

time to lose. Let the time past be deemed sufficient that we have served ourselves, the world and Satan. Let us devote our few remaining days to the service of the true and living God.

Our secular business and wordly interest justly claim a due share of our time and attention; but still an ample portion of time can be spared for the service of God and the care of our souls. Six days in seven are generally sufficient for temporal affairs.

I would by no means advise to expend so much of your time in the exercises of religion as to neglect the necessary affairs of your calling and your families.—How much time is to be expended on temporal matters, and how much on a preparation for eternity, the word of God and your own discretion must determine.

The first day of the week, as a christian sabbath, must be devoted to religious exercises; to meditation, reading, secret devotion, savory conversation, and especially to public worship.

In addition to *this*, a few feasts, and fasts of legal appointment, are to be conscientiously observed. A small portion of the morning and evening is requisite for family devotion; and for secret prayer whenever time and circumstances permit. When we are most busy in mechanical, agricultural, or commercial matters, we can lift up our hearts in silent ejaculations to God, who perfectly understands the language of the heart. In the silent, solemn hours of the night,