

J. M. VANNORMAN, M. D.,

# Eclectic Physician!

AND ACCOUCHER,

OFFICE, CORNER of KING & BOWERY STS.,

OPPOSITE FLORENCE HOTEL, HAMILTON, C. W.

Consultation Hours, 8 to 10 A. M., 4 to 6 P. M.

A FEW WORDS

TO THE PUBLIC.

**H**EALTH, the great desideratum, obtains when all the functions are natural and easy; any deviation from this, is disease. The true system of curing disease consists in closely watching and assisting Nature in carrying out her own indications. Nature is always true to herself, and invariably makes an effort, more or less powerful, to sustain her own integrity. It is clearly the Physician's duty as the handmaid of Nature, to remove obstructions as far as possible, and exhibit such medicines as have a tendency to accomplish that, at which Nature is already aiming. As Physicians, we should thoroughly understand the primary and secondary effects of medicinal agents upon the Human Economy. We should become intimately acquainted with Human Physiology and Pathology, with diseases and their causes, so that by close observation and correct reasoning therefrom, we may be enabled to sustain and assist Nature, in accordance with her own indications. In this, is contained, the chief part of Medical knowledge, and the true scientific principle of the Healing Art. When we have thus become learned of Nature, and only then can we hope to render the THEORY AND PRACTICE OF MEDICINE, pre-eminently beneficial to mankind.

J. M. VANNORMAN.