summering with friends at Port Stan-ley.

Principal Beal of the Technical School left yesterday for Beaumaris, Muskoka, where he will spend the

Mr. and Mrs. D. J. Nolan and family have taken Mrs. Fred Heath's cottage at Bayfield, where they are spending

Miss Evelyn Ferguson, a graduate of Toronto Faculty of Education, is spending the holidays with her parents, 386



Best of all Fly Killers 10c per Packet at all Druggists, Grocers and General Stores

her sister, is already holidaying at the

Rev. Mr. and Mrs. A. Stanley Cree entertaining some interesting guests from Montreal in the persons of Mrs. Patton, Mr. C. Crozier, Miss Florence Mann and Mr. Peter Jew. Mrs. Cree will accompany them on a motor trip hrough the Adironacks.

Dr. Roscoe Graham of Toronto, forof London, is in Prince Albert, merly of London, is in Prince Albert, Sask., this week giving the paper on Surgery before the Saskatchewan Medical Association. Dr. Graham is a son of Dr. P. L. Graham of Lobo, and attended the London Collegiate Institute

LEEDER-ALLEN.

St. Francis Xavier's Church, Brockville, was recently the scene of a happy event when the pastor, Rt. Rev. Mgr. Murray, V.G., united in marriage Miss Margaret Anna Allen, daughter of the late Mr. William J. Allen and Mrs. Allen of Brockville, and Mr. Robert C. Leeder, son of Mr. and Mrs. Robert Leeder, Lynn. The nuptial mass was and an eighth makes a hundred

number of handsome presents.

Later Mr. and Mrs. Leeder left for Ottawa and Montreal, where they will spend their honeymoon. Returning for ten minutes. Rubbers and tops of ten minutes. d their honeymoon. R will reside in Brockville.

LADIES' AID PROVIDE. The Ladies' Aid of Ridout Street

HOME ECONOMICS



attendant.

Following the ceremony the wedding party returned to the home of
the bride, where a dainty breakfast
was served. The house was tastefully to
decorated for the joyous occasion with

To can raspberries without destroying rich preserves for pies, and cordial. Red the color or shape of the berries, use the berries so clean and fresh that they breakfast was served. The house was tastefully to pick them from your own canes directly into the fruit jars, so that they red and white currants may be used to

ferns and cut flowers.

The groom's gift to the bridesmaid
was a pearl tie pin. The popularity of the young couple was attested by a few at a time, and then put into clean jars are then put on, but jars not sealed until they have been sterlized sixteen minutes in boiling water. Raspberry shortcake is almost as dea sunny window, and cover. Black currants, being thick and heavy, require

the addition of water, or preferably, the cupfuls of flour, four teaspoonfuls of baking powder, half a teaspoonful of salt, and two teaspoonfuls of sugar; work in a quarter of a cupful of butter, or substitute, with the tips of your fingers, and add three-quarters of a cupful of milk gradually. Toss on flour-

Exercise After Operation.

How soon after an operation may one resume your setting-up exercises or gymnastum exercises? (Mrs. P. S.)

ANSWER—It is for your own physician to advise about that, but I myself resumed the setting-up exercises three weeks after such an operation, and many doctors advise no exercise until three months after an abdominal operation. letting drip over night, but do not squeeze the bag. Measure, boil five minutes, add an equal quantity of heat-ed sugar, boil three minutes, skim, pour

ANSWER—If the belt is worn for appearance only, no. If the belt is used to support the trousers, it certainly does interfere with the action of the vital organs. Trousers, breeches or trunks should be hung from the shoulders, not from the waist. Skirts ditto.

(Copyright National Newspaper Service)

make a lighter colored jelly. Wash, pick

over, but do not stem currants for jelly; mash and cook slowly until the fruit looks white; strain through a jelly, bag,

into glasses, stand twenty-four hours in

the addition of water, or preferably, the

Tomatoes and Arthritis.

Someone says that a person having arthritis should not eat even one tomatoes have on the system? Would they cause chalky deposits in the joints? (Mrs. H.

were when the pastor, Rt. Rev. Mirray, V.G., united in marriage Miss are summering at Bayfield, Ont, Mrs. Honds and Mrs. Harold Hughes of Raring Mrs. Allen and Mrs. Harold Hughes of Raring Mrs. Allen Aughter of the area at Deer Lodge Park, Bayfield, for the mink and by Miss Allen and the first are at Deer Lodge Park, Bayfield, for the mink and coverage buquet was of Dilum mobiles, it within that with blue flowers. The same at Deer Lodge Park, Bayfield, for the mink and sort of the same as a marked and coverage with miss who have a freek of dark blue from their Dome city.

Mrs. W R Williams and children are at Deer Lodge Park, Bayfield, for the blue mobiles, it within the flowers. The blue was are as a developed of the first of the first

Beit Versus Suspenders.

Is the wearing of a belt by men, instead of suspenders, likely to interfere in any way with the action of the vital organs? (E. W. S.)

ANSWER—If the belt is worn for appearance in the suspenders.



the treasure.

"It's a ship that was filled with gold, silver and precious stones from the mines of Africa. It was carried off by pirates many years ago, and a great storm blew it to the Lost Ocean. As you know, no man can live in the Lost Ocean, so the crew perished, and there lies the boat. Of course no one will ever be able to get it, for the air over the able to get it, for the air over the able to get it, for the air over the After the travelers had gone their After the travelers had gone their way, the grand duke made himself way, the grand duke made himself quite unhappy by thinking of the great reason."

It's a ship that was filled with gold, will release the king when the treasure will be visited by no mosquitoes for hours.

Oil of citronella alone is good, but does not last.

Still a third mosquito dope, suggested in U. S. department of agriculture's such great riches, he thought. So find ally he consented.

The little prince left the palace with a light heart. He had an opportunity and the to free the king, his father, but what a great peril he was to face.

To Be Continued.

(Copyright by British and Colonial Press, Limited.)

The stand duke's face covered with scowls. With the king free he could not only in the third mosquito dope, suggested in U. S. department of agriculture's farmers' Bulletin 444 is this:

Castor oil Alcohol

Oil of lavender, of each an ounce.

This mixture avoids the odor of citronella alone is good, but does not last.

Castor oil

Alcohol

Oil of lavender, of each an ounce.

This mixture avoids the odor of citronella alone is good.

Wall the consented.

The little prince left the palace with a light heart. He had an opportunity to first mixture avoids the odor of citronella alone is good.

CAUTION: Be careful to inclose the will does not last.

Castor oil

Alcohol

Oil of lavender, of each an ounce.

This mixture avoids the odor of citronella alone is good.

Will the visited by no mosquitoes for heart will be visited by no mosquitoes for bours.

CAUTION: Be careful to word wil

long periods to mosquitoes may prefer a mixture which retards the evaporation of the citronella:

Oil of c

Dear Miss Grey,-Think I can be Dear Miss Grey.—Think I can be of some use to some of the Boxites, so would like to get the addresses of the following: Good-Natured Annie, Red Wing, Kate Dalrymple and Nancy. Put me on the list for some of Red Wing's columbine seed. Have any of the Boxites got white columbine? Would like to get some seed. Could Nancy or anyone else give me a slip of Lady Washington geranium? If addresses of ones asked for are sent me will send slips. Inclosed find stamps for S. C. H.

Ans.—Am malling you addresses re-

Ans.—Am mailing you addresses requested, Ribbon Grass. Possibly Nancy will send you the slips you ask for.

WENT SIGN.

WENT S

Veranda Chats.

Dear Miss Grey.—Best of luck to the Mail-Box and the ever-swelling fund. We are saving up to get the children's daddy a pair of working shoes, size 10, and he needs them iso badly. I do hope you will send me Elgora's address, as she has a pair to give away. If we are fortunate enough to get them, so giadly will I be able to send my mite to help the sick children.

ITALIANA.

Ans.—Am mailing you Elgora's address, and hope that you receive the Ans.—Am mailing you Elgora's address, and hope that you receive the

Dear Miss Grey,—I thought I would write to your Page for a little help. I have a dear little boy. I3 months old. He seems to be well, although since I weaned him nothing agrees with him. He is lively enough. I have been feeding him milk and yolks of egg and light



food, and in about one hour afterwards he throws it up. I was wondering if any other mother had had the same trouble, and if they would tell me what to do? Medicine doesn't seem to help him. He is not near as fat at he was and not walking yet. I would be so thankful for any advice offered. I will say good-bye for now, hoping you will print this letter, Miss Grey, as I feel worried about my baby. I will sign tyou, Spring Beauty, for sending hospital mite and address.

Her Wee Man.

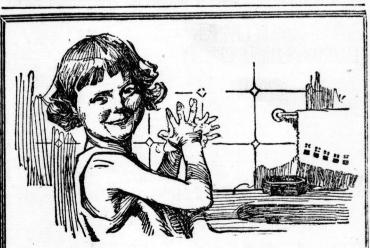
Dear Miss Grey,—Was not the rain a great relief from the heat? I have a pink plant which I thought might be the one Avan wished, so will you for-

Sunmowers.

Dear Miss Grey.—Having seen in the paper where my name and address was wanted, I thought I would write. Say, Cynthia, may I have the S. F. P., also the romper and sunbonnet patterns? I will cut some more off. We have quite a number of sunflowers, and when they get ripe I could sell them to the readers, and it would help out the fund. So if you could tell me some way of putting them into packets I will send them to the Mail-Box to be delivered. Sunflowers look pretty along the backyard fence. Could you please send me the following addresses: Apple Face, Country Lass No. 5, Seven Years' Sadness and Motherless Miss? I, like many others, am very fond of reading, and read about every kind of book I know of. Some people don't like May Christie's books. If they are trash they are interesting and lots of fun-in them. I like "At Cupid's Cail" very well. Could



SunTowers.



He Likes to Wash With Lifebuoy

Its yelvety lather cleans and refreshes every pore in his skin. It makes him feel fit all over. He 'looks" the difference. It is delightful and in-

vigorating to wash with Lifebuoy. The "health" odour in Lifebuoy is not a perfume -not the odour of a medicine-but a pure hygienic odour that tells you instantly why Lifebuoy purifies and protects-why it improves

vour skin. Lifebuoy "smells clean". It is as pure as soap can be made. The velvety smoothness of a wash with Lifebuoy is a delight which is denied to those who use only ordinary soaps.

> Try a cake of Lifebuoy to-day. You can get it at any grocery, drug or department store.

LIFEBUOY HEALTH SOAP

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