

"Well, good arternoon." "Good afternoon sir," said I; and that was the end of the interview.

There is but one other head on which I wish to offer a remark; and that has reference to the public health. In so vast a country, where there are thousands of millions of acres of land yet unsettled and uncleared, and on every rood of which, vegetable decomposition is annually taking place; where there are so many great rivers, and such opposite varieties of climate; there cannot fail to be a great amount of sickness at certain seasons. But I may venture to say, after conversing with many members of the medical profession in America, that I am not singular in the opinion that much of the disease which does prevail, might be avoided, if a few common precautions were observed. Greater means of personal cleanliness, are indispensable to this end; the custom of hastily swallowing large quantities of animal food, three times a-day, and rushing back to sedentary pursuits after each meal, must be changed; the gentler sex must