# Mainly About Women

BY ELIZABETH BAILEY

TELEPHONE 2380

Mr. Cameron Sinclair left yesterday

Mrs. Kate Simpson-Hayes left last night for the coast. Miss M. Brock is visiting Mrs. J. B.

Gray, Lethbridge. Mr. C. A. Gigot, of High River, was

in the city yesterday. Mr. W. Kennedy, of Medicine Hat, spent yesterday in the city.

Miss Mildred Kerr is spending her

holidays with friends in Victoria. Laura and Christina Forrester

are visiting Mrs. J. Smith Hamly. Mr. and Mrs. Ambrose Dickens have returned to their home in Edmonton. Mr. and Mrs. W. F. Ross arrived home from a trip to the British Isles.

Mrs. J. F. Glanville. Mr. and Mrs. Chris Oliver, of Galt,

Mr. and Mrs. J. A. Lindsay of Vul

can, Alta, are the guests of Mr. and

Ont., are visiting their son, W. J. Oliver, 819, Fourth avenue west. Dr. Armstrong is attending the medical convention in Edmonton and is the guest of Mr. and Mrs. W. H. Clegg.

Norman P. Lambert, representing the Toronto Globe, is one of the many visitors in the city for fair week. Mr. Lambert has an office in Calagry, from which all western news is handled. —Edmonton Journal.

Daughters of the Empire.

The Daughters of the Empire held a special meeting yesterday afternoon at the library to discuss the arrange ments of the reception to be given to the Duchess of Connaught and the Princess Patricia on September 6, at Mrs. P. J. Nolan, regent of the

chapter, will read the address which is now being alluminated by the sisters the convent and Mrs. Col. Mac-Leod will present the boquet of flowers.

The Press Club Luncheon, Mrs. Kate Simpson Hayes was the guest of honor at a luncheon given by the Calgary Women's Press Club at the St. George Hotel yesterday. Covers were laid for eleven at long table placed in the alcove. appetizing menu was provided, and the service of the hotel staff was most

newspaper woman in Canada. She

s an impossibility; when men and women jolted miles across the prairie women who are going to produce a

race of Canadians worth while," said !



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MRS. SAMUEL NORDHIEMER-of T oronto, who has been made a Lady of Grace, in the Knights of St. John, by . King George the Fifth,

## CUPID'S KNOTS

GRAHAM-McLAUGHLIN.

To the strains of the Wedding women joited miles across the prairie with all their belongings in the prairie the beautifu bride entered the church on her father's arm. She was attired in a tailored suit of cream serge and lat, them, stand several hours. Then These are the kind of men and a large cream hat with purple pansy crown. She wore a corsage bouquet of purple pansies and white sweet peas and she carried a German silver mesh sherry. Dilute with a quart and a pint purse. During the ceremony the choir of water, put in the whole berries and

The bride and groom were un-The church was beautifully decora bower of palms and ferns. The only the bride. Among them were Mr. and Mrs. Lowry, aunt and unel of the bride (Leduc), and Mrs. Alley, of

Fort Frances. Mrs. Glanville mother of the bride chose an elegant gown of gold saten charmeuse, with shadow lace and gold church, corner Thirteenth avenue an Fourth street east. There will be silver collection taken.

Alley, the bride's sister, wore a modish gown of blue taffetta silk with over dress of embroidered white marquis-Mr. and Mrs. Carson left immedibound train, and on their return will Mrs. Carson was born in Calgary nd is one of the most popular girls in

Church choir for several years, and the members, in appreciation of her faithful work, presented her with a eautiful engraved silver filigreed ferr

## TO HAVE CLEAR SKIN

that plainer and simpler and more wholesome food, often have much finer complexions, and do not seem to grow allow and faded too soon. Their habit of going to bed early and getting up arry and getting the health-giving arry and getting the health-giving that particular rank paragraphs. rly and getting the health-giving orning air, also makes a fresher.

arer complexion. One cannot eat and dress as or uld please, regardless of the rules ealth, and have a pretty complexion one must live as nature says is best, ney wish to be beautiful and health; It is said that carrots are very goo or the complexion, and if properl cooked they are very good to eat.

### LADY CHANNING

The Illustrated London News has fllowing sketch of Lady Channing, a merican girl who was one of the Lady Channing is the wife of S "Lady Channing is the wife of Sir Francis Alson Channing, one of this ear's king's birthday peers, and the irst baronet of his line—having been reated in 1906. She was the daughter if Mr. Henry Bryant, of Boston and Conasset, a lineal descendant of the old Counts of Vermandois, and was marginal in 1850."

## GOOD SUMMER DRINKS

young, whether it takes place in the The marriage was quietly solem- afternoon or evening, a cold drink nized yesterday at Crescent Heigths forms the most important part of the parsonage, of William T. Graham and refreshments, even if it consists sim-Edith Gertrude McLaughlin, youngest ply of a glass of iced tea, offered to daughter of Mr. and Mrs. Thos. Mcwas associated with the Regina Leader in its very earliest days, and has been connected with the Manitoba Free Press for (leven years. At present she is connected with the C. P. R. office in London, England.

She is also one of the charter members of the Women's Canadian Press Club.

Mrs. Hayes is a particularly interesting woman. Being a western old-timer, she has many amusing stories to tell about the early days of the west, when paper for the newspapers was shipped in by the carload as it is now; when money was so hard to raise that, the man.

Adaughter of Mr. and Mrs. Thos. McLaughlin of Calgary.

The Rev. J. B. Francis performed the arry in the way of a summer dring is allowage greatly appreciated by thirsty guests, and while most of the following recipes are very easy to make any of them will be found to possess the charm of novelty. Most of these day, the occasion being the marriage of Mr. John Macauley Carson and Miss Jessle Eleanor Frisken Glantile, and the prettiest girl in Calgary. The marriage took place at five-thiry in the evening, Rev. J. A. Clarke being the officiating clergyman.

Clarke being the officiating clergyman. the friend who drops in informally.
Something a little out of the ordin-

of water, put in the whole berries and a few slices of pineapple, ice, and serve. Trapefruit Punch—Make a sirup of one pound of sugar and one cupful of water. Add the juice and pulp of six good-sized grapefruit and one orange.

## Coming Events

of the Women's Canadian club on Friday, Aug. 16, at 4 p.m., in the lecture case it is grated to a pulp and fermen-room of the public library.

### PRESERVED ANTIQUITIES

A French physician says the woman who would have a beautiful complexion must live plainly, avoiding rich meats, greasy soups, to much some of the property of meats, greasy soups, too much game, heavy wines and highly seasoned food.

Wealthy people who live highly and dress improperly often have fine features, which are marred by a miserable complexion. Women in the middle class of life, who live more simply, and eat plainer and simpler and more wholesome food, often have much finer

| Consider the auspices of the auspices of the British School of Archaelogy in Egypt. What has struck Prof. Petrie is the extraordinary preservation of the wood work and clothing unearthed from the crown toward the point. Some of the extraordinary preservation of the wood work and clothing unearthed from the crown toward the point. Some of the extraordinary preservation of the wood work and clothing unearthed from the good old cooks split both the particles of line, which is placed on exhibit, is as fresh and as firm as when cut from the original length, and it is some 6,000 years old.

## Before Deciding Wall Papers

for that drawing room, dining and see us regarding prices and

S. B. Ramsay THE DECORATOR, Phone 6202 817 1st St. E.

For afternon bridge parties, or any sort of gathering of either old or

Glaret Cup.—Reserve one cup of raspberries from a box and crush the remainder, add 1½ cups of sugar and and four lemons, with a little sugar sign, if needed. Add half a tumbler full of claret and two wine glasses of

The choir of Westbourne Baptist church will give a social tonight at the

Mrs. Creighton is an eloquent speaker, and the ladies of the club are fornate in obtaining such a lecturer. The subject of her address will be Topics of Fundamental Interest to

Southern Baked Parsnips—Peel the parsnips and boil in salted water until almost done, then drain and let cool. Put a little dripping into a baking dish, add a tablespoon of brown sugar, put in the parsnips with a little more sugar on top and a few bread crumbs. Bake twenty to thirty mindtes until a light brown.

Fried parsnips. — Peel and slice lengthwise one pound of parsnips, Put in a deep frying pan and season with salt, one teaspoon of brown sugar, and one teaspoon of dripping or land. Pour over them boiling water to barely cover and cook for half an hour covered. Then remove the cover and allow them

### Good Housekeeping By Jane Eddington.

BAKED APPLE

The baked apple makes one of the most convenient, reliable, and highly excellent desserts, and is equally good as a side dish to be served with meat. To bake fine tare cooking apple whose skins do not carmelize or car onize like those of sweet apples, ha now come to be quite a universal and much to be commended way of cool ing this uniquely wholesome fruit. the apples are baked slowly their skin will be almost as soft as is the pu and the juice around them will jel In most of the ways in whoch ar ples are baked the skin is left on: T core is fdequently taken out and its place may be put sugar and butte sugar, butter, and spice, sugar and nuts, sugar and raisins or dates, sugar, fruit and nuts, and not yet are the pos sibilities exhausted. Sometimes the filled or stuffed and baked apples ar baked with sugar simply and the something like a toasted marshma and chopped nut meats are added. Sweet apples used to be the favor and almost the only kind of appl baked. Their skins turn dark in baking and they were called on th "black caps." Baked appl and milk (sweet apples) were considered one of the delicacies of the fall season. Baked Apples with buter and sugar

sirup.-Four medium sized apples, one oup of sgar, two tablespoons of but ter. Remove the cores and place the apples in a pie tin. Fill the openings with sugar and buter and baks slowly until done. Take them out carefully Place the tin of juice on the stove, add the remainder of the sugar and butter becomes a light brown. Add boiling water to make the mixture the con sistency of thin Jelly and pour over Baked Apples with Meringue .- Pare

and core six tart apples; fill the cavities with sugar lemon juice and water Bake until tneder but not broken. Remove to a strving dish, fill the centres with jelly or marmalade, and pour any liquid left in the baking dish over them. Beat the whites of two eggs until dry, then gradually beat in two tablespoons of powdered sugar, Cut ding one-half a teaspoon of vanilla extract. Press the meringue on the tops of the apples, using a pastry bag and a star tube. Let stand in moderate oven eight minutes. Serve warm-Crystallized Apples .- Put one-half p of sugar and one-half a cup of water in a stew pan and let boil five inutes. Then put in the pan four large or more small apples, pared and not broken. Lift them out carefull and put in a shallow baking pan Sprinkle with granulated sugar and brown in an oven. Remove to a glass

dish. Boil down the sirup one half and pour it around them. Decorate the tops with candied cherries or nuts. Apple Caramel.—Pare and core some edium sized apples and fill them with brown sugar and a little cinnamon. Bake until tender. Have ready a caramel made by melting one cup of brown sugar and turn this over the apples. Serve with plain or whipped

Wade Apples.—Wash and core four aples and fill them with chopped nuts, dates, sugar and a tiny bit of butter. Put them in a baking pan with an Inch of water and baste every five minutes while baking.

The wholesome parsnip is generally an unappreciated vegetable. Some of the excellent cook books devoted enter the excellent cooks are the excellent cooks and the excellent cooks are the excellent cooks and the excellent cooks are the excellent cooks and the excellent cooks are the excellent cooks are the excellent cooks and the excellent cooks are the excellent cooks ar new domestic science teachers have enlarged the parsnip's sphere of useful-

night supper.
This vegetable, like the carrot, is fairly rich in starch and sugar, but it

church, corner Thirteenth avenue and Fourth street east. There will be a silver collection taken.

Women's Canadian Club.

Mrs. Creighton, the clever English lecturer, whi is to visit Calgary this week, will address the Calgary branch of the Women's Canadian club on Friderick and east and eat it with milk making what is thought to be an agreeable "cottage dish." The parsnip is said to make an excellent marmatide and eat of the women's Canadian club on Friderick and can be an excellent marmatic and eat of the women's Canadian club on Friderick and seasonings in a scallop the taste is so mollified and modified, being diluted and extended, as it were, that it is liked even by those who would not otherwise at the vegetable.

The Scotch beat up the parsnip with milk making what is thought to be an agreeable "cottage dish." The parsnip is said to make an excellent marmatic and eat it with milk making what is thought to be an agreeable "cottage dish." The parsnip is said to make an excellent marmatic and eat it with milk making what is thought to be an agreeable "cottage dish." The parsnip is said to make an excellent marmatic and eat it with milk making what is thought to be an agreeable "cottage dish." The parsnip is said to make an excellent marmatic and eat it with milk making what is thought to be an agreeable "cottage dish." The parsnip is said to make an excellent marmatic and eat it with milk making what is thought to be an agreeable "cottage dish."

The two most common old ways of preparing the parsnip were to boil of fry it—sometimes boiling it as a preparation for frying—and it was often in the collection of boiled dinner vegetables in the spring. Boiled and eith er mashed or plain, the parsnip has been a favorite vegetable with sal

In one of the apartments at University College, London, Prof. Flinders
Petrie has placed on expidition.

Direct, sure and

or modifying that particular rank parsnip taste that diminishes the popularity of this vegetable.

Bolied Parsnips—Pour boiling water
on the parsnips and boil for one hour
When done immerse quickly in cold
water and the skin will slip off.
Sugared Parsnips—Boil parsnips until tender, peel, and cut into quarters.
Make a little wirup of one-half a cup
of sugar and a lump of butter. Pour
over the parsnips and brown in the
oven. modifying that particular rank par

And a 10 days' personal test Southern Baked Parsnips-Peel the

Then remove the cover and allow them o fry down brown and delicious

## Heart Deartment



of the corn.

Hobble skirts have had their day and ideals and principles. Her father is ease to be Militant suffragettes are living, age 65. strictly temeprate, prostill rioting in London, but now comes fane, but abhorng it and all vices o King George himself and declines- any character; is ambitious for rimwice-his afternoon tea. Tea in the country is an institution, ly. He is well known in his profession



MISS JESSIE GLANVILLE, a Cal-

n the city of gondon it is a rite. The idea of building him up to her standnerchant in his counting room, the ards. financier in his gilded office, the civil ape to the club before 5 o'clock, suspassed and the constitution sayed, a great chance, and were she the spectacle of tens of thousands of daughter of mine I would do every men who are leaders in the affairs of thing possible to dissuade her from the Anglo-Saxon world stopping busi- the marriage. Criticising the fellow ness in the middle of the afternoon to to her would not help matters. She soon becomes accustomed to it, and, if girl to instead of from a man. Try his visits to England are frequent, have other young men of more desir-

society trembles. Doctors are found who declare that to take a heavy af- reared, in comfortable circumstances, who declare that to take a heavy afternon teas between luncheon and dinner does a healthy young person or middle-aged, far more harm than is good. It is not the teasitself that is year ago a kind of fate threw harmful, for there is nothing better that no company of an educated and refined dinner does a healthy young person or middle-aged, far more harm than is good. It is not the teasitself that is year ago a kind of fate threw harmful, for there is nothing better than a cup of teas as refresher. What lady of excellent character. ternon tea between luncheon and among educated and refined dinner does a healthy young person or My own studies and travel abroad have good. It is not the tea itself that is year ago a kind of fate threw me into harmful, for there is nothing better the company of an educated young seasoning, are excellent for a Sunday the doctor objects to is sitting down further acquaintance I learned that he in the middle of the afternoon and father and mother and brothers and and butter, sandwiches cake, jam and must admit I do not enjoy their pr losses these readily in the cooking, so pains should be taken to keep them pastry. So the inconoclastic king has sence, but can one afford to forego from dissolving and being lost in the good medical support for his crusade the companionship of a good character. The advocates of a against four meals a day. Will five ter because of a poorly bred mother o'clock tea survive the royal frown? that it has more sugar, and therefore more food value, than the carrot.

The parsnip is really at its best in the fall, though perhaps not so seemingly sweet, when it rekuires about o'clock tea survive the royal frown? It may, but its position will never again be an assured one. Bye-and-bye the Briton's mid-afternoon meal may become only a survival lingering in rethe Briton's mid-afternoon meal may that her mother is illiterate does not become only a survival lingering in re- count at all. two-thirds less cooking than in the spring, although it used to be considered an exclusively spring vegetable. There is something about the parsinp that is a little arrogant, but when it is mixed with the crackers milk, and the little arrogant of the changing of the guard of the little arrogant of the little arrow of the little ar on the Horse Guards parade.

WHAT IS A WHITE WOMAN? MAGISTRATE IS AT SEA

Saskatoon, Aug. 14.-On grounds that he could not assume responsibility and taken them home? I called up of defining what constitutes a white woman, Magistrate Brown, in police court this morning, reserved his judgment one week in the first test case brought under the provincial act which provides that no white woman employed by an Yoshi, a Jap, was the defendant

A Rickety,

Broken-down Nervous System

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Certain Results .... follow a change from Tea and Coffee to

"There's a Reason"

will prove it to anyone who esteems the steady, comfortable power of health enough to make the trial.

Read that little gem, "The Road to Wellville," in pkgs. Canadian Postum Cereal Co., Ltd., Windsor, Ont.

Laura Jean Libbey.

Would They Be Happy? "Dear Miss Libbey: He is 24, parnts German, both living. His mother is a home lover, with no small social life; lives for her family alone. His father is a dull, smoking, drinkingsaloon patronizing man-associates of ow moral tone. Both parents instruct heir children in good morals, but permit Sabbath breaking and drinking "He was raised as a farm laborer ince manhood he has been in livery and milling business, and now is rader in live stock, agricultural products, etc. He has Taid up \$2,000, is ndustrious, honest, stubborn, jealou and proud. He patronizes saloons oc-casionaly, has been drunk, is profane, meducated, with no ambition for selfeducation. His reading is confined t vels and papers. He has no social ife and is uninteresting in convers Young people do not like him, he has few associates. Just now ed to her about drinking. She, same age, parents American mother, who died four years ago an exemplary woman, high in in social and church life. She ambitious for them; and had high

self and children, and loves them dear--has had charge of large enterprises and stands high in the esteem of all his character and ability. He is h, and there exists a strong affection between father and daughter He has settled in her name values ng to \$20,000. The daughter keeps the home for him.' She is ictly terperate, abhors tobacco drinking, and profanity, is an active ember of the church, and is fast beoming like, her mother. Socially and norally she has a high place in the esteem of young and old. She dances at private parties and plays cards, had en years of education in common and finishing schools, and has travelled over the states and old Mexico. She has all the money she wants for dress, pleasure, travel and other pur-She loves the better class theatres and opera, does charity and church work, has high ideals and principles, and is i nbad health.

'She admits he has lied to her, and that he is at least one stage below Six months ago he ridiculed the idea of loving him, but now seems in atuated. She is ashamed of his illiterate, unrefined ways and his parent irprised she loves him. She has an

"Are they mated for permanent hap-I think the girl would make a mis brews the tea and butters the bread, take in contracting such a marriage 'hen with a solemnity that freezes However, there are cases where su the smile of scorn on the lips of the marriages turned out all right. Per ter barbarian the sacred tea is sonally, I feel that the girl is takin

sip tea and munch crackers fills the will feel that she is bound to defend onial visitor with wonder, but he him, and such a course often drives sometimes drops into the habit him- able character at your home as much

### Said He Was III - Mannered.

"Dear Miss Libbey: I have be keeping company with a young lady about 18 for the last six months and am very fond of her Last evening a friend and I stepped into the nicke show, and on going in we saw m girl and her mother. We sat down be side them, and, as they had seen the utes after we came in Now what norning, and she was very cold and

"A PERPLEXED YOUNG MAN It would have been the kind thing o do. I am sure, to have gone home ith the girl and her mother. Tell her that you were thoughtless and some what embarrassed, so hesitated offering to accompany her home.

If Luck and Fate Favor Dear Miss Libbey: A few morago I became engaged to one of nitest young laddes existing. Before my engagement I explained my situ-ation to her stating that it will be some time before I will be able to mar-

am 24 years of age, and she is a few years my junior.

"It will be a few months, perhaps a year, before I will be able to marry her. In your opinion am I doing my "I am a student and do not earn woman of 38 years of age had never garding such matters enough to take proper care of myself. But M luck and fate favor me within ten months or so I will be able to earn Cindly advise me what is the prop odus operandi in my case. I am wil g to do anything to please my sweet-

-Constant in Love.' Personally I am opposed to long en-gagements, but if the girl is willing to wait and loves you I don't see that

### Letter From Reader.

ontradict R. H. M.'s letter in a cerain sense. Judging from his letter. should imagine him to be of a serious disposition, which is rather rare for a young man of his age. Regarding the roys advertising the fact that th have kissed a certain girl among their

and think anything of her at all they would not do such a mean thing, and from his remark would naturally con clude that he associated with a condi-

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and fickle class of young men. I think | been yissed, Well, w if a girl knows a friend of hers long complished by it: of course not to distribute them too are too many y sweetheart injustice in keeping her waiting so long. Of course we love in the strictest meaning of the word. There is no other reason for the delay ample the letter that was written in the engaged before to you some days ago, where a 'young' should use one's own

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