

III. No time should be lost in sending for medical aid. But when the disease commences suddenly in a violent form, it is dangerous to lose even the time which must pass before such aid can be had. This form is at once known by sudden weakness, a contracted ghastly countenance, blueness of the lips, and general coldness, accompanying or preceding vomiting, purging and cramps.

In such cases, the friends will, without delay, give a table spoonful of the mixture, No. 1, with 60 drops of Laudanum, in half a wineglass full of cold water. Follow this with a table spoonful, occasionally, of warm spirits and water, or strongly spiced wine. Repeat two tea spoonfuls of the Mixture, with 30 drops Laudanum, every half hour, if the first does fail to relieve. If the Mixture be vomited, then give two Pills, No. 3, and repeat one every half hour, if the first two fail to relieve, or be vomited. But after the vomiting and cramps cease, the Mixture or Pills must not be repeated without medical advice. The Clyster, No. 4, should be resorted to also from the first, and repeated once if not retained.

N. B.—The doses of the Mixture, Laudanum, Pills, and Clyster, must not be exceeded. For children of fourteen, half the dose mentioned, and for children of seven, one-fourth is sufficient.

The Hot Air Bath, or, if it is not at hand, dry heat over the whole body in any shape, such as by hot blankets and hot bricks, sand, salt, or bottles of hot water, together with constant rubbing of the whole body, should likewise be resorted to from the first. The Mustard poultices should, as soon as possible, be applied over the belly and on the soles and calves, and kept on till the patient complains of the smarting.

By the time these measures have been put in force, opportunity will have been given for procuring medical advice; which is indispensable for the treatment afterwards. The Board think it necessary to apprise the public, that where this disease has prevailed, blood letting, when resorted to within the first, second or third hour from the commencement of the attack, has been generally found useful along with the other remedies, notwithstanding the appearance of sudden weakness and excessive sinking already mentioned.

Specimens of the Labels are here annexed for the information of medical persons and others in the country who may be applied to for the articles recommended by the Board.

#### No. 1.

**CHOLERA MIXTURE.**—A table-spoonful, with 60 drops of Laudanum, in half a wine-glassful of cold water. If this fail to relieve, repeat two spoonfuls, with 30 drops of Laudanum, every half hour.

Half these doses of Mixture and Laudanum for children of 14. One-fourth for children of 7.

Do not exceed the doses prescribed; and stop when the vomiting and cramps cease, unless you have medical advice.

#### No. 3.

**CHOLERA PILLS.**—To be used if the Mixture, No. 1, be vomited. Two pills at first, and then one every half hour, if the first fail to relieve. Half these doses for children of 14; one-fourth for children of 7. Do not exceed the doses prescribed; and stop when the vomiting and cramps cease, unless you have medical advice.

#### No. 4.

**CHOLERA CLYSTERS.**—Inject three tea-spoonfuls in a wine-glassful of thin warm gruel, and retain as long as possible by pressure below with a warm cloth. If not retained, repeat immediately, but otherwise not. Half the dose for children of 14; one fourth for children of 7.

**MUSTARD FOR POULTICES.**—A fourth part is enough for one person. Dust it thickly over porridge poultices, of which apply a large one on the belly, and others on the soles and calves. Remove when the patient complains much of the smarting.

By order of the Board,

**WILLIAM CULLEN, Secretary.**

Charlotte Town, July 1st, 1832.