new William Fox play was presented in which Tom Mix was the star and it was generally agreed that it is the best picture in which has been ever seen. It is called "Ace High," and is a story of the Canadian Northwest.

It shows Mix in rather a new light, but at heart he has all the dash and daring that he made such a splendid reputation for him. The play will be continued today and tomorrow.

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STRENGTH AND PURITY

the unusual combination that is the basis of Zam-Buk's world-wide reputation.

Strength, which enables Zam-Buk to overcome skin troubles that have defied all other treatments, and Purity to such a degree that Zam-Buk is suitable for even the most delicate skin. Mrs. Fothergill of Bouman River, Man., says: "When only two days old my baby developed a bad heat rash. Knowing the purity of Zam-Buk, we rubbed the child all over with it, and it entirely cured the rash."

The reason for Zam-Buk's unusual strength is because Zam-Buk is all medicine—being composed exclusively of herbal extracts and vegetable oils. The medicinal properties it contains are concentrated, blended and refined to such an extent that they represent the most potent healing, soothing and antiseptic power.

Zam-Buk's purity is due to the fact that it contains no enteric or animal fat. Because of this it cannot become rancid, but retains its strength and purity to the very last. Zam-Buk is the most perfect skin medicine of all discriminating people, because they know there is nothing to equal it for all skin troubles and injuries.

50c. box, all dealers, or Zam-Buk Co., Toronto. Send 1c. stamp for postage on free trial box.

Acnes Collins, Marie Dolan and Mary McMurray.

The proceeds of the play, it was announced, will be devoted to the new Catholic school, on Cliff street.

A dance, under the auspices of the Alumnae Society, will be held in the evening, month, probably in the K. of C. rooms.

The meeting then went on record as favoring the instructions given in first aid, home nursing, and meditation courses in this city. Some of the members, it was pointed out, were taking the course, and some had already advanced into the second course, that of home nursing.

The society received the names of many of the young ladies at the discussion, and they will at once take up the courses being offered, under the instruction of Dr. Pratt, and the demonstrators, Miss McLaughlin. These lectures are given in the old Bank of B.N.A. buildings, Prince William street.

A vote of regret was passed at the loss of three of the former members of the society, who had entered the religious life: Misses Mary McPherson, Kathleen O'Neill and Kathleen McLaughlin. The two first young ladies mentioned have entered St. Vincent's Convent in the city, the latter a religious institute, in the States. The meeting is expressing regret at the loss of the young ladies to the society, were not unkind of the motives which prompted them to enter the religious life, and a letter of appreciation for their past services and for their future success in their new tangent of life's journey will be sent.

The literature furnished by the government was referred to, and it was said that it would be a unification of women's effort for the betterment of the homes.

Several questions were asked as to the restrictions under which an institute must be, and the answer was read out of the constitution stating that party politics and sectarian distinctions were barred.

It was suggested that all women's societies be asked to interest their members in the plan and that those who attend the membership meeting be asked to make plans for the new institute.

The motion that the Housewives' League resolve into a Women's Institute was moved by Mrs. Sack and seconded by Mrs. Galt.

On motion of Mrs. Edmund Flowering it was decided to hold the membership meeting at which refreshments will be served and a short musical program given. Mrs. Flowering, Mrs. Walter Golding, Mrs. W. Edmund Raymond, Mrs. Isaacs and Mrs. Hart were appointed a committee to make plans for the evening, while the retiring officers of the Housewives' League will act as a reception committee.

SAINT VINCENT'S ALUMNAE SOCIETY

First New Year Meeting Held Last Evening—Delightful Address by Fr. Duke, and Considerable Business Transacted.

Saint Vincent's Alumnae Society held its first New Year meeting last evening in their rooms, Cliff street. Mrs. James McMurray, the president of the Alumnae Society, recently elected, officiated in the chair. After the minutes had been approved, the president of the Society called upon Rev. Wm. M. Duke, who delighted the society with a few well chosen words, relative to the social standing of the Catholic Youth in the city, especially in the educational lines, and exhorted to encourage education, so that the rising youth of today might in the after years be fitted to grasp the helm and gain recognition in the commercial world, as in all lines, ever warranting education to play his or her part, and reflect just credit on the mothers and fathers who brought them into the world, as is characteristic of him on all occasions of a like nature, received in a hearty manner, and at the conclusion his instructive address was tendered the unanimous vote of thanks.

The Alumnae Society, it was announced, under the head of social affairs, are presenting a play, entitled "Pinfaro," some time near Easter tide, in which the little girls and boys of the several parishes of the city will be the actors in a six-act style. A committee of ten was appointed by the meeting to interview James Connolly on behalf of the St. Vincent Alumnae, asking for the operation of the City Cornet Band in their future production. The committee appointed follows: Miss Moran, Mrs. William Dwyer, Mrs. Leger, Mrs. Parnell McCafferty, Mrs. McMurray, and the Misses A.