

**Often Tired but Never Weary.**

LET'S discuss this point for two minutes. Here's a man who says that at a certain period he began to feel "tired and weary." That's precisely the way he puts it in his letter. Now anybody has a right to feel tired or fatigued (it's the same thing), after labour or much exercise. It's the body's fashion of telling you to hold up, to give it a rest. It is a natural and, in health, with supper and sleep just ahead, a pleasant feeling. But weariness!—that's different. That comes of monotony, of waiting, of loneliness. Weariness is of the mind, not of the body. But it can arise in the body, all the same. If this bothers you at first, don't say, "Stuff!" "humbug!" but study up on it. A man may be tired and happy, but not weary and happy. For weariness means depressed spirits, and nerves all sagged down in the middle. And when you get both at once you will be wise to find out what's gone wrong.

It is a short letter, this is, and we can just as well quote the whole of it. The writer says: "It was in November, 1887, when I began to feel tired and weary. It seemed as if I had no strength left in me. Before that I had always been strong and healthy. My appetite was poor, and for days together I could not touch any food that was placed before me. After every meal that I did succeed in forcing down I had such dreadful pains in the chest and back that I was almost afraid to eat. Then there was a sharp pain around the heart, too, as though I was stabbed with a knife.

"I lost a deal of sleep, and for nights together I didn't sleep at all. Then I began to lose flesh rapidly, and was afraid I was going into a consumption. Yet I kept on with my work, however, but it was a hard thing for me, because I was so weak and nervous that I trembled from head to foot. As time went on I gradually got worse and worse, and my eyes were sunken and drawn in. I consulted a doctor in Kentish Town. He gave me medicine, but it did no good. After all this I got the idea into my head that I should not recover.

"One day a lady came into the shop, and noticing the state I was in, kindly asked how long I had been ill. I told her all about it, and she said, 'You try Mother Seigel's Curative Syrup; it has made me well, and I believe it will do you good.'

"I sent for a bottle, and after taking only a few doses I felt relieved. Presently my food agreed with me, and I enjoyed my meals. I could sleep better also, and by keeping on taking the Syrup I soon got as strong as I ever was in my life. Since that time (now over four years ago), I have been in the best of health. I consider that in all probability this remedy saved my life, at all events, it restored my health, and life without health don't amount to much. I gladly consent to the publication of this statement, and will answer inquiries. Yours truly (Signed), G. VINCE, 142, Shepherd's Bush Road, London, W., November 30th, 1892."

Thus Mr. Vince's unfortunate experience came to a happy end. As he has to work for a living, like most of us, he is no doubt often tired, but never weary any more. And what can possibly be more wearisome than long-continued illness? With him, as with millions, it was the stomach that was in fault. His food entered the stomach and stopped there. So he suffered from two bad results: he received no strength from it, but he did receive the deadly acids and gases which the fermented stuff gave birth to. Indigestion and dyspepsia. The same old story of pain and misery, and, thank mercy, the same story of restoration and gratitude after an appeal for help had been made to good old Mother Seigel.

EVERY Christian ought to determine that he is going to follow Christ every day of his life, no matter what it will cost.

THE devil is not much afraid of the prayer of the man who never does or says anything in opposition to the liquor traffic.



# POND'S EXTRACT

THIS IS THE GENUINE.

Our trade-mark on Buff Wrapper around every bottle.

**THE WONDER OF HEALING.**  
FOR RHEUMATISM, NEURALGIA,  
WOUNDS, SPRAINS, BRUISES,  
PILES, FEMALE COMPLAINTS,  
INFLAMMATIONS, CATARRH,  
HEMORRHAGES, and ALL PAIN.

Refuse substitutes, made crudely, sold cheaply.

Used Internally and Externally.

SOLD BY ALL DRUGGISTS.

Prices, 50c., Cheap. \$1, Cheaper, \$1.75, Cheapest.

Genuine is strong and pure. Can be diluted with water.

Sole Manufacturers: POND'S EXTRACT CO., 76 FIFTH AVE., NEW YORK.

## LATEST ISSUES.

FLEMING H. REVELL COY  
TORONTO

Rev. B. Fay Mills.

God's World, and Other Sermons. 12mo, cloth, \$1.25.

This, the first volume of Mr. Mills' sermons ever issued, will be welcomed by the multitudes who have heard the famous evangelist.

Rev. F. B. Meyer, B.A.

Prayers for Heart and Home. Morning and Evening Devotions for a Month. 8vo, flexible cloth . . . . .75

Rev. R. F. Horton, D.D.

The Cartoons of St. Mark. 12mo, buckram, \$1.50.  
Vivid pen-pictures of the salient features of Mark's Gospel.

Rev. W. Robertson Nicoll, D.D.

Ten Minute Sermons. 12mo, cloth, gilt top, \$1.50  
Brilliant sermons by the distinguished editor of "The Expositor's Bible."

Rev. J. Wilbur Chapman, D.D.

Received Ye the Holy Ghost? 18mo, flex. cloth . . . . .50

Rev. John Henry Elliott.

The Worker's Weapon. In Perfection, Authority, Study, and Use. 18mo, flexible cloth . . . . .50  
By the joint author of Briggs' and Elliott's popular "Notes and Suggestions for Bible Readings."

Sir J. W. Dawson's Latest Book.

The Meeting-Place of Geology and History. By Sir J. William Dawson, Profusely illustrated. 12mo, cloth . . . . .\$1.25  
The final utterances of a world-famed expert in the

Science of Geology, upon a subject of the greatest importance.

China and the Chinese.

Chinese Characteristics. By Arthur H. Smith. With 16 full-page half-tone illustrations, from new and original photographs. 8vo, cloth, \$2.00.

The author had been a resident of China for twenty-three years, when this work was first brought out in Shanghai, a year or two since. Only a few copies found their way to this country, and these were sold mostly to libraries; but discriminating readers were prompt to recognize that the work was, to use the words of one, "the best book on the Chinese people" ever issued. This edition has been entirely re-written, and is carefully illustrated.

By Mrs. Burnett and others.

Before He is Twenty. Five perplexing phases of the Boy Question considered. With portraits of the authors. 16mo, cloth, gilt top . . . . .10  
The "phases" and authors are:  
The Father and His Boy . . . . .Robert J. Burdette  
When He Decides . . . . .Frances Hodgson Burnett  
The Boy in the Office . . . . .Edward W. Bok  
His Evenings and Amusements . . . . .Mr. Burton Harrison  
Looking Toward a Wife . . . . .Mrs. Lyman Abbott

By the Author of

"Unbeaten Tracks in Japan."

Among the Tibetans. By Isabella Bird Bishop With 21 illustrations by Whymper. 12mo, cloth, \$1.00.

Accurate information concerning a country into which travellers are rarely allowed to enter, by a persistent explorer of the by-ways and waste places of the earth.

## Made to Order . .

That is the secret of every well fitting garment you ever saw, and the consciousness of feeling perfectly dressed is worth more than the difference in cost.

Leave your order with us for a

\* WINTER SUIT OR OVERCOAT . . . . .

and you will be satisfied that the above is correct.

**Geo. Harcourt & Son,**  
MERCHANT TAILORS . . . . .

57 King Street, West, Toronto.

AGENTS WANTED—MEN and WOMEN

Hundreds of men and women are now earning \$100. every month canvassing for the world famous fast selling new book

**Our Journey Around the World**

By REV. FRANCIS E. CLARK, President of the United Society of Christian Endeavor. 220 beautiful engravings.

It is the King of all subscription books. Bright, Pure, Humorous, instructive, thrilling, a library in itself, it outsells all other books for its price. Thousands are now waiting for it and agents are making money fast. \$990 more agents wanted.

Now is the time. No discount no hindrance, for We Pay Freight. Give Credit. Premium Copies. Free Outfit. Extra Terms, and Exclusive Territory. Write for Circulars to A. B. WORTHINGTON & CO., Hartford, Conn.

SORE EYES D. ISAAC THOMPSON'S EYE WATER

## WHAT DO YOU WRITE ON?

Send stamp for our samples of fine stationery, for private use.

## A GOOD MONTH TO MARRY IN!

September! Invitations should be ordered in August. Send for samples.

## DO YOU USE VISITING CARDS?

We engrave the finest cards in Canada

**G. TREHOLME BISHOP CO.,**

169 St. James St., Montreal.

PHONE 1567.

## AVENUE LIVERY AND BOARDING STABLES

HACKS, VICTORIAS, and COUPES, GLADSTONES, BUGGIES.

Special attention given to Boarders. Open Day and Night. Telephone 3843.

454 YONGE ST. (COR. COLLEGE) TORONTO  
**GIBSON & SMITH,**

Proprietors.