

WOMEN'S REALM

The Daily Fashion Hint.

Reliable Recipes

Chocolate Fig Cream

Scald two cups of rich milk, add two squares of chocolate that have been melted over hot water, two tablespoons of granulated sugar and a tiny pinch of ground cinnamon. Cook until well thickened, remove from the fire, and when cold fold in the stiffly whipped white of one egg and half a pint of cream that has been beaten solid with two tablespoons of powdered sugar. Flavor with vanilla and turn into a two-quart freezer. Turn the handle until a slight resistance is felt, then add one large cup of finely chopped figs. Continue freezing until smooth, and serve in slender crystal glasses, each portion capped with a tablespoon of sweetened whipped cream.

Baked Quinces

Select enough quinces to fill a baking dish; pare, core and arrange them in the dish, fill their centers with honey and sprinkle them with sugar, then fill the dish with cold water and bake them in the oven until they are tender when tried with a straw and are a good red color. Remove from the pan, drain, and when cold remove to a fancy plate; chill, and when ready to serve cover with whipped cream; sprinkle the top with powdered macarons and dot with red cherries.

Frozen Rice Pudding

Put six ounces of rice into a stew pan with one quart of milk and a half pound of sugar. Cook until the rice is soft (if the milk cooks away, add a little more), then add the beaten yolks of six eggs and a tablespoon of vanilla. When slightly thickened stand aside to cool, then turn into a freezer; after freezing for 15 minutes—open and add the egg whites beaten stiff with a little powdered sugar. Have ready a dish of stewed apricots that have rich sirup and have been chilled, turn out the frozen pudding, pour the fruit around it and heap with whipped cream.

Iced Apple Pudding

Peel, core and cut two dozen apples in quarters and put them to simmer over the fire until they are tender; then drain and mix with them a jar of apricot jam, half a pound of sugar, a gill of preserved cherries, juice of an orange, two ounces of blanched and chopped almonds, two ounces of chopped citron. Strain all through sieve except the almonds, citron and cherries, add them afterward with a quarter pound of seeded raisins that have been cooked a few minutes in a little sugar sirup and a pint of whipped cream. Mix all together and freeze. When ready to serve use a sauce of fruit or just the whipped cream.

"Enquirer" (Chipman)—Perhaps the biscuits you are giving your dog are too heavy, try puppy biscuits. Break them up for him, but don't mix them with milk, let him chew them himself.

"A Rothery Reader"—Although the different remedies for preventing or removing blackheads are numerous, one of the best methods is to have an occasional steam face bath. It will clean the pores of the skin.

Helpful Hints

Facial Massage

To eradicate the deep forehead wrinkles, place the thumbs on the temples and in that way hold the skin firm of both hands, rub the lines in the opposite direction from which they are formed. Working across the wrinkles, knead from the end of the forehead to the other. Then turn your attention to the frowning lines between the eyebrows. Rub across these in small circles, with your right-hand fingers, bearing down lightly on the flesh. The skin meanwhile should be held taut by laying the first



This blue and silver brocade gown, with silver lace, is an example of the popular use of metals, both in fabrics and trimmings.

Fashion Notes

Black Velvet Hats For the Early Fall

An exclusive showing of fall hats reveals the fact that black velvet in many new and unusual shapes, flower trimmed, will be the leader of early fall. The trimming is low, forming floral wreaths about the crown, the height being in the odd shaping of the hats. They are considerably larger than the hats of midsummer. One rather striking hat has a medium crown with a flaring futed brim, one large white pony tail at a little to the left of the front lying partly on the brim. The hat is faced with soft, apple green velvet. A most becoming hat for the red-haired girl. A sort of zebra hat is made of alternate folds of black and white velvet around the crown and brim, faced with poppy pink velvet and having a big stik velvet pony of the same shade laid on the front of the brim. The brim turns slightly up at the left and down at the right side. Quite a selection is shown in all black models, some of them in stunning continental shapes, with the cockades of coque feathers. This is always a pleasant fashion revival. Some have the feather pompon with a curled quill stem ascending from the center that has become familiar to us on this summer's hats. One striking poke bonnet has a stiffened black lace crown, which is transparent, and a black velvet brim. Three black tips are bunched at the side and two long ties of satin ribbon fall from a square tailored bow at the back well down to the coat. A tiny banding of ostrich feathers finishes the edge of the hat brim, which is also faced with black velvet. Like men, women are now considering the comfort of their hats. While they do not go so far as men do in having them weighed, so that the summer straw shall weigh less than the 12-ounce winter slouch hat, they must have them light in order not to disarrange the hair; for now that it is obligatory in almost all places of amusement for women to remove their hats it is quite necessary that the arrangement of the hair underneath shall not be crushed and flattened by too heavy a hat.

Pretty Bathing Suit

The prettiest bathing suit seen on a fashionable beach recently was one of dark blue pussy willow taffeta with trimming bands of white taffeta, well placed to give long lines. A 3-inch band of the white pussy willow crossed the bodice diagonally from the right shoulder to a point at the left of the waistline, and continued downward from left to right again, at the edge of a short tunic, the white trimming running all around the tunic, which hung half way over the short plaited skirt of navy blue taffeta.

The Business Life

Good American women are wont to speak scornfully of "trial marriages," and yet many and many of the marital unions "solemnized" in these days of divorce might justly be classed under that heading, for they are of the most tentative nature. Why and how has this condition arisen? Well for one reason—and a very weighty one—the business side of marriage does not enter sufficiently into the deliberations of the mating pair. For verily, that marriage has a business side, that it is, indeed, a business and that there is nothing so much the business of a young woman as marriage, are facts that every person over forty ought to know and admit, even though he may not know or may affect to believe otherwise.

"What!"—protests the romantic maiden, who thinks she is marrying simply for love—"would you degrade

SWEDEN'S PREPARATIONS FOR ENTERING THE WAR

How Popular Sentiment Has Veered Around to Side of the Teutonic Allies During Past Few Months—Entry Into War Will Mean Breach of Faith With Denmark and Norway and Bring These Two Nations Over to the Side of Britain and Her Allies.

(By F. Cunliffe-Owen, in the New York Sun.)

Sweden is on the eve of casting in her lot with Germany and her allies, and those that have been led by their absorbing interest in the international confederation now in process to concentrate their attention during the past fortnight upon Bulgaria, Roumania and Greece, whose neutrality is well-erred in the balance, would do well to turn their gaze during the next few days upon Stockholm.

So overwhelming has been the demand by Sweden for American produce and wares of every description during the last twelve months, imports from the United States having increased nearly tenfold, that people here cannot remain indifferent to the adoption of a policy by King Gustav's Government which will have the effect of virtually closing its numerous ports to the trade of this country. For as soon as ever Sweden casts the die she will necessarily be subjected to the same blockade that Great Britain and the Powers associated with her have established against Germany, Austria and Turkey.

If any doubts remained as to the bellicose intentions of Sweden they should be set at rest by the news that since the beginning of the month she has been busily engaged in mobilizing her army. Inasmuch as it is being massed in the northern portion of the kingdom, along the Muscovite border line, it is manifest that these movements of troops, as well as all sorts of other warlike preparations on the part of the Stockholm Government, are aimed at Russia. The latter cannot but view this new departure of Sweden as a distinct provocation and downright menace, calling for quick and vigorous response. For the Swedish army is no longer a negligible quantity, or to be despised from a military point of view. During the last eighteen months, and more especially since last September, its numbers, thanks to the untiring efforts of King Gustav, have been swelled to over 500,000 men, trained to a high state of efficiency, newly armed and equipped, as well as liberally furnished with the very best of the way of field artillery and heavy ordnance.

This means that Russia is obliged, as rapidly as possible, to despatch a force of several hundred thousand men to the Baltic. No, I would not put it on a level with the sordid aims and practices of the marts of trade. But I would regard it as a social business, a serious honest, even sacred business, and it easily can be made so, and not only so, but justifiably. Why talk at the term "business" in this connection? Surely you would not object to the term "the business of life." Then, why not accept that of the business of marriage? As a woman contemplating matrimony it is happier if you look carefully to it.

In a little town in Minnesota there was a pleasant blond doll of a girl who everybody thought ought to make a good match. This doll had bright blue eyes somewhat given to misting, and a hair as white as the finest snow, but what she had the faintest notion of what love meant. During the first half dozen years of her marriageable life, she rejected two or three young men of sense and substance, who proposed to her. In fact, she acquired the dangerous reputation of a jilt, and after a while the better class young men avoided her. Her widowed father died and she went to live with an aunt, a woman of high ideals who opened her eyes to many things. The girl became a fairly good singer, but she would not take her aunt's advice to "become an efficient pianist. While pretending to practice she consumed her precious hours in playing ragtime melodies by ear.

However, she acquired some of her aunt's good taste in social affairs and house decoration and became well read. But by this time she had lost much of her former beauty. Her aunt's fortune dwindled, and rather than be a burden to her poor relation the doll tried to support herself by giving music lessons. Of course with her small knowledge of music and poor aptitude, she failed. A young clerk in a crockery store, three years her junior—a fellow of a light facetious nature who made cheap jokes which she abhorred—was now her only suitor. She felt that if she who had come to know correct social usages and to look rather high, took this petty creature for a husband she would be marrying beneath her, but as there was no other man in sight she accepted his offer of clothes and board, which was practically all her marriage dowry. She now has two children, but for whom she would leave her scrub of a husband, as she has come to hate the very sight of the rooms that echo with his coarse jokes and profane speech.

Any sort of serious study of the business of marriage—her chief business in life, had she but realized it—might have saved our doll-girl from such a sacrifice, for it probably would have resulted in her equipment for self-support. But, like so many other girls, her chief business was the thing she neglected and it led to hopeless, slavish wedlock.—Woman's World for September.

Digestive Disorders Yield When

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