

Katherine Leslie's Chat
Up-to-Date Fashion Hints
Helpful Recipe Column.

A PAGE FOR WOMEN

Cynthia Grey's Answers.
Variety of Home Topics for
All Feminine Readers.

Billie Burke Tells How to Take Off Tan of Which You Were So Proud---Once



[BY BILLIE BURKE.]

BILLIE BURKE.

Since I have been ill I have found out that no busy woman who goes along and does her work day after day ever realizes just how much she accomplishes until for some reason she leaves undone those things she ought to do.

Such sweet letters have come to me from my many readers since I have been sick I wish I could tell every one of the writers personally how much I appreciate her thoughtfulness, but these letters have piled up on my desk until I can hardly see over them and my secretary says that it will be impossible for her to take any more dictation than she is doing now. With rehearsals for two new plays coming it looks like a strenuous few months for B. B.

I am today going to answer a number of frantic requests, however, for "something to take off my tan." During the summer you were delighted with your fine brown color; in fact, you tried to get as tanned as possible, but now that you are home and beginning to think of going to the

theatre and to parties, not one of your hats or frocks seem to look well with your darkened skin. And to cap the climax of your annoyance and distress you find that for every shade that your complexion has turned dark your hair--from going without a hat--has turned a shade lighter. You feel like a "bleached blond."

But you can bleach your skin out in a very few weeks if you go at it in the right manner. There is nothing that is a finer bleach than perspiration, so first you must take a sweat bath at least twice a week. You need not go to the Turkish bathhouse to do this. Just put a half a pint of alcohol in a pint pail and put the pail on an overturned soup plate under a wooden kitchen chair. Put a cushion on the wood seat and after you have lighted the spirits and seated yourself have some one wrap around you and the chair a heavy blanket. Be very careful that the flames are not high enough to burn you or set the blanket on fire.

Sit as long as possible and when you are good and wet get into the bathtub filled with very warm salt water. Wash

yourself thoroughly and then turn on the cold water. Stay in the tub until the water is perfectly cold, and then rub yourself dry with a coarse towel. After you are perfectly dry dab on your face, arms and neck the following lotion:

One pint of extract of hamamelis, 1 pint of rose water, ½ ounce of benzoin and 1 ounce of aromatic vinegar.

The next morning cleanse your face in cold cream made after the following formula:

One ounce of coconut butter, 1 ounce of lanolin, ½ ounce of white wax, ½ ounce of spermaceti, 2 ounces of sweet almond oil, 2 ounces of orange flower water and 10 drops of benzoin. Heat wax and oils and beat in the orange water. Beat until perfectly cold.

The nights you do not take the sweat bath, wash your hands, face and neck with a 10 per cent solution of boracic acid made milky with a few drops of benzoin. This treatment will whiten your skin as rapidly as anything I know. But it is a thousand times better not to get brown in the first place.

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

What Should She Say?

Dear Miss Grey--I have dark hair, dark eyes, and am not too fair or too dark, what are my colors?

2. Who should provide the flowers for the bridesmaid?

3. What do you think of my writing?

4. When introduced to a chum's friend, what is something good to say? Thanking you in advance.

ROSE BUD.

A.--1. Tan, brown, green, blue, and old rose.

2. The groom provides the flowers for the bridesmaid.

3. Your writing is neat.

4. It is quite customary to say: "I am pleased to meet you"; then there is that old standby, the weather subject. That is always safe. But for goodness' sake, child, don't always say the same thing.

Brown Eyes.

Dear Miss Grey--I, could you please tell me if beaver hats will be worn much this winter?

2. I am 15 years old, five feet four inches tall, how long should I wear my dresses?

3. What do you think of my writing?

BROWN EYES.

A.--1. Yes, beaver hats will be worn this winter.

2. About five inches below the knee.

3. Your writing is neat, but has a tendency to be cramped; do not hold your pen too tight, and endeavor to use arm movement.

The High Coiffure.

Dear Miss Grey--I am a girl 18 years old and wish to arrange my hair high on my head. Mother says this makes one look older. Is this so?

A.--The high coiffure does add to one's years. The hair arranged low on the neck makes the face look younger. However, one's features as well as one's age must be taken into consideration before deciding how the coiffure should be arranged.

Does Anyone Know?

Dear Miss Grey--As you have answered questions for me before, I come again to ask you if you could give me the address of the Diamond Glass Company? They make fruit jars with the tops. Four years ago I bought some of their jars, and now need some new tops, and I cannot get them in our town. Hoping to see an answer soon, I remain,

A READER OF THE PAPER.

A.--I can gather no information regarding the whereabouts of this firm. Can any reader supply the information?

WOMEN'S INSTITUTES

MOUNT BRIDGES.

The Mount Bridges Branch of the Women's Institute will hold its regular monthly meeting at the home of Mrs. Wm. Hyatt on Thursday, Sept. 11, at 2:30 p.m. A paper on "Canning Vegetables" will be given by Mrs. E. Sutherland. Twenty-minute talk on conversations at the table, led by Mrs. R. Coy. Roll-call replied to by recipe for home-made candles. All ladies interested in Institute work are given a cordial invitation.

NORTH BROOKE

The September meeting of the North Brooke Branch of the Women's Institute will be held on Friday, Sept. 12, at the home of Mrs. Donald McDonald. Owing to the London Fair being held this week, the date of the meeting has been changed. Subjects: "Foods and Food Values For Children," by Mrs. A. Graham; "Salad," by Miss Annie McGugan. Visitors always welcome.

KATHERINE LESLIE'S HOME CHAT

THE SMALL BOY AND HIS MOTHER'S TEACHING.

The little lad was going to his first "job." He had been offered a holiday "job" for which he was to be well paid, and he was delighted at the prospect of making some money. He was so concerned with this aspect of the "job" and so little with the work, that his mother thought he needed a little guidance. I "happened in" at the moment, and this was what I saw and heard. "Come here, darling, I want to talk seriously with you," said the mother. And drawing the little fellow of 12 close to her side, she said: "What would you think if Mr. Blank kept out of your pay at the end of the two weeks 50 cents or 80 cents, or perhaps a dollar?" "But that would be cheating!" exclaimed the boy indignantly. "He promised me \$5 for the job." "Exactly," said the mother. "Now, what do you give in exchange for that \$5, dear?" "Why, mother, I give my work," said the small boy. "Not only your work, but your time, my boy," gravely replied the mother. "Now, remember, that if you waste your time--no, not your time, but Mr. Blank's time, since he is paying you for it--by idling, by looking at the people, by talking with the other boys instead of doing your work, if you waste 10 minutes, 50 minutes, or an hour daily of Mr. Blank's time, that

he is paying for, you are cheating Mr. Blank, just as he would be doing if he paid you less than he promised you. It is just as mean to cheat with time and work as it is to cheat with money. Remember, that it is not honest to take money as pay for work or time that you have not done and given. It is dishonest to give as little work as possible for the money that is paid you. You must be a manly man, dear, and a manly man does nothing that is mean or shabby or dishonest or dishonorable. And there is nothing so mean and shabby and dishonest and dishonorable as scamping your work or cheating at your time. Promise mother that you will work hard and earn every cent that Mr. Blank has offered for your job. That little fellow looked as though he were thinking hard. These were things he had not thought of before. But he gave his promise, and I could not but think that if an Canadian mother were taking the trouble to explain to their boys the meaning of work and time and their relation to wages and salaries, and to inculcate in them the principles of honesty and honor as this mother was doing, the coming generations of Canadians will never bring upon their families or country the dreadful reproach of dishonesty.

LONDON LADY TELLS OF BIG FUNCTIONS IN MOTHER LAND

Mrs. (Dr.) H. T. Reason Describes Receptions, Etc., Tendered Visitors to Congress of Doctors in London, England.

The following letter has been received by a friend in this city, from Mrs. (Dr.) Harry T. Reason (formerly Ethelwyn Johnston), describing some of the functions tendered to visitors at the International Congress of Doctors, held in London, England, in August, and at which Dr. Reason was a delegate. Mrs. Reason writes: "There is so much I want to tell you

that I hardly know where to begin. I have wished so many times you could have been with me, as I have been to some wonderful affairs. Sir Thomas Barlow gave a reception the first night of the congress. There were a good many in Oriental dresses, and wonderful gowns. That was Wednesday night, Thursday we were at a luncheon and to the theatre Thursday and Friday evenings.

"Saturday morning we left for Brighton, where we were tendered a luncheon at the Hotel Metropole, and afterwards a garden party in the Palace grounds given by the Lord Mayor and Lady Mayoress of Brighton. The palace was built by George IV. and occupied by royalty until the death of Edward VII. Most of the rooms are as they were originally and are most beautiful. We were received in the south drawing-room, a perfectly wonderful room. The gardens were beautifully decorated and a band played and different singers of note sang during the afternoon. We spent the week-end there, and did enjoy it so much.

"We returned to London Monday morning and went to a garden party given by the Duke and Duchess of Bedford. We had a most enjoyable time there, but last night eclipsed anything I ever saw. It was a conversation given by Lord and Lady Strathcona. The grounds and decorations are beyond description. The trees, flower-beds and bushes were strung with myriads of different colored bulbs; there were a half dozen marquees and two bands, one in the palm room, the other on the lawn, and an orchestra played and different ones sang. There was a promenade walk arranged by placing bamboo poles opposite each other and on each of these poles were six Chinese lanterns of all colors. The tips of the poles met, forming a beautiful arch. And, oh! you should have seen the gowns. I never imagined anything like them.

Dr. and Mrs. Reason, who have been spending their honeymoon in the old land, in company with Dr. Clifford and Mrs. Reason, sen., expect to return to London about Oct. 1.

Half an Hour With the Cook

Readers of this page are requested to contribute recipes or helpful hints along culinary lines for publication in this column, the desire being to make it one of mutual benefit. Original recipes, or any found to be tried and true, will be especially appreciated.

As a general thing, the simpler the method of preparing vegetables for the table the better, but so many vary the menu so little that the family grows tired of the boiled, fried or mashed potato, the steamed corn and the creamed beans and pickled beets which seem to many housekeepers the limit of possibility in the vegetable line.

If a little more thought and care were

Queer Quetzal With Fine Plumage Is National Bird of Guatemala

AS TOLD BY AUNT GERTIE.

The bird house at the Zoo is so interesting that Artist "Barnie" and I spent another afternoon there this week.

While we were watching the birds or gorgeous plumage and listening to their chatter and queer calls, we noticed a long-tailed bird sitting a little apart from the rest on a high perch. No one seemed to know its name, so we inquired of the keeper, whom all the birds seem to love.

He feeds them, you see!

The man told us that this bird's name was "Quetzal."

The home of the quetzal is South America, and it has been adopted as the national bird of Guatemala.

In ancient times it was regarded with veneration and its bright feathers were kept to decorate chiefs of the native tribes.

The quetzal clings to trees much of its time and scrambles about just as a woodpecker does. Its upper plumage is very brilliant--a beautiful green. Its head is golden and its tail feathers are a beautiful blue.

You will notice that the two centre sections of its tail are very long, 23 to 26 inches.

The plumage of many bright-colored birds fades after the bird dies. This is not so with the plumage of the quetzal, which retains its brilliancy. On this account the feathers are very much sought by milliners.

You will see the picture of the quetzal on the Guatemalan postage stamps.



USE FOR THIMBLES.

Save your time and temper when hanging fresh curtains by slipping a thimble over the end of the brass rod. No catching of curtain on rough edges. The task will be so easily accomplished you will laugh at yourself for never having thought of it before.

Our Stove Exhibit

Should be of great interest to you.

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