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Asthma Catarrh
WHOOPING COUGH
BRONCHITIS COUGHS COLDS
Vapo-Resolene
ESTABLISHED 1878
A simple, safe and effective treatment for bron-
chial troubles, without dosing the stomach with
drugs. Used with success for thirty years.

LET US
CURE YOU
If you suffer from
Kidney or Bladder
Troubles, Varicose
Veins, Rheumatism,
Gout, Gravel, Sciatic
Pain, Neuritis, Nerve
Pain, Headache, Con-
stipation, Piles, or any
kind of ailment, we can
cure you.
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150 W. Front St., DETROIT, MICH.

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LONDON, ONT.
BUSINESS and SHORTHAND SUBJECTS.
Registered last season upwards of 300
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All Kinds of Implements
Gasoline Engines
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The Best Goods on the Market
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SATISFACTION GUARANTEED.
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SHORTHORN CATTLE AND
LINCOLN SHEEP.
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KERWOOD, - - ONTARIO

SOUTH END BAKERY
OYSTERS
Served by the Dish or Sold in Bulk
TRY OUR MAPLE WALNUT
A Full Line of
FANCY AND STAPLE CONFECTIONERY
If You Appreciate a
GOOD CIGAR
Give Us a Call.
ED. PEARCE,
SOUTH END BAKERY

THE MORNING TONIC.
The Appeal of the Cold Water Bath
Grows With Habit.
The habit once formed, the dip and
splash in a tub of cold water every
morning gives a stimulus to the be-
ginning of the day that makes life well
worth living. Its lack, on the con-
trary, leaves one feeling like a mol-
lusc, but as it is not a difficult luxury
to procure, and as the milder cold
sponge bath in some measure takes its
place should a large enough tub be
out of reach, that dull feeling need not
be risked.

Use good sense about it. Jumping
from a warm bed into a waiting tub
of icy water, and the resultant glow,
is a thing to be read about in tales
where the hero is a big, muscular ath-
lete. In actual life the hero does not
do such things. If he has had good phys-
ical training he proceeds the plunge
by standing up and taking many good
deep breaths, filling the lungs full to
start circulation, holding the breath for
a moment, then exhaling steadily.
Then he goes through some stirring
exercises, which may be simple
enough to suit any constitution, tak-
ing deep breaths all the while, and
adding a half dozen for good measure
between each set of movements.

PURIFIED HIS BLOOD
Dr. Morse's Indian Root Pills
Healed Mr. Wilson's Sores
When the sewers of the body—bowels,
kidneys and skin ducts—get clogged up,
the blood quickly becomes impure and
frequently sores break out over the body.
The way to heal them, as Mr. Richard
Wilson, who lives near London, Ont.,
found, is to purify the blood. He
writes:
"For some time I had been in a low,
depressed condition. My appetite left
me and I soon began to suffer from indig-
estion. Quite a number of small sores
and blotches formed all over my skin. I
tried medicine for the blood and used
many kinds of ointments, but without
satisfactory results. What was wanted
was a thorough cleansing of the blood,
and I looked about in vain for some medi-
cine that would accomplish this.
At last Dr. Morse's Indian Root Pills
were brought to my notice, and they are
one of the most wonderful medicines I
have ever known. My blood was puri-
fied in a very short time, sores healed up,
my indigestion vanished. They always
have a purifying effect on the blood, and
are looked upon as the family remedy."
Dr. Morse's Indian Root Pills cleanse
the system thoroughly. Sold by all
dealers at 25c a box.

HORSE'S LEG
SWELLED
Animal Was Too Sore and
Lame to Work—Quickly
Cured by "Nerviline."
I have had a long experience in
treating horses, and I can safely say
that I know of no liniment for strains,
sprains, and swelling that is so useful
around the stable as Nerviline."
Thus writes Mr. Joshua E. Murchison,
from his home, Crofts Hill P. O. I had
a fine young mare
that wrenched her
right fore leg, and
from the shoulder
down it was
stuffed, sore, and
swollen. I applied
Nerviline, and it
worked like a
charm; in fact, that mare was in
shape to work a day after I used Ner-
viline.
"We have used Nerviline on our
farm for twenty-five years and never
found it wanting. For man or beast
it is a wonderful liniment."
We have received nearly five thous-
and letters, recommending Nerviline
as a general household liniment, as an
all-round cure for aches and pains.
One million bottles used each year.
Try it yourself. Large bottles of Ner-
viline 50c; trial size, 25c. All dealers,
or The Catarrhzone Company, King-
ston, Ont.

Nerviline
is a
Trusty
Liniment

NERVILINE
FOR MAN OR BEAST

THE HUMAN HEART
The heart is a wonderful double pump, through the
action of which the blood stream is kept sweeping
round and round through the body at the rate of seven
miles an hour. "Remember this, that our bodies
will not stand the strain of over-work without good,
pure blood any more than the engine can run smooth-
ly without oil." After many years of study in the
active practice of medicine, Dr. R. V. Pierce found
that when the stomach was out of order, the blood
impure and there were symptoms of general break-
down, a tonic made of the glyceric extract of certain
roots was the best corrective. This he called
Dr. Pierce's Golden Medical Discovery
Being made without alcohol, this "Medical Discovery" helps the stomach to
assimilate the food, thereby curing dyspepsia. It is especially adapted to diseases
attended with excessive tissue waste, notably in convalescence from various
fevers, for thin-blooded people and those who are always "catching cold."
Dr. Pierce's Common Sense Medical Adviser is sent on receipt of 50 one-cent
stamps for the French cloth-bound book of 1008 pages. Address Dr.
R. V. Pierce, No. 663 Main Street, Buffalo, N. Y.

It is up to You
To protect your family from the ravages of
disease and infection; and the rigors of winter;
to make your home the abode of Health and
Happiness.
Statistics tell us that there were over
250,000 deaths in North America last year from
Fever and Pneumonia; over 95 per cent.
of these cases were traceable to out-door closets,
and all were the result of insanitary conditions.
Are you going to allow this terrible death
rate to continue.
Why not Insure Health by Installing
A "Parkyte" Sanitary Chemical Closet
Absolutely Sanitary and Odorless; carries the endorsement of Physicians
and Health Officials, and our own Iron-clad guarantee. Requires no expen-
sive water system; no plumbing; no sewage. Can be installed in any part
of your home at the cost of a few minutes of your spare time; lasts a life-
time, and
Costs Less Than a Cent a Day
"Parkyte" Chemical has been proven by Bacteriological test to be the
most powerful Disinfectant, Deodorant, and Germicide, known to Science.
The "Parkyte" Sanitary Chemical Closet
is sold by J. McKERCHER, Watford, Ontario.
A Call there will convince you. No further argument will be necessary.
PARKER-WHYTE LIMITED
1203 McARTHUR BLDG. WINNIPEG, MAN.
Branches—Toronto, Edmonton, Vancouver.

Not Enough Time.
Young Lady—Guard, will I have
time to say good-bye to my friends?
Guard—Afraid not, miss. The train
leaves in two hours and a half.

Is the World Drying Up?
Whether the globe on which we
dwell is gradually drying up or not
is a question that has been much
debated. Recent discoveries in cen-
tral Asia have been regarded by some
as favoring an affirmative answer, but
others have replied that the observed
phenomena are simply periodic
changes. Dr. Walser of Zurich cham-
pions the affirmative view on the
ground that a great number of Euro-
pean lakes have certainly disappeared
within the last 250 years. The canton
of Zurich, for example, had 149 lakes
a quarter of a century ago and only
76 to-day. He believes that a similar
tendency to disappearance has affected
the lakes of Germany and Russia.
Located.
Lawyer—And you say your neigh-
bor's dogs are vicious and dangerous?
Do you mean to say that you live in
a state of perturbation?
Witness—No, sir; I live in the
suburbs.
Irrigating by Wells.
Queensland and New South Wales,
Australia, are giving much attention
to Government irrigation, principally
by means of artesian wells.
A luxury loses its charm when we
reach the point where we can afford it.
Holloway's Corn Cure destroys all
kinds of corns and warts, root and
branch. Who, then, would endure them
with such a cheap and effectual remedy
within reach?

It is up to You
To protect your family from the ravages of
disease and infection; and the rigors of winter;
to make your home the abode of Health and
Happiness.
Statistics tell us that there were over
250,000 deaths in North America last year from
Fever and Pneumonia; over 95 per cent.
of these cases were traceable to out-door closets,
and all were the result of insanitary conditions.
Are you going to allow this terrible death
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A "Parkyte" Sanitary Chemical Closet
Absolutely Sanitary and Odorless; carries the endorsement of Physicians
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Costs Less Than a Cent a Day
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FURNACES AND STOVES
If You Contemplate putting in a Furnace this year
you Cannot do Better than leave your
order with Us. We handle
The Best Makes in the Dominion
And give you the Best Satisfaction.
Stoves and Ranges from the
Leading Makers.
SPECIAL ATTENTION PAID
to Eavetroughing, Roofing and Job Work.
We do a First-class Job at Right Prices.
Full Line of Builders' Hardware,
Cutlery, Graniteware, Etc.
T. DODDS.
Furniture for All
We never were in a better position to supply the wants of Our
Customers and are offering an Attractive Line of Goods at Excep-
tionally Favorable Prices. A few are mentioned. Special line of
choice Pictures and Engravings, works of art that will adorn any home
Fancy Chairs Easy Chairs
Easels Bedroom Suites
Sideboards Drawing Room Suites
Secretaries Library Pieces
Couches Morris Chairs
AND A COMPLETE LINE OF
Sewing Machines and Gramophone Records
Comfort, Elegance, Durability, and Value are
features that our goods are noted for.
HARPER BROS.
Fine Furniture. Funeral Directors.