

The Harmless but Efficient Remedy for Headache, Neuralgia, Anemia, Sleeplessness, Nervous Exhaustion, &c.

RIGHT!

you want to be the finish in the best fight the world ever known...

MBTONS 149

to Lambton

Money ting NOW.

IG MILLS

& CO.

Wheat Mennella, All Kinds of Poultry Food.

OCK FOOD

ES MEAL

IN EXCHANGE While You Wait

ANTED!

MORE MEN

AMBTONS 149

BROS.

UNDERTAKERS

Business Bringers



Stop Backaches

Don't complain about pains in your back when the remedy lies right to hand.

Gin Pills FOR THE KIDNEYS

Gin Pills act on the kidneys and the bladder. They soothe and heal the inflamed organs...

Get GIN PILLS today at your dealer's. A box, or 6 boxes for \$2.50.

National Drug & Chemical Co. of Canada, Limited, Toronto

FARM FOR SALE

100 acres, being Lot East half of 20, con. 5, S. E. R. Warwick, known as the Harrower Farm.

FARM FOR SALE

50 acres, lake road, Bosanquet, Lambton Co., eighteen acres especially adapted for peach or small fruits.

Fall Fair Dates

Table with columns for location and date: Strathroy, Sept. 18, 19, 20; Petrolia, Sept. 21, 22; Forest, Sept. 26, 27; Sarnia, Sept. 27, 28, 29; Bridgeton, Oct. 5; Alvinston, Oct. 2, 3; WATFORD, Oct. 10, 11; Wyoming, Sept. 29, 30; Wilkesport, Sept. 29, 30; Glencoe, Sept. 25, 26; Florence, Oct. 5, 6.

Can Little Girls Help?

Can little girls help in patriotic work? Here is an incident which occurred the other day in Montreal.

RUN-DOWN WOMAN

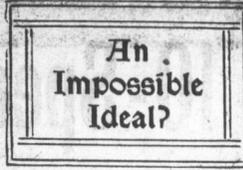
Made Strong By Our Vinol. Fort Edward, N. Y.—"I was in a run-down, nervous and weak condition...

Chiffon Powder Puff Bags.

It is not a difficult feat to manufacture a wide mouthed bag from pink, blue or lavender chiffon gathered on to a round or oval embroidery ring.

Welsh Rabbit.

Cut one or two slices of white bread about a quarter of an inch thick, toast on both sides and butter well.



An Impossible Ideal?

Perhaps, after all, the real danger is not that women will ever forget the value of the home and their obligation to it...

Club Sandwiches.

On a slice of bread put a lettuce leaf, next slices of thin crisp bacon, next slices of chicken and mayonnaise; then cover with a slice of bread and toast lightly on either side.

LUNCHEON DISHES.

Three Appetizing Ways to Serve Rice, Cheese and Eggs.

Eggs Poached in Cheese.—For six eggs take six tablespoonsful of grated cheese, one cupful of white sauce and six pieces of toast.

Escaloped Rice.—Scald a cupful of milk and thicken it with two table-spoonfuls of flour.

Iran Rice.—Have ready a half cupful of freshly cooked rice.

A NOVEL HAT.

This Chapeau Has All the Winter Hallmarks of Style.

Brilliant, tall crowned and of black velvet, this interesting hat answers two other dictates of fashion...



POINTERS.

Interesting Hints About Easy Ways to Do Things.

Don't throw away the small cold cream and salad dressing jars.

The Serpent's Venom. A physician while talking with a group of friends remarked: "It is common to hear people speak about poisonous serpents."

An Appreciation. An old sea captain was turning over the leaves of a friend's album when, coming to the photograph of a young lady of whose acquaintance the family was rather proud...

Learning It. The Old Married One—You will learn, my dear, that men are most contrary creatures.

Comparisons. "A telephone is a great convenience in a suburban home. My wife often calls me up."

A Gentle Hint. "Then you are not interested in my welfare. She—No; but if the two syllables were transposed I'd not only be interested, but enthusiastic."

Why "Anurio" is an INSURANCE Against Sudden Death.

Before an Insurance Company will take a risk on your life the examining physician will test the urine and report whether you are a good risk.

A Common Sense Idea. A woman's clever idea is making a fortune for her.

WATFORD PEOPLE GET INSTANT ACTION

Those who have used it in Watford are astonished at the INSTANT action of simple buckthorn bark, glycerine, etc.

The Big Dipper. In astronomy the Big Dipper, so called, is in the constellation of Ursa Major, or the Great Bear.

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The sickle rests in the hand that waits for the harvest.—Persian Proverb.

Oil for Toothache.—There is no pain so acute and distressing as toothache.

CHILDREN Cry FOR FLETCHER'S CASTORIA

Between 4 and 5 o'clock last night a fire was discovered in the home of Mrs. McWaters.

MARK WATFORD

GRAIN AND SEEDS—Wheat, fall, per bush; Oats, per bush; Barley, per bush; Beans, per bush; Timothy, per bush; Clover Seed; Alsike.

PROVISIONS—Butter, per pound; Lard; Eggs, per doz; Pork; Flour, per cwt; Bran, per ton; Shorts, per ton.

MISCELLANEOUS—Wood; Tallow; Hides; Wool; Hay, per ton.

VEGETABLES AND FRUIT—Potatoes, per bag.

POULTRY—Turkeys, dressed; Turkeys, per lb; Chickens, per lb; Fowl; Ducks; Geese.

London

Wheat, cwt; Oats, cwt; Butter; Eggs; Pork.

Toronto

Toronto, Feb. 29.—Union stockyards to-day a good demand was met for well-finished butcher steers.

Choice heavy steers; Butcher steers, choice; do, good; do, medium; do, common; Heifers, good to choice; do, medium; Butcher cows, choice; do, good; Butcher bulls, choice; do, good; do, medium; Feeders; do, medium; Stockers; do, medium; do, light; Canners; Cutters; Milkers, choice; do, common; Springers, each; Calves, veal, choice; do, medium; Yearling lambs; Cull lambs; Spring lambs; Ewes, light; Sheep, heavy and bucks; Hogs fed and watered; do, f. o. b.; do, weighed at plant; Two dollars and fifty cts; Hog quotations less 1 per cent. for Government.

East Buffalo, N. Y., Feb. 29.—Receipts, 200 head; active Veals—Receipts, 175 head \$11.20. Hogs—Receipts, active; heavy and mixed, yorkers, \$9 to \$9.30; pigs roughs, \$8.15 to \$8.25; 50 Sheep and lambs—Receipts sheep active and steady lambs, \$8 to \$11.65; other

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NEURAST

Rest and a tingui

There is a form of follows la grippe. Do grippal" neurasthenia.

One of the forems ities of New York ci the international clinic

"Broadly speaking, gripple will suffer neurasthenia also. Lo tone with increased most striking effect

Jangour of mind an ed, fitful sleep and the head and elset ment calls for rest and

If you have had la symptoms again: La and body, disturbed, vague pains in the where." If you have a it means that you are st the effects of la grippe

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