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A saline laxative which keeps the alimentary canal clean and healthy, prevents constipation, biliousness and various headaches.
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**NOVA SCOTIA MEN TELLS OF
SUBMARINE ATTACK AND RESCUE**

Archibald H. Lewis, of Weymouth, N. S., Sole Survivor of Schooner Minas Queen, Tells of Thrilling Experience at Hands of Huns

Parrsboro, N. S. Oct. 16.—In the form of an affidavit, Archibald H. Lewis, of Weymouth (N. S.), sole survivor of the schooner Minas Queen, sunk by the shell-fire of a German submarine, August 26, 1917, tells a thrilling tale of escape, almost unrivalled for descriptive power and simplicity of language. Exposed to the dangers of an open sea on the destruction of their schooner, the members of the crew died one by one until only Lewis was left, and he tells simply the story of his rescue.

The affidavit, sworn to in New York, and supported by the affidavit of Joseph Harris, shipping master, who signed Lewis as a member of the Minas Queen crew follows in part:

"At about the hour of 7 o'clock Captain Loomer came on deck from below, and called attention to the fact that a submarine or U-boat was following the schooner abaft and a little on the port quarter at a distance of about two miles. At that time the submarine was awash and showed most of her decks including the conning tower and two guns, one forward and the other abaft. She was headed directly towards the schooner and was overhauling the schooner. At this time one of the crew of the U-boat was visible.

"Captain Loomer at once gave orders to keep the ship off before the wind so as to increase the speed in an effort to escape the submarine. The submarine changed her course so as to follow the schooner and gradually overtook her. The submarine came up on the port quarter within about a half mile of the schooner and fired one shot across her bow from the forward gun. Captain Loomer immediately gave orders to leave the ship to which was at once done. All sails were then lowered. While the sails were being lowered, the U-boat fired two more shots from the forward gun. These shots were fired toward the forward end of the ship but neither one took effect. None of the shells fired exploded.

"Nobody Left on Board.
"Captain Loomer at once ordered the boat lowered and aft immediately got in, hauled the boat alongside the schooner and the rest of the crew got in, leaving nobody on board the schooner. We got in the small boat on the starboard side of the schooner, the U-boat at this time being on the port side. We then rowed up to the U-boat and she altered her course and proceeded towards us to meet us. We rowed up to the port side of the U-boat. As we were approaching the U-boat aft immediately looked for a number of other designations, but could find none, and there was no flag or other insignia flying. At the time we left the schooner there were a number of the crew of the U-boat on its deck and there were probably a dozen on deck when we reached her.

"One of the crew of the U-boat came to the rail and asked us who the captain of the schooner was, and upon being informed, told him to come on board. Captain Loomer at once did this, being helped on board by the officer on the U-boat who had commanded him to come on board. Captain Loomer and the officer in charge of the U-boat went into the conning tower, while the rest of us remained in the boat alongside. After a short time they came out of the conning tower and Captain Loomer got into the small boat and told us to row away.

"While we were waiting for the captain to return from the conning tower about a dozen of the crew of the U-boat were seated around on the deck. They, and also the person in authority who took Captain Loomer into the conning tower, were dressed in civilian clothes and to the best of my belief were Germans. I have seen and talked with a great many Germans during my life and recognize the general German type of feature when I see it, and I can state definitely that all of the men on board said U-boat, including the person in command, who took the captain on board, were Germans.

"After Captain Loomer had returned to our boat and as we were rowing away from the U-boat and also away from the schooner at Captain Loomer's command, he told us that when he and the officer in command on the U-boat went into the conning tower, said officer asked him what cargo he had brought over and what day he left Rochford. He also asked for the ship's papers but the captain had left them on the schooner and could not give them to him. He also told Captain Loomer to go into the boat and row away, as he was going to sink the schooner at once. Just as soon as we started to row away from the U-boat it went alongside the starboard side of the schooner. She then fired three shots into the schooner's hull. Nobody on the U-boat went on board the schooner. The third shot took fire and I immediately saw smoke and blaze arising from the

long and had one conning tower. In my best judgment the forward gun was a four-inch one and the aft one a twelve-pounder. It was the forward gun which was used at this time. There was a wireless running from the conning tower to the stern railing of the boat. When we left the schooner we put enough provisions in the small boat to last all of us at least a week. When the boat turned over the first time, the bung came out of the water cask and all of the water was lost. The rest of the provisions were in a watertight tank. We had a watertight tank of biscuit. While the crew were eating biscuit from time to time, water washed over the boat and destroyed the biscuits so that they could not be used. The rest of the provisions, consisting of canned goods, were in a galvanized iron tank, fastened to the boat, and were in the boat when I was picked up.

"All of the crew except Captain Loomer, Mate Kaye and myself, were negroes.
"ARCHIBALD HERBERT LEWIS,
Subscribed and sworn to before me this 20th day of September, 1917.
S. ISABEL GLASSON,
Notary Public, Kings Co., 225 Certif., filed in N. Y. Co. 125.
The early part of the affidavit places the location of the submarine attack as several miles outside La Pallice, France, the Minas Queen having sailed on her return journey to New York.

**SAGE TEA TURNS
GRAY HAIR DARK**

It's Grandmother's Recipe to Bring Back Color and Lustre to Hair.

That beautiful, even shade of dark, glossy hair can only be had by brewing a mixture of Sage Tea and Sulphur. Your hair is your charm. It makes or mars the face. When it fades, turns gray or streaked, just an application of two of Sage and Sulphur enhances its appearance a hundred fold.
Don't bother to prepare the mixture; you can get this famous old recipe improved by the addition of other ingredients for 30 cents a large bottle, all ready for use. It is called Wyeth's Sage and Sulphur Compound. This can always be depended upon to bring back the natural color and lustre of your hair.
Everybody uses "Wyeth's" Sage and Sulphur Compound now because it darkens so naturally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through the hair, taking one small strand at a time. In the morning the gray hair has disappeared, and after another application it becomes beautifully dark and appears glossy and lustrous. This ready-to-use preparation is a delightful toilet requisite for those who desire dark hair and a youthful appearance. It is not intended for the cure, mitigation or prevention of disease.

Make Your Own Cough Syrup and Save Money
Better than the ready-made kind. Easily prepared at home.

The finest cough syrup that money can buy—costing only about one-fifth as much as ready-made preparations—can easily be made up at home. The way it takes hold and conquers distressing coughs, throat and chest colds will really make you enthusiastic about it. Any druggist can supply you with 2 1/2 ounces of Pinex (50 cents worth). Pour this into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Shake thoroughly and it is ready for use. The total cost is about 25 cents and gives you a sure, a family supply—a most effective, pleasant tasting remedy. It keeps perfectly. It's truly astonishing how quickly it acts, penetrating through every air passage of the throat and lungs—loosens and raises the phlegm, soothes and moistens the inflamed, swollen throat membranes, and gradually but surely the annoying throat tickle and dreaded cough will disappear entirely. Nothing better for bronchitis, spasmodic cough, whooping cough or bronchial asthma.

Pinex is a highly concentrated compound of Norway pine extract and is known the world over for its prompt healing effect on the throat membranes. Avoid disappointment by asking your druggist for "2 1/2 ounces of Pinex" with the directions and a guarantee of absolute satisfaction or money promptly refunded. Write for a free literature. The Pinex Co., Toronto, Ont.

IF YOUR EARS RING WITH HEAD NOISES

If you have Catarrhal Deafness or head noises go to a druggist and get 1 ounce of Parment (double strength), and add to it 1-4 pint of hot water and 4 ounces of granulated sugar. Take 1 tablespoonful four times a day.
This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Any one who has Catarrhal Deafness or head noises should give this prescription a trial.

For Sprains, Lame Muscles

Absorbine, Jr., brings quick relief. Keep it always at hand for instant use. Athletes use Absorbine, Jr., for the muscle that has been strained, for the cut or laceration that runs a chance of infection; for the abrasion that pains and the limbs that are stiff and lame from over-exertion.
Walter Johnson, the famous pitcher of the Washington Americans says: "Absorbine, Jr., is a first-class liniment and rub-down for tired muscles, have used it myself to advantage and can heartily recommend it to ball players everywhere."
Absorbine, Jr., is a concentrated antiseptic liniment—only a few drops required at an application. It is safe and pleasant to use—leaves no greasy residue. Sold by most druggists, \$1.00 and \$2.00 a bottle or postpaid. Liberal trial bottle for 10c in stamps.
W. F. Young, P. O. D. F. 817
Lewmans Bldg., Montreal, Can.



For Others' Greater Needs

"If Canada fails us in October we must curtail many of our activities."
—Extract from letter from Sir Arthur Stanley, Chairman, Executive Committee, British Red Cross.

Canada's answer is, that the noble work of the British Red Cross must go on, unfettered, unhampered, uncurtailed.

Canada stands fast. Its contribution on "Our Day", October 18th, will prove it.

**Give Generously
The Need was Never Greater**

A Few Facts about British Red Cross Work.
The British Red Cross Society is the only institution which carries voluntary aid to the Sick and Wounded of the British Forces on land and sea in every region of the War.
Its work is therefore the concern of all classes of British subjects, whether living in the British Isles, in the Dominions and Colonies beyond the seas, or in foreign countries.
SENT OUT OF GREAT BRITAIN
\$165,000 spent on work in East Africa.
\$215,000 spent on building and equipping St. John Brigade Hospital, Etahles, France (520 beds) and \$271,600 on equipment and maintenance.
\$8,000,000 worth of Surgical Dressings, hospital equipment, accessories and comforts of all kinds despatched mainly abroad.
6,000,000 Articles of Clothing and Bedding and Hospital Furniture and Equipment sent away, mainly abroad.
416,383 Parcels of Food and Clothing sent from London to British Prisoners of War in enemy countries.
Invalid kitchens attached to hospitals in Malta, Salonika and Egypt, buffets, sun shelters, bathing sheds, recreation and tea-rooms for wounded and convalescent men, established in Egypt, Malta and Salonika.
6,500 Surgeons, nurses, V. A. D.'s, stretcher-bearers, hospital orderlies and ambulance drivers now serving abroad.
180 Women Ambulance Drivers serving abroad.
\$50,000 to erect, equip and maintain recreation and refreshment rooms in France.
7 Rest Stations in France for wounded men en route, as well as hostels for relatives visiting wounded, and rest homes for nurses.
16 Store Depots for hospital necessities, etc.
12 Branch Offices for Enquiries for Wounded and Missing.
\$175,000 spent on work in Italy.
\$316,000 spent on work in Serbia and Montenegro.
\$350,000 spent on work in Roumania.
\$100,000 spent on work in Russia.

Send Contributions to Local Treasurer or to Lady Tilley, Organizing President, Canadian Red Cross Appeal, St. John, N.B.
Mayor R. T. Hayes, Treasurer for Local Committee

GIN PILLS
FOR THE KIDNEYS
50¢ a box
6 boxes for \$2.50
Gin Pills have an astounding record of success in the treatment of BACKACHE.
FOR RHEUMATISM, TOO

URGES INDIAN HOME RULE
Bishop Wedgwood Also for Acceptance of Offer of Huge Army
That England ought to accept India's offer to provide 10,000,000 men for the Allies, and that the trip of Edwin Montagu to India probably has for its most important object the consideration of home rule there, is the opinion expressed by Bishop James Inghall Wedgwood, who has arrived in New York after a

tour of the United States, en route to his home in London.
"I believe immediate steps should be taken to arm and munition these splendid fighters," said Bishop Wedgwood. "Indian regiments at the Marne, and they have done heroic work in France and Mesopotamia. Ten million Indian troops, because of their low pay and simple diet, could be maintained in the field for one-half the cost of a similar number of English and Americans."
"It will mean a tremendous sacrifice

for us to give India home rule, for we shall lose some of the enormous revenue which English merchants and officials have derived from India, but no sacrifice is too great at a critical time like this, and India, by reason of her already generous contribution of men and money for this war, has won the right to have realization of her loyal aspirations to be an autonomous partner of the British empire on the same basis as Canada and Australia.
"My cousin, Commander Wedgwood, who is a member of parliament, has al-

ready introduced this matter, and the government will soon discuss it more seriously."
A Royal Name
An old lady advertised some time ago for a housemaid. Among the names of the applicants was one "Dei Gratia." Being struck by the name, she engaged her and when she questioned her as to be Christian name, she answered, with hesitation, "It was one of Queen Victoria's names; father found it on a coin."