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HOUSEHOLD HINTS.

THE usual way to prepare a goose for the family dinner-table is to stuff it with sage and onion stuffing, to roast it before a clear fire for about two hours, and so serve it with brown gravy and applesauce. To those who object to the high flavour of the onion stuffing the following recipes for cooking and preparing geese (and poultry of all kind) are to be recommended, and well deserve a trial, as being both wholesome and inexpensive.

BRATENFULLE.—Prepare the goose as usual for roasting; peel and cut up apples into pieces the size of nuts or marbles, add three or four ounces of currants well cleaned and plumped in boiling water; put a piece of butter in with the apples. Fill the goose, and close it with a skewer or sewing, and roast. Prunes half stewed or sliced almonds, mixed with the apple filling, are also used.

GEDAMPFT GANS (STEWED GOOSE).—Chop an onion or two, put them in a stewpan with a large tablespoonful of goose dripping. When this is hot and the onions turned yellow and soft, dredge in some flour and let it brown; add some broth or gravy and water. Cut up any remains of cold goose and put them into the same, with salt, pepper, a glass of white wine and a little tarragon vinegar to flavour. Cover and let all steam awhile, and either peel and quarter some pears and lay them in the sauce to stew till tender, or serve with young turnips (or any delicate vegetable) cooked as follows: Weisse Ruben (Turnips).—peel and cut them in small, thin slices; let them lie half an hour in cold water. Make a piece of butter hot in a stewpan, put in a chopped onion, and, when it has steamed a few minutes, put in the turnips with some salt; let them steam till they are soft and yellow. Supply a little water to prevent their burning.

GANSEBRUSTE (PICKLED GOOSE BREASTS).—Rub the breasts with half a pound of salt and half an ounce of saltpetre. Let them lie in this three days, turning them every day. Take them, wet with brine, and cover them well with bran, rubbing it in so that each piece is well coated with it. Cover with thin paper and hang them six days in smoke, after which, hang them in a cool dry place. When to be used, rub off the bran with a clean napkin. They are eaten raw, sliced thin, with pepper, salt, bread, and butter. The outside should be yellow, the fat white, and the lean red. Note.—"A Rauch Kammer" (smoke chamber) is rarely found in modern German houses, in or near towns. Pyroligneous acid, etc., is pretty well known now to be the medium used in giving the smoke flavour to hung beef, poultry, fish, sausages, etc. The process is a good one, and fully answers the end of smoking.

POKEL GANS (PICKLED GOOSE).—Cut off the legs and divide the breast from the back by cutting through the middle of the body; thus the goose is parted into four pieces. Rub them with salt and a little saltpetre. Pack them close together in a dish and set them in a cool place. In a few days the back and legs may be stewed and seasoned to taste. The legs of the goose are also excellent smoked and cooked in sourkraut or beans. Cook the back with the giblets, as for a ragout or stew.

GANSESCHMALZ—GOOSE LARD, TO PREPARE.—This most useful article should never be wasted as it often is in English kitchens. When a goose is drawn, strip off all the superfluous fat from the inside. Throw it into cold water in an earthen bowl, change the water after a few hours, and again at night. Let it stand in a cool place until next day, then cut it into small pieces, and put it in a stewpan, with a juicy apple or two, cut in slices. Set it to melt on a slow fire, and, when the pieces of fat are turning yellow, warm a sieve, and strain the clear fat into a jar. Stir some salt in. Cover it when cold, and keep it in a cool place for use. Another way is to lay the fresh inner fat in cold water for an hour, then throw it into the dripping pan while the goose is roasting and ladle it off as it clears into a small jar. Let it stand a night, then put the jar into a saucepan of water; melt the fat to a boiling heat, salt and strain it.

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