

Happenings of the Week

TO EUROPE WITH HIS PRETTY BRIDE



Why is the Blood Impure in the Spring?

The artificial life of the winter—the artificial foods—the impure air of indoor life—the sedentary habits—the lack of outdoor exercise—all tend to make the blood thin, weak, watery and impure. The nerves are starved, exhausted, and wasted—the nerve force required for the proper workings of the heart, the lungs, the stomach, the liver, the kidneys and other organs is not forthcoming and the whole system becomes weakened and run down.



—you can protect yourself by using Dr. Chase's Nerve Food.

The spring air is often laden with disease germs. The waste and decayed matter of winter is thawed out, and forms a regular hotbed of disease, from which arise poisonous gases and germs of disease. of disease.

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Teople with rich blood throbbing through their arteries need have little, fear, for disease seeks out the weak and exhausted for its easy victims. For such there is no season more to be dreaded than spring.

Is this spring to be pleasant or disagreeable to you? Are you to feel invigorated by the fresh Spring air; to rejoice in the opening bud, the sprouting blade, and chirping of the birds? Or will you be overcome with languor and weakness, suffer from headaches and body pains, and drag yourself languidly about as though you had no interest in life and had lost all vigor and energy?

It is for you to decide this question, for the difference is in the state of your health, the richness and purity of your blood, and the vitality of your nervous system. After the debilitating influence of the artificial winter life, nine people out of ten require some restorative preparation to put their system in order for the enjoyment of life.

As a means of enriching and purifying the blood, building up the system, and revitalizing the wasted nerves, there is yet to be discovered a preparation in any way equal to Dr. Chase's Nerve Food.

This great food cure is composed of the most powerful restoratives to be found in all.

Dr. Chase's Nerve Food