9. Thou shalt not covet thy neighbour's wife. 10. Thou shalt not covet thy neighbour's goods. Exod. chap. 20th.

## The seven Commandments of the Church.

O keep holy all festivals of obligation.

2. To hear mass, on Sundays and Holydays.

3. To confess our sins, at least once a year.

4. Worthily to receive the holy Eucharist about Easter.

5. To fast in Lent, Ember days and Vigils commanded.

6. To abstain from flesh meat, all Fridays and Saturdays.

7. To pay tythes to our Pastors.

## In honour of the Holy Trinity.

LORIA Patri, et Filio, et Spiritui Sanc- Father, and to the Son to.

Sicut erat in principio, et nunc, et semper, et in sæcula sæculorum. Amen.

LORY be to the and to the Holy Ghost. 2 cg

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As it was in the beginning, is now, and ever shall be, world without end. Amen.