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## "THE TRLEGRAPH""

We take the following excellent article from the Telegraph, published at St. Johns, N. B., of the 21st February. We observe that this paper has recently been much improved, and is an able adrocate of the cause of teetotalism. We Hope the Temperance men in the Lower Provinces will take care. fo see that it obtains a wide circulation.

## THE BENEEETS OF TEMPERANCE:

Reader? were you ever sceptucal of the adrantages accruing to individuals and society at large from habita of abstinence from infoxicating drinks, and do you still require proof of their efficiency in redeeming men from one of the mest cruel of all hondages? If so, do us the favor to peruse the following extracts from an account of a late temperance meeting in Exeter Hall, which we fud in the columns of the Staniard of Freedom, under the heading, "Temperance Demonstration in London," than which, a more gratifying and instructive article we do not recollect ever to have met with; and if you do not confess to error, after weighing the various facts set forth by sevesal handicraftsmen whose experience is there detaitcd, we can scarcely hope to convert you to our way of thinking on the subject of temperance. These speakers--twelve in number-belonged to the working classes, all of whom had sacrificed everything to tha lisist for strong drink, and bad lived in squatid povertyNow, what a change!
"One had his library, which had cost him e70, and 'found his home a paradise;' another, a blacksmith's hammerman, from being scercely able to do has heavy work from the use of strong drink, now found himself atie to compete with any man, sat up night after night to improve a mind that he found out that he had got, and, though formerly unable to write, was nuw become she secretary of a teetotal association. He wished to God that he had language to express the happiness that he felt I Another, shamed into reform by hearing himself called a 'drunken tailor,' bail taken the pledge when Father Mathew was in London, had never since allowed any fermented liquor to enter his house, but, instead of that, had come in comfort, well-doing, and thankfulness. A third had for fwélve years beq a teetotaler, and, from a jounneyman bricklayer, sintemperate, and in a very sad plight indeed, ${ }^{3}$ had grown progressively into a master; 'had huilt one, then two, then four, then eight, and at last a whole strect'of houses. In audition to that, he had now got a good
house of his own, he orred no man; he had $£ 500$ to lay his hand on when he wanted it , and he had all the comforts which health and a good conscience could impart.? This brave fellow, in his joy, could not help breaking out into a singing thankfulness:-

> When Winter, with its frosts and snow, Sheds darkness o'er the rcene,
> I feel how happy I am now, To what 1 once had been.

Such was the language of honest, hard-working men on Monday ovening in Exeler Hall, listened to by crowding thousands, who could give a raplurous response to the gladsome truths thus expressed. Another, who had been the carrier of a hod to the last speaker, a poor wretched drunkard, renting a room at 9 d per week, had succeeded in throwing amay the hod, had raised a little money, set up for himself, now owned three houses and two vans, and was a respectable coal and coke dealer, renting a house at $£ 49$ per annum.
Now look on another picture copied from the same article-
"In this country, where the cause of temperance first originated-in this greal city, where, during the last seyeral years, the amount of intoxication has been so wonderfully diminishing-falling from 32,635 cases in 1832, to 16,461 cases in 1848-suddenly there has revealed itselfa system of slavery such as America cannot charge itself with; a system of brutal and brutish tyranny such as before was undreamt of as mid all the dark crimes of the Metropolis.- We allude to those cormorants of the river side-those publicans and sinners of the Thames-whom the Metropolitan Commissioner of the 'Morning Chronicle' has dragged to the asm tonished day-light; those wretched pothouse-keepers, mingled with some butchers and grocers, who contract to ballast the ships going out, and to unload timber that is come in. We trust that there is scarcely an Exglishman who has not read the case of the Ballast Heavers and Lumpers, as given in the 'Morning Chronicle' of Friday and Tuesday. last. It is to bo wished that eyery one chould ge through the terrible details there given, that they may learn to what abysses of cannibalism end hargyism men in this country and city, bearing the disgraced name of Englishmen and Christians, can descend. Of all the awfol atrocitics that the revelations of the 'Morning Chronicle,' in town and country, havo mado known, there are none that strike us as 50 utterly rppulsive, inhuman, and detestable, 'as athese. Here is a set of men who deliborately project and livo upon.

