

# CRIPPLED BY RHEUMATISM

## Began to Improve After Taking "Fruit-a-lives"

The Medicine Made From Fruit  
You can get rid of Rheumatism. You can be free of pain—of swollen hands and feet—of aching arms, legs and back.

"Fruit-a-lives" will drive the cause of Rheumatism out of the system and give you permanent relief.

"For over three years, I was confined to bed with Rheumatism. Finally I decided to try 'Fruit-a-lives'. Before using this medicine, I noticed improvement. I continued taking 'Fruit-a-lives' improving all the time. I can now walk about two miles and do chores around the place."

ATLEX. MUNRO, Lorne, Ont.  
50c. a box, 6 for \$2.50, trial size 25c.  
At dealers or from Fruit-a-lives Limited, Ottawa, Ont.

## Wedding Stationery

ANNOUNCEMENTS  
INVITATIONS  
CAKE BOXES  
CARDS

Newest Designs  
Finest Quality

The Guide-Advocate

## GRAND TRUNK RAILWAY SYSTEM

### TIME TABLE

Trains leave Watford station as follows:

GOING WEST	
Accommodation, 111.....	8.42 a.m.
Chicago Express, 17.....	12.40 p.m.
Detroit Express, 83.....	6.51 p.m.
(a) Chicago Express.....	9.11 p.m.
GOING EAST	
Ontario Limited, 80.....	7.48 a.m.
Chicago Express, 6.....	11.22 a.m.
Express.....	2.50 p.m.
Accommodation, 112.....	5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.	

C. W. VAIL, Agent, Watford.

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective is mild.

## FALL TERM OPENS AUG. 27TH

ELLIOTT Business College

Yonge and Charles sts., Toronto.

Arrange now to enter this famous school—famous for strictly high grade work and for promptly helping graduates to secure employment. None better in Canada. Catalogue free.

W. J. ELLIOTT, Principal.

## Central Business College

STRATFORD, ONTARIO

WINTER TERM FROM JAN. 2  
The leading practical training school of Western Ontario. The school where you get a thorough course under competent instructors in Commercial, Shorthand and Telegraphy Departments. We assist graduates to positions. Write for free catalogue.

D. A. McLACHLAN, Principal.

## A. D. Hone

PAINTER AND DECORATOR  
PAPER HANGING

WATFORD ONTARIO

GOOD WORK  
PROMPT ATTENTION  
REASONABLE PRICES  
ESTIMATES FURNISHED  
SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

Your ad. in this paper this week?

## PLYMPTON

Miss Mae MacDonald, Toronto, spent the weekend with relatives in Wyoming and on the London Road. Dr. and Mrs. H. L. Forbes left on Tuesday for their home in Toronto. Miss Grace Minielly is home for the holidays. Miss Helen has also returned from an extended visit with friends at Harrow.

Mr. and Mrs. Earl Carroll and children, Pontiac, spent the weekend at the home of John McDougall.

Miss Jessie Drummond, Comrie, Scotland, is visiting her cousin, Mrs. Chas. MacDonald.

Messrs. Frank and Delbert Wheeler, Pontiac, are spending a few days at the home of Mr. and Mrs. Ben McCormick.

Misses Jean Cameron and Effie Lindsay, Windsor, called on the former's uncle, Mr. Alex. McAlpine, on Sunday.

Mrs. Ben McCormick spent Dominion Day in Sarnia.

Corns are painful growths. Holloway's Corn Remover will remove them.



Best of all Fly Killers 10c per Packet at all Druggists, Grocers and General Stores



The brilliant head—a band of blue, tipped with red—is the mark by which you can always distinguish a MAPLE LEAF MATCH.

This distinctive head means to you that the matches are sure and safe—always dependable—non-poisonous, no glow, the kind that won't snaw—stronger and longer, different and better.

Look for the head—a band of blue, tipped with red, is the symbol of match excellence.

MAPLE LEAF MATCHES  
Different and better  
THE CANADIAN MATCH CO. LIMITED, MONTREAL

There's nothing like piping hot, delicious soup to start the hearty meal. Here is a fine pot that will do a lot to help you make good soup—the S.M.P. Enamelled Ware London Kettle. Even after the greatest or stickiest cooking S.M.P. Enamelled Ware cleans as easily as a china dish. Ask for

**S.M.P. Enamelled WARE**

Three finishes: Pearl Ware, two coats of pearly grey enamel inside and out. Diamond Ware, three coats, light blue and white outside, white lining. Crystal Ware, three coats, pure white inside and out, with Royal Blue edging.

THE SHEET METAL PRODUCTS CO. LIMITED  
MONTREAL TORONTO WINNIPEG  
MONTREAL VANCOUVER CALGARY

S.M.P. Kitchenware is sold in Watford by  
**McCormick & Paul**

## June Weddings

### PEAKER—RESTORICK

An interesting but quiet wedding took place at the home of Mr. and Mrs. Joseph Restorick, Horton street, London, at 8 o'clock Wednesday evening, June 27th, when their daughter, Velma Pearl, became the bride of Mr. Harry Peaker, son of Mr. and Mrs. Charles W. Peaker, Delaware avenue, South London. The ceremony was performed by the Rev. J. A. Aznev, in the presence of about forty relatives and friends, the bride being given away by her father. The bride was attended by Miss Marjorie Hill, while Mr. O. Restorick, brother of the bride, attended the groom. Mr. and Mrs. Peaker will make their home in Delaware avenue, London.

### WILSON—MCINROY

A pretty wedding was solemnized at the home of Mr. and Mrs. C. E. McInroy, Adelaide township on Wednesday, June 25th, at 3 o'clock when their youngest daughter, Mildred Elizabeth, was united in marriage to Wilfred Stanley Wilson, only son of Mr. and Mrs. David Wilson, niece of Adelaide. The ceremony was performed by Rev. Jas. Gale of West Adelaide, under an arch of maple leaves and orange blossoms, banked with roses and ferns. The bride, who looked lovely in her Grecian costume of white kitten's crepe trimmed with pearls and caught on the left side with a pearl ornament, wore the groom's gift, a white gold bar pin with pearl setting, and carried a bouquet of sunset roses and valley lilies. She was given away by her father to the strains of Lohengrin's bridal chorus played by Alice Stewart, cousin of the bride. The groom's gift was a crown ducal jewel case. Miss Edna McInroy, sister of the bride, acted as bridesmaid, wearing a jade green canton crepe dress, and the groom's gift a sterling silver bar pin, and carried a bouquet of large white peonies. The groom was supported by Roy Stewart, cousin of the bride, his gift being a sterling silver Eversharp pencil. During the signing of the register Mrs. Alfred Cuddy, sister of the bride sang "Until", after which about 75 guests sat down to luncheon, served in the dining room and lawn by the young friends of the bride and groom. Guests from a distance were present.

### WELLINGTON—CAIRNS

A quiet but pretty event took place at the home of Mr. and Mrs. Elmer Cairns on Wednesday, June 27th, when his sister, R. Jean Mildred became the bride of Mr. Thomas Harold Wellington, second son of Mr. and Mrs. David Wellington, Lake Road.

Immediately at high noon to the strains of the wedding march played by Mrs. Bannatyne, the bride gown in sand georgette, with trimmings of satin and iridescent beads and carrying a bouquet of Ophelia and Sweetheart roses entered the room on the arm of her brother, Elmer, who gave her away, and took her place beside the waiting groom, under an arch of orange blossoms, peonies and roses.

Rev. J. D. Bannatyne of Ilderton, cousin of the bride officiating in the presence of immediate relatives of the contracting parties.

After the ceremony the bride and groom led the way to the dining room where a sumptuous wedding luncheon was served the color scheme being carried out in pink and

## YOUNG DAUGHTER MADE WELL

Mother Tells How Her Daughter Suffered and Was Made Well by Lydia E. Pinkham's Vegetable Compound

Vancouver, B.C.—"My daughter is a young girl who has been having severe pains and weak and dizzy feelings for some time and had lost her appetite. Through an older daughter who had heard of a woman who was taking it for the same trouble, we were told of Lydia E. Pinkham's Vegetable Compound. My daughter has been taking it for several months and is quite all right now. It has done all it was represented to do and we have told a number of friends about it. I am never without a bottle of it in the house, for I myself take it for that weak, tired, worn-out feeling which sometimes comes to us all. I find it is building me up and I strongly recommend it to women who are suffering as I and my daughter have."—Mrs. J. McDONALD, 2947 26th Ave. East, Vancouver, B.C.

### FORBES—GRIEVE

A very pretty wedding was solemnized on Wednesday, June 27th, at the home of the bride's parents, Mr. and Mrs. John D. Grieve, London Road, Plympton, when their daughter, Clara Jean, was united in marriage to Dr. Harry L. Forbes of Toronto, son of Mr. John Forbes, London Road, the Rev. F. Ballantyne M. A. of London, uncle of the bride officiating assisted by Rev. J. C. Robinson of Wyoming. The wedding march was played by Miss Ella Grieve, sister of the bride.

The bride, who entered the room on the arm of her father, was becomingly gowned in white flat crepe with pearl trimmings. Her flowers were Ophelia roses and carnations and she wore the groom's gift, a rope of pearls. Little Anna Grieve, niece of the bride made a dainty flower girl, dressed in honey-dew crepe de chene and carried a basket of white roses.

The house was decorated in pink and white. The ceremony taking place under an arch of maple leaves and orange blossoms.

Following the ceremony about 30 guests sat down to a wedding dinner after which the happy couple left, amid showers of confetti and good wishes for a short honeymoon. The bride travelling in a navy tricotone suit with sand blouse and hat, and upon their return will reside in Toronto.

The bride was the recipient of many beautiful and valuable gifts, among them being a miscellaneous shower from the Young People of South Plympton church.

### CAPE—ANDERSON

A pretty wedding was solemnized on Wednesday at "Cedar Crest" second line Plympton, when Ruby Winona, youngest daughter of Mr. and Mrs. D. N. Anderson, was united in marriage to John E. Capes, youngest son of Mr. and Mrs. James Capes of Hillside Farm, Warwick townline. The ceremony was performed by the Rev. T. Steadman of Watford. The bride looked charming, gowned in white satin with lace trimmings and wearing the conventional veil bound with pink. The bride was given away by her father and entered the parlor as the bridal chorus was played by Mr. Westman of London, who also sang during the signing of the register. The home was decorated with pink and green and the arch of evergreen was trimmed with pink roses and maple boughs. During the afternoon photographs were taken of a number of groups of the guests, among others the four generations Mrs. Walter Jardine, her daughter, Mrs. Capes, her granddaughter, Mrs. S. Johnston, and her great granddaughter Olive Johnston. The wedding dinner was served in the dining room to about eighty guests from London, Sarnia, Forest, Watford and Camlachie. The bride was the recipient of many beautiful and useful presents including several checks.

For going away the bride wore a sand colored serge suit. Mr. and Mrs. Capes will be at home on their farm on the townline of Warwick and Plympton.

Wedding cake boxes for sale at the Guide-Advocate office. The latest designs.

### FALL FAIR DATES

- Wilkesport, September 18.
- Strathroy, September 17, 18, 19.
- Indian Reserve, Sept. 19, 20.
- Watford, September 20, 21.
- Petrolia, Sept. 24, 25.
- Sarnia, Sept. 26, 27, 28.
- Bridgen, October 1, 2.
- Forest, October 2, 3.
- Wyoming, October 4, 5.
- Florence, October 4, 5.
- Theftford, October 4, 5.
- Alvinston, October 9, 10, 11.

### TWO THINGS THAT HURT THE EYES

A person has been known to say, "I have ruined my eyes by reading too much." Not so—the eyes were made to use. One sure way to permanently injure the eyes is

### READING BY INTENSE LIGHT

The light should come through ground glass to soften it. Never use clear glass for either gas or electricity. Oil lamps give out a soft light, therefore clear glass chimneys.

### READING BY DIM LIGHT

Take our advice—do not read or sew by a dim light—it will be a direct strain upon the sight centres of the brain. On these two things hang the fundamental laws of sight economy. Never use cheap or pick-up glasses—come to us for advice about things optical.

Everything needful here.

Take good care of your iiiiii's!  
**Carl A. Class**  
Jeweler and Optician

## YOUNG DAUGHTER MADE WELL

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From the age of twelve a girl needs all the care a thoughtful mother can give. Many a woman has suffered years of pain and misery—the victim of thoughtlessness or ignorance of the mother who should have guided her during this time.

If she complains of headaches, pains in the back and lower limbs, or if you notice a slowness of thought, nervousness or irritability on the part of your daughter, make life easier for her.

Lydia E. Pinkham's Vegetable Compound is especially adapted for such conditions.

Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by using a reliable worm remedy, such as Miller's Worm Powders, which are sure death to worms.

### MEDICAL

**JAMES NEWELL, PH. B., M.D., L.R.C.P. & S., M.B.M.A.,** England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

**C. W. SAWERS, M.D.,** Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

**W. G. SIDDALL, M.D.,** Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

### DENTAL

**GEORGE HICKS, D.D.S.,** Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

**G. N. HOWDEN, D.D.S., L.D.S.,** Graduate of the Royal College of Dental Surgeons of Ontario and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

### VETERINARY SURGEON

**J. MCGILLICUDDY,** Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

### AUCTIONEER

**J. F. ELLIOT,** Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

### INSURANCE

**THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY**  
(Established in 1875)

**JOHN W. KINGSTON,** President  
**JAMES SMITH,** Vice President  
**ALBERT G. MINIALLY,** Director  
**THOMAS LITHGOW,** Director  
**GULLFORD BUTLER,** Director  
**JOHN PETER McVICAR,** Director  
**JOHN COWAN K.C.,** Solicitor  
**J. F. ELLIOT,** Fire Inspectors  
**ALEX. JAMIESON**  
**P. J. McEWEN,** Auditors  
**W. G. WILLOUGHBY,** Manager and Sec.-Treasurer  
**PETER McPHEDRAN,** Wanstead Agent for Warwick and Plympton