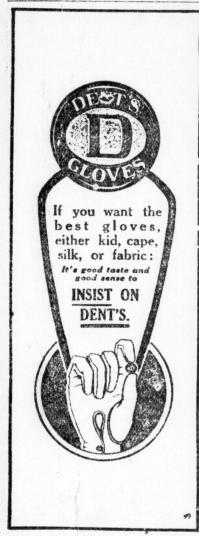


RIDE A Red Bird Bicycle SAVE CAR FARE. -



Ursuline College of Arts

The Ladies' College and Residence of the Western University, London, Ontario. Under the patronage of His Lordship, The Right Rev. M. F. Fallon, D.D., Bishop of London.

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WOMEN'S WORK IS **NEVER DONE OWING** TO MANY 'ODD JOBS'

Men Score Over Women Because Their Work Ends With the Day.

"Woman's work is never done," is ne of the truest of all sayings. No matter how you may shorten a work. ng woman's legitimate hours of labor, will yet continue to be overworked. and to put in an amazing amount of "overtime," on account of the numerous "odd jobs" with which custom has burdened her.

Men score over women tremendously in the fact that when they have completed their eight or ten hours' daily boarding legitimate work their labors for that day are as a rule, ended. When they reach home and have enjoyed their evening meal they can smoke, or read, r otherwise entertain themselves with ontented minds

A Thousand Little Things. Not so the working woman she returns home from her day's work, even though she may be "living on her own" and has no family duties to perform, she will probably discover that the has "a thousand little things to do" before bedtime. And some of these flittle things' may turn out to be jobs of surprising magnitude. Many bus!ess women, for instance, do whole, or at least part of their own laundry work, now that laundry prices are so high. Others make a great many of their own clothes, some en-gage in teaching, literary or journalwork, or accept evening clerical work, whereby they may eke out their slender incomes, and quite a number study foreign languages and attend classes in order to add to their commercial value-and all this in so-called

May Add to Incomes. It may be argued that many men lso engage in other undertakings besides their legitimate daily posts, in order to add to their incomes, but just magine a man doing all his own aundry work, or making himself so simple a garment as a "fancy" waist-

position to dispense with washing and making their own clothes still find that is necessary to devote a considerable mount of their precious spare time to amount of their precious space time to odd jobs. A girl said to me the other day: "I got such a nice lot of odd jobs done last night!" "What did you do?" asked, though I knew from experi-ence what the answer would be, and she replied:

"First of all, I washed and froned my best blouse, which is much too dinky to be devastated by the laundry. I also washed two pairs of white gloves and a muslin collar. Next, I did some absolutely necessary mending, derned three pairs of stockings in addition, and sewed a button on my raincoat, cleaned all my shoes, and washed my bair brushes. Then I marked some new handkerchiefs I had just bought, and tacked a clean collar into my business frock. As I knew the laundry messenger would call early next morning, I got my linen bag ready and made up the list of clothes. Finally, before getting into bed, I threaded the ribbons into all the clean 'undies' I was to put on next day. And yet, would you believe it? I was no sooner in bed than I remembered half a dozen other things I had quite intended to do

This is only one phase of the sub-ect. The "odd jobs" of the married woman and mother, and of any woman who has a house to look after—inclusive or exclusive of a husband—would fill a good-sized volume

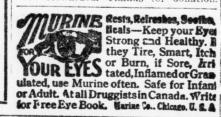
RETURNED MISSIONARY

ADDRESSES MEETING Missionary Society of the Wellington Street Methodist Church, which was held in the Sunday school room, on

Thursday, at 3 p.m. was largely at-

Sends Songs,
Dear Miss Grey,—While reading the age last evening I noticed where lubby asked for four songs. I wrote o the Page a couple of weeks ago and

sent in a donation towards the Sick Children's Hospital, and have seen nothing in the paper. Will sign as ever, THE LITTLE GOOD-FOR-NOTHING. P.S.—Will you kindly forward these sonrs to Hubby and this letter to A Bluebird? songs to Hubby and this letter to A Bluebird?
Ans.—Your songs to Hubby are being forwarded. Your last letter may have gone astray or I may come across it yet among the many that arrive. I hope so. Your letter to Bluebird has been forwarded. Thanks for donation.



Nothing Added, Nothing Taken Away.

Rideau Hall

STEEL-CUT

Coffee CHAFFLESS

ou get the best and purest blend-Nothing is added. Nothing is taken away. Your coffee is ready prepared for table use. Just pour boiling water on it—don't boil it—let it stand for 10 minutes, then drink the most naturally refreshing drink obtainable. At all grocers, in pound and half

LIMITED. LONDON AND WINNIPEG.



Big Survey of Boarding Houses To Be Launched in London By National Y. W. C. A. Secretary

To Come Here Last Week of March On Request of Local Manufacturers Through Y. W. C. A.

A local survey of possible boarding houses for girls will be put on in the city during the last week in March by the local Y. W. C. A. This survey will be conducted by Miss Margaret K. Nairns, Y. W. C. A. national industrial secretary, who is being brought to the city at the request of several of the local manufacturers and employers of girls.

The situation in the city for some time past, as far as concerns the proper housing and boarding of girls, has been very poor, and several of the manufacturers have realized that they cannot get the best girls in their employ as long as the city offers no fit boarding accommodation. These manufacturers have learned to

SOCIAL and PERSONAL

TELL IT TO THE SOCIETY EDITOR.

Miss Isabel Armstrong, who has fully recovered after a severe attack of pneumonia, returns today to Toronto, where she will resume her work on the Toronto Star.

A very pretty wedding took place at the Wellington Street Methodist Church parsonage on Wednesday, March 10, when Miss Mabel Monteith of Tecumseh avenue was united in marriage to William Roy Simpson of Toronto. The ceremony was performed at 4 o'clock by Rev. W. J. Ashton, B.D. The young couple were attended by Mr. and Mrs. L. H. Standish of Toronto, Mrs. Standish being a sister of the bride. After a brief honeymoon, Mr. and Mrs. Simpson will reside in Mr. and Mrs. Bawden of this city. The Rev. John Mr. and Mrs. Simpson will reside in Mr. and Mrs. Bawden will reside at 110 Gloucester street, Ottawa.

TERRENCE-MCLARNAN.

Miss Isabel Armstrong, who has fully recovered after a severe attack of preumonia, returns today to Toronto, where she will resume her work or other than the same her work or other for the Toronto Star.

An interesting wedding took place in Manhattan on February 12, who are she will resume her work or other than the holy Cross Church was the scene at a nuntilal mass, Miss Alica Basil of Presbyterian Church will be hostesses at the regular "Home Hour," the Holy Cross Church was the scene at a nuntilal mass, Miss Alica Basil of the regular "Home Hour," and the third than the state of Minday afternoon. These "Home Hours" are arranged specially to girls who are boarding in the city.

Mr. and Mrs. William Lewis announce the engagement of the William Leish, so of Mr. and Mrs. William Lewis announce the engagement of the William Leish, so of Mr. and Mrs. William Lewis announce the engagement of the William Lewis announce the engagement of the William Leish, so of Mr. and Mrs. William Lewis announce the engagement of the William Lewis announce the An interesting wedding took place a teacher herself.

HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE.

A hen's egg is a very valuable food, of food value, it is only of the power It consists of white and yolk, held to- of the body to extract the food. If the gether by a membrane and inclosed egg is hard and horny it will be diffiin a very delicate shell. As the con- | cult to masticate, and some of tents of an egg in the process of not be digested, because when it is not taken as a "grouse." Quite the natching become a chick without any ntrary. Lots of women like doing addition of food from without, the their little odd jobs—but lots of them egg must contain all the necessary indo not!—Vancouver Journal. The white is almost pure albumen; he yolk contains some albumen and a valuable fat. Albumen is coagulated by heat, and if an egg is subjected to a very high temperature, the albumen is hardened and is then less easily digested, than when it is tender and of a elly-like consistency.

In order then to cook an egg so that it will be done throughout, yet tender, cover with plenty of boiling water, Cover with plenty of boiling water, about a quart to two eggs, remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about a quart to two eggs, remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about eight or ten minutes. Then the eggs will be cooked very evenly throughout, and the missionaries' children, were much enjoyed. A social half hour was spent at the close, when a cup of tea was enjoyed. The society has had a good year.

Sover with plenty of boiling water, about a quart to two eggs, remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about a quart to two eggs, remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about eight or ten minutes. Then the eggs will be cooked very evenly throughout, and the most easily digested.

Many people cover an egg with boiling water, and boil it three or five minutes. This method cooks the white too much and the yolk too little, and a very little over cooking makes the very hot, but not boil, cover closely, and allow the eggs to remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remove from the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to remain for about the fire so that the water will be kept very hot, but not boil, cover possible the fire so that the water will be kept very hot, but not boil, cover closely, and allow the eggs to re

Cynthia Grey's

Mail-Box

or my imagination is always spolled. I like reading magazines. Many a book I have read in serial form. When I am interested in a book or something, and am interrupted, it's not a very pleasant look I wear for the next few minutes. Didn't you hate Squeers in "Nicholas Nickleby?" Didn't I! Wouldn't I wish I had been Nicholas I would

wish I had been Nicholas. I wou ave pounded the pudding out of c

I wish I had been Micholas. I would have pounded the pudding out of old Squeers, then began on the old lady. I suppose Squeers is glad I wasn't. This is a school book, but I can't forget it. Fair Seventeen wishes to go in the movies. Well, we are having plenty of movies on the farm, and they're all pretty good actors.

pretty good actors.

Oh, say, I am going to town for holi-

days. I intend to see how it suits me.
Well, I'll ring off before I get booted.
MERRY MARGARET.

Cookle Recipe. Two cups sugar, 1 cup cream, 2 eggs, 1 cup butter, 1 teaspoon soda, 1 teaspoon cream of tartar, flour enough to

have a bad half hour if you were to meet him.

Not a Bother.

Dear Miss Grey.—I saw in your valuable page where Mere Man offered to tell character by handwriting. I wonder if he would be so kind as to tell mine? Please forward inclosed to him.

Would someone send me some crochet patterns for yokes, pillow-slips and dresser scarfs? Hope I am not asking too much. I would copy them and return, I am rather green at it, and cannot do very hard patterns.

I am a very great bother to you, but I guess it must be my nature to be bothersome.

bothersome.

Thanking you for past help, and please find inclosed a self-addressed envelope for patterns, a stamp I owe

very little over cooking makes the whole egg tough.

There is sometimes a discussion regarding the food value of eggs when difnot be boiled at all, but of soft cooked eggs, keeping in mind the fact that albumen is more easily digested when not subjected to too great heat.

you, and also a mite for those poor kiddies. BLUE EYED AUDREY.
Ans.—Blue Eyed Audrey, you are no
bother at all, and please call again. Your contribution received.

Wants Songs.
Dear Miss Grey,—Could you or som Poor Squeers.

Dear Miss Grey,—Well, isn't this a big family, mothers and sisters, brothers, uncles, aunts, and grandmothers, and I wonder if you are the sister to whom everyone comes for consolation? And at Christmas time they all join for a few cheery words in the cosy corner. Oh, I am so glad that Mere Man isn't Cynthia Grey. I'd tremble in my boots for fear he would find out what kind of a person I am.

Reading! I heard a discussion about it. I love reading, but it isn't that I like any kind of details.

Dear Miss Grey,—Could you or some of your readers supply me with the reading, "The Curfew Bell Shall Not Ring Tonight"? And the song, "Pull Down the Curtains, I Cannot Sing Tonight"? I am 13 years of age, and in the entrance class. Am I far enough advanced for my age? When I call next time I will try to bring some help. That is, if I may have the privilege of doing so.

BILLIE E.

On Hiss Grey,—Could you or some of your readers supply me with the reading. "I have the first song, and as soon as I receive the latter will send the song of your readers supply me with the reading. "In curtains, I Cannot Sing To-singht"? And the song, "Pull Down the Curtains, if I may have the privilege of doing so.

BILLIE E.

Ans.—Woll some of our readers send in the words of "Pull Down the Curtains," etc.? I have the first song, and as soon as I receive the latter will send it. family, mothers and sisters, brothers, night."

it. I love reading, but it isn't that I like any kind of drivel. The first thing I feel like doing when I begin a book is to tear out all the illustrations or my imagination is always spoiled. I send it.

I think you are doing excellent at school. Your writing is neat.

Would Like to Correspond.

Dear Miss Grey,—I am a reader of

making movies in Canada

Making movies is a pioneer in-dustry in Canada. And it has re-mained for a group of earnest business men to organize a company to make movies in Canada. The startling feature is not high-salaried stars, but the magnificent scenery of Canada. The cast is wholly Canadian, the first film, "The Law Ans.—I agree with you, that often illustrations spoil the characters of a book. I would much rather picture them for myself, because, as a rule, the picture is vastly different, isn't it? I feel quite certain poor old Squeers would have a bad half hour if you were to meet him. director of out-of-door pictures, and a Canadian, writes graphically of "Making Movies in Canada," com-

plete in the March issue of EVERY-WOMAN'S WORLD. ALL NEWS STANDS

THE GOOSE STEP OF **OUR PUBLIC SCHOOLS** dresses Canadian Club.

Mrs. Groves of Toronto Ad-

OUR CHILDREN MUST

NO LONGER WALK IN

EDUCATIONAL MOVIES

Start a Playground and You

Groves, as she spoke before the Women's Canadian Club in the Audiorium yesterday afternoon on the "Onward March of Education." Mrs. Groves is a member of the Toronto Board of Education, and has long been interested in the problem of education in Ontario, having for many years been

Must Close Schools.

Mrs. Groves then proceeded to expand on how impossible it was to secure the best teachers on the salaries which they were being paid today. She pointed to the facts revealed at the great educational convention in Cleveland, to the effect that there was a large of the content of the co land, to the effect that there was a shortage of 100,000 teachers in the

minimum salary to \$1,000, but at the Cleveland convention it was decided to make the minimum teachers' salary in American cities \$1,500, and in country

Mrs. Groves referred to the excellent the playground, where he learnt fair play and how to take his bumps.

Start a Playground.

"I believe," she said, "that when you start a playground, you kill a jail."
She also deplored the lack of men eachers in the schools to organize on team-play among the boys.

Another matter which she brought very forcibly before the club was the use of the moving picture for educa-"What use are you making of the

ving pictures in the schools of Lon-?" she asked. "The pioneer days of commercial movie are past, but the educational movie is just beginning. And what an opportunity is here to teach a lesson by visualizing it to the There has been a great deal of

criticism of the commercial movie may houses provide a high-class of movie, and criticism of them is not every organ and muscle in the body.

Your physician recommends VINOL right, but there are also many houses which are catering to the lowest tastes in the community, and they should not your money if it fails to benefit,

to the movies. I think that is children, ng. We ought to go to see what VINOL. goes on there, and if a house appears to be working for the good of the community in the selection of its pictures, I think that we should go and en-

courage them.

"Financially, the commercial movie has been a great success. But has it been a success morally? It should be our business to see that the educational movie, which we shall adopt in our schools, should, not be followed. schools, should not be a failure psychologically, Only people who thor-oughly understand the child's mind should have anything to do with the preparation of the films, and showing them, or else you will have what is known as stuffing of the child mind. And flickering should be reduced to the minimum, so that it will not effect their eyesight.

"We want the school to care for the child morally as well as intellectually. May the time come when we shall be able to say: Constabulary! Keep your hands off the child. The school will deal with him. The juvenile court is out the last resort."

Miss Grace Blackburn presided over the meeting, announcing that the next speaker would be the famous English actor, Tyrone Power, who would address the club on the afternoon of March 19.

your Mail-Box, and take much interest in the letters. I am in sympathy with Harry E. H., as I was in the same shape. I was too young to enlist and was turned down. We all should take an interest and see that all returned soldiers are well treated.

My letter is getting long, so will ring off. I would like to correspond with either sex between the age of 18 and 19. Wishing Miss Grey the best of success. Inclosed you will find 10 cents for the Sick Children's Hospital fund. Ans.—Thanks for your good wishes and contribution to the fund. I will keep your name and address, and will forward any letters received.

Here's Little Sweetheart. Dear Miss Grey.—How are you keeping? I guess it keeps you busy answering all the letters, but it seems as if the Mail-Box is decreasing again. I guess the people are getting busier now that it is getting nearer to spring. Well, I would like to correspond with a nice boy, age 17 or 18. Would like him to write first. I will leave my address with Miss Grey. I guess I must close, with best wishes to all, I remain.

LITTLE SWEETHEART close, with best wishes to all. I remain. LITTLE SWEETHEART.

Ans.—I am quite well, thank you. Did you say the Mail-Box was decreasing? I'd like to give you a peep at my desk as to that. I think you would conclude that the Mail-Box was buried alive with mail.

Attention, Mrs. Home-at-Times.

Dear Miss Grey.—Please find tralead.

Attention, Mrs. Home-at-limes.

Dear Miss Grey,—Please find inclosed contribution for Children's Hospital. Shall be very pleased to receive the famous stocking-foot pattern, also mitt pattern.

pattern.

I noticed Mrs. Home-at-Times has found a remedy for asthma, and as my husband is a great sufferer from that disease, I would be very pleased if you would send me her address.

I will pass on some of my favorite recipes, as I have received many helpful hints from the page.

Cocoanut Macarooms—Whites of 2 eggs beaten stiff, 1 tablespoon cornstarch, 1 cup of icing sugar, 1½ cups shredded cocoanut. Drop in little balls on greased pans, and bake in moderate oven.

oven.

Plumb Cookies—Two cups of white sugar, ½ cup butter, 1 cup of sour cream, 1 teaspoon of soda, ½ teaspoon nutmeg, 1 teaspoon cinnamon, pinch of

cloves, flour to roll.

Hoping to receive, address, sincerely, C. 4TH LASS.
Ans.—Dime for fund acknowledged with thanks. I hope Mrs. Home-at-Times will send in the asthma cure, and I will certainly send it. I know all the Pageites will want to try your recipes.

WHAT'S IN A NAME

PHYLLIS. (Copyright, 1920, by the Wheeler Syndicate, Inc.) Phyllis might be classed with the ower names, or more properly peraps, the sylvan names, of which Sylvia and Laura, and Lapre, are classic examples.

Phyllis means "Green bough." It comes from the Greek word phyllis, signifying green leaf or bough. The tragic legend associated with the origin of the name tells how Phyllis, a Thalian damsel, hanged herself because her lover did not keep his promise of returning from the wars to marry her. was changed into an almond in somewhat the same manner that Daphne was transformed.

Kill a Jail."

Domitian's nurse was called Phyllis, and the name also became popular in Arcadian poetry. Like Sylvia, it was bestowed so frequently upon pretty rustic maidens that it came to be the generic term for young girls. Later it fell to the class of handmaids and English literature is replete with references to a "near handed by the li ences to a "neat-handed Phyllis in the In modern times the name has re-

In modern times the name has returned to its classic significance. Phyllis is given in baptism by those who have a fondness for fanciful names. Aside from its Grecian origin, it remains completely English, adopted now by America, of course. No other countries have granted it popularity, since it is impossible to glaborate or contract it is impossible to elaborate or contract.

The amethyst is the talismanic stone of Phyllis. It promises her steadfast friends, serenity, quick intelligence, and checks over-indulgences of every sort Friday is her lucky day and 3 he

tapered tone arm, nickel trims ful motor, and in fact many of the found in the highest grade mack Every loyal Canadian will a magnificent British I is

Attacks People Who Are All Worn Out, Anaemic. Devitalized and Weak.

Influenza.

During every epidemic it is always the weak, rundown, overworked, devitalized men, women and children who so quickly fall a prey to the ravages of

When, therefore, an epidemic is prevalent why not use a little precaution and build up the tired-out, rundown, overworked, devitalized members of

There is nothing that acts so quickas a tonic reconstructor. It makes red corpuscles, enriches the blood, quickens the circulation, sharpens the appetite, promotes sound sleep, and im-Your physician recommends VINOL and your druggist agrees to return For all rundown, nervous, anaemic conditions, weak women, overworked "Too many of us say that we won't men, feeble old people and delicate

VINOL.





Address: THE FAIRY BERRY CO., Dept. R





COME people think the blacker the coffee the better it is. That is a mistake. A cup of good coffee is the color of amber. The proper proportion is a (level) dessert

spoonful for each cup. If the coffee is deeply colored it contains a generous pro-portion of adulteration. Chicory is one adulterant. It has coloring qualities, that is all. But when you purchase

pound sealed tins. GORMAN, ECKERT & CO.,

