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Special Representative
J. P. 32 Church St.
Onto, Ont.

IVING IN CANADA

in the United States
on for the railways
they adopt the new
the Canadian far-
ve some of the in-
year. The farmers
mmer that they had
the mornings while
wet with dew. They
ains running on the
may be no bettar off
if the Daylight-sav-
at Ottawa. The com-
pelled to follow the
against their will be
tables are adjusted to
actions, and many trains
ndary. In that event it
er for the cities and
ew last year's plan locally
be no legislation. Work-
ices, and factories and
ers, found the extra hour
in the evenings a boon and
nted to give it up. Both
nted States and Canada the
of the farmers are opposed
ir objections being the same
ts of the continent they con-
they cannot work under the
when daylight saving is in
they must adapt themselves to
ways and the hours of cities
wns in which they do business.
opinion of Congress was not
d this year, as a filibuster
red a vote on the question. It
orted that the bill will be dropped
Ottawa because of rural protests.
hat the Canadian railways will do
if Parliament does nothing remains
to be seen. Next year so important
matter should be the subject of con-
sultation and agreement between the
United States and Canada. It is inter-
national in its scope and effect, and
cannot be decided satisfactorily by one
country alone.—Toronto Globe.

HEAVY VOTE BEING
POLLED AT HAMILTON

Hamilton, March 15.—The fact of
the Hydro Electric Radial Bill on
which Hamilton is voting today will
depend largely on the organization
getting out the vote. The "big inter-
ests" and big property owners are
strenuously opposed to the bill and the
indications at noon are that the vote
is very heavy.
The campaign has been a bitter one
as Sir Adam Beck's hydro project was
not wanted by already established
traction concerns.

A RETURNED MAN.

The Editor, Evening Journal,
St. Catharines, Ontario,
Dear Sir: I would like to explain
through the medium of your widely
read paper, my definition of the words
"Returned Man."
The expression is often used "Oh he
is not a returned man he only soldiered
in Canada." Now to my way of
thinking any man who has served as a
soldier, irrespective of his field of
service, after being discharged is a
returned man, for this reason that on
enlistment he becomes a Private which
as the word implies, means a part of.
A part of what is asked? The answer
is a part of a military machine in or-
ganization in either word he belongs
bodily to the military department of
the Government. He is taken from ci-
vilian into military life. On being dis-
charged he is given back or returned
to civil life. Consequently, I consider
that any man who has been discharged
from the army is a returned man.
Thanking you Mr. Editor for the
space in your paper, I am,
R. A. HUMLY,
Secretary Grand Army of Canada, Lin-
coln Post No. 2.

JUST RECEIVED
A New Stock of
MELBA
Toilet Preparations
including
Melba and Lov'ne,
Face Powders, Talcums, Rouge,
Massage Cream,
Greaseless Cream and
Skin Cleanser
See Our Window
ABBS & McNAMARA
Quality Druggists
30 Queen Street Phone 102
Agents for Vinol, Nuxated Iron,
Bistro Phosphate, Tyroell's Cas-
cades, Huyler's and Page &
Shaw's Candies.

WEAK, WORRIED WOMEN
Can Find New Health and Strength
Through the Use of Dr. Wil-
liams' Pink Pills.

It is useless to tell a hard working
woman to take life easily and not to
worry. To do so is to ask the almost
impossible. But, at the same time, it
is the duty of every woman to save
her strength as much as possible; to
take her cares as lightly as may be,
and to build up her strength to meet
any unusual demands. It is a duty
she owes herself and family for her
future health may depend upon it.
To guard against a complete break-
down in health the blood must be
kept rich, red and pure. No other
medicine does this so well as Dr. Wil-
liams' Pink Pills. This medicine ac-
tually makes new, red blood, strength-
ens the nerves, restores the appet-
ite and keeps every organ healthily
toned up. Women cannot always
rest when they should, but they can
keep their strength and keep disease
away by the occasional use of Dr. Wil-
liams' Pink Pills, which have done
more to lighten the cares of weak wo-
men than any other medicine. Among
the many women who have reason to
be thankful for Dr. Williams' Pink
Pills is Mrs. Milton Bailey, Utterson,
Ont., who says: "Two years ago I got
weak and badly run down, and could
scarcely do my housework. I grew so
thin that my friends used to comment
upon it. At that time my baby was six
months old and the care of it and my
housework was almost too much for
me. It was at this stage that my hus-
band got me a supply of Dr. Williams'
Pink Pills, and before I had been tak-
ing them long we could see an improve-
ment in my condition. For months I
had not been sleeping well and my
natural sleep returned, and I wasn't
so nervous. Then my friends began
to comment upon my improved con-
dition and tell me how much better I
was looking. By the time I had taken
six boxes I felt completely cured, and
have since enjoyed the best of health.
Now I never fail to recommend Dr.
Williams' Pink Pills when any of my
friends are ailing."
You can get Dr. Williams' Pink
Pills from any dealer in medicine, or
by mail at 50 cents a box or six boxes
for \$2.50 from The Dr. Williams' Medi-
cine Co., Brockville, Ont.

The world knew Paderewski even
better than it knew Poland. We know
Greece today by her classical poets
and philosophers. We remember Rome
by her law-makers and orators. This
goes to show that a country's writers
are its best advertisers. Parliament
should recognize that fact and protect
our native writers by a modern copy-
right act.
Arthur Stringer has publicly la-
belled the Canadian Copyright Act as
"obsolete, inadequate and self-contra-
dictory." This Canadian writer says
it does not leave Canada on the map.

RED CROSS NOTES
The executive of the St. Catharines
Red Cross Society wishes to remind
all auxiliary societies and individual
workers that as free transportation
of Red Cross supplies ceases on April
1st, it will be necessary for the local
society to have all packing finished
and supplies on the way by March
26th. It is requested therefore that all
supplies be finished as soon as possible
and be returned to the Red Cross
Rooms not later than the twenty-
fifth. Will all organizations and in-
dividuals doing Red Cross work please
keep this in mind and so help the ex-
ecutive to finish with all supplies as
is necessitated by the ceasing of free
transportation....
The Red Cross Society has in hand
a certain amount of flannellette, flannel
and other supplies which they
will be glad to dispose of to any church
societies or other organizations that
may require to use supplies of this
sort in their work. As these materials
were bought at a much earlier date
they will be disposed of at a very rea-
sonable price.

A LABOR BUREAU
FOR WELLAND
Welland, March 14.—Welland has
the assurance that a Labor Bureau
will be established within about ten
days, Alderman Geo. C. Scott was
told by officials while in Toronto for
that purpose. The Fire and Light
Committee also visited the St. Clair
Avenue Fire Hall, upon which it is
probable that Welland's new Fire
Hall will be remodelled. A site cost-
ing \$8,000 was recently purchased here
for the erection of the same.

SATURDAY'S MARKET
The market today was poorly sup-
plied and the attendance of buyers was
equally so. In fact as a huxter there
remained, since the munition making
stopped the supply of 5 and 10 dollar
bills have also stopped and purchasers
are small. There is a good deal of
growing over high prices which they
say should come down, but they don't
in staple today:
Eggs were 45c.
Butter 55c.
Beef by the quarter 15c to 21c per
lb.
Veal 22c and 28c.
Pork 24c to 26c.
Dressed poultry 40c to 45c.
Sausages 30c.
Apples about \$1.30 a bushel.
Carrots 60c bushel.
Potatoes \$1.75 a bag or \$1.10 per
bushel.
Fine lake herring sold at 13c per lb
and salmon trout 22c lb.
Hay is firm at \$25 a ton.
Most other articles nominal.

ADVERTISE IN THE JOURNAL

LIFT OFF CORNS!
Drop Freezezone on a touchy
corn, then lift that corn
off with fingers



Doesn't hurt a bit! Drop a little
Freezone on an aching corn, instan-
tly that corn stops hurting, then you
lift it right out. Yes, magic! No
numbug.
A tiny bottle of Freezezone costs but a
few cents at any drug store, but is
sufficient to remove every hard corn,
soft corn, or corn between the toes,
and the calluses, without soreness or
irritation.
Freezone is the sensational discov-
ery of a Cincinnati genius. It is won-
derful.

Two ANTI-FLU'S
ANTI-FLU Bromi-Laxine
(Registered) CHOCOLATED

KIDNEY PILLS
With You is Guaranteed by Thousands of Leading
Druggists of America, to PREVENT AND CURE
SPANISH FLU, GRIPPE
AND COLDS
PRICE 50 CENTS
Keep built up by using...
Fac Simile of Package
Look for this Wrapper

50 Cents. CASH COUPON
This Coupon when presented to your Druggist or Dealer will
entitle you to 5 boxes of ANTI-FLU BROMI-LAXINE Cho-
colated for \$2.00, or 3 boxes and 2 boxes C. D. S. Kidney
Pills for \$2.00.

For Sale By—J. N. Walker and J. W. Garner & Co., St.
Catharines; R. Stuart, Merriton; J. M. B. Wagh, Port
Dalhousie.
If your Druggist or Dealer does not keep Anti-Flu
Cures guaranteed by thousands of Druggists,
Write to Canadian Representatives—
Canadian Druggists Syndicate Ltd.,
442 KING ST. WEST, TORONTO

Banking Service
YOUR banking requirements may
be entrusted to this Bank with
every confidence that careful and
efficient service will be rendered.
Our facilities are entirely at your
disposal.
THE CANADIAN BANK
OF COMMERCE

ST. CATHARINES BRANCH R. G. W. CONOLLY, Manager
MAIN OFFICE: St. Paul and Queen Streets.
SUB-BRANCH: Page and Queen Street.
THOROLD BRANCH S. H. FALKNER, Manager

THE STERLING BANK
OF CANADA
Save Because
Opportunity benefits only those who
are prepared to accept it.

Let Us
Tell You

As an absolute fact that the
cheapest cuts of prime meats are
better than the costliest cuts of
inferior grades. And as we buy
only the choicest and primest it
follows that no matter what cut
you buy here you get meat that
for tenderness and flavor cannot
be excelled.



Try Our Canned Goods
C. H. SHELLY
Meats and Provisions
Lake Street and Chaplin Avenue
Phone 1883

CAPITAL & RESERVE—\$4,400,000
TOTAL ASSETS—\$13,000,000
THE
FASCINATION OF SAVING
Saving is a habit that brings true satisfac-
tion. There is something fascinating about
watching the dollars mount up. A feeling
of independence and security grows with
the knowledge that you have money in the
Bank.
Prepare for future uncertainties by opening
a Savings Account with this Bank now.
Interest allowed at current rates.
UNION BANK OF CANADA
HEAD OFFICE WINNIPEG, MAN.

ST. CATHARINES BRANCH R. H. KILLALY, Manager
FENWICK BRANCH F. E. PAGE, Manager
SMITHVILLE BRANCH H. G. PARROT, Manager

THE CANADIAN BANK
OF COMMERCE
Announce that a branch of their bank has been opened
at Niagara-on-the-Lake, Ontario. This bank has now
433 branches in Canada and foreign countries, and is in
a position to offer the public unexcelled service.
St. Catharines Branch—R. G. W. Conolly, Manager
Thorold Branch—S. H. Falkner, Manager
Niagara-on-the-Lake Branch—F. W. Wilson, Acting
Manager

Security Loan & Savings Company
26 JAMES STREET, ST. CATHARINES
CAPITAL AUTHORIZED.....\$1,000,000.00
CAPITAL SUBSCRIBED AND PAID..... 523,200.00
RESERVE..... 145,000.00
ASSETS OVER..... 1,100,000.00
Pays 3 1/2 Per Cent. on Deposit 4 and 4 1/2 Per Cent
on Debentures
Trustees and Joint Deposits Received.
No Notice of Withdrawal Required
Money to loan on real estate on easy terms of repayment
Office open until 4 p.m. except Saturday, when it closes at 1 p.m.

The Royal Bank of Canada
HEAD OFFICE, MONTREAL
LONDON, ENG. NEW YORK
Princes St., E. C. 68 William St.
BARCELONA
Plaza De Catalunya 6
Collections made. Bills of Exchange purchased. Drafts
sold. Trade enquiries effected
490 Branches Throughout Canada and Newfoundland
FOREIGN BRANCHES
CUBA—Havana (5 Branches), Antilla, Banes, Bayamo, Caibarien, Cam-
agney, Cardenas, Ciego de Avila, Cienfuegos, Florida, Guantanamo, Jati-
bonico, Manzanillo, Matanzas, Moron, Nuevitas, Palma Soriano, Pinar del
Rio, Puerto Padre, Sagua la Grande, Sancti Spiritus, Santa Clara and
Santiago de Cuba.
PORTO RICO—San Juan, Mayaguez and Ponce. COSTA RICA—San Jose
DOMINICAN REPUBLIC—S. Domingo, Puerto Plata, Sanchez, S. Pedro
de Macoris and Santiago de los Caballeros.
MARTINIQUE—Fort de France. GUADELOUPE—Pointe-a-Pitre and
Basse Terre.
VENEZUELA—Caracas, Ciudad Bolivar, Maracaibo and Puerto Cabello.
BRITISH WEST INDIES.
Antigua—St. John's. Bahamas—Nassau. Barbados—Bridgetown & Speights-
town.
Dominica—Roseau. Grenada—St. George's. Jamaica—Kingston.
Montserrat—Plymouth. Nevis—Charlestown. St. Kitts—Basseterre.
Tobago—Scarborough. Trinidad—Port of Spain and San Fernando.
BRITISH GUIANA—Georgetown, New Amsterdam and Rose Hall (Cor-
ntyne). BRITISH HONDURAS—Belize.
Capital Paid Up and Reserves..... \$30,000,000

Incorporated 1855
PRODUCTION
Increased effort and efficiency
in labor, more economy and less
waste in living, building up cap-
ital by harder work and greater
savings, will enrich you and
your country. The men and
women at home must produce
more to cover war's waste.
It is easier to make money than to save it
A Savings Account at the Bank of Toronto
will help save what your increased effort
provides.
THE
BANK OF TORONTO
F. C. FIELD, Manager, St. Catharines

DOO DROPS
The Proprietary or Patent Medicine for
A Vegetable Preparation for its
stimulating the food by regulat-
ing the Stomach and Bowels of
INFANTS, CHILDREN
Thereby Promoting Digestion,
Cheerfulness and Rest, Contains
neither Opium, Morphine nor
Mineral. NOT NARCOTIC
A Helpful Remedy for
Constipation and Diarrhoea
and Feverishness and
Loss of Sleep
resulting therefrom in Infancy.
The Sincere Signature of
C. H. Medical
THE CENTRAL COMPANY
MONTREAL & NEW YORK
At 6 months old
35 Doses—35 Cents
Exact Copy of Wrapper.

NOVA SCOTIA
TOWN WIPED
OUT BY FIRE
Amherst, N. S., March 14.—A dis-
tressing fire broke out this morning in
prosperous town of Petticoatic,
miles from Moncton. It is thought
have originated in a blacksmith's
and it rapidly spread in all directions
Among the buildings destroyed was
the bank of Nova Scotia, the post
office, railway station and many re-
stores. The fire is still raging with
abated fury and is threatening the
term end of the town. The Mon-
cton fire department is on the way to
Petticoatic but it is doubtful whether
it will arrive in time to be of much
vice.

HAVE
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