

To Regain Strength and Energy When feeling over-tired or run-down a cup of the 'Allenburys' Malted Milk will quickly remove all traces of weariness or fatigue.



Allenburys Malted Milk (PRE-DIGESTED) is manufactured from rich creamy milk and wheat by a special process which makes it very easily digestible. It is quickly prepared by the addition of boiling water only.

THE PANGS OF REMORSE - OR - A COMPLICATED TANGLE.

CHAPTER XXIX.

"What a lovely satin!" murmured the ladies. "And that is the squire, as they call him," said the duchess. "Ah, these old families, they always look their blood."

Then the ceremony commenced, and the bishop in grave, singing tones, made the two young hearts one. "Such a confusion of voices, such a clatter of horses' hoofs, such a perpetual and vociferous cheering, surely never was heard, as that which accompanied the bride and bridegroom to the Hall; and as for the breakfast the county papers, and, indeed, most of the London ones, gave full accounts and completeness, it had eclipsed the celebrated feasts of the imperial banquet."

Rapidly as the time passed Clarence thought the hours lagged that interposed between the time appointed for their starting and when a last carriage and four drew up with a flourish at the grand entrance and the time came for saying good-by. Lillian found that the parting with her father was the one dash of bitter in the cup of sweet.

"Good-by, my own," whispered the squire, holding her to him with dim eyes. "Only for a little while. Take care, Clarence, take care of her."

"That will I," he said, with eloquent eyes, and with the last cheer ringing in their ears, and with a shower of white-slippers and flowers that rattled against the carriage and knocked the coachman's grand hat off, they started.

"My own!" murmured Clarence, drawing her to him and taking her blushing face in his hands as it fell upon his bosom. "My own, indeed, now! Are you happy, my darling?"

"Ah, so happy!" she murmured; "this is like a dream, too bright to be true. And we are going on our pilgrimage, Clarence, the pilgrimage you promised me?"

With a ring of something that was the "Yes," he replied, laughing, but the gravity of thankfulness for present mercies. "Yes, we will go over the old ground, Lily, darling, and it shall satisfy your curiosity."

"More than curiosity," she whispered; "they will be shrines to me, sacred as the flowers of a dead friend. I long to see the places you have seen, to tread the very stones where you lived and suffered during those dreadful years."

"Well, you shall," he said, "though I would rather bury the past. You shall see them all, and I will pluck fresh joy from the bitter herbs of the past. So it came to pass that these two bright, happy souls stood in the quiet streets of Calais, and there, pointing to a high, grim mansion, with win-



MAVIS de Maudslayi FACE POWDER If you would possess the charm of youth, use Mavis Face Powder for a perfect complexion. Mavis knows its nature's own coloring.

Sometimes they quarrelled. On this staircase I have seen one stabbed and flung over into the court below like a dog."

She shuddered and clung close to him. "Here," she said, "on this spot" and she looked down upon the grimed stairs and the court shimmering white and hot in the noonday sun.

"Ay, here on this spot," he replied. "Can you not recognize it? He knew no mercy, stayed not his hand in shedding blood a moment. Passion with him was paramount, revenge, jealousy, lust were never bridled. Look down, my darling, see where the miserable creatures, hungry, unloved and hopeless, crawl in the sun, and think of our happy Rivershall and contented, honest people. Look—oh! what is that?"

He broke off suddenly, started, and leaned forward over the balustrade. His eyes fell on a slouching, bent figure, crawling through the patch of glaring sunlight.

Lillian, already excited and strained, uttered a cry of alarm. At the sound of her voice, which placed the sleep, sweltering air, the crawling creature below turned a white face upward.

"Clarence!" she breathed, faintly; "it is he!" Clarence seemed spellbound, and, stretching over, watched the figure till punishment had begun in this life.

But their honeymoon was not all a resurrection of the past. Clarence promised to show his darling some of the gladness and brightness of the Eternal City.

They started with a ball, and before Lillian had been in the room an hour a host of conquests was made. Lillian was delighted with her first Italian ball, and made merry at Clarence's expense.

"Silly boy," she murmured, stroking his hand, "how could you pass over these beautiful Italians for one poor, plain English girl?"

"Because," he said, "I was in love." "In love!" she repeated. "Why?" with a pretty little laugh that was nervous, notwithstanding its sweetness.

"Why, that was before you knew me." "Before I knew Miss Lillian of Rivershall, Berkshire," he replied, laying a slight stress on the word "knew."

"Yes, I was in love. All the Italian and French beauties shone upon me in full glory and moved me not. I was in love, Lily, and the face in my heart, outshone and eclipsed all that met my eyes."

"I thought you had told me all—all your life, Clarence," she murmured, turning away her face, "and yet—yet, you say you were in love before you knew me."

(To be continued.)



The Only Child

How careful you are to see that he is warmly dressed, that he has regular meals. Yet—and you cannot quite understand it—he is "not as strong as he should be," and he often falls ill.

There is something missing. He needs something extra. He needs Virol, which is easily digested and is rich in vitamins and precious food substances that promote growth and development.

40 million prescribed portions of VIROL were given in 3,000 Hospitals and Clinics last year because of its remarkable influence on growing tissues.



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you will get wonderful relief from its use, and in almost every case cured. We do not recommend PRESCRIPTION A as a "Cure-all" but for ordinary Indigestion and Stomach Troubles we don't think there is a better preparation on sale in the country.

We have been manufacturing this PRESCRIPTION A the last 15 years, and during that time we have sold thousands of bottles; we have received hundreds of testimonials, and it is still going as strong as ever.

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Spurrell the Tailor,

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Send for Samples and measuring forms if you live out of town. With scalloped salmon serve tartar sauce and parsley crackers. For the Sunday supper serve creamed crab-meat on waffles. Dice carrots and turnips are also served together in cream sauce. Serve creamed fish in a ring of molded mashed sweet potatoes.

Just Folks.

By EDGAR GUEST. QUESTIONING CHILDREN.

They come and question how and why. So much they wish to know—Two little children standing by That life is troubling so.

"What keeps the moon from falling down?" "How far is heaven away?" "When snow has covered field and town. Where do the fairies stay?"

Here's one I wish I understand: "Why must some hearts be sad? If God loves only children good Why are we ever bad?"

Two little minds that search about And see on every hand So much uncertainty and doubt They cannot understand.

Yet we who think ourselves so wise Are merely children old. Held in a mystery which defies Our wisdom to unfold.

We also question how and why Perplexed through life we go. Yet always to the day we die There's much we cannot know.

PEARS' Used in the best circles.

Juvenile Delinquency in Canada

Toronto, Aug. 14.—Juvenile delinquency shows a marked increase in Canada, according to a bulletin of the Dominion Bureau of Statistics, with the greatest increases in Toronto among the cities, and in Ontario among the provinces. This is not creditable to our social conditions, or to the influence of the home, and should receive our most thoughtful consideration.

On the other hand the Vancouver Province recently had an editorial in which a much brighter view was taken: "No one who carefully observes Canadian youth of to-day ought to be pessimistic about the new generation that is growing into manhood and womanhood. The appeal of outdoor active life was never as strong as it is this summer. As for the girls, their health and vigor is so far superior to those of the past generation that they are beyond comparison. The Boy Scout goes to camp. So does the Girl Guide. Both learn to swim. Both have their life-saving medals. Youngsters hike and learn the good lesson of self-reliance that life in the open teaches. Summer camps are entitled to a great deal of credit for this strengthening of young Canada."

Waiters Score U. S. Dry Laws

PROHIBITION HAS ONLY PRODUCED POISONOUS DRINKS THEY ASSERT.

That the good results promised by prohibitionists to the people of the United States have not matured, and that prohibition, far from achieving anything for the good of the people, had become an actual evil, was the opinion of the committee of eight delegates appointed at the 33rd biennial convention of the Hotel and Restaurant Employees' International Alliance and Bartenders' International League of America at the Mount Royal hotel to bring in a report on the annual report of the general secretary-treasurer.

"Prohibition in the United States is more honored in the breach than the observance," reads the report. "The spirit of anarchy has taken hold of our younger folks to such extent that spirituous liquors—which in pre-Prohibition days were taboo—are now the cardinal diversion among minors of both sexes."

The report deprecates the fact that the illicit sale of the liquor in the United States has put on the market poisonous and impure drinks. "Drinks," it continues, "has not decreased, as everyone knows. Thousands upon thousands of crimes are on our record which can be traced to the diversion of habits of our people from wholesome beer and wine, to these poisonous drinks now being consumed."

LIPTON'S Orange Marmalade

IN ONE POUND CLEAR GLASS JARS with Patent Metal Air-Tight Caps.



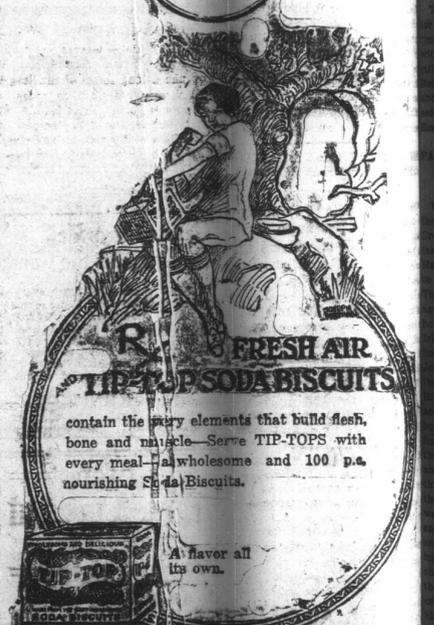
The Glass shows up the quality of this superior Marmalade—you can see plainly how beautiful and clear it is. A taste proves the excellence of the beautiful golden oranges that are alone used in its manufacture, and which give it that wonderfully clear golden color.

ASK YOUR GROCER for LIPTON'S MARMALADE! Put up in 1-lb. Clear Glass Jars, with Patent Metal Caps, easy to open and no wastage. This Jar with metal Cap can later be used by each housewife for Home-made Preserves with the utmost satisfaction.

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FRESH AIR TIP-TOP SODA BISCUITS

contain the very elements that build flesh, bone and muscle—Serve TIP-TOPS with every meal—a wholesome and 100 p.c. nourishing Soda Biscuits.

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Put up in 1-lb. Clear Glass Jars, with Patent Metal Caps, easy to open and no wastage. This Jar with metal Cap can later be used by each housewife for Home-made Preserves with the utmost satisfaction.

ROSALIND IN CANADA

NEW YORK. The Red Cross liner Rosalind, via Halifax, is being back to port to-day with the oil tanker. The vessel's crew were able to return to their own steamers, and calls for assistance with bows stove.

SENATORS PRAISE NAMES, OFFICERS

NEW YORK. With her bow crushed, the steamship Rosalind, of the Line, which was night with the Tanager, was smashed to pieces at Point Judith, Rhode Island, to-day with the oil tanker. The vessel's crew were able to return to their own steamers, and calls for assistance with bows stove.

THE VESSELS APPEARED

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