

## Wrought by Paine's Celery Compound The Great Strength and Health-Giver.

The memory of the great discoverer of Paine's The memory of the great discoverer of Paine's Celery Compound will ever be sacred to the thousands who have been wonderfully delivered from disease und suffering. The united efforts of this world's medical men will never equal the work, the mighty life-saving results, that have come to sufferers through the virtues of Paine's Celery Compound Celery Compound.

The most difficult, most distressing, and the seemingly hard and incurable cases, are success-fully cured by the great medicine. There is no reason why any man or woman should despair and give up hope, while they can procure the medicine that drives away disease.

Strong and incontrovertible proof-testimony from one who suffered for over fifty years-will give hope and inspiration to many of Canada's sufferers who, up to the present, have been unsuc-cessful with physicians and the common advertised medicines of the day.

The marvellous and speedy cure of Mrs. A. R. Parsons, of Sutton, P.Q., has created a wonderful sensation in that special section of the Eastern

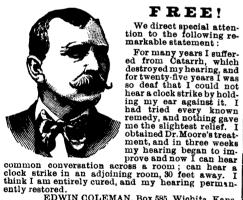
Townships. Professional men, business men, and Farmers, have discussed the subject, and to day Paine's Celery Compound has a reputation and a fame in the district that no other medicine ever possessed.

Mrs. Parsons writes very briefly, but to the

not get up without help. I told my husband that nothing else but Paine's Celery Compound could help me, after other medicines and doctors had

failed. "After taking several bottles of Paine's Celery Compound, I feel that I am cured; I can now walk and go up and down stairs with ease, and do all my housework. Under the blessing of God and your Paine's Celery Compound, I am now well."

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## HEALTH AND HOUSEHOLD HINTS.

Vaseline makes the best dressing for russet shoes.

Spirits of turpentine is the thing with which to cleanse and brighten patent leather.

Moderately strong salt and water taken by the teaspoonful at intervals is a cure for catarrhal cold.

Keep the stove or range free from soot in all its parts. A hot-air passage clogged up with soot will prevent the oven from baking well.

For a very bad burn melt beeswax, and into this pour sweet oil until it makes a salve which can be readily spread with a soft brush. Keep every part covered with the salve.

If one wishes to cool a hot dish in a hurry it will be found that if the dish be placed in a vessel full of cold, salty water it will cool far more rapidly than if it stood in water free from salt.

A level teaspoonful of boracic acid dissolved in a pint of freshly boiled water and applied cool is the best wash for inflamed sore eyes or granulated lids, and an excellent gargle for inflamed sore throat.

When the burners become clogged and sticky lay them in a small pot, cover with vinegar and add a tablespoonful of salt ; let them boil for an hour or two. They will come out as fresh and clean as ever.

It is said that a new potato grated finely and then used instead of soap to wash with is good. The juice of the potato, raw, of course, contains some principle that acts quickly and beneficially on the skin.

Salad dressing does not often require the cook stove to prepare it, since oil. vinegar, cream and eggs may be used. The taste and sentiment of every individual may be consulted by varying the form of service to any conceivable extent.

It is not a good plan to do much of any-thing in the morning before eating breakfast, or at any rate, drinking a cup of coffee. One is not in condition to work without detriment to the general health, and not long ago a doctor advised a friend not even to read be-fore eating his first meal; he said that it was bad for the eyes.

Home-made Chow-chow.—This chow-chow is made of ripe cucumbers and onions. Use four quarts of ripe cucumbers, peeled, seeded and chopped fine; two quarts of white onions; chopped fine; half a pint of salt, two ounces of white mustard seed, two green peppers and one red pepper, one tablespoonful of black pepper and enough vine-gar to cover the mixture. Mix the chopped onion and cucumbers with the salt and put in the press for twenty-four hours. At the end of that time put the vegetables in a bowl and add the dry ingredients. Mix well and then add the vinegar.

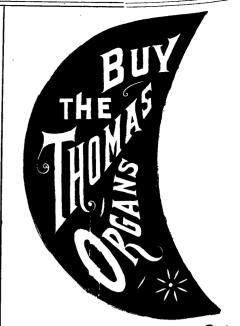
Peach Preserves .- The skins of peaches may be instantly removed by dipping them in scalding water, then in cold water, and rubbing off the peel; but if this is done the flesh will darken a little unless cooked immediately. For white peaches, therefore, it is better to pare with a sharp knife. Put into a preserve kettle three pounds of sugar to four pounds of peaches, and cook until the fruit is clear. Then remove the fruit and cook the juice until it forms a sirup of the proper consistency. Half a dozen of the kernels from the pits should be added to the sirup for each jar.

Breaded Tomatoes. - The tomatoes should be firm and cold. First get ready a kettle of hot fat, roll and sift a quantity of bread crumbs, and beat two eggs. All this is necessary because the tomatoes grow soft and juicy if allowed to stand. Pare and slice them, and after seasoning well with salt and pepper, dip each slice in beaten egg and then in bread crumbs. When all the slices have been treated in this manner dip them ag ain in the egg place them in a frying basket and plunge into boiling fat. Cook for about a minute crumbs, then For six people, about four large and a half. tomatoes, two eggs and a cupful of crumbs will be required.

## DID YOU EVER THINK

That you cannot be well unless you have pure, rich blood ? If you are weak, tired, lanquid and all run down, it is because your blood is impoverished and lacks vitality. These troubles may be overcome by Hood's Sarsaparilla because Hood's Sarsaparilla makes pure, rich blood. It is, in truth, the great blood purifier.

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