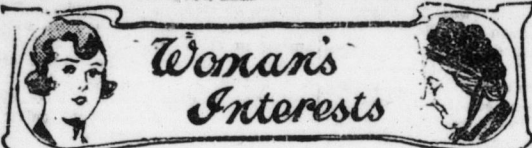


For Your Health

you should buy the best.

"SALADA" TEA

is the purest and most scientifically prepared tea, sold today. — Try it.



AREN'T YOU GLAD THAT—

Your husband isn't an angel? He'd be such a sorry sight in overalls. You need not submerge your mind with your hands in the dishwasher? God reserved the right of judging your neighbors and allowed you the privilege of enjoying them? The city is at last moving to the country by the radio route, and that you don't need to dress up to receive it?

You have comfortable old clothes and comforting old friends? Your eyes are set in the front of your head instead of the back? There is so much more to be gained from the forward look.

Life must be lived moment by moment? How very distressing it would be to have the whole day's duties descend on our helpless heads at once. Cows have the urge to stray into your neighbor's cornfield? Without their unintentional assistance you might remain forever in the dark concerning his real disposition.

Christmas comes in winter instead of early spring when there wouldn't be a minute of time to prepare for or enjoy it? The Great Artist picked out the particular patch of sky canvas above your pasture bars upon which to paint the ever recurring masterpiece of the sunset?

INDISPENSABLE RUBBER BANDS.

A nickel's worth of rubber bands bought at a bookstore is a good investment for a housewife. When there is no suitable cover for a dish of cold vegetables or other leftovers a piece of waxed paper or a white cloth may be firmly held in place by means of a rubber band. Patch bundles of dress patterns can be put away quickly if rubber bands are used.

A rubber band slipped lengthwise over the pages and back of the cook book will keep the desired place.

In the work basket rubber bands confine the loose ends of darning cotton.

When there are no lids to glasses and jellies must be covered with paper the use of rubber bands will save time and keep the cover securely in place.

Unightly flower pots may be quickly transformed into harmonious containers by the use of a green crepe paper held firmly in place by the ever helpful rubber band.

CHEER-UPS.

In my Aunt Mollie's jeans closet is a shelf of what she calls tasters, and what I call cheer-ups. Aunt Mollie keeps all of the small glasses and wide-mouthed squatty bottles in which salad dressing, cream cheese, cherries, or other small quantities of food are packed. They are washed carefully and decorated prettily, and when preserving time comes they are filled with the choicest of jellies and jams against the time when a friend who is ill needs a cheer-up gift. Then wrapped in colored paper, the dainty glass, with just enough jelly to tempt the whimsical appetite of an invalid, is a welcome addition to the sick-room tray. Small bottles of liquid are filled with grade juice or blackberry cordial to make blessed the name of Aunt Mollie in many a shut-in life during the dreary convalescent days.—J. V. R.

WRIGLEY'S After Every Meal

It's the longest-lasting confection you can buy—and it's a help to digestion and a cleanser for the mouth and teeth.

Wrigley's means benefit as well as pleasure.

Sealed in its Purity Package

Wrigley's Juicy Fruit Chewing Gum

Wrigley's Juicy Fruit Chewing Gum

"When Hearts Command"—

By ELIZABETH YORK MILLER

"When hearts command, From minds the wisest counselings depart."

CHAPTER XIII.—(Cont'd.)

"And I must get back to the hotel," murmured Mrs. Carnay. "No, no, Alice. You're not to come with me. I've left poor Uncle John far too long. He'll be feeling most neglected."

Ardeyne moved the table so that she could pass. "I met Mr. Gaunt just now," he said. "He gave me a message for you."

Jean lifted her brightly inattentive glance. "Yes?" she inquired absently.

"He wants you to bring your brother to see him."

"Oh, yes—how kind! Yes, I will."

And she, too, hurried away.

Alice looked anxiously after her.

"I don't think mummy is very well. I do hope she hasn't caught Uncle John's flu. Did you notice, Philip?"

"She doesn't seem at all herself."

"She looks a little feverish," Ardeyne admitted.

"Perhaps the climate doesn't suit her, but—oh, I know I should not say it, but for the last few days I've been rather sorry Uncle John came. He's made a perfect slave of mummy. He's a selfish, fussy old man. This was to have been a holiday for her."

Ardeyne inquired if she had seen much of her "Uncle John."

"Scarcely anything at all," she replied. "Mummy's so afraid I'll catch his cold."

"Do you—do you remember him very well?" Ardeyne was not consciously pumping her, but there was one thing he most certainly had to find out.

"I don't remember him at all. I never heard of him until mummy announced that he was coming. I've wondered it was wrong of me to do this—"

"If there's something just a little queer about him. Poor old mummy's just hating his being here, although she doesn't let on a word. That isn't her way. But I know she's perfectly wretched and—and so am I."

"My dear! And I thought—"

"Oh, I know. I am happy, Philip. Only—but we can't talk here. There are too many people about."

Then wait a moment while I pay this bill, and we'll go."

He went inside to settle for the tea, and then suggested that they take a rather roundabout course home, up behind the Convent School to the hillside overlooking Sasso and around to the back of the hotel by the Via dei Colli.

As they began to scramble up she gave him her hand.

How lovely it was in the silence of the hills at sunset, the colors soft yet vivid, the air so still that its breath was like a scented whisper.

At the top they halted and looked back. It seemed as though they were alone together in a painted dream world. Far out at sea drifted the grey trail of a steamer's smoke; some little birds piped apprehensively in the olive grove behind them; and their feet were spread a carpet of purple violets.

"Philip—you do love me, don't you?"

Behind the question lay her instinctive jealousy of Carrie Egan, but nothing more. There was neither guile nor deceit in the eyes which met his with such yearning trust. And if there had been—?

He held her to him so closely, kissed her so ardently, yet with such tenderness that Alice was a little frightened.

"Philip!" she gasped. "Don't—please! Someone might see... you're crushing my hat, dear."

"I love you—I love you—love you!" Ardeyne exclaimed, his lips brushing her soft cheek. "Nothing shall ever take you away from me—nothing in this whole wide world."

"But nothing can—nothing will," she laughed happily.

"Nothing," he repeated, as one making a vow to himself.

"Has—anyone tried to?" she asked, moved by his strange manner. In spite of herself she kept thinking of that too-familiar face of Egan.

"Of course not—my foolish little love!"

CHAPTER XIV.

Dawn, pink-fingered, felt stealthily along the rim of the eastern horizon, but it was dark and silent in old Bordighera as a woman skirted the edge of the town, her anxious face set towards the heights of Monte Nero. Just before the road descended to the turning to the cemetery, she halted for a moment and studied a wooden sign on the high pink wall which enclosed a small villa. The sign said that this was the Villa Charnail, that it was to be let furnished, and particulars were to be obtained at the Laiterie of one D. Benetti. It was just light enough for the woman—Jean Carnay—to read the lettering. She pressed close to the grilled gate and, peering through, obtained a restricted view of a tiny garden and house. "Villa Charnail," she repeated to herself. "I wonder—"

Then she went on, hurrying, in the vain hope of beating the sunrise.

It was now four o'clock, and she had only slept a few hours. What would the porter think of her leaving the hotel so early? She had told him

with half a dozen excuses that she had to leave early to see her mother.

Ardeyne, who was waiting for her, looked at his watch and saw that it was now four o'clock. He had only slept a few hours. What would the porter think of her leaving the hotel so early? She had told him

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You Can't Beat Tanlac Says Alberta Citizen

"The Tanlac Treatment Made Me Look and Feel Like a Different Man," Says Petro.

"The Tanlac treatment has made me look and feel like a different man," is the positive statement of H. G. Petro, well-known citizen of Okotoks, Alberta, Canada.

"Before taking Tanlac I was sorely troubled with indigestion, gas bloating and a tightness in my chest that made me short of breath. My appetite was gone, my circulation poor, and headaches and dizzy spells would

strike me most every day. I also had a bad swelling in my leg. "Three bottles of Tanlac put me in A-1 condition in every way. I have a rousing appetite, sleep like a log and am rid of all my troubles, even the swelling in my leg. Incidentally, I have gained so much weight that I am too big for the clothes I wore before taking Tanlac, and am feeling fine. You can't beat Tanlac."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Take Tanlac Vegetable Pills.

The Most Wonderful Bird's Nest.

Which is the most wonderful bird's nest in the world? asks the English Bird of Mystery. This is a difficult question to answer, for nests vary so very much in shape, size and material. Certainly one of the most wonderful is that of the South American ovenbird. This is built of mud, and is closed, save for a narrow tunnel, which leads into a grass-built chamber further back. Another strange nest is that of the Chinese Swift, which is made entirely from saliva hardened by exposure to the air.

Minard's Liniment Heals Cuts.

Overlooked.

"There's nothing in the paper! It is a burning shame."

But what he meant was merely that it didn't print his name.

Queen Expert in Furniture.

Queen Mary delights in antique furniture and is said to be quite an expert when it comes to judging and valuing it.

High words and low language are usually not far apart.

It BREATHE'S With You

The Class Breath

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CONFORMS TO EVERY MOVEMENT OF YOUR BODY AND HELPS MAINTAIN YOUR SHAPE

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—an essential in business

—a necessity to most families

AMONG the greatest and most practical of man's inventions, one of the most vital instruments in modern business and one of the most useful and beneficial influences in family life is the modern automobile.

Dependable, comfortable, speedy, unconfined in scope, unlimited in endurance and eminently practical in the economy of its operation, the automobile has contributed more to man's earning power and to his enjoyment and health than any other single factor.

And unique among automobiles, Chevrolet provides everything any car can afford at a cost that is unapproached by another fully equipped quality car in the world. Chevrolet has the power to go any place and do anything that is possible for any other car, and at the same time it holds the world's record for low running cost and economy of upkeep.

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Ask us about the G.M.A.C. Deferred Payment Plan

for Economical Transportation.

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ENGLISH BOYS AS CANADIAN FARMERS

PROFESSOR LOCHHEAD OF M.A.C. ON LECTURE TOUR.

Advantage of Placing Youths Upon Land After Special Training in Best Methods.

A new and novel angle in viewing British immigration to Canada and a departure in the manner of regard for the future building of Canadian population by valuable contributions from the British Isles was taken when Professor Lochhead of Macdonald Agricultural College left for England to conduct a lecture tour with the idea of interesting English boys at the large public and secondary schools in the opportunities Canada offers them for embarking on agricultural careers.

At the present time the professor is making an exhaustive tour of the British Isles, interesting headmasters and leading educationalists in his work, as well as directly addressing boys.

The Youthful Immigrant Most Desirable.

Just what success the new scheme will meet with it is impossible to forecast, though, if the professor is successful in bringing home to the students of England's first schools and their parents the advantages of such early launching out, a movement of some volume and permanent worth should result.

Canada is just coming, at the present time, to appreciate the true worth of the youthful immigrant who comes to the country irresponsible, plebeian, unskillful, and without any accumulation of useless knowledge which must be shed or adjusted to new conditions.

Graduates of English public schools and Universities are to be found farming all over the Canadian empire, and among them are to be numbered some of the Dominion's most successful and prosperous agriculturists.

The Advantages of the Scheme.

These men are the first to advocate the coming to Canada at an early age of youths who have decided upon a farming career in the Dominion. They point out the wisdom of spending the last college years at a Canadian agricultural college, than which there are none superior, and which peculiarly prepare students for Canadian farming conditions. At the conclusion of such a course they start with a full equipment of practical knowledge, either to acquire more upon some other farm or upon their own establishment.

It cannot be appreciated, perhaps, to the same extent in England, where what a handicap young Englishmen, with every most admirable and desirable quality, frequently labor for a time due to an educative training that does not include a consideration of Canadian conditions.

Gardens.

Gardens are homes for happy thoughts. They live there.

Who wander gardens understand And learn the worth of loving, and Forgive there.

The heart forgoes its fears in old Still gardens, Where fragrance and tranquillity Are wardens;

Where birds go by and green boughs bend And flowers Drift perfumed petals on the grass Long hours.

Gardens are meant for musing in, That just to walk their borders bright Is still content and deep delight, That but to breathe their beauty's balm Is prayer.

Laughter.

A baby laughs as if its face Reflected sunshine from the sky; The light may fade and leave no trace Amid the clouds, as years go by.

One man will show a cunning leer, Or grin with avaricious pride; Another with contemptuous sneer Has put true laughter far aside.

A few retain the power to touch Each weary day with generous fun; All men attempt to laugh; but much Depends at last on how it's done.

RULES FOR CHILDREN.

A clean body has a good deal to do with creating a clean mind, therefore a few simple rules for parents and teachers may not be amiss:

Teach children to wash their face and hands when they get up, before meals and before going to bed.

Encourage them to use polite expressions, such as "Good morning" and "Good night," "Thank you," "Much obliged," etc.

Remind them not to expect to do just what they want to do, but to cheerfully do what they are asked.

Insist that truthfulness and honesty in everything is the only safe policy.

Remind them to be kind to all dumb animals and to attend promptly to their wants.

And that the best introduction anywhere is a smiling countenance and a readiness to serve others.

Crown the Breakfast Porridge with sweetness and delicious flavour

CROWN BRAND CORN SYRUP

It is a pure and wholesome sweet—whether used for table syrup, sauce or for candy-making.

At all dealers—in tins.

THE CANADA STARCH CO. LIMITED