

## COMPUTER COURSES

INTRODUCTION TO WORDPERFECT 5.1

This course is designed for the new user of WordPerfect word processing software, and students will get hands-on experience. Some of the topics covered in the introductory course include: some basis MS-DOS commands and concepts; creation and editing of files; simple formatting of text in terms of page size, width, line spacing; spell checking and thesaurus operation; merged letters and mailing labels. NOTE: As practice time is essential, participants must have access to a computer if they wish to continue from the introductory to intermediate course within the same term.

Saturdays, 9:00 a.m. - 5:00 p.m. January 26 & February 2, 1991

(2) Saturdays, 9:00 a.m. - 5:00 p.m. March 2 & March 9, 1991

Fee: \$115 per course

INTRODUCTION TO DBASE III PLUS Saturdays, 9:00 a.m. - 5:00 p.m., March 16 and March 23, 1991 Fee: \$115

INTERMEDIATE DBASE III PLUS

Saturdays, 9:00 a.m. - 5:00 p.m., May 4 and May 11, 1991 Fee: \$115

ADVANCED DBASE III PLUS

Saturdays, 9:00 a.m. - 5:00 p.m., May 18 and 25, 1991 Fee: \$170

#### **INTRODUCTION TO LOTUS 1-2-3**

You will be offered the basics on how to handle a spreadsheet package. The course includes: creating a worksheet, manipulating the data in the worksheet, redefining the worksheet, and creating graphs. This course will be run on a fully lotus-compatible program call "twin". NOTE: As practice time is essential, participants must have access to a computer if they wish to continue from the introductory to intermediate course within the same term.

Saturdays, 9:00 a.m. - 5:00 p.m., February 9 and February 16, 1991
Fee: \$115

#### INTERMEDIATE LOTUS 1-2-3

Saturdays, 9:00 a.m. - 5:00 p.m., April 20 and April 27, 1991 Fee: \$115

# INTRODUCTION TO MS-DOS AND MS-DOS MICROCOMPUTERS

This course in intended for new users of IBM and IBM compatible microcomputers. It will cover general topics on what makes up a microcomputer, how the computer works, terminology of microcomputers, what DOS is and how it works, different types of programs and how they are loaded, sub-directors, and if time permits, batch files.

Saturdays, 9:00 a.m. - 5:00 p.m., January 19, 1991 Fee: \$115

#### INTERMEDIATE WORDPERFECT 5.1

This course is designed for the user who has the basics of WordPerfect 5.1, and students will get "hands on" experience. Topics covered will be changes in style or font of print, footnotes, graphics, text boxes, macros, math, columns, outlines and producing tables of contents and indexes automatically using Mark Text

Saturdays, 9:00 a.m. - 5:00 p.m., April 6 and April 13, 1991 Fee: \$115

Instructor for all courses: Paul Farr Location for all courses: Singer Hall, Room 201



# Improve

Improv

TOWARDS A HEALTHIER LIFESTYLE

MODERN DANCE FOR ADULTS AND TEENS

Modern dance exercise will improve one's posture, flexibility, strength and self-awareness. Of special interest to persons involved in any of the performing arts or those looking for a graceful movement, quality-oriented fitness class. Open to both men and women, with or without previous dance training.

Saturdays, 11:00 a.m. - 12:30 p.m., begins January 19, 1991 Lady Beaverbrook Gymnasium

Fee: \$64 - 10 sessions Instructor: Zsuzsa Szabo-Nyarady

#### YOGA

Feel physically and mentally fit all winter by learning the time-proven, natural way to Hatha Yoga. Body firming, toning, suppleness and de-stressing are the main goals which can be achieved by all participants. Classes will be invigorating and enjoyable - not strenuous, demanding workouts. Participants should bring an exercise mate or a blanket.

Group 1: Annuary 28, 30 sessions

Group 2: Tuesdays/Thursdays, 7:30 - 9:00 p.m., begins January 29, 1991, 20 sessions

Marshall d'Avray Hall, Room 120

Instructor: Janice Tissington Fee: \$112 - each group

### COMPLEMENTARY HEALING APPROACHES

Directed to health care consumers and practitioners looking for information on non-traditional healing methods, this course will introduce a variety of holistic healing therapies: massage, reflexology, acupuncture, shiatsu, and energy therapies.

Wednesdays, 7:30 - 10:00 p.m., begins January 30, 1991

McLaggan Hall, Room 102

Fee: \$80 - 5 sessions

Instructor: David Rehorick, et. al.

#### ETHICAL DILEMMAS IN HEALTH CARE

Mondays, 7:00 - 10:00 p.m., begins February 4, 1991 McLaggan Hall, Room 08 Fee: \$75 - 8 sessions Instructor: Norman Whitney

# STRETCHING YOUR HORIZONS

BECOMING NEWS SMART: AN INTRODUCTION TO MEDIA LITERACY

Tuesdays, 7:30 - 10:00 p.m., begins January 29, 1991 Alumni Lounge, Alumni Memorial Building Fee: \$75 - 5 sessions Instructor: Rose Ban Es, Kate Tingley, et. al.

# A LAYPERSON'S GUIDE TO THE ELECTRONIC LIBRARY

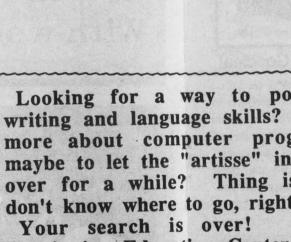
Tuesdays, 7:00 - 9:00 p.m., begins January 29, 1991 Harriet Irving Library, Room 112 Fee: \$37 - 4 sessions Instructor: Pat Johnston and John Neilsen

# WILDLIFE WATCH: SAFEGUARDING THE FUTURE

Thursdays, 7:00 - 9:00 p.m., begins January 31, 1991 MacLaggan Hall, Room 21 Fee: \$50 - 4 sessions Instructor: Dan Keppie

#### IRISH FOLK TRADITIONS

Thursdays, 7:00 - 8:30 p.m., begin January 31, 1991
Tilley Hall, Room 224B
Fee: \$54 - 10 sessions
Instructor: Tom Power



over for a while? Thing is don't know where to go, right Your search is over! Continuing Education Center just what you need! Listed a two pages are some courses January to May 1991: Just touch up your resume for tha summer (or permanent) job!

