

Recipes.

DOUGHNUTS.

One egg, one cup of sugar, one cup of milk, a lump of lard the size of an egg, two teaspoonfuls of baking powder, a little salt and cinnamon; flour to roll, and fry in boiling lard.

CORN-BREAD.

Two cups cornmeal, one cup flour, one cup each of sour and sweet milk, a teaspoonful each of salt and soda, one egg, one-half cup sugar, one-half cup molasses, and a tablespoonful of butter. Mix quickly and bake.

CREAM-PUFFS.

One cup water, one-half cup butter; boil together; when boiling, stir in one cup of flour. When almost cold, stir in three unbeaten eggs, drop on buttered tins, and bake twenty-five minutes. Partly open when cooked, and fill with flavored whipped-cream or a rich custard.

DELICATE PUDDING.

One cup of sugar, one cup milk, one egg, one cup raisins, butter the size of an egg, two teaspoonfuls baking powder; flour to make a stiff batter. Steam one hour.

SUET PUDDING.

One large cup of bread crumbs, one cup sugar, one small cup suet, one cup sweet milk, two eggs, one teaspoonful cinnamon and cloves, one cup raisins, one and one-half teaspoonfuls baking powder. Steam three hours.

FIG PUDDING.

One-quarter pound of cooking-figs, two cups bread crumbs, one cup brown sugar, one and one-half cups suet, two eggs, one dessert-spoonful molasses, two dessert-spoonfuls flour, and a little nutmeg. Steam for three hours, and eat with sweet sauce.

SAUCE.

Put one cupful of sugar and a small lump of butter in a saucepan, let brown, pour two-thirds of a cup of boiling water in, thicken with a little cornstarch, and flavor to taste.

Influenza.

Influenza is a complaint that in the great majority of cases takes itself off through the pores of the skin and liquid excretions of the body. So long as the skin is dry and the temperature is high, active mischief is at work, but relief comes with perspiration. One or two teaspoonfuls of sweet spirits of nitre in a wineglassful of water the last thing at night aids nature very much in producing this desirable effect. A hot bath, with soda or ammonia in it, provided the patient can get straight into bed afterwards, or a hot foot-bath in the initial stage of the illness, does much towards relieving pains in the limbs; but it is not desirable when the bath is taken on the first-floor and the bed-room is situated on the fourth, as the risk of chill is too great. Influenza often attacks the chest, and much mitigation attends a good nightly rubbing with ordinary salad-oil, glycerine, or that horsey but effectual compound known as Elliman's Embrocation. A cup of plain gruel or corn-flour acts at once as nourishment and a sort of inside hot poultice. The peculiar and long-lasting cough is much mitigated by half-wineglassfuls of horehound tea, sweetened with honey. The dryness of the mouth yields to sips of lemonade made by squeezing the juice of a lemon into a large glass and pouring boiling water over it. A spoonful of black-currant jam and a lump of sugar may be substituted for the lemon-juice, and thin barley-water flavored with lemon is supporting as well as pleasant. As a general axiom, it may be taken that eggs, meat-essences, milk-foods and soup are far more recuperative in most cases of recovery from influenza than meat and wine; but these hints are chiefly suitable for those who treat influenza without a doctor. When a medical man is called in, his advice as to all these things must be carefully followed.

STOCK GOSSIP.

Mr. Jas. S. Smith says: "The Shorthorns we intend offering for sale on 28th February will be in nice condition by time of sale, and will include some of our very best individuals and of richest breeding. We will offer a large percentage from our deepest milking families. The dams of one-half the young things are now giving 50 lbs. of milk or over per day. Our best milkers brought us bull calves last year and heifer calves in 1893. We will offer both years' calves. The Springhurst lot will have winners at Toronto and London, and other large shows included, and will be in grand shape to go on to show next fall again."

DORSET HORN BREEDERS.

The National Dorset-Horn Sheep Breeders' Association met on January 9th, in New York City. Secretary Cooper reported 36 new members during the year, making the total 117, scattered over 27 States, Canada and England, and representing about 5,000 head of recorded Dorset-Horn sheep. The officers elected for the ensuing year are: President, T. P. Cooper, Coopersburg, Pa.; Vice Presidents, Jno. A. McGillivray, Uxbridge, Ont.; J. A. Cochran, Hillhurst, P. Q.; J. L. Henderson, Washington, Pa.; Secretary and Treasurer, M. A. Cooper, Washington, Pa. The next annual meeting will be held at Buffalo, January 15th, 1896.

Names for Babies.

A Hindoo baby is named when it is twelve days old, and usually by the mother. Sometimes the father wishes for another name than that selected by the mother; in that case two lamps are placed over the two names, and the name over which the lamp burns the brightest is the one given to the child. In the Egyptian family, the parents choose a name for their baby by lighting three wax candles; to each of these they give a name, one of the three always belonging to some dignified personage. The candle that burns the longest bestows the name upon the baby. The Mohammedans sometimes write desirable names on five slips of paper, and these they place in the Koran. The name upon the first slip drawn out is given to the child. The Chinese care so little for their girl babies that they do not give them a baby-name, but just call them Number One, Number Two, Number Three, according to their birth. Boys are thought so much more of in China than girls are, that if one asks a Chinese father, who has both a boy and a girl, how many children he has, he will always reply, "Only one child."

The Australian Cockatoo's Lament.

"Shiver! shiver! shiver! shiver!
I can feel my topknot quiver.
Icy snow is all I see;
Whatever will become of me?"

"Here in this country, dark and cold,
In to captivity I am sold.
Up and down my perch I walk;
I have not even heart to talk."

"Across the seas, far, far from home,
I little thought that I should roam.
Ah! woe is me; I've lost my mate;
Alack! alas! What luckless fate!"

"No more those sunny skies I'll see,
No more my friends come calling me.
Now they've left me in the lurch,
Chained to a most ungainly perch!"

"I almost wish that I could die!
They clipped my wings - I cannot fly.
Farewell for aye, my mother sweet,
No more on earth your child you'll greet."

—Madame Roth.

Ostrich and Parrot.

A contemporary gives the following exercises in English composition of two deserving school-children:—"The ostrich is a large and beautiful bird. People ride on them when they are going a long way and once I saw a picture of a boy on a ostriches back they have very large wings. The Prince of Wales has got a ostriches feathers in his hat. The ostrich is a large bird and the humming bird is as well but the ostrich is the largest of them. The ostrich is found in Manchester and they live on sand and make their nests on it and lay their eggs on it." "A parrot is a bird that reads a thing through and never thinks about it, and it is a very nice bird, and some of us do as well as parrots. I think we all ought to learn because that is what we are sent to school for. And when we read a thing we should not half read it over, like a parrot, when a parrot reads it over they don't think of what they are reading. But we should think about a word before we read another, and not do like a parrot does at all. There is a great many who act like a parrot in some schools round this country."

It is possible that the following story may have been heard before; it is too good, however, to omit now we have touched on the subject of pretenders and claimants. A young man presented himself at the Mansion House, and on being asked what his business was, replied, "Why, I had nothing to do, and so I was recommended to apply to the new Lord Mayor to appoint me to the office of Lord Mayor's Fool." "My friend," said the chief Magistrate, "no doubt you were well advised; but the office is not vacant at present." The young man looked sad. "I was afraid so," he said slowly, "because some others told me that Your Lordship meant to perform the duties of Fool yourself." After much laughter, some money was given to the candidate for the Foolship, and he was ordered not to apply again for twelve months to come.

THE SOCIAL CORNER.

Under this heading, communications relating to the home or any subject of interest will be published and questions answered.

MINNIE MAY.

DEAR MINNIE MAY,—I see a cure for a sprain, in the December number. Here is a better one: Take equal parts of salt butter and spirits of turpentine and simmer together on the stove, in an earthen bowl; apply when cool enough; also wet a woollen bandage with the mixture and wind the joint with this and it will soon be well. It is also good for a bruise or kick. Just try it and be convinced.

W. BROWNLEE, Hemmingford, Que.

DEAR MINNIE MAY,—As this is the season when children suffer much from croup and similar diseases, I thought it might not be amiss to give my remedy for the first mentioned and very often fatal disease. On first symptoms give a half tablespoonful of glycerine, or if that be not on hand, hog's lard as hot as can be swallowed does very well. Should this not check it, give powdered alum and honey until free vomiting is secured, repeating in an hour or so if necessary. In almost all cases of colds hot lard or tallow and turpentine rubbed on the chest will be found very beneficial.

A BUSY MOTHER.

DEAR MINNIE MAY,—I like the title chosen for your new department and hope all the ADVOCATE'S lady readers will take advantage of the opportunity it affords to assist one another in all possible ways. Sociability seems to be becoming an extinct virtue in many parts of the country—every one has so much to do. But surely no one is too busy to write a few cheery or helpful words to their co-workers once or twice a year, and if each one does so, what a pleasant column we shall have! Although I have been "Uncle Tom's girl" for so long, I am also a housekeeper, and, as such, claim a seat in your cosy corner. Being comparatively inexperienced, I hope to benefit by the experience of older housekeepers, and at present would be pleased if some one would tell me where I can get a reliable polish for cleaning a piano. I have a recipe for polish for fine furniture, but am afraid to venture using it on the piano.

ADA ARMAND.

DEAR MINNIE MAY,—I have long wished for just such a corner as this in the ADVOCATE, and now that we have it, I hope each of the cousins will do her share to make it interesting and successful. Acting on my own advice, I venture to proffer a few hints that have helped me and may be new to some of your readers.

Steel knives and forks and other articles that have become rusty may be cleaned by rubbing with sweet oil, let stand a day and then rubbing thoroughly with finely-powdered unslaked lime. Baking-powder tins with holes punched in the bottom to allow the escape of air, make an excellent substitute for a mincing knife for vegetables and apples; they may also be used as a cake-cutter. The tops of old fine boots make the best iron-holders. A few drops of coal oil in any kind of starch keeps it from adhering to the iron. Copper and tin kettles, rubbed hard with paper, remain bright much longer than if a dishcloth is used to clean them. Common dome stove-lead, dissolved in alum-water and applied to a cold stove, gives the most brilliant and lasting polish; it is more labor to use than many other polishes, but more satisfactory in the end. Fearing that I am taking up too much space, I will conclude by asking other housekeepers to give their experience.

MARY DEAN.

[Letters like the above, containing helpful pointers, are always welcome in The Social Corner, and will be very useful to our readers. —M. M.]

In cases of chronic bronchitis, with difficult breathing and scanty expectoration, the use of banana-juice has been highly praised. The juice is prepared by cutting up the bananas in small pieces and putting them, with plenty of sugar, into a closed glass jar. The latter is then placed in cold water, which is gradually made to boil. When the boiling-point is reached, the process is complete. Of the syrup so made, a teaspoonful every hour is the proper dose.

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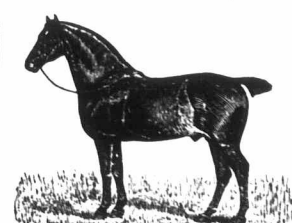
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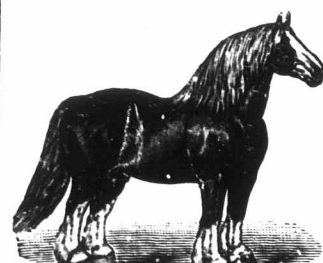
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