

HERE'S A REAL PUZZLER FOR WISE HEADS

ce of Ontario? Can you recall the names of its many fine towns and le that will try your knowledge of Canadian geography. Each of the six name of a town or city in the Province of Ontario. What are they?



HOW TO SOLVE THE PICTURES

The artist who drew the above cartoons wrote out the names of all the towns and cities in the province and from his list chose the names he illustrated as above. Your best move is to names of towns and cities in Ontario that you can think of.

To help you get the right start we will tell you that No. 1 represents Collingwood. Now

LIST OF PRIZES

	1st Prize, Twin Cylinder	101E Yaddon	104h Del-	
	Ter Trees TAIN CAUNGEL	1319 Indian	10th Prize	5.00 Cash
/**	Motor Cycle, complete.	Value \$310	11th "	5.00 "
	2nd Prize	\$50.00 Cash	12th "	3.00 "
	3rd "	25.00 "	13th "	3.00 "
	4th "	15.00 "	14th "	3.00 "
	5th "	10.00 44	15th "	3.00 "
*	6th	8.00 44	16th "	3.00 "
	7th "	5.00 "	17th "	2.00 "
	8th "	5.00 "	18th "	2.00 "
	9th "	5.00 "	19th "	2.00 "
	AND		ZES OF \$1.00 EACH	2.00

This Contest is Absolutely Free of Expense. You do not have to spend a single cent or buy anything in order to compete

Follow these Simple Rules Governing Entry to the Contest

We are the publishers of Everywoman's World, the Great Canadian Magazine that is the established favorite in more than 80,000 of Canada's best homes. That is the greatest circulation ever attained by any. Canadian magazine, but it doesn't satisfy us. Our slogan for this monthis "Everywoman's World in Everywoman's Home." We want to introduce this live, entertaining, up-to-the-minute, all-Canadian magazine to the people in hundreds of new homes, who may not know it now.

When you enter this great contest you can help us to accomplish this purpose, but you do not have to be a subscriber, nor are you asked to take the magazine, or spend a single penny in order to compete and win the motor cycle or a big cash prize. Here is the idea:

Only the completely correct sets of answers to the above pictures will be sent on to be judged for the awarding of these grand prizes.

Follow these Simple Rules Governing Entry to the Contest

1. Write your answers on one side of the paper only and put your answers on the upper right hand corner. Anything other than the answers and your name and address on the upper right hand corner. Anything other than the answers and your name and address must be on a separate sheet.

2. All siters must be fully prepaid in postage. Do not forget that your letter must be at the extra 1c stamp for 'war tax,' otherwise it will not be delivered to us.

3. Members and employees of Continental Publishing Co. also their relations or friends are not allowed to compete.

4. Boys or girls under fourteen years of age are not allowed to compete.

5. This reward to be entirely additional to any potitor. This reward to be entirely additional to any of the contest.

7. This contestant may be awarded at the conclusion of the contest.

7. This contestant may be awarded to be subscribers or readers allowed to compate.

allowed to compete.

5. Judging will be done by three gentlemen having no connection whatever with this firm. Prises will be awarded to the senders of the correct sets of answers judges will have no knowledge of whether the entry according to neatness, handwriting and general appear
comes from a subscriber or not.

Address your reply to the Manager, the Geographical Contest CONTINENTAL PUBLISHING CO., Ltd., No. 106 Continental Bidg., TORONTO, ONT. to dissolve and remove any of the poison that has been deposited in the tis-sues. Special treatment by massage, electricity and exercise is generally required for the relief of the paralysis.

Water that has stood overnight in new pipes should never be used for drink or in cooking. The mineral mat-ter in ordinary drinking water forms an insoluble coating on the interior of water-pipes in the course of a few weeks, however, and thus prevents future contamination.

Lead pipes should not be used in cisterns, for rain-water is devoid of min-

Treatment of Typhoid

By Dr. H. W. Hill

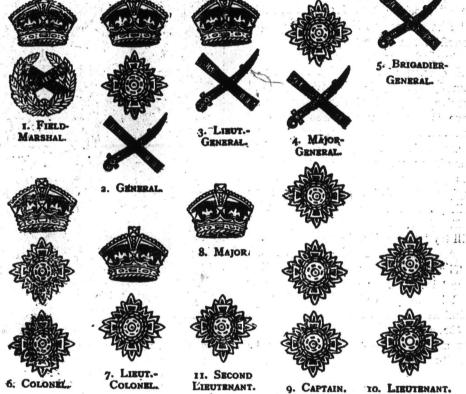
Outbreaks sometimes may occur from two or more independent sources happening to operate together. Thus I have seen an outbreak of typhoid and dysentery in one community due to another outbreak of typhoid carried by

Flies

Fly outbreaks can almost invariably be stopped instantaneously by merely fly-proofing the outdoor toilets except in those rare cases where deposits of human discharges in the open may be responsible. Such fly-proofing means only stopping all holes in the walls or ceiling and placing a weight or a spring on the door. It does not mean necessarily any elaborate structure of fly screens, etc. Limeing of closets is often recommended but is almost invariably a fallacy since it is a process that must be continued day after day for efficiency and usually will not be so continued in any large percentage of cases.

Milk

In milk outbreaks the search for the person infecting the milk should be tried at once and if successful within a few hours, the elimination of that person stops the outbreak. Should there be difficulty in finding the infecting person, however, the milk supply must flies; and in a hotel in that community at once be stopped or pasteurized and this status should be continued until the hotel well into which sewage had the infecting person is found and elim-



The distinguishing badges of British Officers

more or less confusion might readily arise if one did not take into account the chance of two separate outbreaks existing at once.

Method of Purifying Water

Water outbreaks are most readily ended, so far as the water is concerned, by installing hypochlorite treatment. In Minnesota we kept ready for shipment the necessary plant for treating a million gallons a day. The whole thing cost less than fifty dollars. When packed, we could ship this plant in a very short time with instructions how to install it, thus purifying the water long before notice to boil the water could be propagated through the community so as to really reach the inhabitants. If immediate chlorination is impossible, instructions to boil the water printed on placards and publicly posted up on at least three points on each side of every block in the community, is the shortest way to notify the people. This notice should be a very condensed one in very large type, such as, TYPHOID - BOIL THE WATER, and signed by the Board of Health. Newspaper notices are usually far too slow in reaching the public effectively. Permanent reformation of the water supply should then follow of course.

Food

In food outbreaks the infection of the food which is responsible has usually ceased before the typhoid develops; if not, however, the indications are to see that the guilty food is cooked or eliminated from the diet, and to search for and stop its contamination if possible. (See Milk).

In investigating this place insted. Occasionally neither stopping the supply nor pasteurizing the milk is practicable. In such a case the safest way, if the infector cannot be found, is to transfer the handling of the milk to a totally new set of persons. Of course, in the rare cases where the addition of infected water to the milk is the source of the trouble, the elimination of such addition would be sufficient. It is a wise precaution in all cases to have a thorough disinfection of all utensils.

(Note-Infection of milk with tvphoid is comparatively rare; with bovine tuberculosis, almost continuous. Milk should be pasteurized always for the sake of the latter, even if typhoid were unknown.)

Contact

Contact outbreaks can only be stopped by the most rigid and consecutive attention to the washing of hands after each contact with the patient or the patient's discharges, or by the immunization of those who are in attendance on the sick. The precautions regarding hands must be insisted on even after immunization, for the sake of the unimmunized to whom the immunized may carry infection in contact. Hence proper precautions about hands are really more inclusive than immunization.

The Pill that Brings Relief .- When, after one has partaken of a meal he is oppressed by feelings of fulness and pains in the stomach he suffers from dyspepsia, which will persist if it be not dealt with. Parmelee's Vegetable Fills are the very best medicine that can be taken to bring relief. These pills are specially compounded to deal with dyspepsia, and their sterling qualities in this respect can be vouched for by legions of users.