

saw-mills lie just below the falls. Montmorenci Falls in winter are a favorite resort for the residents of Quebec, who drive there, warmly wrapped up in buffalo robes, in their light carioles or sleighs ; and carrying with them a basket well stocked, enjoy what is unknown elsewhere in mid-winter, a picnic on the snow. The foam and spray rising from the foot of the falls accumulate in the shape of ice, forming a cone sometimes nearly 100 feet high. A second one of less size is also formed, which is greatly (the higher cone, only by the more hardy and venturesome) made use of by visitors for "coasting" and "toboggining ;" that is, having ascended to the summit, they entrust themselves to their small sleigh or toboggin, as the case may be, and slide down at full speed, gaining a velocity every instant, which carries them sometimes half a mile or more on the surrounding level ice. It requires, however, the expertness of boys used to "coasting" to steer straight down the incline, and it not unfrequently happens that two or three upsets, though generally without any serious consequences, take place. The cold is not felt by those engaged in the sport, so thoroughly does the exercise warm the blood. We do not know of any exercise more invigorating than guiding a toboggin at full speed down an incline of 45° when two or three ladies are clinging on behind, and we recommend all who have never enjoyed this sport, to try their hands, if only for once, at this entirely Canadian amusement. A toboggin is a light Indian sleigh made of very thin wood and curled over in front, and used chiefly by pleasure parties in sliding down hill sides covered with crusted but lightly packed snow—small sleighs with runners are chiefly used at the ice cones. From the summit of the large ice-cone, the glassy sides slope down evenly in all directions ; one, leading down swift into the huge boiling caldron at the foot of the cascade, the other, the side up which we climb. A few years ago the soldiers of the garrison held a picnic here in winter, when the cone was excavated