A MAINSTAY FOR ALL MEN

All Breadwinners Who Find Health functions in the daily life of the Declining Should Take Dr. Williams' Pink Pils.

Thousands of men throughout Canada are suffering to-day from a deplorable failure of strength without knowing that they are the victims of nervous exhaustion. The signs are plain. The sufferer cannot keep his mind on work, passes restless nights, turns against food and cannot digest it, feels exhausted after exertion, while headaches and fits of dizziness often adds to his misery. These symptoms denote that the nervous system is weakened and insufficiently nourished. Dr. Williams' Pink Pills will promptly oure because they enrich the impure weak blood and thus give new strength and tone to the exhausted nerves. No other medicine can do this so promptly and so surely.

co, N. S., says :- "For a number of years I was troubled with violent a daily ration may be served at any from a chair without putting his axes, lances, pistols, and buttons. headaches. When these spells came time.

on the pain was so severe that I feared I would lose my senses. At the outset these headaches would it war, and while its re-establishing the outset these headaches would it war, and while its re-establishing the country had been urged prompted a daily ration may be served at all time.

Grog was served in the American the could not button his clothes. He was troubled with Lumbago, and the word "Voyage."

Gravel and Backache, and tried the word "Voyage."

Prussian pistols, one having royallem been urged prompted a daily ration may be served at all time.

Grog was served in the American the could not button his clothes. He was troubled with Lumbago, and the word "Voyage."

Prussian pistols, one having royallem been urged prompted a daily ration may be served at all time. come on about once a week. I doc-tored for the trouble and did ev-erything possible to get relief, but mended that the canteen be al-luck turned him to Dodd's Kidney Coins, spurs, skulls, and medals. without avail, and as time went on lowed to sell non-spirituous liqu- Pills. the attacks grew both in frequency ors in moderate quantities. This Dodd's Kidney Pills started at the founding the museum and the hoand severity. The pain was terrible would tend to promote temperance cause of his troubles and cured his tel, wrote an account of the battle and with each attack seemed to rather than otherwise, as sailors Kidneys. With cured Kidneys his and a guide to the ground. He also grow worse. The only relief I could who use stimulants and are con- other troubles speedily disappear- conducted many royal and other get was from a hot mustard foot strained to total abstinence for a ed, and to-day he is a well man. distinguished visitors over the batbath, and the application of hot long time are more than likely to If you cure your Kidneys with tlefield. water and ammonia to my head; I indulge immoderately as soon as Dodd's Kidney Pills you will never would then have to be led to bed they set foot on shore. Whatever have Lumbago, Rheumatism, Heart tack passed away. At this time Dr. and con, however, grog time is cer- ease. to my notice, and while I scarcely tion in the daily routine of a Brithoped they would cure me, I decid- ish warship and one that a straned to try them. After taking a few ger will keenly enjoy upon first boxes I found that the attacks were sight. not so severe, and I joyfully continued taking the Pills until I had used ten boxes when every symptom of the trouble had passed away, The somewhat elderly but still we won't have to be forever huntand I was in better health than I handsome and well-preserved ing it up when he cries." had ever enjoyed before. It is sev- bachelor had long been an admirer eral years since my cure was ef- of the young lady, but never had fected, and as I have not had a dared to tell her so. headache since I feel that the cure At last, however, he mustered is permanent. This is a plain state- courage to say: tell what my sufferings really were to years younger.' and I believe that but for Dr. Wil- "Why so?" she asked. liams' Pink Pills I would have been "Because then I should be bold He proposes to prove this fact in my grave, for I could not have enough perhaps to ask you to mar- by sending to any person having and Mrs. Hughes suffers no longer. It only Pills. They are specially com-

Dr. Williams' Pink Pills are sold her head. by all medicine dealers or may be "I should have to tell you no, plc who have trouble with their dured great pain from bleeding piles. For as had by mail at 50 cents a box or six Mr. Baxter," she said. "If you ears to immediately address Dr. many months I tried everything which boxes for \$2.50 from the Dr. Wil- were twenty years younger you Edward Gardener, Suite 914, No. liams' Medicine Co., Brockville, would be a great deal too young 40 West Thirty-third street, New

YES.

Little Fred-"Are you a lawyer like papa?' Dr. Smith-"Oh, no; I'm a phy-

sician." before they die."

ated to enforce that sentence.

Wilson's Fly Pads, the best of Co., Brockville, Ont. all fly killers, kill both the flies and the disease germs.

"Humble as I am," said a loudvoiced orator at a meeting, "I still "and a vulgar one at that."

Hard and soft corns cannot withstand Holloway's Corn Cure; it is effectual every time. Get a bottle at once and be happy.

CAN THIS BE TRUE.

"After all," queried the maiden fair, "what is marriage?" "Marriage," replied the young matron, "is the process by which a woman deprives herself of an escort."



GROG TIME.

Function in the Daily Routine on British Men-of-war.

The presence in these waters of attention to one of the important British bluejacket, namely, grog time, says the Shipping Illustrated rum and water and is served daily to the bluejackets on all British warships. Dutchmen and Germans have their beer, Frenchmen and

be deprived of grog is one of the siding near here. is keenly felt by the culprit.

in spirituous beverages are allow- itself. ed a small amount of money in lieu But it kept gradually growing The following were among the re-Mr. W. H. Hipson, East Pubni-

where I had to remain until the at- arguments may be advanced pro Disease, Dropsy or Bright's Dis-Williams' Pink Pills were brought tainly the most picturesque func-

YOUTH PLUS EXPERIENCE

for me. while later the young lady, too.

THE WISE MOTHER DOCTORS BABY WISELY

Little Fred-"Then you are the Now-a-days wise mothers do not man who goes to see sick people dose their children with nauseous, griping castor-oil or pugatives, nor It is an Officer of the Law of in the form of soothing medicines. get beyond approximate figures; Health.-When called in to attend Baby's Own Tablets take the place hence a calculation of the streng a disturbance it searches out the of these harsh and dangerous drugs, of the Japanese army just produc hiding-place of pain, and like a and the mother has the guarantee ed must be received on that basis, guardian of the peace, lays hands of a government analyst that the but without any suspicion that it upon it and says, "I arrest you." Tablets are absolutely safe, and wanders far from the truth. In-Resistance is useless, as the law of will cure all stomach and bowel deed, the authority responsible for health imposes a sentence of per- troubles, destroy worms, break up the statistics vouches that the acpetual banishment on pain, and Dr. colds and make teething easy. Mrs. tual numbers are in excess of those Thomas' Eclectric Oil was origin- Thos. Craft, Binscarth, Man., says: given. Taking the figures as they A middle-aged woman once told bles, and do not know of any other or, in other words, serving with that her husband had never medicine that can equal them. the colors, in Japan, is: spoken a cross word to her. Later They are always satisfactory in Infantry 129,960 we discovered that she'd never had their results." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine

Mrs. Gabbsby-"My! I was at the dentist's this afternoon, and he made me keep my mouth open a whole hour. It nearly killed me. remember that I am a fraction of Mrs. Stillwater—"Yes, but it might this magnificent empire." "You have been worse. If he had made are, indeed," said a bystander, you keep your mouth shut for half that time it would have killed you double what it was when the Russowithout a doubt."

One trial of Mother Graves' exclsive of 10,000 troops serving in Worm Exterminator will convince Formosa; 15,000 officers and nonworm Exterminator will convince rormosa, 15,000 officers and the you that it has no equal as a worm commissioned officers serving with listactory substitutes. Wilson's Fly Consumptive Syrup at the first inmedicine. Buy a bottle and see if the colors, and a very large num- Pads kill many times more house timation of irritation in the threst it does not please you.

Kindly mention the name of this on the reserves. paper in writing to advertisers.

STRING TO THE KITE. He-"Will you marry me?" She-"Yes I'll marry you to-

morrow." He-"This is-er-rather sudden." She-"Oh not necessarily. Tomorrow never comes, you know.'

DRAWING THE LINE.

"In making campaign speeches, said the ordinary citizen, "I suppose you never promise more than you can do?"

"Oh, I don't carry it quite that far," replied the politician, "but I never promise more than I can make the people believe I can do."

WHAT NEGLECT

DID FOR HIM

four British armored vessels calls JAS. E. BRANT SUFFERED TOR-MENTS FROM KIDNEY DISEASES.

perience a Lesson for You.

erally a very elaborate affair, em- cure for it in all stages is Dodd's contains more than 3,000 objects. bellished with mottoes, "God Save Kidney Pills, is the experience of The Hotel du Musee, which ad-

punishments meted out for serious Mr. Brant contracted Kidney Dis. nationalities to the battlefield, is breaches of discipline and one that ease, when a young man, from a well equipped, and has stabling for strain, and, like hosts of others, forty horses. All the furniture and Bluejackets who do not indulge reglected it, expecting it to go away fittings and 10,000 bottles of one

of grog, but abstaining from grog worse, till after thirty years of in- lies:a large quantity with intemperate and he found himself so crippled picked up on the battlefield.

NOT LOST AGAIN.

Mamma-"Oh John! John! What shall we do? Baby has swallowed its rattle!"

Papa-"Do; Nothing; now he'll of reasons for this, but one of the best is that have it with him all the time, and

GOOD NEWS FOR THE DEAF.

has been selected to demonstrate to throbbing, the aching, the overpow ring feelment of my case, but no words can "Miss Jessie, I wish I were twen- deaf people that deafness is a dis- ings of duluess and dark despair which this ease and can be rapidly and easily ailment brings, the shooting spasms of agony cured in your own home.

trouble with their ears a trial tors did not do me any good." - With a charming smile she shook treatment of this new method ab- and in the end complete cure resulted. solutely free. We advise all peo-York City, and we wish to assure He took the hint-and a little them that they will receive by return mail, absolutely free, a "Trial Treatment."

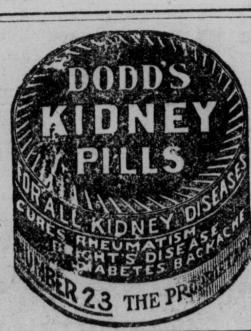
JAPAN'S GREAT ARMY.

Doubled in Strength Since Outbreak of Russian War.

In calculating the size of a nado they give them poisonous opiates tional army, it is hardly possible to "I have used Baby's Own Tablets are presented, it would appear the for constipation and teething trou- number of men actually under arms

	Cavalry	14,500
ē	Artillery	11,270
	Engineers	
	Commissariat	9,240
	Heavy Artillery	5,600
ı	Mountain Artillery	1,620
	Communications Troops	2,000
	Total	184,590

This is the military strength on a peace footing, being more than Japanese War broke out. On a war the bright law student. footing the army is put at 1,214,000, ber of officers and non-commission- flies than any other known article. and prevent disease from lodging ed officers whose names are borne



ISSUE NO. 4# 09.

SELL WATERLOO RELICS.

Museum on Great Battle Field Changes Hands.

The Waterloo Museum of Relics, with the Museum Hotel, situated at the foot of the Lion mound on the famous battlefield, was offered for sale by auction in Brussels rec-

ently. of New York. Grog is composed of Then He Used Dodd's Kidney Pills The collection of battle relics and Became a Well Man-His Ex. which formed the nucleus of the present extensive museum was made by Sergeant-Major Cotton, Athabasca Landing, Alta., Oct. who, on the glorious 18th of June, Italians their wine, but the Brit- 25 (Special).—That Kidney Disease 1815, fought bravely in the ranks of ish "handyman" gets grog, the neglected in its earlier stages, leads the 7th Hussars. Since then many same as his forefather in the days of Nelson. The grog barrel is gendeath itself, and that the one sure made to the museum, which now

the King" being most in favor. To Mr. James E. Brant, a farmer re- joins the museum and is made the headquarters of pilgrims and of all twines will be included in the sale.

for several days in order to draw creasing suffering the climax came. Cannon balls of various sizes motives is made impossible by the that at times he could not turn in Pieces of wood, pierced by bulregulation that grog must be bed, and for two weeks at a time lets, from the farm of Hougomont. drawn daily and that no more than it was impossible for him to rise Swords, pikes, carbines, muskets,

Sergeant-Major Cotton, besides

WHY SUFFER FROM PILES?

Nature's Remedy is Zam-Buk.

Impressive Cures of Women Sufferers,

Wherever there is suffering from piles, Zam-Buk should be applied! There are lots in practically all cases of piles where the use of Zam-Buk is persevered with, complete cure -not merely relief -is the result.

Street, Hochelaga, Montreal, says :- "I suff red from blind, itching, and protending piles for years. Sometimes they were so bad that I could hardly bear to move about. The A celebrated New York Aurist inflummation, the burning smarting pain, the -all were so terrible that only sufferers from this awful ailment can understand!"

Bad as this case was, Zam-Buk triumohed, needed a little perseverance with Zam-Buk, Mrs. E. Boxall. of Scott Street, St. Thomas, says :- ' For months without cessation I enthought would give me ease, but in the end, dispi ited and still suffering, I gave in.

Then it was she heard of Zain-Buk, and she adds: - "Although I feared Zam-Buk would be like the ordinary remedies-useless band furnishes the dough." -I am glad it was not. It soon proved itself to be very different. It rapidly gave me relief, and after a time cured me completely. would like to let all sufferers from piles know what a grand thing Zam-Buk is."

Mr. F. Astridge, 3, St. Paul Street, St. Catherine's, says: - "For five years I suffered was so bad I could have screamed aloud, On a friend's advice I tried a box of Zam-Buk. with the treatment until I was cured. I wish I could couvince every sufferer from piles of the value of this great herbal balm"

and it is by working such cures that Z.m.-Buk has earned for itself its great reputation. Now if you suffer from this terribly painful ailment just be guided by the foregoing cases! and thoroughly soak a wad, made of clean is still m re simple. Do it upon reciting.

Next morning you will be well satisfied! Zam-Buk is a cure also for cold-sores, and chaoped cracked hands, ulcers, festering sor s, blood-poisoning, eczema, bad leg, ringorin, scalp sores, burns, scalus, and all skin diseas s and injuries.

Ail druggists and steres sell Zam-Buk at for \$1.25. You're warned, however, against cheap and dangerous imitations sometimes

JUST SO.

"what is the tenth?"

Don't experiment with unsat-

rying a feather bed."

liver act upon the blood and a I don't know anything about this telligent use of this standard medi- things about him. One is that he ciate this prime quality of these other is, I can't see why he hasn't. pills, can use them with the certainty that the effect be most gra-

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ent prices from 4 to 5 Per Cent.

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"I say, waiter," said a guest in pay weekly, Exclusive territory.

grown hash slinger, "but we have being fried."

Mrs. Win. Hughes, of 253, Hochelaga man who works with his brains is more liable to derangement of the digestive system than the man who works with his hands, because the one calls upon his nervous energy while the other applies only his muscular strength. Brain fag begets irregularities of the stomach and liver, and the best remedy that can be used is Parmelee's Vegetable pounded for such cases and all those who use them can certify to their superior power.

AN IMPORTANT ITEM.

"Every wife ought to know how to make good bread." "How can she unless the hus-

The microscope in the hands of experts employed by the United States Government has revealed the fact that a house fly someuntold agony from piles. At times the pain times carries thousands of disease germs attached to its hairy body. It gave me considerable ease, and I persevered The continuous use of Wilson's Fly Pads will prevent all danger of infection from that source by So one could go on quoting case after case, killing both the germs and the

Lawyer-"You say you were sit-For internal piles malt a little Zam-Buk ting in a room, could not see the road, heard nothing, and yet swear, the piles are external, ap lication of Zam-Buk sir, that a motor passed at seven o'clock." Witness-"Certainly; I smelt it."

Mrs. Robert E. Peary, more than nine years ago, favorably commented on Murine Eye Remedy after its application in her Family for Eye Troubles resulting from Measles and Scarlet Fever, and later re-commended to the famous Explorer, the All druggists and steres sen Zam-Buk Co., Toronto, for price; 3 boxes Winds and Dust cause Red, Week, Watery Eves. Murine Eye Remedy affords Reliable Relief. Write Murine Eye Remedy Co., Chicago., for Illustrated Eye Books. Murine, 50c., by Mail from All Druggists.

"Darling," said Edwin, "your eves are like diamonds, your teeth "If possession be nine points of like pearls, your line resemble the the law," queried the professor, most glorious rubies, and your hair-" "Edwin," said Angelina "Hanging on to the nine with the sternly, "remember that you work tenacity of a bulldog," answered in a jewellery warehouse, and that it's disgusting to talk shop.'

Do not let a cold settle on your lungs. Resort to Bickle's Antithe pulmonary organs. Neglected Tom-"I wish that I had Joe's colds are the cause of untold sufgood luck." Dick-"So he's gener- fering throughout the country, all ally lucky?" Tom-"Lucky! If he of which could have been preventwalked out of the window in his ed by the application of this simple sleep at dead of night there would but powerful medicine. The price, be another man going below car- 25 cents, brings it within the reach of all.

The Beauty of a Clear Skin .- The | Mark Twain says the only introcondition of the liver regulates the duction to a literary audience that condition of the blood. A disorder- seemed to him the right word in ed liver causes impurities in the the right place, a real inspiration, blood and these show themselves in was as follows:-"Ladies and genblemishes on the skin. Parmelee's tlemen, I shall not waste any un-Vegetable Pills in acting upon the necessary time in the introduction. clear, healthy skin will follow in- man. At least, I only know two cine. Ladies, who will fully appre- has never been in prison, and the

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other fine metals like magic. No powder or other aid required, the prepared cloth does all in a quick, clean, handy way. Price 25 cents. Send thinking of taking a course this address for trial sample. Canada Silvercloth Co.,

Sanders' Dress Cuffing School Comic Recitation Book-Best collection published in English languages Ten cents. Arthur Rice, Granby, Que.

STECKS.

7110 INVESTORS-Your orders to buy or sell Cobalt or other Stocks will re-ceive my personal attention. Cobalt and change. S. M. Mathews, Broker, 43 Scott

ACENTS WANTED.

EN AND WOMEN-DON'T BE IDLE-Show samples of our reliable medi-Show samples of our reliable medicines, superb toilet preparations, pure baking powder, and flavoring extracts to your neighbors and forward their orders to us. You can easily make form ten to twenty-five dollars a week and have permanent position. Goods sell on sight and repeat orders come fast. Book "How to Succeed" and particulars sent free. The Home Supply Co., Dept 50, Merrill Euilding, Toronto.

WE WANT NOW IN EVERY UPRE-PRESENTED district a reliable agent to sell Pelham's Peerless fruit and ornamental trees. Consider this. Good a Boston restaurant, "have you good condition and all the advantages of any fried oysters?"

"No, sir," replied the home
"No, sir," replied the homeguaranteed up to grade and delivered in

being fried."

A Pill for Brain Workers.—The nan who works with his hards

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WASTE PAPER OF ALL GRADES. Also Rags. Iron, Metals, Rubbers, Etc. E. BULLAN. Adelalie and Mind Sta.

Phone for particulars. Main 4693. vages of Consumption

ALL HER RELATIVES HAD DIED OF CONSUMPTION he year 1890, 18 years sgo, Mrs. G. o. Delle Is e, N.S., was in a sud All her relatives had died of on, and there was every inc. cation that she was going the same way.

Atthis point her husband suggested to try Psychine. The doctor who attended said Psychine was worthless; but it effe ted a wonderful cure. Eighteen years after in a letter bearing date August 14, 1908, Mrs. Gesner says, "I am better than I have been for years. My lungs have not troubled me since I took your treatment. My physician told me I could not take a better tonic than PSTCHINE, and I recommend it to all who are suffering from Lung Trouble and Gen-

