



MUSKOKA RIVER, JUST ABOVE RAGGEDTY RAPIDS.

cost. The mean daily temperature for five years was about 66 degrees, while the thermometer seldom rises above 90 degrees or falls below 45 degrees.

The elevation of this region is about 1,000 feet above the sea, and this, combined with the rocky nature of the soil and the proximity of so many pine forests renders the climate remarkably healthful. There is no better place for neurasthenic patients and persons suffering from physical and mental overwork, or other debilitating influences. Consumptives do well under proper medical management; many being entirely cured, while others meet with considerable improvement.

Many persons prolong their visit to Muskoka through September and even into October, indeed the glory of the lakes is then at its best. The poplars and birches flare on every island and hillside. The red maple

burns like a funeral pyre, the Indian summer lingers long among these lovely isles. The sombre pines seem more sombre still amid the autumn glory with which the season ends. The stately blood-red cardinal flower gives place to the crimson berries of the haw and scarlet leaves of the dying maple.

We get our first glimpse of the clear waters of the Muskoka Lakes at Gravenhurst, a town of considerable importance, which, on account of its healthful surroundings, has been selected as the location of two large sanitariums for consumptives, the first institutions of the kind in Canada. A large percentage of the cases received at these institutions are discharged cured, and many others, more advanced, probably, are so benefited that their lives are indefinitely prolonged, to the comfort and enjoyment of themselves and friends. This speaks