

Prepared from the finest selected Cocoa with the natural oil preserved, rendering it absolutely the most nutritious, easily assimilated and indispensable beverage for the daily meal.

THE MOST NUTRITIOUS.

**EPPS'S**

GRATEFUL—COMFORTING.

**COCOA**

BREAKFAST—SUPPER.

Distinguished everywhere for its specially fine quality, and delicate and agreeable flavour. Sold only in quarter-pound tins, labelled JAMES EPPS & Co., Ltd., Homœopathic Chemists, London, England.



### ST. DENIS HOTEL

Broadway and Eleventh Street, NEW YORK  
EUROPEAN PLAN

Table d'Hôte Breakfast and Dinner.

Rooms from \$1.00 per day up.

Rooms with bath from \$3.50 per day up.

The convenient Location, Tasteful Appointment, Reasonable Charges, Courteous Attendance and Cuisine of Exceptional Excellence, are characteristic of this Hotel, and have secured and retained for it a Patronage of the Highest Order.

**WM. TAYLOR & SON, Proprietors**  
CHAS. LEIGH TAYLOR, Manager

### TIME IS THE TEST OF ALL THINGS

AND THE EVER-INCREASING  
POPULARITY OF

**ENO'S  
'FRUIT  
SALT'**

WHICH HOLDS ITS OWN AGAINST  
ALL RIVALS, IS THE MOST  
GENUINE PROOF OF ITS WORTH.

It must needs be a good thing that can withstand the immense pressure of uprising competition, and yet defy comparison; small marvel, therefore, that with the flight of years ENO'S 'FRUIT SALT' has become known far and wide for what it is worth, one of 'the most Potent, Simple, and Agreeable factors in maintaining Health. It assists the functions of the Liver, Bowels, Skin, and Kidneys by Natural Means, and thus RECTIFIES THE STOMACH AND MAKES THE LIVER LAUGH WITH JOY!'

**CAUTION.**—Examine the Bottle and Capsule, and see that they are marked 'ENO'S FRUIT SALT.' Otherwise you have been imposed upon by a Worthless imitation.

Wholesale of Messrs. EVANS & SONS, Ltd.,  
Montreal and Toronto, Canada.

### THE MAKING OF ALE.

#### THE INGREDIENTS—

The formula for the making of ale is exceedingly simple. Barley malt, hops, and water are the only necessary materials, and they alone should be found in good ales.

There are many grades of malt, many varieties of hops, and water differs widely in its adaptability to brewing purposes. The very best of all three, brewed by experts in a perfectly equipped brewery, go to make up Carling's Ales and Porter.

**CARLING**  
LONDON