

existence of peace. Who has not noticed how rapidly their imaginations are excited, how numerous the phantoms they behold! The painful darkness with which they surround their existence, causes them to start at every noise, and their restlessness is a source of constant annoyance to others. This perpetual state of anxiety, of anguish, embitters the finest characters and crushes out the fondest affections. Could one not justly say to such a person: « For pity's sake love yourself less and be a little more reasonable with others? »

The outcome of all this is that the companion finally tires of being obliged to be always on guard. This continual restraint will be the cause of the formation of a chasm between husband and wife. It may be imperceptible at first, but it will finally place each one on the opposite sides of a bridgeless abyss. The every day life of such susceptible persons will be an unending chain of disagreements. To-day, it may be peace, to-morrow, it will be war. The wounds may not be deathly, but the charms displayed in time of peace, will not be sufficiently powerful to make the sufferer forget the thrusts received during the fray. In fact, before they have time to heal, a new onslaught must be sustained. He becomes impatient and discouraged, and reaches the persuasion that it is folly to try to satisfy every exigency of a fantastic imagination, to overcome all defiance, suspicion and causes of susceptibility. The cords of restraint begin to loosen; the discontentments that previously caused such pain, now appear a sad necessity to the maintenance of conjugal life. Their frequency have rendered the heart callous to their acuteness. Formerly, the offender could not do enough to atone for tears he unconsciously caused to flow, now their sight pleases, because vengeance seems to be a source of consolation to certain hearts. In response to the soul's constant longing for happiness and peace, the unoffending party will finally seek elsewhere (God grant it be not in sin!) the consolation and solitude which he had sought in vain at home.

Is there a remedy to such a sad state of affairs? Let the persons suffering from susceptibility try to understand their sad state. The greatest difficulty would be overcome, if they