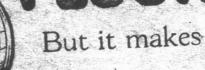
It costs more to put the "pick of the wheat" into

# 90373 FLOUR



MORE BREAD AND BETTER BREAD"

her usual health all day.

day evening. She had been in

Mr. Bassett of Limestone was

Mies Sadie McLaren of St.

(Intended for last week)

Experience has taught us that to wait for the toothache warning is to

But why do we not apply this lesson in caring for the general health,

There are many symptoms to warn you of the weak, watery condition of the blood

But just as the tooth cannot be saved after accay has gone too far, so the nerve

On this account it is a thousand times better to be warned by sleeplessness, head-

That Dr. Chase's Nerve Food is the greatest of nerve restoratives is being proven

aches, indigestion, tired feelings and muscular weakness rather than to neglect treat-

ment and allow nervous prostration, lecomotor ataxia or paralysis to develop.

and by keeping the blood rich and the nervous energy at high-water mark,

and exhausted nerves, and by the timely use of Dr. Chase's Nerve Food it is not difficult to restore richness to the blood and feed the starved nerves back to health and

## RAND FALLS LOCALS

Miss Maud Kelly who has been in town Sunday. Fredericton for Sout two Santa Claus brought little Miss ionths came home Saturday. which she is justly proud. Miss Leitha White is home from Sackville for the holidays. Miss Zita McCluskey who has en attending Normal School in F. W. Olmstead.

Friday from Montreal where she redericton is home. ughter, who have been visiting has been for medical treatment iss Mary and Miss Ella Me for throat trouble. Cluskey, went to her home in Fort Fairfield Thursday.

Mr. and Mrs. Fred McCluskey mas. left Thursday for their home in

Nova Scotia Wednesday to spend gard to Mrs. Puddington's health. Mrs. J. E. Andrews went to spent New Years day with friends a month with relatives.

Bathurst Wednesday to visit her in St. Leonards. husband who has a position with the Bathurst Lumber Co.

and some time this week.

Fairfield Thursday and Friday. ter of Pearl are visiting relatives A party of five enjoyed a drive Mrs. A. A. Dixon was in Fort

Fairfield last week.

Mrs. Amab Goodreau, an aged lady, fell over in her chair dead while reading a magazine Satur-Cluskey came up from Bath to holidays. A good time is report-

spend Christmas with relatives here, returning to Bath Tuesday. Miss Aggie Willett is home for a few days. She will return to Bath this week where she has a fine position in a store.

George Taylor of the Bank of Montreal, Hartland, was in town over Christmas. Mr. and Mrs. F. Wright who left here about 10 years ago for

the west are home on a visit. There was a song service in the First Presbyterian church on Sunday evening which was much

enjoyed by those present. The concert given by the Sunday school children in the Presbyterian church on Tuesday night was a grand success in every way. A collection was taken in aid of the Albanians; \$23 was the amount raised.

### Lower Windsor Ripples

Miss Myrtle Hartley is spending her holidays at her bome

Mrs. H. A. Sipprell, who spent Quigley a very fine piano of the Xmas holidays at her parents, home, returned to Wood-Miss Dorothy Olmstead of stock on Wednesday.

Perth is visiting her aunt, Mrs. Mr. and Mrs. Murray McLeod spent Sunday at the home of Miss Doris Greenier returned Mrs F. N. Belyes.

Mr. and Mrs. Burton Hawkins of Centreville spent Christmas with Mr. and Mrs. C. S. Hallett. Mr. and Mrs. Neil Leighton of Miss Flora Belyea arrived home Limestone were in town Christfrom Florenceville on Tuesday.

Mr. and Mrs. Scott Albright Monday on their way to consult spent Christmas with Mrs. Her-

the celebrated Mayo Bros. in re-On Friday the pupils of this school presented their teacher, Miss A. Murdoch, with a splendid Mr. and Mrs. F. J. McCluskey fountain pen.

spent Christmas with Mrs. Bel- the weather was very unpleasant John is in town for the winter yea's parents, Mr. and Mrs. T. H. for the return trip. with her brother, R. W. McLaren. Belyea of this place.

Bank will move into the rectory family spent Christmas with their smith, is gaining nicely from his daughter, Mrs. Wilmot Melvin of recent ill. Mrs. Kate Langen and daugh- Wakefield.

from here to Gordonsville on Fri-Mr. and Mrs. William McClus- day, visiting the school there in F. W. Pirie was a recent visitor in Perth and Andover. place, Miss B. Faye Hallett re- days at her home. turned with the party to her Mr. and Mrs. Raymond Mc- home here, for the Christmas

Dreadful Pains All The Time Until He



MR. LAMPSON Verona, Ont., Nov. 11th., 1915. "I suffered for a number of years

with Rheumalism and severe Pains in Side and Back, from strains and heavy

When I had given up hope of ever being well again, a friend recommended "Fruit-a-tives" to me and after using the first box I felt so much better that I continued to take them, and now I am chioving the best of heath, thanks to your remedy

W. M. LAMPSON.

If you - who are reading this - have any Kidney or Bladder Trouble, or suffer with Rheumatism or Pain In The Back or Stomach Trouble-give "Fruita-tives" a fair trial. This wonderful fruit medicine will do you a world of good, as it cures when everything else fails. 19d. a box, 6 for \$2.50, trial size, 250. 'At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited

Ottawa. Mrs. H. Belyea and son Rebert od by all, in spite of the fact that

We are glad to report that El-Andover and Perth Thursday and Mr. McAndie of the Royal Mr. and Mrs. T. Hallett and wood Foster, our genial black-

### Coldstream Notes

Miss Abbie Drake who has been the evening. The teacher of that at Acadia is spending her holi- to-night will give your constipated

teaching at Centreville and Burnt ing good for months. Land Brook, respectfully, are home for the holidays.

Mr. and Mrs. Fred Hayward of

Grade Va-Bernice Kinney 87.4, Gladys Kinney 84.3, Winston Sipprell 68.8, Minery Kilpatrick 59.6, Eleanor Riorden 56.5. Grade Vb-Eva Riorden 67.4.

Grade IVa-Arthur Kinney 66.6, Lida Kinney 65.4, Roy Caldwell 65.1, Eva Kilpatrick 65, Bessie Kilpatrick 61.8.

Grade IVb-Florence Caldwell 87.7, Kathleen Caldwell 82.6, Loraine Riorden 71, Charles Har-

Grade IIIa-Everett Elkins 85.1, Charles Flowers 81.7. Grade IIIb-Walter Kılpatrick 79.8, Kenneth Caldwell 78.8. Grade II-Dorris Kinney 83.1, Elizabeth Riorden 80.4. Grade I- Mildred Riorden

Alice Stewart, teacher.

## Waterville Whisperings

(Intended for last week) Miss Eva DeGrass of Houlton spent Christmas here with her parents, Mr. and Mrs. Abner De-Grass, Miss Jones of Bristol was also a guest of Mrs. DeGrass over

Christmas. Mr. and Mrs. Percy Britton attended the wedding of his brother, Clarence, to Miss Phillips of Upper Woodstock, on Tuesday atternoon.

Vere Stokoe is spending the Christmas vacation with his par-

ents here David and Mrs. Stokoe. Mr. and Mrs. Frank Plummer spent Sunday with Mr. and Mrs. E. S. Carpenter.

Jean and Harold Culberson are spending the Ohristmas season with their brother, Roy Culberson, at Easton, Maine.

A merry crowd of skaters spent an enjoyable afternoon on the ice, it being in splendid condition for

#### Kilburn Notes

Misses Ada and Elva Boyd of Fort Fairfield, and Jean Blair of economic effects of the war. Glyca Debec were guests of Miss Joyce Daggett during Christmas week.

Debec were guests of Miss Joyce ture of explosives, is obtainable from the oil of the "humpback," "finback." Miss Violette Sisson of Andover and "sulphur obttom" whates. spent the week-end here, the Pacific whale oil averages 6 to 10 pc guest of her cousin, Miss Estella mum 14 per cent., a rise of 10c to 20 Grant.

mer of Perth recently visited their grandparents, Mr. and Mrs. Edward Cox.

Misses Esma and Madelone Grant are visiting relatives at Arthurette this week.

Humphrey Flemington of Andover spent New Year's day at Mrs. Alice Kilburn's.

Woodstock on Saturday to spend strates that the old grounds are

Miss Sadie Hunter is on the profits spell the doom of the sick list with la grippe this week.

#### 10 CEN'T "CARCARETS" II BILIOUS OF COSTIVE

Sluggish Liver and Bowels-They work while you sleep.

Furred Tongue, Ead Taste, Indiges-tion, Sallow Skin and Miserable Fleadaches come from a torpid liver and resource—as an animal speciological bowels, which cause your it builds up a huge industry stomach to become filled with undigested food, which sours and ferments as the interest is being greedily of gestion, foul gases, bad breath, yellow of men lose their livelihood and exskin, mental fears, everything that is horrible and nauseating. A Cascaret straighten you out by morning. They Misses Ella Van'Wart and work while you sleep a 10-cent box Helen Estabrooks, who have been from your druggist will keep you feel-

Mr. and Mrs. S. S. Page and Visitor Gracious, but your stairs Mr. and Mrs. E. S. Estabpooks are steep! Lady-It's the thick carpet.



# **ESHING INDUSTR**

Are Whales Becoming Scarce?—Regulation in Killing May Preserve
Declining Industry

While fishing, like every other in dustry, has felt the far-reac per gallon after the outbreak of way Misses Emma and Albina Pal- gave a very pronounced impetus to

War Affected Prices The pursuit of whales for oil and Miss Olive Grant spent part of the high-water mark reached in middle of last century. While of Mrs. Le Baron Anderson. but the fact that the whalers are go-Mrs. James Stewart went to ing further and further afield de a few days with Mrs. Herbert coming depleted. Although whalh quarters of the globe, these en

bage in a swill barrel. That's sumed—only to be followed by pensive plants rot through lack of use.

> Rules for a Long Life day, rain or shine. Vent



"Good bye and Good Luck!"

"Thank you for the wishes and for

This great little pick-me-up is full of vigour and vim for the jaded soldier. Quenches thirst, allays fatigue, gives new life to enervated spirits,

Every letter or parcel for your soldier friend should contain a few bars. Appetite, digestion and spirits are the better for it.

Sold Everywhere Wm. Wrigley Jr. Co., Ltd., Wrigley Bldg., Toronto

The Flavour Lasts!



Chase's Nerve Tood

allow irreparable loss to be done.

reduce sickness to a minimum and prolong life.?

cells can never be replaced once they are dead.

