

THE DOMINION PRESBYTERIAN.

HEALTH AND HOME HINTS.

Before attempting to seed raisins cover them with hot water and let them stand fifteen minutes. The seeds can then be removed easily without the least particle of waste.

When using the stale bread for puddings always soak it in a cold liquid. Bread that has been soaked in cold milk or water is light, and crumby, whereas that soaked in hot liquids is heavy.

To prepare an egg for an invalid or one suffering from indigestion, beat it very lightly, season it to taste, and then steam it till thoroughly hot. This will not take more than two minutes, and the most delicate stomach will be able to digest it.

To get rid of mice, smoke the mouse trap before placing it, for the mice are much more apt to enter it when this precaution is taken. After the cheese is securely fastened on to the hook, hold the trap over an open gas jet or lamp, until the cheese is well toasted; in this way the odour of the cheese permeates the wood, and attracts the mice, and the smoked trap proves very enticing.

In case of whooping-cough a milk diet is necessary. Two or three pints may be taken daily, but not very much at a time should be given. Vomiting is very frequently a serious complication in this disease; but however unwilling a child may be to take food, he must be made to do so in order to keep up his strength. If the vomiting be very severe, solids are better than food in liquid form.

Mince-meat Without Meat.—Five pounds of chopped apples, one and a half pounds chopped sweet, one and a half pounds of currants, washed, dried and picked over; one and one-half pounds seeded raisins, three pounds brown sugar, one pound citron cut thin; the grated rind, juice and pulp of one orange; the grated rind and juice of two lemons, one half ounce cinnamon; one-half ounce of cloves, allspice and mace, mixed; one ounce salt; two nutmegs grated. Chop all the fruits and nut thoroughly, mix well with sugar, salt and spice.

Maderia Cake.—Two eggs, a teaspoonful of baking powder, two and one-half ounces of castor sugar, two and one-half ounces of butter, four ounces of flour, a little grated lemon rind. Cream butter and sugar together, add grated lemon rind, beat the eggs thoroughly, add by degrees sifted flour; also baking powder. Bake in a moderate oven forty minutes.

Orange Wine.—To every gallon of water add ten oranges and three and a half pounds of sugar. Pare half the oranges, and cut up small with the rind on, but remove most of the pips. Then pour the cold water on, keeping it stirred every day for about ten days; then strain the liquor on to the sugar, and when dissolved put into the barrel.

Graham Date Pudding.—Stone a cupful of dates an dadd then to a pint of hot water, two tablespoonfuls of sugar and a pinch of salt. Set on the fire in a saucepan, and mix in graham flour to make a moderately thick porridge. (Farina or cream of wheat may be cooked with dates in the same way.) When thoroughly cooked, set away and serve as cold as possible with whipped cream. Both these puddings have been much liked by people who "never eat graham."

Snowflake Pudding; Coconut.—Make a custard of a quart of rich milk, the yolks of three eggs, half a cupful of sugar, and three tablespoonfuls of cornstarch. Put a part of the milk over in a double boiler, and wet the cornstarch with a little of the remainder, stirring it in smoothly until it thickens; add a pinch of salt. Mix the beaten yolks of the eggs with half a cupful of desiccated coconut, or a little more if used fresh, the dry coconut soaked in milk to cover. Stir into the milk, and, when scalded, pour into a baking dish. Bake for half an hour, then cover with a meringue made from the whites of the eggs, mixed with half cupful of pulverized sugar, and sprinkled thickly with coconut.

CLEANING GAS STOVES.

If the best results are to be obtained, the gas stove should be given particular attention. Where it is in constant use for cooking this is almost essential. Keeping gas stoves polished prevents them from rusting, and care in small things helps keep the stove in good condition.

Milk, coffee and such liquids allowed to boil over clog the burners, corrode the iron and zinc linings, and give a stained, unsightly appearance. If the burners are in use much they should be lifted out twice a week, turned upside down, and lightly tapped to knock out any dust or soot, so that the circular aperture that supplies the flame may be freed from any deterrent collection. Particles that resist this method should be picked out. A hat rim or anything that has a real sharp point answers for this purpose. The lids should be kept on the stove when it is not in use.

The oven floor and racks should be kept clean by rubbing with a dry cloth. Soap and warm water is good to use on grease or burn stains. After scouring wipe with a dry rag.

WISHING AND DOING.

"Do you wish the world were better? Let me tell you what to do.

Set a watch upon your actions, keep them always straight and true;

Rid your mind of selfish motives, let your thoughts be clean and high.

You can make a little Eden of the sphere you occupy."

"Do you wish the world were wiser?

Well, suppose you make a start

By accumulating wisdom in the scrap-book of your heart.

Do you waste one nose on folly; live to learn, and learn to live.

If you want to give men knowledge, you must get it ere you give."

—Ex.

SPARKLES.

Kind gentleman—"Ah my poor fellow, have you ever wondered what you would do if you had Mr. Andrew Carnegie's income?" Tramp—"No; but I've some times wondered what Mr. Andrew Carnegie would do if he had my income."

Visitor (in zeal): "Do you never hear the still, small voice of conscience?"

Convict: "No; I'm hard of hearing."

Mattie: "What has become of your anti-slavery society that you took so much interest in a few months ago?"

Helen: "Oh, it's in the consommé. The president got nutty and imagined she was the only dent in the pan, so we gave her the willies and the dinky dink association shot the chutes."

A man in Vancouver, having quarrelled with his wife, took mullage in mistake for poison. Thereupon his laws stuck last, he couldn't say a word, his wife laughed at him and peace was made. If the wife had taken a dose of mullage in time there would likely have been no quarrel.

"They say a carrier pigeon will go further than any other bird," said the boarder, between bites.

"Well, I'll have to try one," said the landlady: "I notice a fowl doesn't go far!"

If people always spoke the truth

It wouldn't make us gladder;

The world would wiser be in sooth,

But likewise vastly sadder.

Jack (to married friend running home-ward at top speed with a curious-looking parrot): "Hallo Jim! Why this hurry?"

Jim: "New hat for the wife! Running home before it's out of the fashion!"

She: "Fie! You faint-hearted wretch!"

He: "Faint-hearted? Why, a faint heart never won a fair lady—and I won you."

She: "Um-m! I was only chaffing, you know. Forgive me, dear!"

Magistrate: "It seems to me I've seen you before."

Prisoner: "You have indeed. I used to give your daughter singing lessons."

Magistrate: "Six months!"

CRIPPLING SCIATICA.

A Sure and Certain way to Cure This Terrible Torture.

There is just one sure, scientific cure for sciatica, rheumatism, lumbago, neuralgia, headaches—you must drive the pain from the blood and nerves with Dr. Williams' Pink Pills. Liniments never cure nerve and blood diseases. Dr. Williams' Pink Pills strike straight at the cause because they actually make new blood. Through the blood they conquer the painful poison sooth the nerves, loosen the muscles and banish every ache and pain. Mr. Thos. J. Etsell, Walkerton, Ont., says: "When I began using Dr. Williams' Pink Pills I had been off work for three months. The cords of my right leg were all drawn up and I could only limp along with the aid of a stick. The pain I suffered was terrible. Only those who have been afflicted with sciatica can understand the misery I was in both day and night. I took six boxes of Dr. Williams' Pink Pills before they helped me, but after that every day saw an improvement, and by the time I had used fifteen boxes, every vestige of the pain had disappeared. I have no hesitation in pronouncing Dr. Williams' Pink Pills the best medicine in the world for sciatica."

Every dose of Dr. Williams' Pink Pills makes rich, pure, health-giving blood. That is why they cure headaches and back-aches, indigestion, kidney and liver troubles, anaemia, heart palpitation, and the ills that afflict women only. But be sure you get the genuine pills with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around each box. Imitations are worthless—often dangerous. All medicine dealers sell these pills or you can get them by mail at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

ABOUT OWLS.

There are nine different kinds of owls found in this country, says the Hartney Star. With the exception of the white owl and the marsh owl, the varieties keep in the woods in winter and can be noticed in summer along rivers where the foliage is heavy and the gloom profound. Unlike other birds, the wings of the owl make no noise when moving in the air, and its approach is seldom known. The owl attacks chiefly at night, when all the smaller birds are at rest, unprepared for the approach of an enemy. The owl's eyes are best fitted to see in twilight, so that with its silent wings and expanding eyes it can seek the most secret arches of the forest and capture the sleeping birds that in the darkness do not see the approaching enemy, nor do the nests of the songsters escape, for they are ruthlessly robbed of the eggs and young birds that they contain. In winter when the birds have gone south the owl's subsist on mice and rabbits. The great white owl is the largest of its kind and is found very far north and is so wrapped in fine, soft feathers that it is not incommoded by the coldest atmosphere. No other birds make a nest so early in the season as the owl, and the young birds are generally hatched out before the snow has entirely left the ground. The owl has been named the bird of wisdom and like many another grave personage gets a character more from appearance than from ability.

Night-blindness is a curious affection of the eye, in which the patient can see very well during the day, but becomes blind on the approach of night. It is mostly met in warm climates.

The green ants of Australia make nests by bending leaves together and uniting them with a kind of natural glue. Hundreds have been observed hanging on one leaf, drawing it to the ground, while an equally large number waited to receive, hold, and fasten it.