CORRESPONDENCE COLUMN. HELPS FOR HOME-KEEPERS. RECIPES AND STYLE NOTES.

# A PAGE FOR WOMEN

BRIGHT ARTICLES DAILY ON WOMEN'S INTERESTS AND ACTIVITIES HERE AND THERE



girls are-one about the streets at night in twos and money, that satisfies their love of life Do they belong to no one? and color and brightness, and that Have they no mothers or fathers, or pleasantly fills up the night, that at any one in authority over them? I home might be dull and dreary and mean girls in their early 'teens, girls wretched. Poor little things! But to In dresses short to their shoe tops, wander about the public streets at tricked out in tawdry fluery, and night, where girls to remarks and finding their chief amusement in by their strolling to remarks and to buy and wear the amazing hats that she were last year, set on a head loadsauntering up and down the streets at familiarities from equally misguided late hours of the night. As one re. young men, is to lose girlish shyness turns from lecture or concert or visit and modesty, to substitute boldness to friends in the concert or visit and modesty. to friends in the cars at night, at any for these. And boldness is so very time between half-past nine and half- ugly and dangerous a characteristic for gress the name of decency, and a skirt past ten o'clock and even later, one a girl to begin her life upon. It is sees these foolish, misguided girls the beginning of hardness and instrolling in front of the big depart- scr. sibility, a sort of death to all the mental shops, aimlessly wandering to finer feelings and instincts. If such and fro, often with unpleasant look- girls have intelligent fathers and mendous. ng young men hovering in their neighmothers, how great is their responsi-borhood. It is a melancholy sight, and bility! And surely some day they the younger the girls the more melan- must render an account of that recholy is the sight. For these do not sporeibility. Yet when one thinks of seem to be at all ill-meaning girls, the parents of a far more enlightened one has only to look at them to see class than these who allow young that the parents of a far more enlightened and the par that they are just foolish youngsters boys and girls to play and run about

One often have not attractive homes, and that wonders who they find in the gaily-lighted streets, all those young and in the temptingly-dressed shop almost windows, an attriction and a fascinasaid little girls tion that they cannot understand -who wander themselves, something costing with a pathetically mistaken idea of the streets at late hours of the night how sorry and sympathetic one is them, can one wonder that those of even to think of it—that these girls a less enlightened class do likewise?

Miss Grey Didn't Even Smile.

a question, but I hope you won't

2. What is the meaning of Dorothy

3. I am sixteen, how tall should

4. What do you think of my writing

A.-1. I do wish most sincerely

Mayourneen, that I could help you,

complaining of this trouble. There is

alas, no perfectly reliable cure save

removal by electric needles, and this is

both expensive, slow and painful. To

less noticeable. The druggists sell

2. Dorothy, the gift of God; Ger-

utive of Mary, meaning unpleas

Nellie, a diminutive of Ellen or Helen

height is five feet, three or four inches

for a girl of your age, with weight

4. Your penmanship is peculiar, bu extremely legible. It looks like th

dent of mine, who lives in England.

Abigail Sends Desired Poem.

Dear Miss Grey: In the woman's

noticed a request made by "Anxious

the "Gipsy's Warning." I have a

in forwarding this poem. I am send-ing it today to "Anxious Inquirer."

Your queries shall be answered in due

Serves 'Em Right.

HEN AND FIVE CHICKS: You

must not write such foolish letters to

this column, if you expect to receive

course in this column.

nandwriting of a personal correspon-

of some 112 or 116 pounds.

3. Well, that is a poser! A very good

meaning Light.

this in 25c bottles. If it is too strong

MAYOURNEEN.

I remain, yours sincerely

Dear Miss Grey: I read your column

# PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brisf as possible, and to write on one side of the paper only. It is imposside to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered

More Queries About Weddings. is inconvenient to get a pair, she had better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, than re-Dear Miss Grey: Will you kindly better wear the tan shoes, the processing the tangent of tell me in your columns the proper main at home. If it is possible, howdress for a lady and gentleman to ever, a pair of pretty black pumps wear to a wedding, which is to take would be nicer and more appropriate. place at 7:30 p.m. The bride wearing They need not cost more than a couple white satin and the groom a dress of dollars.

help you in little matters like this. How long before the ceremony should the guests arrive 3. Who should provide for the carriages for the guests to go to the A speedy reply will greatly oblige, so interesting. I am going to ask you

PERPLEXED. in full semi-evening toilet of silk, the face. I am dark and of course tion. She may think that she is only erepe de chine, voile, etc. If decol- dark hairs show so. I don't wish to one woman, and as such, is powerless. letto gown, no hat is worn, but the be vain, but I wish you could help But she is watched by some other bair should be prettily dressed with me. I hope I am not bothering you, mother: her girl is looked up to by a bandeau or other ornament. If, how-but I did not want to get any cure ever, you prefer to wear say a silk without your advice. dress with lace yoke, high collar and sleeves, then it is correct to wear a Gertrude, May, Irene, Violet, Nellie. hat. In either case long white kid Nellie. gloves are correct. The gentleman guest should wear evening clothes, high silk hat, white vest, white bow tie, white gloves, and patent leather

2. Any time within twenty minutes or half an hour before the ceremony 3. The bride's parents provide carand every other girl who writes me riages for guests.

Going to Schoolmate's Wedding. Dear Miss Grey. This is my first line to your valuable column, so please dab the hairs with peroxide of hydroexcuse all mistakes. I am invited to gen once a day for a while, and then the wedding of one my schoolmates, three times a week, helps to bleach them and thus makes the hair much 1. How long before the ceremony

should the guests have arrived? 2. On entering the church should dilute with a little water. I assure should the lady guests take the arm you I didn't laugh a bit, or even smile 3. Should gray kid gloves and white

trude, spear-maiden; May, a dimintie be worn by the gentlemen? 4. Should the ladies wear hats, and ant; Irene, peace; Violet, modesty would white ones be proper? 5. Now Miss Grey please have patience for one more. Could tan Could tan shoes be worn by my sister, who is

Thanking you in advance. A .- 1. They should arrive in plenty

of time to permit seating of all guests, before the bridal party comes-say from twenty to within five minutes of the ceremony.

3. If a day wedding, gray kid gloves, and gray four-in-hand tie. If an evening ceremony, white bow tie Inquirer" for the piece of poetry called and white gloves are correct. 4. Hats should be worn and they may be white, black or of a color to

the same to you, as it is the first time match the dress. 5. If she has no black ones and i have ever written to you, hoping it will be the required article. A .- Much obliged for your kindness

### The Poets' Corner

THE IDEAL BRIDE. Where is the maiden of mortal strain That may match with the Baron of Triermein? \*\* \* She must be lovely, and constant, and

cheer, and gentle of mood, Courteous and senerous and noble of Lovely as the sun's first ray

Holy and pure, and humble of mind

When it breaks the clouds of an Apri

Constant and true as the widow'd dove Kind as the minstrel that sings of love Pure as the fountain in rocky cave Where never sunbeam kissed the wave Humble as maiden that loves in vain Holy as hermit's vesper strain;

breeze that but whispers and dies, Yet blithe as the light leaves that dance in its sighs; Courteous as monarch the morn he is

Senerous as spring-dews that bless the glad ground; Noble her blood as the currents that

In the veins of the noblest Plantagenet. Such must her form be, her mood and

That shall match with Sir Roland of Triermain. -Scott's "Bridal of Triermain."

#### Tea-Table Talk

Following is a plain-talk article copied from an English magazine, in which the writer discusses the clothing worn by young women and girls of today. I quote it fully, and trust it may carry with it a really telling message amongst readers of this

"What we must not forget is that there is a A Point distinct point of morals of Morals. in the question of how When a girl dresses. young girls as we saw them in larger numbers last summer than ever before, brazenly or innocently, display-

ing in their attire their physical rather than their innocent charms, the fault is not so much with the girls as with the mothers who permit them to buy and wear such clothes. The excuse that mothers cannot control the attire of their daughters is begging the question: a mother is a pretty poor failure when she has to confess such be absolutely indecent, with sleeves so short and neck so low as to transtion of morals involved that is tre-

"There is no sense in our Social being shocked at the social evils that exist and threaten our young girlhood at every turn so long as we directly add to these evils, yes, bring Dress, many of them about by allowing this shamelessness in what amusement is. It may be — and with no restraining eye or hand upon the dress of our daughters. It is well enough to deplore the vicious habits of men, but is this sort of dressing alculated to check them? It is hard to see what the mothers or fathers or guardians of these girls are thinking about to allow this sort of dress to go on. It deliberately courts danger, and then when danger comes, and its deadly result is stamped on the girl for her lifetime, the parents are n tears, or they explode in anger, But They deliberately invited the danger in the ~irl's method of dress. Why be surprised that the method succeeded? Rather let them and us be surprised when a girl escapes dan-

are very signals of danger.
She doesn't know. How could she?
But her mother does, or her father, Call again "Mack' anyt "I can dangerous dress, and that same one plain color, which would harmonize it will be directly responsible if danger the minute the paper comes. It is omes to the girl, and she goes under "Every mother of a young daughter A.—1. The lady should be groomed laugh. Is there any cure for hairs on is a tremendous factor in this ques some other mother's daughter, and so the circle widens from one to many

#### it is impossible to control or recall." The nomal

WHEN AUTUMN COMES.

Blue will lead the fall color scheme. Most wanted shades are navy and

Purple, shading from wistaria to dark, promises well. Ruby red has a strong position now. Russian green is especially wanted in ustred fabrics. Strawberry shades are well received

for trimming purposes.

LIKES STRIKING GOWNS.



The somewhat set figured materials which are called futurists are worn That Are thinking young girl to a great deal abroad for afternoon cos-Danger wear clothes that, when colored, printed chiffon with sleeves, Signals. she goes out into the world collar, belt and underskirt of roya or her brother or sister. Some older is by Roizot, of Paris, will be especially person is responsible for allowing the pretty for a figured cotton voile over

THE BABY AND LIGHT.

One thing which we must learn to appreciate and respect in the baby is his attitude towards light. He is a born cave-man in more ways than one. While the rooms which he occupies should get plenty of sunshine, should never be allowed to shine rectly in his eyes or fell upon his face. and an influence is set in motion that He has neither pigment in his tender skin nor hair on the top of his rink little head to protect him against the light rays. It is little short of cruelty to lay an unfortunate baby on his back troughlike perambulator, 30 deep and well padded that he cannot even squirm; to load him down with clothing or wraps or even actually strap him down so that he can lift neither hand nor foot, and then wheel him about for hours with his little face turned up to the full glare of the light and even the direct rays of the sun. Here is where the foundation of many a case of headaches or irritable nerves or fretfulness—with its accompanying indigestion and sleeplessness—is laid.

FOR THE WOMAN WHO



dressy styles.

Regular \$7.00, for ......\$3.89 Regular \$5.00, for .....\$2.49 FLOWERS-A large quantity of Flowers

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12, 18 and 27 inch Embroideries, Flouncings and Corset Cover Embroideries. Very good designs on a good quality cambric. Some of these are "seconds." The prices  Ginghams

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Hosiery

SAMPLE HOSE-Ladies' Sample Summer Hose of all kinds and colors. All the samples we have left, being worth regular 25c, 35c and 50c pair, are in this lot, at 19¢

# Curtain Materials

Within a few days now everyone will be done housecleaning. Before moving we wish, if possible, to clear out our entire stock of Lace Curtains and Curtain Materials of all kinds. Also our Art Sateens and Cretonnes. This stock is already greatly reduced in size, but there are still many lines left to go. You will save much money by buying your curtains, etc., here. Thursday we will clear out a line comprising several pieces of Bungalow Nets in ecru and arab shades. Very good values at the former price, 20c. Removal Sale price, yard...18¢

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FURNITURE, CARPETS, RUGS,

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NISHINGS is one of the most com-

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you, as we have helped hundreds of

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It acts instantly wherever applied, aving the skin smooth and clear,

Price, \$1, at all leading drug stores.

TO THE



helmet.

AS TOLD BY AUNT GERTIE. CHAPTER VI.

Hialmar was almost afraid to go to sleep Saturday night, because the Dustman had promised him, a night or two before, to tell him a story. So when the queer old man slipped into the darkened room Hialmar fairly jumped in his little

white bed for joy. "I am in a hurry," said the Dustman, ustling around: "Tomorrow will be Sunday, you remember. All the world must be in order, you know. I must oon go to the church tower and see hether the little fairies have taken care of the church bells. They must be very right and silvery-looking. I must polish p the stars so they will shine very rightly tomorrow night, too." "Well, Mr. Dustman, hurry, please, and tell a story first," said little Hialmar, urning over into a more comfortable

"All right, little boy," answered the "I am going to tell you about my brother, the OTHER DUSTMAN, I shall let you see him, too!

"He rides on a great horse. He wears

a velvet cloak with spangles all over He carries a great sword, and sometimes his head is covered with a dark-looking

"Look out of the window, now. can see him riding by. See all those folks in front of him on the horse and all those behind him! "That other Dustman's name is Death, "He comes to see everyone in the world, once, during their lifetime. And after he has come the person he has

visited goes away with him to another world to live forever. "Some people are afraid of him, Some are not a bit afraid. He seems terrible. But as a rule he is gentle. Often he travels very, very fast, so that people don't know where he is taking them to until they have almost reached their

"Listen to me, Hialmar. There is one thing you must remember about that other Dustman. He always asks everyone what sort of a journal they have been keeping while on earth. He means, what kind of a life have they been living. If it has been a good journal, then the other Dustman puts the person, who is going to travel with him, up in front of him. They began to look happy right away and he tells them a beautiful story.

"But if they have kept a bad journal he puts them up behind him on the big horse. He tells them a scary story that makes them sad and lonely!"

Hialmar's eyes were very wide open after he heard this strange tale. was just going to ask the Dustman to tell him what these two stories were which the other Dustman told when he waked up very suddenly and saw him mother leaning over him telling him it was time to get up. He remembered, right away, about the

good journal and the bad journal. he got right up as his mother wished. (The End.)

Daily Menu

BREAKFAST.

Sliced Oranges.

Bacon and Fried Potatoes.

DINNER.

Bread Sauce

Slices of Cold Roast Beef.

Strawberry Shortcake.

Tomato and Lettuce Salad.

Brown Bread. Stewed Pineapple.

Hermits, Tea.

Creamed Asparagus.

Muffins.

#### If your dealer does not carry El-Rado write to us, inclosing \$1, and we will send ou a bottle, securely packed in plain Pilgrim Mfg. Co., 37 E. 28th St., New York LYMAN BROS. & CO., TORONTO, browning them. Then roll fine. the crumbs into a saucepan and for

each cupful allow two cups of milk, a slice of onion, with pepper and salt. Simmer 20 minutes. Put a piece of butter into a small frying-pan and when melted add half a cupful of coarse bread crumbs; stir continually, until they are a nice golden brown, Turn the sauce into a boat, add the browned crumbs and serve. Excellent with meat or fowl. Pineapple and Grapefruit Salad. -

Shred the fresh pineapple after paring and "eyeing," then mix with the same amount of grapefruit, freed from peel, tough white skin and Put together with a mayonnaise dressing to which add the same amount of stiffly whipped cream in which has been lightly mixed a few Serve with saltine minced pimolas. wafers covered with a meringue and chopped nutmeats and then browned in the oven.

BLESS HER DEAR HEART.

Newedd-Did you sew the button on my overcoat, love? Mrs. Newedd-No, darling; I couldn't find the button, so I just sewed up the Bread Sauce. — Dry left-over slices buttonhole.—San Francisco Chronicle.

## TIRED MOTHERS NEED REST

Years ago I discovered it was a spir- | and it wisely changed its method. itual as well as a physical necessity to have intervals of rest throughout the day-rest even from the companionship work. Your children will catch of those I loved the most dearly, says happy mood pust as before Olive Hurd Bragdon in Mother's Mag- caught your weary fretfulness." azine. My body so often became overtired from pressure of work that falls religion to lie down on my back in a to the lot of every mother; my nerves quiet room when I began to feel tired sympathized as every good neighbor should, and my spirits ran at low ebb. But that ambitious brain — not all all outward things. It is a wonderful all outward things. ways as wise a neighbor as my tonic! It never fails to give me a new nerves—said: "Go on! Go on! There spiritual uplift. My loved ones seem are a dozen other things to be done yet!" and I obeyed my poor foolish broin until my whole body and nerves became slaves to an imperious master.

At left they revealed They are a spiritual apint. My level ones seem more lovely to me, my home more attractive, and I am always glad of life, and the blessed privilege of work. Until I began this practice I had never At last they revolted. They made my brain understand that its servants itual and our physical bodies are, or were not doing as good work, nor as that tired-out muscles and nerves are much, under the whiplash of injustice por reighbors for the spirit.

"Rest every little while," is now said,
"You will work with new zeal. You will do more and you will love your Since then I made it a part of my

#### "WHEN WE WALK RIGHT AND CARRY OUR HEADS HIGH, IT IS A SURE SIGN THAT WE ARE DOING OUR SHARE OF THE WORLD'S WORK," DECLARES BILLIE BURKE.

[By Billie Burke.]

A friend of mine who knows my theory in regard to the relation of the physical to the mental and spiritual man sent me recently an article of Dr. Evans' where he said: "Man holds himself upright as the result of the call to higher things. His instinct would make him slouch and slump. The spirit in him calls on him to toe, to stand straight and square, to hold his head up and his chin in and to look straight to the page in The Advertiser of June 14, front. The animal in him, the great instinct that has come down in his germ plasm through the ages, bids him to slouch. When the best of him is dominating, piece of music with that name, and he stands four square. When he is worn by sickness take great pleasure in forwarding or by age he stoops."

Darwin says: "He who gives way to violent gestures will increase his rage. He who does not control signs of fear will experience fear in a greater degree, and he who remains passive when overwhelmed with grief loses his best chance of recovering elasticity of mind." Mere physical exertion has great influence

When we walk right and carry our heads high it is a sure sign that we are doing our share of the world's work that we are developing mentally.

I would never ask help of anyone who slouches. When strength, vitality, elasticity are gone, the gait is a shambling amble. The enfeebled person drags,

slops along. When a woman will understand that the upright carriage and posture have been the greatest developer of the human race, she will give the present fashion of stooping the go-by. She will begin to throw her shoulders back and her abdomen in, walk with her head up and be mental instead of vascular.

"The upright posture has made it possible for the human race to develop a thumb and a prehensible hand; to develop arms that work better when working singly; to develop a flat chest; to develop resistance to wind and storm; to facteria; to artificial conditions of living, unapproached by any other animal; to develop a brain that puts man in a class by himself," says Dr. Evans.

LEADER ME TOTAL





an answer in future. Remember the column is for a surpose - that of giving real help and advice as far as its editor is able. When you really desire anything,

call again-otherwise, don't waste the postage and notepaper. Brown will be in good request, with

snuff, golden brown, mahogany and seal the shades most ordered.

# Daily Healthogram

Are there foul-smelling dumps around your city or on the outskirts of it? Notify the health department. These dumps breed flies and disease. They are dangerous. Around such dumps two death rates are very often high: summer complaint and typhoid.