

MOTHER! Fletcher's Castoria is a harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared to relieve Infants in arms and Children all ages of

Constipation Flatulency Diarrhea

Wind Colic To Sweeten Stomach Regulate Bowels

Aids in the assimilation of Food, promoting Cheerfulness, Rest, and

Natural Sleep without Opiates To avoid imitations, always look for the signature of Chart Helcher Proven directions on each package. Physicians everywhere recommend it.

Your Seed Grain



To obtain maximum yields you need to sow Tested Seed Grain. To purchase good seed you may require financial assistance

Extending accommodation for such purposes is an important phase of Standard Service. Consult our local Manager

STANDARD BANK

TOTAL ASSETS OVER EIGHTY, THREE-MILLICNS Athens Branch W. A. Johnson, Manager

CANADIAN PACIFIC RAILWAY

The following Summer Time-Table is now in effect, giving Canadian Pacific Patrons, excellent connections for Octawa. Montreal, Toronto, and Intermediate points, also to Western Canada, Pacific and Atlantic Coast points.

LOCAL TIME TABLE TO AND FROM BROCKVILLE Departure 7.30 A M. 3.15 P. M. Daily Except Sunday Arrivals 11.50 A. M. 1.05 P. M. 7.19 P. M.

SUNDAY SERVICE 7.30 A. M. 7.10 P. M. For rates and particulars apply to G. E. McGLADE, A. J. POTVIN, City Passenger Agent City Ticket Agent Tels. 14 and 530 46 King St. West, Brockville, Ont.

For Sale

3 Yearlings, 3 Calves and about 150 Hens and Chickens. S. F. BARNES, R. R. No. 2 :-: Athens, Ont.

MB., LRC.P., M.R.CS. 53 James St E. Brockville Evenings 7-8 Afternoons 1-4 By Appointment Phone 870

E. TAYLOR Licensed Auctioneer for the County of attention.

Will be pleased to attend Auction Sales anywhere in Leeds County—other Counties on request. Specialty—Farm Stock and Implements. Terms moder ate. Orders will receive prompt attention. Phone 48, Athens, P.O.

Scott & Hewitt Wellington Street, Athens

GARAGE SERVICE STATION Genuine Ford and Chevrolet **PARTS** Battery Charging a Specialty

DR. C. M. BRACKEN ATHENS

Office in Residence, :-: Eigin Street

IMERSON-The Auctioneer Write or Phone early for dates or call the BEAUMONT S. CORNELL Reporter and arrange for your Sale.

H. W IMERSON, Auctioneer

I. G'GRADY

JICENSED AUCTIONEER Juction fales of all kinds conducted at reason ble rates. Orders received by mail o p one will receive prompt Para sa'es a specialty. Satisfaction guaranted .- J. C'Gready,



THE LONESOME WOMAN

"No Chance to Exercise My Tongue," Is Her Plaint.

Was This Farmer's Wife Correct?-Is There Any Respite From Mon-otony in the Life of Rural Women?—What Is the Panaces for Farm Loneliness?—Handling Cream for Butter.

(Contributed by Ontario Department of Agriculture, Toronto.)

I called at a farm home one day in search of water for an overheated motor. Rapping gently on the kitchen door, I was met by the good lady of the house.

"May I have a pail of water?" I asked.

"You may," she said, handing me a pail and pointing to the pump. I noticed that her index finger and her chin seemed to work in unison when she indicated the direction of the

pump,
"Shrewd old girl," I thought, as
the water flowed into the pail. "I
will try and draw her out. I wonder
how she puts in the time. What is
she thinking about anyway?" A Farm Woman's View of the Quiet

After filling the radiator with the clear, cold water, I returned to the door with the borrowed pail. No need of rapping this time. She met

me with a kindly smile.

"You have a nice farm here," I said. "You must have a nice quiet life in the country where everything about you is just plain wholesome nature."

'Quiet life!" she sald with some emphasis. "Just plain nature?" "Yes just too much so, so much so that we want to get away from it all, and be natural."

be natural."

Somewhat surprised at her expressions, especially the "be natural," I had always thought that if there was any place where a person could be natural it was on the farm. The Monotony of Farm Living.

I asked, "Why do you want to get

away?" away?"

Sne replied, "We have no life here.

Ily husband and I get up at five o'clock every morning. He at once goes to the barns to feed the stock, while I get the breakfast and attend the positive. We have through while I get the breakfast and attend the poultry. We hurry through breakfast, and then he rushes away to the barn or fields, returning at noon for one half hour in which to eat his dinner. After dinner he is away again until supper time, when he returns fired from work in the away again until supper time, when he returns tired from work in the fields, pretty well worn by the long monotonous day of heavy labor. As for me, why, I attend the house work. Yes, I attend the house work in silence all day long, and that is what gets my goat. I do not hear the sound of another voice from one day's end to another. No woman to talk to, no neighbor handy by where I could call for a chat. No chance to exercise my tongue.

Farm Women Fed Up With Stience. "We farm women get fed up with so much silence. It is somewhat different with the men, they are working with animals and do not feel the loneliness as we women do. Once a week is not often enough for wo-men to get together. Being kept apart so long is it any wonder that our tongues wag at both ends when an opportunity to talk does come." Is There a Panacea for Rural Lone-

After hearing that little ser-monette, I unconsciously courted for the car that I had left standing on the roadway. Coming to my senses after a time, I began to think, just what there was in what the lady of the farm home had to say, and re-peated to myself her words, "No chance to exercise my tongue, so

much silence."

Perhaps, after all, the farm is too lonely a place for the average woman of to-day, and with the trend of modern living it will be a more lonesome place in the future unless something happens to change ideas and ideals,

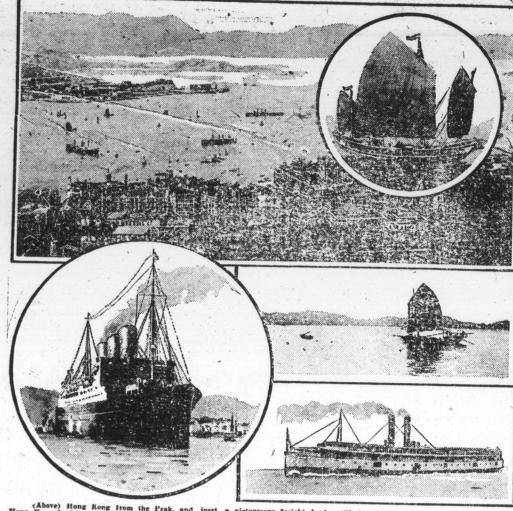
Can anyone suggest a solution of the problem ?-L. Stevenson, O. A. C., Gueiph.

Handle Cream for Butter Carefully. Cream may be a little sour, but, if it is clean and free from foreign odors and tasics, it will make fancy butter in the hands of an expert but-termaker. Cream approaching ran-ciatty and carrying with it particles of airt, whiffs of undesirable odors, and a taste of the barnyard or ceilar never loses its identity. The butter it enters into is that which drags on the market and sells at a low price. To argue that because certain neighbors are careless with their cream provides a reason why no one needs to be careful is illogical. Produce and handle your cream in a careful, cleanly manner, deliver it frequently and then demand a price in keeping with the quality.

Flushing Sows.

Flushing ewes at breeding time to increase the number of twin is an ancient practice among flockowners, but not till recent years have swine raisers paid much attention to this practice. Prof. Edward, of the Iowa Experiment Station, has been investigating its practicability with pigs, and reports that the sows making the most rapid gain at the time of breeding, produced on the average 2.1 pigs more per litter than those 2.1 pigs more per inter than those making the slowest gain. Another practical conclusion reached as the result of this same set of observations is that if large litters are looked for, it is well not to breed the sow until the first period of heat after weaning, when two litters are eiged in one year.

Indigenous to Old Cathay



(Above) Hong Kong from the Peak, and, inset, a picturesque freight Junk. (Circle) C.P.S.S. "Empress of Canada" it between that port and Canton.

Heng Kong harbor. (Right) A sunset view of Hong Kong harbor, and below, one of the palatial river steamers which pls between that port and Canton.

WHEN you make your trip to the Far East, in which China must be embraced, you will be sure to visit Hong Kong and Canton, for both places are renowned in poetry and prose the world over. You cannot, very well, call at Hong Kong and canton, for the places are only eighty miles distant from each other.

The Canadian Pacific "Empresses" all at Hong Kong and from there you can proceed to Canton by either rain or river steamer. Those in the 'know' usually go by train and relations of the palatial river steamers which pls well as being large, fast and spacious vessels, will take a lot of beating entirely indigenous to Old Cathay—and their hulls with an eye on the port and starbcard sides of the bow, for, as the Chinese will explain to you: "Suppose no got eye, no can be understood the content of the palatial river steamers which pls the run on the Canton of the palatial river steamers which pls the run on the Canton of the palatial river steamers which pls the run on the Canton of the palatial river steamers which pls the run on the Canton of the palatial river steamers which pls the run on the Canton of the palatial river steamers which pls the run on the Canton on the Canton on the Canton on the Canton of the run on the Canton on the Canton of the palatial river steamers which pls the run on the Canton of the palatial river steamers which pls which the run on the Canton of the palatial river steamers which pls which the run on the Canton of the palatial river steamers which pls which the rich rule rich brown sails, peculiar right all picturesque to a degree, with their rich brown sails, peculiar right all picturesque to a degree, with their rich brown sails, peculiar right all picturesque to a degree, wit

ELGIN

Elgin, Sept. 4.—The annual field day was held at Keldunnsey Park, on where. August 5th, with the usual good crowd and attendant success.

Mis Lola Judson is visiting relatives in Syracuse, N.Y.

Mr. and Mrs. William Brown, son and daughter, of Chesterville, were last week guests of Mr. and Mrs. E. W. Sheldon en route to Toronto exhibition.

Mrs. Ransom, Athens, is visiting her granddaughter, Mrs. M. E. Fergu-

Miss Florence Arnold, Toronto, is visiting her aunt, Mrs. George H. Howard

recently in Kingston.

Mr. and Mrs. B. Guthrie and ren have returned from a holiday a guest at the parsonage. trip to Lendon and Toronto.

Mrs. W. J. Kerr, Master Arthur and Miss Hilda, spent a part of last week with her sister, Mrs. Pridmore,

visiting her brother, Dr. Harold Fahey.

Mrs. O. Ripley and Miss Florence pent a few days recently in camp at Portland lake.

Mr. and Mrs. Firsman and Miss Hattie, Ripley, of Mimico Industrial School, called on friends recently, making the trip by auto.

making the trip by auto.

George Murphy, who is employed on the provincial highway near Collingwood, spent the week and learn t lingwood, spent the week-end here at his home. Mr. and Mrs. G. F. Warren and

Mr. and Mrs. A. L. Campbell are attending the Terento exhibition. Boy. A. E. Sanderson virited the coulds. then last week while on his holdlays. All are pleased to note that Miss Mrs. Francis, of Algonquin, is spending a few days the guest of Mrs. Roy Alexander. Blanche Halladay is now on a fair way to recevery.

The remains of Mrs. Samuel Stu-The remains of Mrs. Samuel Stuart, of Jones' Falls, were conveyed here from Kingston on Sunday last has a position on the teaching staff of and Mr. and Mrs. Horace Glazier viscons of the schools in the city. and interred in the family plot in Union cemetery.

The Misses Pinkerton and Kenny have charge of the public school for the coming year.

Mrs. Wainwright, Ottawa, was a guest at A. Ferguson's.

Mrs. Kelly and son and Philip Halladay have returned from their cot-

tage at Jones' Falls.

Miss Alford has returned to Montreal after a holiday here and else-

Mrs. Dun'op and son, Harold, Kingston, have ben guests at W. A. Coon's Miss Eva Coon, Detroit, and G. Coon, of Calgary, were guests of their parents.

Dr. Bracken, Gananojue, was a caller in the village.

The Misses J. and B. Carty have returned from spending the week-end

in Ottawa W. B. Peters, Kingston, spent a few

days here with friends. Miss Pearl Grey, Delta, was guest

of her parents. Mrs. W. L. Kelly spent a few days Miss Anna Hutchings spent the

week-end at her home at Jones' Falls. William Sanderson, Brockville, was

North Augusta

Hillier.

Miss Aileen Fahey has returned from Belleville where she has been day.

North Augusta, Sept. 3.—A good many from this section attended the camp meeting at Lake Eloida on Sunday.

Miss Vera Stephens returned home on Saturday from a two weeks' visit in Toronto.

A. E. Warren attended the Toronto

The Public and High schools opened on Tuesday.

W. S. Ralph and family were in Merrickville on Sunday. The new barber, Mr. Fitzgerald, is doing a good business.

Mobert Beigman is attending the Toronto fair this week.

one of the schools in the city. Mr. and Mrs. Harry Moffatt, of Jasper, and Jennie Moffatt were at Andrew Moffatt's on Sunday.

Mrs. (Dr.) J. J. McKendry and son, friends at of Winchester, visited friends here last week.

Mrs. S. W. Norton is in very poor!

Mr. and Mrs. A. R. Clark and family, of Brockville, Mr. and Mrs. G. W. Earl, of Smiths Falls, Miss Iva Stewart, of Ogdensburg, Mr. and Mrs. E.

Thompson and daughter, and J. A. Wright, of Ottawa, were Sunday visitors at M. T. Earl's. Miss Florence Hough has returned to Delta to resume her duties as pub-lic school teacher.

Mr. and Mrs. Fred Colborne left here on Saturday for Schenectady, N.Y., in company with Mr. and Mrs. Norman Timleck, who have been visiting here for two weeks.

Archie Moffatt is engaged as teacher in the McKinley school.

Mis Bertha Aldrich is teaching at Glenmore and Keitha Aldrich is teaching at Jellyby.

G. A. Love has painted his black-smith shop, which adds very much to its appearance. The stables at the Methodist parsonage have also been painted.

A concrete entrance has been put down in front of the Bank of Nova Scotia, which will be a much needed

improvement.

Mr. and Mrs. M. T. Earl spent last
week with friends in Northern New The Women's Institute met in its

rooms on Thursday at 2 p.m., with a large attendance and several visitors. large attendance and several visitors. The roll call was readily responded to by a variety of recipes for summer drinks. Several items of business were discussed and voted on, and two ladies-were appointed to act as jurges at the school fair in Merrickville. A movement to have a band at the North Augusta school fair met with the hearty approval of the members. Community singing made a variety in the programme. Mrs. T. W. Ralph gave a demonstration on re-footing stockings which proved quite interesting and the session closed by singing God Save the King.

FAIRFIELD

Fairfield, Sept. 2.-Mrs. C. Sreifi, Winnipeg, was visiting her cunt, Mr. . Ioraco Glazier, last week.

Miss Inga Acheson spent the work. end with Miss Florence Steacy, Jolle-

ited at Harmon Lawson's, Purvis Street, on Sunday.

Mrs. William Acheson left on Thursday night on an exteneded visit with friends at Toronto, Owen Sound and

Mr. and Mrs. W. J. Somerville." Front Road west, were Sunday visitors at H. Pyke's.