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Is a perfectly PURE WINE and guaranteed pure juice of the grape. Now used with entire satissac-ion by hundreds of congregations in Canada.

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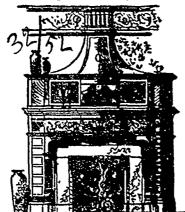
son—incir suppy to treat a supply to the desirability of a certain amount of Plumpnes, rumour has it that the above distinguished Oriental Potentates make it a practice to WEIGH their wires regularly once a month, precedence in rank and imperial favour being accorded to the wife presessed of the greatest number of pounds aroliduses.

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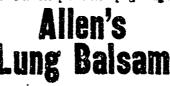
Goughs/26 Allen's Lung Balsam was introduced to the public after its menits for the positive cure of such diseases had been fully tested. It excites expectoration and causes the Lungs Cure of such diseases had been fully tested.

It excites expectoration and causes the Lungs to throw off the phlegm or mucus; changes the secretions and purifies the blood; heals the irritated parts; gives strength to the digestive organs; brings the liver to its proper action, and imparts strength to the whole system. Such is the immediate and satisfactory effect that it is warranted to break up the most distressing cough

afforers from extarrhal troubles should care fe'ly read the above.

in a few hours' time, if not of too long standing. It contains no opium in any form and is warranted to be perfectly harmless to the most delicate child. There is no real necessity for so many deaths by consumption when Allen's Lung Balsam will prevent it if only taken in time. For Consumption, and all diseases that lead to it, such as Coughs, neglected Colds, Bronchitis, Asthma and all diseases of the Lungs. ALLEN'S

LUNG BALSAM is the Great Modern Remedy. For Croup and Whooping Cough it is almost a specific. It is an old standard remedy, and sold universally at 50 cents and \$1.00 per bottle. The 25-cent bottles are put out to answer the constant call for a Good and Low-Priced Cough Cure. If you have not tried the Balsam, call for a 25-cent bottle to test it.



Household Wints.

SOFT water should be used in cooking vegetables, and the only way city folks can soften water is to add a little salt to it. Six or eight potatoes will need a teaspoonful of salt added to the water; turnips and parsnips require about the same, that is, a teaspoonful of salt to a quart of water. If any scum should happen to rise to the surface when the vegetables are boiling, it must be carefully skimmed off.

THE MOST DISTRESSING FORMS OF skin and scalp diseases, with loss of hair, from unfancy to old are, and speedily, economically and permanently furth the the CUTILIAR REMEDIES, when all other remedies and methods fail. We have sold WISTAR'S BALSAM OF WILD CHERRY for many years. Nothing we have sold has ever given such perfect satisfaction for coughs and colds, and in advanced cases of consumption it has shown remarkable efficacy. P. S. BROWN & CO., Fall Piner Moss. CUTICURA the great Skin Cure, and CUTICURA SOAR, an exquisite Skin Beautifier, prepared from it, externally, and CUTICURA RESOLURNT, the new illood Purifier, internally cure every form of skin and blood disease, from pumples to scrofula. River, Mass.

Sold everywhere. . Price, Cuticura, 73c.; Soar, 35c.; Rasolvent, \$1.50. Prepared by the Potter Dalg and Chamical Co., Boston, Mass. Send for "How to Cure Skin Diseases." PAPERED walls are cleaned by being wiped down with a flannel cloth tied tover a broom or brush. Then cut off a thick piece of stale brend and rub down with this. Begin at the top and Pimples, blackheads, chapped and oily 383 skin prevented by Cuttura Soar. • 383 go straight down.

DR LLOYD, of Ohio, surgeon in the army during the war, from exposing on the same during the war, from exposing a letter address of the Messrs. J. N. Harris & Go., proprietors of Allen's Lung Balsam, "I have no hesitancy in stating that it was by the use of your Lung Balsam that I am now alive and enjoying good health." enjoying good health."

LEMON juice squeezed upon your spots of iron rust, with salt plentifully sprinkled over it, will probably remove all traces of the unsightly spots on your white dress. But if you would cover the nails in your closet with little muslin bags, ar pieces of glove kid (old glove-fingers are as good as anything), you will probably neveragain experience this difficulty. this difficulty.

BUCKETS and all wooden pails not in use, as well as washtubs, should be turned bottom side up, to prevent leaking.

Coughs and colds are often over looked. A contiduence for any length of time causes irritation of the lungs or some chronic three linease. Brown's BRONCHIAL TROP Estate offered with the fullest confidence in their efficacy, living almost arranged by care and irranged to the linear and irranged t giving almost invariably sure and im-mediate relief. 25 cts. a box.

HERB are two things to remember when cooking either veal or pork; they should be cooked so thoroughly that the lean part will be white and firm, and they should never be boiled unless first well salted. With pork there should be served some kind of farinaceous vegetable, like rice, potatoes or hominy.

STEWED VEAL. — Lay a knuckle of veal in a saucepan with two blades of mace, an onion, a small whole pepper and some salt, with two quarts of water; cover it close, and let it simmer for two hours.

MILBURN' SBERF IRON AND WINE is prepared from fresh beef, soluble from and pure sherry wine, combined with choice aromatics.

To prevent oilcloth, patent leather and similar materials from sticking together when rolled, purchase a sheets of parassine-impregnated or other-wise prepared paper, and roll the material. This will prevent sticking. It will also prevent the sading of the colours or gloss by keeping out air and moisture; the evaporation of the oil is likewise prevented to a great extent.

GRIDDLE CAPES.—Three cups flour, three teaspoons fulf Cleveland's Superior Baking Powder, one tespoonful salt, two beaten aggs and enough milk to make a batter. Bake at once.

Apple Dumpling. — One quart of flour, on tablespoonful of lard, two tablespoonsful of baking powder wet with milk, roll out an inch thick, and place on it eight apples, sliced thin; put in pudding bag and boil one hour.

OATMEAL COOKIES. - One cupful of sugar, two eggs, one cupful of flour, one cupful of cold boiled oatmeal, one teaspoonful of soda, two teaspoonsful of cream tartar, one tablespoonful of but-ter; roll thin, and bake in a quick oven.

In refer wheld Phosphate

1 of consumption, gives speedy benefit.

WHEN we wish to extract juices from anything we put it in cold water, and let it gradually reach the boiling point; so when we wish the viands to retain their juices, and use the water only as a medium for cooking them, the op-posite course must be pursued.

How to use Soap Bark .- Get five cents worth of soap bark, put it in a bowl of water and let stand over night; strain carefully, add to it three quarts of water and wash the article in it; it needs no rinsing.

MEN DISEASES are most an noying because so noticeable. Dr. Low's Sulphur Soup bonis and cleanses the skin.

"Purity-Strength-Perfection."

All the ingredients used in making this Powder are published on every lab. I. The purity of the ingredients and the scientific accuracy with which they are combined render Cleveland's superior in strength and efficiency to any other baking powder manufactured.

Food raised with this Powder does not dry up, as when made with baking powder containing ammonia, but keeps moist and aweet, and is palatable and wholesome. Hot biscuit and griddle cakes made with it can be exten by dyspeptics with im-

punity.

It does not contain ammonia, alum, lime or other adulterant. These are facts, vouched for by Government and State Chemists, Boards of Health, and eminent scientists.

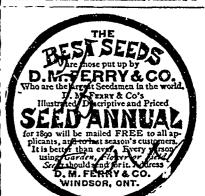
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