NERVOUS DISORDERS

Promptly Cured by the Use of Dr Williams' Pink Pills.

If your hand trembles or is unsteady, remember that this is a sure and early sign of your nervous system being at fault. The mischief may develop slowly to a worse stage. You feel unaccountably weak and weary after exertion; you lose flesh; you turn against food and suffer palpitations and indigestion after eating. At times you are intensely irritable, greatly depressed and easily worried. Sometimes sharp pains shoot down your spine and legs and probably neuralgia robs you of your sleep at night. These are some of the troubles that indicate the presence of nervous disorders. If these troubles are neglected they result in complete nervous collapse and possibly paralysis. Dr. Williams' Pink Pills have won a great reputation by curing all forms of nervous disease. The nervous system depends entirely upon the blood supply for nourishment; when the blood is thin and weak the nerves are affected as described. Dr. Williams' Pink Pills actually increase the supply of good red blood, feed, strengthen and tone the nerves, enable them to perform their functions and dispel all signs of a breakdown.

Mrs. Jas. H. Ward, Lord's Cove, N. B., says: "About two years ago I suffered so much from nervous prostration that I was little better than a helpless wreck. I suffered from headaches and a constant feeling of dizziness. The least unusual move would startle me and set my heart palpitating violently. I had little or no appetite, and grew so weak that I was hardly able to drag myself about, and could not do my housework. In every way I was in a deplorable condition. As the medicine I had been taking seemed to do me no good, my husband got a supply of Dr. Williams' Pink Pills. I had only been taking the Pills for a couple of weeks, when I seemed to feel somewhat better, and this encouraged me to continue the treatment. From that on my strength gradually but surely returned, and in the course of a few more weeks I was once more a well woman, able to do my own house work and feeling better than I had done for years. I have since remained well and feel that I owe my good health to the healing powers of Dr. Williams' Pink Pills."

Every other weak, sickly, worn out, nervous person should follow the example of Mrs. Ward and give Dr. Williams' Pink Pills a fair trial. These Pills will send new blood coursing through the veins and bring brightness and energy to the weak and despondent. Sold by all medicine dealers or by mail at 50 cents a box from The Dr Williams' Medicine Co., Brockville, Ont.

TOPSY-TURVY TURKEY.

Does Things Contrary to Our Way of Doing Them.

China has often been termed the land of topsy-turvydom; but Turkey, the land of young rebels, has surely an equally strong claim to this title.

The Turk nods his head when he means "No," and shakes it when he means "Yes." He takes off his shoes, but never his fez, when he enters a mosque or a home. When he rides on a street-car his ticket is punched at the place he gets on, instead of at the place he must get off. In order to cut a piece of wood instead of rubbing a saw against it, he rubs it against the saw, which he holds between his legs.

Until recently, salt, firearms, and education were all taboo in his country. Steam machinery and electrical appliances were forbidden—the first for no given reason, the second because the word "dynamo" too closely resembled the word "dynamite." Dictionaries, too, containing the words "elder" and "brother" were self-consciously censured, because Abdul Hamid usurped the throne from his elder brother, who has at last come into his own.

A THING WORTH KNOWING is the fact that Painkiller finds more uses in a household than any other remedy. For all bowel complaints. Externally for cuts and wounds. Avoid substitutes, there is but one "Painkiller"—Perry Davis'—25c. and 50c.

NOT EXACTLY PLEASED.

"I suppose you're glad you have a baby brother," asked the neighbor.

"Not exactly. You see," answered the 9-year-old girl, "I've figured it all out that when I'm old enough to have a beau, he'll be just old enough to be a nuisance."

SAVED IN HIS OLD AGE.

Annapolis, N. S., May 14, 1909.—I am over eighty years of age and have suffered from Kidney and Bladder Trouble for fifteen years. I took doctors' medicine but got no help. I want to thank you for sending me the sample box of Gin Pills which helped me.

I have taken six boxes of Gin Pills altogether, but got relief before I had taken near that amount. I had to get up some nights every fifteen minutes and had to use an instrument before I could urinate. Now I can lie in bed four or five hours without getting up.

W. H. PIERCE.

Write National Drug & Chemical Co. (Dept. W. L.) Toronto for free sample. Regular size, 50c.—6 for $2.50.

HERE AND THERE.

Bits of Information About 'Most Everything.

Women live longer than men.

The Chinese preserve vegetables in salt.

Ladies' feet are larger than they were two years ago.

In Madrid it is considered unlucky to marry on Tuesday.

The population of the United States per square mile is 27.71.

Twenty million shooting-stars fall upon the earth's surface daily.

In the last half century Japan has recorded more than 27,000 earthquakes.

The population of Russia is increasing at the rate of 2,500,000 per annum.

King Edward has just had a special tricycle constructed for his personal use.

During 1908 Wilbur Wright travelled between 2,500 and 3,000 miles in his airship.

The total number of railway passengers in the United Kingdom in 1908 was 1,278,050,000.

Europe has 20,000 newspapers, of which Germany possesses the largest number. England, however, has the greatest number of daily newspapers.

In Australia there are ants which build their nests along a north and south line so accurately that a traveller may direct his course by their aid.

In order to stop a plague of locusts, every rural inhabitant of Northern Syria has to collect and deliver at least 2¾ lbs. of locust eggs to the Turkish Government.

Silver-grey has been adopted as the color of the uniform for the entire German Army. It is considered to be more suitable than khaki for campaigning in Europe.

Mr. Allan Upward, the English author, recently refused decorations from both the King of Greece and the Sultan of Turkey, as he considered that politicians and men of letters should not accept such distinctions.

In the building and completing of a Dreadnought, daily work is afforded for between 1,000 and 1,500 skilled men. Of the total cost of £1,950,000, about 70 per cent.—or £1,365,000—would go in wages.

As stormy weather comes on, seabirds fly inland in search of food; wild fowl leave the marshy grounds for higher localities; swallows and rooks fly low before and during bad weather; frogs are unusually noisy before rain; sheep huddle together near bushes and trees.

The German naval authorities have under consideration an invention for the protection of German coast harbors and seaports. Stations would have to be erected along the coasts and at the mouths of rivers which would be equipped with the strongest electric magnets that can be manufactured. When in action these would exercise such a powerful attractive force that they would compel ironclads and other protected vessels to deviate from their course.

ROSY-CHEEKED BABIES.

Nothing in the world is such a comfort and joy as a healthy, rosy-cheeked, happy baby. But the price of Baby's health is constant vigilance on the part of the mother. The ills of babyhood come suddenly and the wise mother will always be in a position to treat them at once. No other medicine can take the place of Baby's Own Tablets in relieving and curing the ills of babyhood and childhood, and there is no other medicine as safe. Mrs. Wm. Viggers, Perretton, Ont., says:—"My baby was troubled with his stomach and was very cross while getting his teeth, and did not sleep well at night. I gave him Baby's Own Tablets with the best of results. He is now one of the best natured babies one could wish." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ARABS LIVE LONGEST.

An English thoroughbred seldom lives to a ripe old age; twenty-three, however, is not an exceptional age for an Arab steed. Although he cannot compete with the English or American thoroughbred for speed, there is no horse in the world like the Arab for endurance and all-1round fitness. Lord Roberts rode the same Arab through all his campaigns, covering in twenty-two years a distance of some 50,000 miles. For the last three thousand years horses in Arabia have been inured to hardy usage and very scanty feeding from earliest youth. Now they represent a splendid example of Nature's hard rule—the survival of the fittest.

"Do you like a brass band?" he asked, as they were listening to the music in the park. "Oh, yes," she said; "a brass band is very nice, but I think I would rather have a gold one."

RRR

Radway's Ready Relief

Grip, Colds, Etc., Pneumonia, Pleurisy and All Inflammatory Diseases

When one is "chilled through," or suffers from Rheumatic Pains, Sore Throat, Lumbago, Toothache, Neuralgia, Sciatica, Pneumonia, Tonsilitis, Inflammation of the Bronchial Tubes, Bowels or Lungs, Cramps, Sore Muscles, or Pains of any kind, use Radway's Ready Relief.

WATCHES GROW TIRED.

"I suppose," said the watchmaker to a friend who had just handed him his watch for repairs, "you do not know that watches, like human beings, sometimes don't 'go' for the very reason that they are tired out and need resting. Sometimes a watch is brought to me which is all right. Nothing about it is out of order, and it is fairly clean. When they become sulky and refuse to run except by fits and starts the best thing to do is to lay them aside for a good rest. The mechanism in a 'tired' watch seems to be in perfect condition, but it just won't work. The fact is, that long and faithful service has thrown it slightly out of adjustment in perhaps a dozen different places. Scraping and cleaning and readjusting a fine watch are the worst things that could be done to it. A month's rest will instead cause the works slowly to readjust themselves, and at the end of that time, after careful oiling, the watch will go as cheerfully as ever."

WISDOM WHISPERS.

Work! Work! Work! — Sir Joshua Reynolds.

All is not false which at first seems a lie.—Southey.

Take a rest; a field that has rested gives a beautiful crop.—Ovid.

In this world a man must be either anvil or hammer.—Longfellow.

They are never alone that are accompanied by noble thoughts.—Sir Philip Sidney.

A REMARKABLE DEMONSTRATION.

Of the many magnificent features at the Toronto Exhibition this year none was more remarkable nor created more genuine interest than the demonstration of the "Nugget" Shoe Polishes in the Main Building.

The domonstrater polished a shoe with the "Nugget" Polish and immediately afterwards washed it. The water ran off the shoe "like water off a duck's back," and the shine was not destroyed, which proves that "Nugget" is a waterproof polish. The shoe was then wiped on a clean towel, but the polish did not rub off and soil the towel, which is conclusive evidence that it will not come off on the clothes in wet weather.

The "Nugget" is a leather preservative which will double the life of your shoes. It keeps the leather soft and pliable preventing the shoe from cracking.

Millions use it all over the civilized world. Try it, and its superior qualities will be self-evident. At all dealers, 10c. per tin, Black or Tan.

TRANSFIXED BY WEASEL.

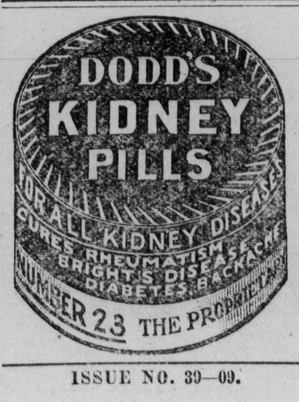
Blackbird Stricken With Fear at Sight of Animals.

One morning outside Elgin a blackbird was observed to be standing by the roadside, paying no heed to the footsteps of the passerby, says the Glasgow Herald. It was gazing fixedly at four young weasels under the hedge, which were approaching in a semi-circle, apparently to surround it. Just then a warning cry was heard from behind, and the young ones disappeared in the hedge. The bird still remained powerless and immovable, and only after repeated urging did it fly to a tree near by, when it gave forth a weak, frightened sound, as though still under the influence of the terror which had arrested its faculties.

A recruit was being shown the use of the rifle, and, after firing seven shots at the target which all missed, the instructor, in a rage, shouted, "Here is another cartridge. Go behind that waggon and shoot yourself!" In a few minutes the recruit came back from behind the waggon, and coolly announced, "I'm sorry, sir, but it's another miss."

The Turkish Sultan possesses a solid gold throne, studded with no less than 10,000 pearls as big as filberts.

With a flying-machine capable of travelling 80 miles an hour, practically the whole of Europe would be within a day's journey of Berlin.



ISSUE NO. 39—09.

MAGISTRATE'S SKIN DISEASE CURED

Magistrate F. Rasmussen, of 211, Marquette Street, Montreal, writes to the Zam-Buk Co. as follows:—

"Gentlemen,—For many years I was troubled with a serious eruption of the skin, which was not only unsightly, but at times very painful. I first tried various household remedies, but all these proved altogether useless.

"I then took medical advice. Not one, but several doctors in turn were consulted, but I was unable to get any permanent relief. Some time back I noticed a report from a Justice of the Peace who had been cured of a chronic skin-disease by Zam-Buk, and I determined to give this balm a trial.

"After a thoroughly fair test, I can say I am delighted with it. I have the best reasons for this conclusion; because, while everything else I tried—salves, embrocations, washes, soaps, and doctors' preparations—failed absolutely to relieve my pain and rid me of my trouble, three boxes of Zam-Buk have worked a complete cure.

"In my opinion Zam-Buk should be even more widely known than it is, and I have no objection to you publishing this letter."

For eczema, eruptions, rashes, tetter, itch, ringworm, and similar skin diseases, Zam-Buk is without equal. It also cures cuts, burns, scalds, piles, abscesses, chronic sores, blood-poisoning, etc. All druggists and stores at 50 cents a box, or post free for price from the Zam-Buk Co., Toronto.

Zam-Buk

"BOTHER THOSE FLIES!"

If we were asked to name the greatest drawback of summer, the answer would almost invariably be "Flies!" These little pests are only now beginning to receive the unfriendly interest they deserve. They have hitherto been looked upon as nuisances, but now the medical fraternity are labelling them as dangerous. The fly is hatched and thrives in decaying matter. In two or three weeks from the laying of the egg the fly attains its full growth, and commences to plague a world which so far has found no good in him. The best way to guard against flies is to see that no decaying food, either flesh or vegetable, or other dirt is left about for them to breed in. Then, use the good old-fashioned, sticky flypaper. This is far preferable to sweetened poison, as it keeps its victim in its grasp, and so the latter has no chance of wandering off to die in the milk-jug or jam-pot.

Very many persons die annually from cholera and kindred summer complaints, who might have been saved if proper remedies had been used. If attacked do not delay in getting a bottle of Dr. J. D. Kellogg's Dysentery Cordial, the medicine that never fails to effect a cure. Those who have used it say it acts promptly, and thoroughly subdues the pain and disease.

Bashful Youth—"Miss Bella, does—does your mother object to my coming here so much?" Fair Charmer—"Oh, I think not. I heard her telling papa the other evening that you merely came to pass away the time—you didn't mean anything serious."

Practically all Canadian druggists, grocers and general dealers sell Wilson's Fly Pads. If your storekeeper does not, ask him why.

Howell—"A good deal depends on the formation of early habits." Powell—"I know it; when I was a baby my mother hired a woman to wheel me about, and I have been pushed for money ever since."

Corns cause intolerable pain Holloway's Corn Cure removes the trouble. Try it, and see what amount of pain is saved.

Kindly mention the name of this paper in writing to advertisers.

TOO VAGUE.

Mistress (at the agency)—Now, my husband is very particular whom I engage as a nurse. He wishes me to go into the most minute details about your qualifications. Do you know how to prepare food? Can you sew and mend? Do you mind sitting up late at night? Are you faithful and devoted, and have you a kind, loving disposition?

Nurse—Excuse me, ma'am — am I to take care of the baby or your husband?

"I suppose you have always lived round here?" remarked a tourist to an aged inhabitant of a village. "Oh, no," replied the native. "I was born a good half-mile away."

TO COPE WITH SMUGGLERS.

Russian Authorities to Dig Trench Along Frontier.

Smuggling across the thousand miles or so of frontier line that divides Russia from Germany and Austria-Hungary has grown to such an extent that the Russian authorities are at their wits' end to cope with the lawbreakers. Now they propose to try cutting a deep and wide trench along the border. This adaptation of the Chinese wall idea will, it is hoped, put a stop to smuggling by the cart-load which is now going on with impunity.

The great difference in price of various articles, such as silk and tea, between the neighboring countries makes successful smuggling a most profitable business. Horses, cattle and sheep are also driven continually across the frontier at lonely spots without paying duty True, there are the strazhniks, the Russian frontier guards, who are supposed to be very severe on smugglers, but as the popular saying along the border goes, "A paper plaster over the guards' eyes works wonders."

Enormous quantities of firearms and printed matter have been of late conveyed across. Often the smugglers on their way "lose" a bale or so of printed pamphlets which are "found" and eagerly read by the soldiers. Afterward they are turned into cigarette papers, for paper is dear in Russia.

Trial is Inexpensive.—To those who suffer from dyspepsia, indigestion, rheumatism or any ailment arising from derangement of the digestive system, a trial of Parmelee's Vegetable Pills is recommended, should the sufferer be unacquainted with them. The trial will be inexpensive and the result will be another customer for this excellent medicine. So effective is their action that many cures can certainly be traced to their use where other pills have proved ineffective.

Schoolmaster — "Now tell me what were the thoughts that passed through Sir Isaac Newton's mind when the apple fell on his head." Hopeful Pupil—"I 'xpects he was awful glad it wasn't a brick."

It is an undisputed fact that one packet of Wilson's Fly Pads has actually killed a bushel of house flies. Fortunately no such quantity can ever be found in a well kept house, but whether they be few or many Wilson's Fly Pads will kill them all.

Master—"How was this vase smashed, Mary?" Mary—"If you please, sir, it tumbled down and broke, itself." Master—"Humph! The automatic brake again!"

BE SURE YOU GET THE KIND YOU HAVE ALWAYS HAD.—Owing to the great popularity of "The D. & L." Menthol Plaster unscrupulous makers are putting up one like it. Made by Davis & Lawrence Co.

"I am proud to say that my grandfather made his mark in the world," observed the conceited youth. "Well, I suppose he wasn't the only man in those days who couldn't write his name," replied his bored companion.

Ignorance is a Curse—"Know thyself" is a good admonition, whether referring to one's physical condition or moral habitudes. The man who is acquainted with himself will know how to act when any disarrangement in his condition manifests itself. Dr. Thomas' Eclectric Oil is a cheap and simple remedy for the eradication of pain from the system and for the cure of all bronchial troubles.

Kindly mention the name of this paper in writing to advertisers.

He—"What would you say, darling, if I told you that you can never be mine?" She—"I should say, pet, that I've got a nice bundle of your letters that would help to make it expensive to you."

Red, Weak, Weary, Watery Eyes. Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c At Your Druggists. Write For Eye Books. Free. Murine Eye Remedy Co., Toronto.

There's nothing so tiresome as an argument in which nobody gets mad.

The superiority of Mother Graves' Worm Exterminator is shown by its good effects on the children. Purchase a bottle and give it a trial.

VANZANT & WARING'S GUARANTEED "SPAVIN CURE" Mailed on receipt of $1.00. Send for booklet—FREE. The Veterinary Remedy Company, Limited, Box A, 75 Adelaide St., E. Toronto, Canada.

The Banker's Wife—"Give me a loan of your handkerchief, John." The Banker (absent-mindedly) — "Wait a bit. What security have you got to offer?"

These Pills Cure Rheumatism.—To the many who suffer from rheumatism a trial of Parmelee's Vegetable Pills is recommended. They have pronounced action upon the liver and kidneys and by regulating the action of these organs act as an alternative in preventing the admixture of acid and blood that causes this painful disorder. They must be taken according to directions and used steadily and they will speedily give evidence of their beneficial effects.

The average married man would almost as soon kiss his wife's mother as pay his church dues.

If every housekeeper would use Wilson's Fly Pads freely during the Summer months the house fly peril would soon be a thing of the past.

EDUCATIONAL.

A. BOYD'S SHORTHAND SCHOOL, 121 Yonge St., Toronto, prepares competent stenographers in 30 days by the BOYD SYL-LA-BIC SYSTEM. Positions secured. Write for catalogue.

EDUCATION That Pays is the kind of education that is provided by Canada's oldest and best business school, The British-American Business College Y.M.C.A. Building, Toronto. Now open for Fall Term. Start any time. Write for catalogue. T. M WATSON, - Principal

Ontario Veterinary College TEMPERANCE ST., TORONTO, CAN. Established 1832, taken over by the Provincial Government of Ontario, 1908. Affiliated with the University of Toronto, under the control of the Dept. of Agriculture of Ontario. College opens 1st October, 1909. Course of study extends through 3 college years. FEES PER SESSION $75.00. Calendar on application. E. A. A. GRANGE, V.S., M.S., Principal. Dept. H.

FOR SALE.

SONG BOOK—150 FAVORITE SONGS, words, music; Ten cents. Arthur Rice, Granby, Que.

OUR HEAVE CURE cures where others fail. Sells on its own merits. Best of testimonials furnished on application. Ask your druggist to get you some, or send direct to Four Brothers, Restoule. Price $1.40 per package. Charges paid to nearest express office. None genuine without our trade mark, FOUR BROTHERS, on each package. Try a package and be convinced. Because others have failed is no reason why Heaves cannot be cured by using Four Brothers Heave Cure.

WANTED.

BOY WANTED.—TO ACT AS AGENT for "TORONTO SATURDAY NIGHT" in his spare time. Good money. Circulation Manager, Toronto.

ROUTEMAN WANTED. TEAS WHOLESALE to private families. Apply Alfred Tyler, London, Ont.

BOYS AND GIRLS WISHING TO EARN money or premiums send your name and address for our juvenile catalogue of easy selling household specialties. Our adult Agents 68 page catalogue is also ready, free on request. Canada Silvercloth Co., Toronto, Ont.

AGENTS WANTED.

PORTRAIT AGENTS—RELIABLE MEN we start in business of their own and give credit. Merchants Portrait Co., Toronto.

WANTED—LOCAL AND GENERAL Agents—Liberal contracts to good men; apply by letter. Continental Life Insurance Company, Toronto. Correspondence confidential.

WANTED.

Ladies to do plain and light sewing at home, whole or spare time; good pay; work sent any distance, charges paid; send stamp for full particulars. National Manufacturing Company, Montreal.

MONEY MAKING LITTLE FARMS — IN CALIFORNIA'S Best Fruit, Alfalfa and Stock Growing Section. Rich, Deep Soil—Irrigated. Easy Payments. Write for Booklet. IRRIGATED LAND CO., Marysville - - California

YOUR OVERCOATS and faded Suits would look better dyed. If no agent of ours in your town, write direct. Montreal, Box 158 BRITISH AMERICAN DYEING CO.

For "Soclean" inquire at your dealers.

DRINK, Tobacco and Drug Habits CURED

New System of Treatment. Recently Discovered Remedy that Cures Rapidly and Permanently. Marvellous Results obtained that makes our remedy one of the wonders of Modern Medicine. Patients cured secretly at their own homes against their own will and knowledge. No suffering, no injections, no loss of time, or detention from business, no bad after effects.

FREE! FREE!

We send by mail, free of charge, our 64 page book, which fully explains our modern system of treatment, of how the Drink, Tobacco and Drug habits can be rapidly overcome and cured. This book is sent in a plain envelope, sealed from observation, so no one can tell what your letter contains. All correspondence absolutely secret and confidential. Address.

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