

Films



The National Film Board, a prime innovator in the film industry since it began thirty years ago, has many titles on free distribution in the United States through libraries, schools and associations, and many more available through commercial distributors. The Canadian Embassy in Washington and the Consulates General in New York, Boston, Detroit, New Orleans, San Francisco and Los Angeles have a selection available for loan without charge. For a free catalogue write "Films", this office, address on back page.

Other noteworthy government films are produced by the Toronto Board of Education, which also has a catalog. Write them at Education Centre, 155 College Street, Toronto.

Heavenly films are from the newly-formed Omnitheatre Ltd., in St. James-Assiniboine in Manitoba, which has begun producing films for planetariums. Until now, planetariums had to make their own movies, almost always a low-budget operation.

The first show, "The Beginning of the End of the World," will be narrated by Vincent Price and will premiere in Winnipeg August 25 at the International Conference of Planetarium Directors.

The new company, partly owned by the Manitoba Government, will make at least four movies a year, perhaps including an underwater movie, all in the manner of the National Geographic television specials.

along the banks of the Mata-pedia and Restigouche Rivers, and are harvested by the Indians in May when the fronds are no more than three or four inches long and each one looks like the head of a violin.

McCain Foods in Florenceville, New Brunswick, processes the greens and ships them frozen, four servings to the package, to points in Canada and to its U.S. distributor at 105 Town Center Rd., King of Prussia, Pa.

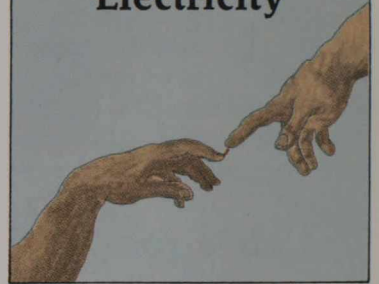
The next crop will be in some East Coast gourmet shops—at about \$1.40 a box—by summer, and the rest will be sold to better restaurants.

Fiddleheads

The next time you're in a gourmet restaurant, check the vegetable list for fiddleheads, fine eating.

These greens, which enthusiasts liken to asparagus and spinach (only better), are the unopened fronds of the ostrich fern and are served with butter, lightly boiled. They only grow in profusion in the Maritimes,

Electricity



Not all Canadian exports are visible. In 1970, 34.4 million dollars worth of electricity, amounting to 5.1 billion kilowatt hours, was bought by power companies for transmission in the United States.

Canadian Whole Earth Almanac

In 1968, some people in California had the idea of printing a Whole Earth Catalog—an "access to tools"—a compendium of where to find and buy things and information that can help lead to an alternative life style. As the national magazines have noted, the original Whole Earth Catalogs became a huge success, and the communal founders decided to fold it. They encouraged others to try the same. Some that did put out the Canadian *Whole Earth Almanac*, which is a good job.



The Canadian almanac covers less modern technology and products than the Whole Earth catalogs did, stressing back-to-the-land and away-from-consumerism skills in more detail. Rather full instructions are

given on gardening, tanning, leather working, prospecting, weaving, blasting, maple sugaring, etching, book binding, and so on. As with the original, much of the information is given by way of reviews of books, new and old.

Single subscriptions cost \$9.00 a year. Discounts are available to stores. Write: The Canadian Whole Earth Almanac, 341 Bloor St. West, Room 208, Toronto 181, Ontario.