

## HEADACHE.

Arbor. He worked early and late, and was faithful in his investigations and earnest in his efforts to give the students the benefit of his knowledge. This course he still pursues.

Acute milk infection is also known as cholera infantum. It is not as frequent as the milder form, and practically never occurs among children fed exclusively from the breast. Prof. Vaughn found tyrotoxin in a sample of milk, the administration of which to a healthy child was followed within two hours by the development of a most violent form of poisoning. The child suddenly begins to vomit and purge. Death may result in a few hours. With the first severe symptoms the color leaves the face—a deathly pallor spreads over the countenance. The eyes sink into their sockets, and a look of anxiety and pain is visible. Administration of food increases the vomiting. The stools are at first yellow or green, but as they become more abundant they lose all color. Thirty or more stools may be passed in twenty-four hours. The odor is musty and peculiar. The skin is cool and clammy, but the rectal temperature is elevated. Thirst is great, but water is at once vomited. The abdomen is usually retracted.

These cases terminate either in death or in marked improvement within forty-eight or seventy-two hours. The more persistent the vomiting and purging the less are the chances of recovery.

The first thing to do in the treatment is to positively forbid the further use of milk in any form. A thorough irrigation of the bowels with cool water to remove any offending matter is at once demanded. And in these cases homœopathy can save many more patients than the old school. Veratrum Alba, Arsenic, Camphor and Cuprum are of inestimable value, and it is surprising how quickly the properly indicated remedy will counteract the poison. Unfortunately some cases are inevitably fatal. Certain it is that where homœopathy and proper hygienic care fail to effect a cure, none of the crude drugs and violent measures often adopted will be of any benefit.

The best treatment is one of prevention, and parents cannot be too careful how they keep the milk. It should always be preserved in a clean place and at a temperature some degrees below 60°F. If this is done the bacteria will not develop, and the children will not be poisoned.

A. R. GRIFFITH, M.D.

While headache is to be regarded as a symptom, and not a disease, it is so prevalent, and so marked a symptom, that a few words on the character of the headaches developed by the various drugs may not be amiss. From the recently published *Chronic Diseases of Hahnemann* we cull the following points on headache, which may be of some use to those habitually subject to headache:

The *Aguricus* headache is dull, stupefying, or pressive with heat and thirst.

*Alumina* headache, with dry heat, pain in nape of neck; increased by walking in the open air; pressive pains over the eyes.

*Ammonium carb.* headache with nausea "rising up into the throat," throbbing in the forehead as if it would burst; headache as if water or something else were in the head; head easily catches cold.

*Anacardium*: tearing pain in the head in connection with loss of memory, or "a sensation of prostration in the brain."

The headache of *Aurum* is as though the brain were bruised; a headache that gets worse from reflection, reading, writing or speaking; a pain "here and there."

*Calaca carb.* has headache, with vertigo, on awakening in the morning; semilateral headache with eructation; headache with nausea; also headache on the side on which he is lying.

*Carbo veg.* is useful in "headache from overheating," "headache from quick alternation of warm or cold weather;" headache above the eyes which pain on moving them, the hat presses like a heavy load, or head feels as if bandaged.

The *Conium* headache is as if the head were "beaten to pieces;" also a feeling as of a downward pressure "as from a stone on the top of the frontal bone."

*H-par sulphur* headaches seem to be centred mainly at one spot "as from a boil in the forehead," or a "boring pain in right temple," etc.

Stitching or shooting pain is the characteristic headache of *Magnesia carb.*

*Kali carb.* is distinguished by a headache relieved by sitting up and worse lying down, and a "cruel headache through the eyes."

*Mertum* headache is relieved by "bending low down;" it will be the more indicated if there are itching eruptions, or nightly itching of the body.

*Natrum mur.* has a headache that ceases on "pressing together the head;" also for headache from violent exercise;