PAGE OF INTEREST TO WOMEN

take oath, and is one of the many such

names that show the strong impression made upon other languages by the Roman law. It signifies "just."

In early times there was a St. Justus

or Juste in Lyons, but the feminine form was directly evolved from Justa,

form was directly evolved from Justa, a virgin martyr, whose fame was later eclipsed by that of Justina. Her martyrdom at Padua caused that city to adopt her as its patron saint and her purity made the unicorn her emblem, since it is said to lend obedience to none but a spotless maiden.

The Venetians believe that the victory of the great battle of Pepanto, which was fought on St. Justina Day, was due entirely to her intercession. For that reason, Justina, or Guistina, as she is called in Venice, is very popular in Italy and France has made her equally popular as Justine. The Eng-

equally popular as Justine. The English accepted the French spelling, but we have adopted both versions in this country, employing Justine and Justina indiscriminately.

The moss agate is Justine's talismanic stone. It promises her courage and victory through all difficulties. Sunday is her lucky day and 4 her lucky number.

Advertiser Patterns

serge, gabardine and check suiting.

A pattern of this illustration mailed to any address on receipt of 15 cents

Mrs. Robert Orr is spending a few days in Ottawa

The Rev. J. D. McCrae and Mrs. McCrae, accompanied by their small

Mrs. E. H. Young of this city and Miss Francis Browniee of St. Thomas entertained at the tea hour yester-day afternoon for the women students

CHAMBERLAINS

During the half century that Chamberlain's Cough Remto be without a bottle in your

35c and 65c.

COUGH REMEDY

No tiresome scales or exercises.

Popular songs taught immediately.

Call for demonstration, or phone for free booklet.

The Marks-Winn School Of Popular Music, Ltd. 691/2 Dundas Street. Phone 6244

the service it gives. We pride ourselves on the service we are giving the women of London-service in collection and delivery-service in whiteness and cleanliness, and service in the length of life of all linens entrusted to our care. .





results obtained from the investment of a very nominal sum.

PHONES FOREST CITY LAURDRY " Ot your service"

DRY-CLEANERS & DYERS

amous Old Recipe for Cough Syrup but it beats them all for quick results.

Thousands of housewives have found that they can save two-thirds of the money usually spent for cough preparations, by using this well-known old recipe for making cough syrup at home. It is simple and cheap but it has no equal for prompt results. It takes right hold of a cough and gives immediate relief, usually stopping an ordinary cough in 24 hours or less. Get 2½ ounces of Pinex from any druggist, pour it into a 16-oz. bottle and add plain granulated sugar syrup to make 16 ounces. If you prefer, use clarified molasses, honey or corn syrup, instead of sugar syrup. Either way, it tastes good, keeps perfectly, and lasts a family a long time.

It's truly astonishing how quickly it acts, penetrating through every air passage of the throat and lungs—loosens and raises the phlegm, soothes and heals the membranes, and gradually but surely the annoying throat tickle and dreaded cough disappear entirely. Nothing better for bronchitis, spasmodic croup, hoarseness or bronchial asthma.

Pinex is a special and highly contentrated compound of genuine Norway pine extract, known the world over for its healing effect on the membranes.

Avoid disappointment by asking

Avoid disappointment by asking your druggist for "2½ ounces of clinex" with full directions and don't accept anything else. Guaranteed to dive absolute satisfaction or money promptly refunded. The Pinex Co., foronto, Ont.

sided, assisted by Miss Edith Brown-hee and Miss Kathleen Brownlee of St. Thomas and Miss Margaret Thompson.

McCrae, accompaned by their small daughter, are guests with Mr. McCrae's parents, Dr. and Mrs. D. L. McCrae, Hyatt avenue. Mr. McCrae will preach at Chalmers Church on Sunday.

The sacred musicale to be held in St. Peter's Hall next Sunday afternoon from 4 to 5 o'clock in aid of the Christmas Cheer for city orphans, promises to be a most enjoyable function. It is being held under the auspices of the Cheerio Club, and the program will include such excellent local talent as a trio by Mr. A. D. Jordan, Mr. Maurice Poure and Mr. Cortese and vocal numbers by Mr. Carmen Learn, Miss Clois Terry and Mr. Ed. Bottoms. Christmas carols will be a feature of the program.

Mrs. S. Hill was the hostess of a delightful tea held yesterday afternoon at her home on King street, in aid of the Children's Hospital. The many guests were received by Mrs. Hill and Mrs. Warcup. During the afternoon land of light and shadow during the The second annual rugby dance held in the Western University gym last night under the auspices of the West-Mrs. S. Hill was the hostess of a delightful tea held yesterday afternoon at her home on King street, in aid of the Children's Hospital. The many guests were received by Mrs. Hill and Mrs. Warcup. During the afternoon Christmas novelites and home-cookery were sold, and Mrs. Carnie told some very entertaining fortunes. Tea was served from a flower-decked table, presided over by Mrs. McLeod. The proceeds from the function are to be turned over to the Trafalgar Chapter, I. O. D. E., of which Mrs. Hill is a member. hanging, because it was used by the Western University unit in their Red Cross hut in France,

The dance was held under the patronage of Dr. and Mrs. Sherwood Fox Mrs. Fox in a handsome black sating

and the women students of Western University at the home of Mrs. Young, Oxford street. This charming tea was held in honor of Miss Anderson and the Misses Auden, daughters of new members of the Western University staff.

Tonage of Dr. Mrs. Crane, Mrs. Crane in navy charmeuse with overdress of black lace and touches of silver; Mr. and Mrs. A. T. Little, the latter in a smart gown of black charmeuse with tunic of sequins, and Dr. and Mrs. tunic of sequins, and Dr. and Mrs. Paul McKibben.

dance committee, to whose en-The dance committee, to whose energies the success must be attributed, included Professor N. C. Hart, Mr. W. E. Mace, Mr. G. M. Brock, Mr. A. T. Little Dr. J. W. Crane, Miss G. Webster, Mr. T. O. Smith and Mr. H. E. MacMahon,

McCLEARY-MANNEL.

chamberlain's Cough Remedy has been in use we have never known of a cold resulting in pneumonia, when this old family medicine was freely given: Can you afford to be without a bottle in your

CATES-MANNING. A pretty wedding was solemnized at the home of Mr. and Mrs. Sidney Manning, Plympton, recently, when their eldest daughter, Eilen, was united in marriage to Mr. William Cates, son of Mr. and Mrs. Jacob Cates, the Rev. S. Muxworthy officiating. The ceremony was performed in the presence of about

ESTABLISHED HERE

Miss Louise Carling Re-elected President of Women's Gardening Association.

The annual meeting of the Women's Gardening Association, held in Cronyn Advertiser Patterns
the presidency. Mrs. Ibbotton Leonard and Mrs. Frank Wars are vice-presidented and Mrs. Frank Wars are vice-presidented. Miss Miller, secretary, and Miss The Cardening Association hopes to bring an interesting speaker to the city of the patterns advertised from the district of the patterns advertised from this data will be contained to bring an interesting speaker to the city of the patterns advertised from the data will be contained to bring an interesting speaker to the city of the patterns advertised from this data will be contained to bring an interesting speaker to the city of the patterns advertised from this data will be contained to be contained to the city of the patterns advertised from this data will be contained to the city of the patterns advertised from the data will be contained to the city of the patterns advertised from the data will be contained to the city of the patterns advertised from Hall yesterday afternoon, resulted in the re-election of Miss Louise Carling to

Western Ontario Women's Activities

Address News For This Column to the Editor of Woman's Page.

GROVE W. M. S.

The Grove W. M. S. met at the home of Mrs. Phillip Brooks for their regular monthly meeting this week. A report of the recent convention was given by the delegate, and a very excellent program followed. The closing number on the program was an address and presentation of a life membership certificate and pin to the pastor's wife, Mrs. H. Williams, to which she responded thanking the W. M. S. for their kindness.

The Coldstream W. I. will meet at the home of Mrs. Cameron, Poplar III, on December 14.

MRS. GRACE ORFORD

(Copyright, 1920, by the McClure Newspaper Syndicate.)

LXXIX.-Margery's Schemes. Margery's home-truths were scarcely

Margery's home-truths were scarcely palatable!

Not "a real pal to a man!" Such was my character.

She smiled so sweetly, however. while delivering this opinion, that it was hard to show anger.

At school I did not credit Margery with much perspicuity Apparentiv however, since leaving school she had developed it—or thought she had!

She went on, dreamily:

"I can wind John Courtney round my little finger. He hasn't proposed to me—not yet. But I intend that he shan, tonight."

I stared at the speaker, astonished at 1. "Of course he adone were "the she added to the scale of the stared at the speaker, astonished at 1. "Of course he adone were "the she added to the scale of the stared at the speaker, astonished at 1. "Of course he adone were "the safe added to the scale of the s

I stared at the speaker, astonished at the calm way in which she could voice

I stared at the speaker, astonished at the calm way in which she could voice her intentions.

She went on, blowing rings of smoke toward the ceiling:

"He'd have proposed yesterday, if had given him the opportunity. This afternoon, too—" She broke off.

Then:

"It's rather good for a man to make him jealous sometimes. I tried that game this afternoon. Result—John is twice as keen on me as ever!" She favored me with a triumphant glance.

"How? Made him jealous?" Surely Margery's self-confidence was carrying her too far!)

"Yes—jealous!" she repeated, airily.

"By the simple process of showing such enormous pleasure in your husband's company. That upset John Courtney no end!"

I drew a gasping breath.

"Don't look so utterly amazed, my dear," She twisted round into a more comfortable position in the rocking-chair. "Married men are not immune from little flirtations, these days!"

Then I spoke up:

"Marry him? Oh, I don't know about"

comfortable position in the rocking-chair. "Married men are not immune from little flirtations, these days!"

Then I spoke up:
"Neil wasn't flirting with you," I ad-dressed her bluntly. Her daring was carrying her a shade too far.
"Oh, don't you be jealous, too! Or Courtney and you will be a nair! Then MRS. GRACE ORFORD, who is asking a Tronto court to compel her hush and to pay her \$500 a month. She to darrily she at the court with the first had a first him a tronto in 1913, and described in Tronto in 1913, and described in Tronto in 1913, and described in the dark and to pay her \$500 a month. She with Mr. Orford since she first met him a Toronto in 1913, and described in the dark and to pay her \$500 a month. She with Mr. Orford since she first met him a Toronto in 1913, and described for that kind of joke.

I think she saw that she had gone extraordinary scenes, in which she alleged he pays were in her drinks. The evidence was such that the court had to be cleared of all except officials and counsel. The court resumes today.

WHAT'S IN A NAME?

Facts about your name; its history; its meaning; whence it was derived; its significance; your lucky day and lucky jewel.

JUSTINE.

JUSTINE.

JUSTINE.

Justine may almost be classed as a "legal" name. It is derived from the Latin word juro, meaning to swear or take oath, and is one of the many such warms that she pose that she rest that she rest that she word juro, meaning to swear or take oath, and is one of the many such warms that she had gone in the distribution of the point of the po

"Most people marry because they fall in love, don't they?"

SMOCKING

HOME ECONOMICS the weight of the material, and the amount to be gathered; the distance be-tween the rows varies likewise, from three-eighths to three-quarters of an inch. The dots may be marked in pencil, measured and guided by a ruler, or transfer patterns may be bought for this purpose. For the gathering, strong hread, forty to sixty should be used;

"Of course he adores you," she added.

"So you intend to marry him?"
'Marry him? Oh, I don't know about

the gathering should be done on the wrong side with one little black stitch at the first dot to prevent the knot from slipping through the cloth. The needle should lift the cloth between dots, passing over just a few threads on each dot. When all the lines of gathering are in, the material should be drawn up to one-fourth its original width and fastened by each thread, wound on a pin, or by two threads tied together. Then on the right side of the cloth the gathers should be pulled evenly into place, exactly alike on each row. The decorative stitches are then put on with any embroidery cotton or silk on with any embroidery cotton or silk suited to the cloth, of the same or contrasting color. The first stitch always used at the top of any design is the outline, worked on the first row, the thread being allowed to drop naturally below the needle, and the tip of one plait taken up in each stitch. Smocking is a pretty way of arranging and holding in place the fullness in various parts of garments, as across the shoulders or front of a blouse, or at the wrists or waist of a child's frock. The cloth to be smocked must be gathered with even stitches and drawn up to about one-fourth the measurement when plain, and the smocking then consists of ornamental stitches on the surface of the gathers.

The material should be chartered for gathering, on the wrong side, by horizontal rows of dots, the space between the dots, usually from one-eighth to three-eighths of an inch, depending on Newspaper Service.)

Personal Health Service (By WILLIAM BRADY, M.D., Noted Physician and Author

Isn't Work Hateful?

Have to summon old Dr. Webster to-, a copy. A copy is yours for the in-lay. evitable self-addressed, self-stamped

nature. No sane person likes work, save as a wholesome occupation for other folks.

Do you fancy that I would spend fifteen minutes of my valuable time just doing muscular work every day if I believed I could keep as well and feel as fit without squandering those fifteen minutes? Well I wouldn't. I begrudge every minute I devote to exercise. So does every other plain man or woman.

Lead Poisoning.

I am a monotype operator. The machine produces fumes from the lead or oil, I don't know which, and I inhale the fumes when at work. I would like to know whether the fumes will cause tuberculosis or injure health in any other way.

Exercise: Exertion for the sake of training or improvement.

Very good. Going back to the beginning again, we find that exercise is work. No doubt that explains why exercise is so seldom done in our best families—what, everybody?

Some hypocrites let on they like to work. Others utter brave sentiments about the dignity of work. People who invent these fine sentiments never work themselves; only others.

Work is a low best of the sake of training or injure health in any other way.

A. L. G. Answer.—If lead is melted and fumes arise, inhalation of the fumes would be very likely to cause chronic lead poisoning, which may produce all sorts of grave and obscure disturbances of health. The tuberculosis rate among printers is high for some reason. The suitable ventilating system.

Smile and Grow Better.

I have always said to my children that

ham occasionally. MRS. L. Y. G.
Answer.—Better watch out. Trichina
worm infestation has been traced in
numerous cases to indulgence in raw
ham or pork, and if you ever get trichinosis you may smile and smile and
not be one bit better.

WOMEN TEACHERS' GUILD. The Women Teachers' Guild and The Women Teachers' Guild and the extension department of the Western University are uniting in bringing Prof. J. A. Dale to London. He will lecture in St. Andrew's Hall on Monday evening next on "The Workers' Educational Association Movement."

O. CLUB ENTERTAINS CHILDREN

S. O. CLUB ENTERTAINS CHILDREN.

Never did children spend such a delightful time as did the boys and girls of the Children's Shelter last night, when they were entertained by the C. O. Club of the Somerville paper box factory. The large recreation hall had been decorated in the typical Christmas colors, scarlet and green, and the long supper tables were lit up with candles. After supper, J. K. McDermid, transformed into a most delightful Santa Claus, distributed huge bulgy Christmas stockings to all the small guests, who departed happier than kings. Owing to illness the children of the Protestant Orphans' Home were unable to be present, so their stockings were taken over to them and ice-cream as well. Miss Blanche Friend and the club members worked energetically to make this treat a success.

AN APPEAL FOR MUSICAL INSTRUMENTS

There are some soldier boys out at the Westminster Hospital just longing for an orchestra and a band, so the hospital committee of the L. O. D. E. is endeavoring to secure the instruments necessary. Feeling that there may be many musical instruments in the city which are being unused, the committee is making an appeal to the public for donations of this kind, so that they may be presented to the men at Christmas time. Donations may be made to Mrs. J. B. McKillop, convener of the hospital committee.

Cynthia Grey's Mail-Box

Forgiveness is a woman's gift to the man she loves—and a man's parting gift to the woman he no longer loves.

Puts Feet in Stockings. Dear Miss Grey-I am like others that just come for help, too. I do put feet into stockings, but would not mind if I had your pattern, and also mat pattern and bead portiers. I often read the corner and am pleased with it. Inclosed please find self-addressed envelope and ten cents for S. C. H. Have you a knitted tam pattern? Please fo

youngsters and my pen is not to be found.—W. E. P.

Butter Scotch. Dear Miss Grey-I am sending in the directions for a knitted tam asked for today. Here is a recipe for butter scotch:

Butter Scotch-2 cups of white sugar, tablespoons water, butter size of a Boil without stirring until it hardens on a spoon. Pour on buttered plates and square when almost cold. I missed clipping "When Hulda Spects Her Beau," may I still have a copy, please? I am inclosing some recita-tions for children for concerts in return. If there are any other recitations on and please put one in my envelope too, am also inclosing pink hollyhock. columbine and marigold seed and mite for C. H. F. Please send me a package moon flowers or verbeneas, or candwift. Thank you. SELINA SUE. Ans.—Am mailing recitations also moon flower seeds. Many thanks for mite and recitations.

A Chocolate Drops in. Dear Miss Grey and Boxites-Can you make room for a chocolate in your cheerful corner of friends who seem always ready to help another. I have been a silent reader and em now coming with help and am selfish enough

If you please, first have you stocking-foot pattern and the mitt also for me? There are eight of us that means a deal of darning for mother and I.

Next, has anyone this recitation which begins this way:
"Two little stockings hung side by side
Close by the fireside, broad and wide. "Two?" said St. Nick as down he came loaded with toys and many a game. "Ha! ha! my little one, —etc. etc. I can't remember the rest only that Santa finds a note in the stocking saying if there are not enough for both stockings to please fill, the one for her neighbor friend next door It is a very suitable piece for any child and has he real Christian Christmas the real Christian Christmas spill. I think the name of same is "Two Little Stockings," but am not sure. I should indeed be very, very pleased to get it again, as I lost the copy I had

I am sending some large double white poppies that look like snowballs for you to use as you like in the Mail-Box to help a little for the hospital fund.

Surpassing

all others in Delicacy and Fragran

Send us a post card for a free sample, stating price you now pay and if you use Black, Green Mixed Tea. Address Salada, Toronto.

Glad to see it growing so fast. Accept my mite, please, herewithal.

I am sending, too, a few copies of a child's recitation I have, also a comic one, "Red Wing" and "How a Man Became His Own Grandfather."

Would you like a piece of birch bark, Miss Grey? If so I will send you some next time or did you ever get any? Could you send me the beautiful poem of which these are the first two and last two lines:

Laddie, beloved laddie, How soon we cease to weep:
Over the hills of God, laddie, The beautiful hills of home.

Now must not take any more of your space nor time. Hoping you will not refuse a CHOCOLATE.

Ans.—Seeds and patterns have been creditions of the seminary mothers are the first that kind of sewing?

SPRING. Laddie, beloved laddie,
How soon we cease to weep;
Over the hills of God, laddie,
The beautiful hills of home.
Now must not take any more of
our space nor time. Hoping you will
not refuse a CHOCOLATE.

Ans.—Seeds and patterns have been Ans.—Seeds and patterns have been mailed. Many thanks for poppy seeds, recitations and mite. Possibly some of the Boxites will fill your request for recitation and poem. I would be delighted to receive the birch-bark,

Touch-Me-Not. Dear Cynthia Grey,-I saw in today's send me those names as soon as posaddressed envelope for an early reply. Sprite also said she had several she would send; please give me those too,

A Suggestion From Spring Dear Cynthia.-I want to thank Patsy and Redwing, who kindly sent in the verses I asked for. Certainly I could make it out, Redwing. Your writing differs from mine; I must say bells, cosmos sweet peas and spr

sewing. I'm making my moth l sewing. I'm making my moth plush coat. Have any of you ever that kind of sewing? SPRIN Ans.—Thanks for stamp and sug Dear Miss Grey,-I saw in Sature paper where Mistress Mary was as Lonely Maggie to send her the dire for baby's bootees and mitts. So h paper that Aunt Maria sent in the am in prompt response to her ca names of several firms where one might hope they will be all right. One pat get dialogues and recitations. Please bootees is longer than the others ar a knitted pattern. I thought she r sible. Am inclosing a stamped, self- like both. I have been sick with silitis, and so could not read the pa very much. I wonder if Miss Grey

or send me her address. Am inclosing dime for S. C. H. TOUCH-ME-NOT. Ans.—Am mailing addresses. also Sprite's address. Many thanks for the hospital dime.

Ans.—Many thanks for the hospital dime.

I wonder if Miss Gre, any seeds—any kind I'd like. I Mistress Mary likes the pattern. I will be any seeds—any kind I'd like. I distributed by the pattern and little baby, but lost him Easter day, and I always made use of knitted patterns. LONELY MAGG or the Ans.—Many thanks for filling Mist Mary's request so pro forward them. Here is a list of the in Mail-Box at present: Candytuft, ries, sweet william, petunia, zi marigolds, hollyhocks, asters nico you write a very lovely hand, and as for the Scotch words, well, as our folks from, isn't there?

Growing Children
Thrive on Baker's Cocoa

Healthy children do everything strenuously, they play

hard, and study hard, and they need nourishment and a lot of it, and not one of the popular beverages meets their requirements so well as bood

and well made cocoa. Pure and delicious. BOOKLET OF CHOICE RECIPES SENT FREE

Walter Baker & Co. Ltd. MONTREAL, CANADA, DORCHESTER, MASS.

Phonographs at \$35, \$55, \$70, \$80, \$100, \$125 and Up, Payable \$1 and Up Per Week.

FREE MUSIC LESSONS

Violin, Banjo, Guitar, Mandolin, Ukulele and Saxophone

A wonderful opportunity for aspiring musicians. The demand for young musicians in the different orchestras and musical organizations in our city being so great, and there being such a scarcity of musicians to fill these positions, we

SPECIAL 20-DAYS' SALE

of Violins, Banjos, Guitars, Ukuleles, Mandolins and Saxophones in our warerooms, 265 Dundas street, commencing Dec. 9. We have concluded arrangements with

MR. A. D. JORDAN, Musical Director London Institute of Musical Art 566 Dundas Street, London,

FREE MUSIC LESSONS

to each purchaser from us of above instruments, either for cash of on instalments. There is a big field open to ambitious musicians. In the home, at the club, in the orchestras, on the concert stage, everywhere, wherever you go, these instruments are popular. Each instrument is fully guaranteed, and you will find our prices are lower than other dealers, as we are wholesalers and retailers, and only sell high quality instruments.

REMEMBER, SALE COMMENCES DECEMBER 9, AND FOR 20 DAYS ONLY!

Starr Co. of Canada, Limited

265 DUNDAS STREET, LONDON.

Ukuleles, \$10, \$15, \$20, \$25 Up. Guitars, \$12.50, \$15, \$17.50, \$20, \$25 and Up.

Records, \$1. Pianos, \$125, \$225, \$275, \$375, \$400, \$450, \$500 and Up. Needles, 15c box.

Mandoli

Smile and Grow Better.

I have always said to my children that if "chronics" would get the habit of reading your articles and answers they would learn to forget some of their "symptoms." I have found that Dr. Brady helps one to laugh and grow better. Please tell that farmer's wife to send what ham is left to us—we'll eat it without cooking it! Every member of our family enjoys a bit of uncooked ham occasionally. MRS. L. Y. G. Answer.—Better watch out. Trichina

Club News

WOMEN'S CANADIAN CLUB.