

a cup of milk, etc., before raising the head from the pillow. The change of posture from the recumbent to the upright position appears to excite the attack when the stomach is empty, but not so much so when the attention of the organ is, so to speak, otherwise occupied. The patient should remain a few minutes or longer in bed after this early meal before attempting to rise.

Dr. Playfair, in King's College Hospital, is not in the habit of treating cases of "morning sickness" much, unless it is unusually severe, beyond carefully regulating the diet, and removing any obvious source of irritation to be met with in the primæ viæ themselves. He is of opinion, that there is much truth in the old belief, that pregnancies without morning sickness are not, as a rule, favourable. He has so frequently noticed, that when sickness is entirely absent other and more distressing reflex phenomena, such as syncope, exist to an unusual degree, that he is disposed to look upon the entire absence of nausea as unfavourable. When morning sickness is excessive he has frequently verified the opinion of Dr. Clay and others, that there is some morbid condition of the uterus itself, and has found local treatment, such as the occasional application of leeches to the vulva, or of iodine paint to erosions of the cervix uteri, to be of great service. With regard to actual medicines, he is disposed to place most reliance on the oxalate of cerium, in doses of two grains three times a day. Next to this, effervescing draughts, with hydrocyanic acid, ice for suction *ad libitum*, and the subcutaneous injection of morphia answered best. Pyroxidic spirit has not answered as well as was expected.

In the British Lying-in-Hospital, Dr. Murray adopts the following treatment :

One teaspoonful of sal volatile is given before rising. If nausea occurs during the day, sinapisms are applied to the epigastric region, with a pill containing the oxalate of cerium and camphor, to be taken twice or thrice daily. In one or two cases he has found the morning nausea and vomiting stayed by getting the patient to eat either a biscuit or sandwich sometime during the night, or very early in the morning. Salicine is a drug which he has used with success. He recommends lime-water, in preference to soda-water, to be taken with almost every drink ; and has found nitro-muriatic acid, with some bitter infusion, very useful.

In the Hospital for Women, Soho Square, Dr. Meadows has found the greatest success from medicines which exercise a decidedly sedative action upon the nerves of the stomach. Regarding the sickness of pregnancy as a purely reflex effect of uterine irritation upon the pneumo-